

# SPECIALIZED PROGRAMS

WINTER PROGRAMS 2023

**YOUTH DAY AND  
OVERNIGHT CAMP  
INFORMATION ON  
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**Seattle  
Parks & Recreation**  
healthy people healthy environment strong communities



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[www.seattle.gov/parks](http://www.seattle.gov/parks)

# GENERAL INFORMATION

## WHERE TO FIND US

### Specialized Programs

4554 NE 41st St., Seattle, WA 98105

206-684-4950

[www.seattle.gov/parks/find/specialized-programs](http://www.seattle.gov/parks/find/specialized-programs)

## PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent

Daisy Catague, Interim Recreation Division Director

Lori Chisholm, Manager

## RECREATION STAFF

Kyle Bywater, Coordinator, Specialized Programs

Tori Fernau, Adult Sr. Recreation Specialist

Savannah Seiple, Youth Sr. Recreation Specialist

Hannah White, Recreation Leader

Patrick Aspinwall, Recreation Leader

Sabrina Bates, Recreation Leader

Dorothy Rake, Recreation Leader

Hanna O'Donnell, Recreation Attendant

## INCLEMENT WEATHER POLICY

If Seattle Public Schools are closed due to weather, our programs will also be cancelled. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

## DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.



## CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

# GENERAL INFORMATION

## NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- We encourage that you still wear a face mask when attending our indoor programs to support people that might be at higher risk. Face masks are encouraged for outdoor programs if social distancing cannot be maintained. We will notify you if these requirements change.
- Please do not bring food to any programs unless noted.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in person programs in 2021 or 2022, the PIF we have on file is still good. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://seattle.gov/parks/find/specialized-programs>

## REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

*learn about ways to  
reduce your carbon footprint at*

**[www.seattlecan.org](http://www.seattlecan.org)**



## PAYMENT

Please make checks payable to “City of Seattle”. Mail to: Specialized Programs, 4554 NE 41st St., Seattle 98105. Due Friday, December 30.

## REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

## PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



## PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

### ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

### COVID-19 SYMPTOMS

- A cough
- Shortness of Breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A Sore throat
- Chills
- New loss of taste or smell
- Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid 19 in the past 5 days, please contact Specialized Programs staff before returning to program.



## SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing form, please call Kyle Bywater at 206-684-7548.



# REGISTRATION INFORMATION

► **ADULTS:** Participants are limited to one program per location. **Registration starts at 9 a.m. on the dates listed below** by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

## ADULTS (Ages 21 and up)

Sunshine Social	Thursday, December 8	Can sign up for 1 of the 4 sessions
Adult Pottery	Monday, December 12	N/A
Fitness with Friends	Tuesday, December 13	Can sign up for 1 of the 3 sessions
Health & Basketball	Wednesday, December 14	Sign up for Health or Adult Basketball

► **YOUTH, TEEN, TRANSITION:** Registration will begin on December 7th. Email [savannah.seiple@seattle.gov](mailto:savannah.seiple@seattle.gov) to register for the programs below. After your registration email is received you will get a confirmation email back from Savannah. No registrations can be taken before December 7th. Participants are limited to one program per location a day.

## YOUTH (Ages 4 - 21)

Basketball Skills and Drills	We will not be competing in Special Olympics Tournaments in Winter 2023.
Sensory Friendly Saturdays	Can sign up for either Sensory Friendly Saturdays or Saturday Activities; not both.

## TEEN (Ages 12 - 21)

Saturday Activities	Can sign up for 3 and wait list for 1. Can sign up for either Sensory Friendly Saturdays or Saturday Activities; not both.
Teen Social	Participants can sign up for 6 and wait list for 2.

## TRANSITION (Ages 16 - 30)

Pottery	N/A
Afternoon Hangout	N/A

### PAYMENT INFORMATION:

Payments due by **Friday, December 30**

Payments for classes can be made by credit card OR check.

Please make check payable to: **City of Seattle**

### MAIL CHECKS TO:

**Specialized Programs**

4554 NE 41st St.

Seattle, WA 98105

## SENSORY FRIENDLY SATURDAYS

**A program for participants ages 4 - 21.**

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child's strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities and socialize. (Please discuss with staff if this program is appropriate for your child.)

**Registration:** Space is limited to 10 participants. Participants can sign up for the whole quarter.\* Refer to page 5 for registration information.

\*Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 9), for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays, January 7 - March 10 No program Jan. 14, or Feb. 18	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 - 23rd Ave. Seattle, 98122	\$100 for the quarter

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.

## BASKETBALL SKILLS AND DRILLS

**A program for participants ages 4 - 21.**

Join us for a weekly gym program where we will brush up on our basketball skills and drills! Activities can be adapted to meet participant's various mobility levels. This is a gym program, not a traditional basketball practice. We will not be competing in Special Olympics Tournaments in Winter 2023.

**Registration:** Space is limited to 20 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, January 4 - March 8	4 - 5:30 p.m.	Miller CC 330 19th Ave. E Seattle, 98112	► FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

# YOUTH CAMP PREVIEW



## DAY CAMP

### Ravenna Park Shelter #1

2000 NE 58th St.  
Seattle 98105

### Seward Park Shelter #3

5900 Lake Washington  
Blvd. S  
Seattle, WA 98118

10 a.m. - 2 p.m.

July 5 - 7

**Across the Galaxy Week**  
Ravenna Park

July 24 - 28

**Science and Magic Week**  
Seward Park

July 31 - Aug. 4

**Disney Week** | Ravenna Park

Aug. 21 - 25

**Fairytale and Fantasy  
Week** | Seward Park

Aug. 28 - Sept. 1

**Inclusion Week**  
Ravenna Park

**NEW**

Let's go to the carnival! A week for participants and their siblings and friends to go to camp together.

## OVERNIGHT

### CAMP LONG

5200 35th Ave. SW, Seattle 98126

**Drop-Off Time: 5 p.m.**

**Tuesday, Pick-up: Noon on Friday**

July 11 - 14

**Mystery Week**

July 18 - 21

**Spirit Week**

Aug. 8 - 11

**Talent Week**

Aug. 15 - 18

**Tropical Week**





## TEEN SOCIAL

**A program for participants ages 12 - 21.**

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

**Registration:** Space is limited to 12 participants. Participants can sign up for 6 and wait list for 2. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays: January 6, 20, 27, February 3, 10, 24, and March 3 and 10	4:30 p.m. - 8:30 p.m.	<b>North End Drop-Off/Pick-Up:</b> 8061 Densmore Ave. N Seattle, 98103  <b>South End Drop-Off/Pick-Up:</b> Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N <b>ONLY</b> Pick-Up Window: 8 - 8:30 p.m.

### January 6: Wings Over Washington Ride and Dinner Out!

Let's virtually explore Washington and get some dinner with friends. \$40

### January 20: Game Night!

Let's have a game night with friends; dinner will be provided. \$15

### January 27: Dinner and a Movie

Let's have some fun seeing a movie on the big screen and grabbing some dinner together. \$40

### February 3: Thunderbirds Hockey Game and Dinner!

\*Note: Because of the time and length of the game, this program will go until 9:15 p.m. \$40

### February 10: Let's Throw a Valentine's Party!

We will plan valentines games and do crafts; dinner will be provided. \$15

### February 24: Pizza and Bingo

We will travel to a community center and play bingo while enjoying some pizza with friends. \$15

### March 3: Family Fun Center

Lets play some games at the Family Fun Center and get some dinner along the way! \$40.

### March 10: Bowling and Dinner Out! \$35





## SATURDAY ACTIVITIES

**A program for participants ages 12 - 21.**

Come enjoy some fun, group outings while socializing with friends! We will explore Seattle and the surrounding areas while promoting social skills, trying new things, and making independent choices. This program has many transitions from site-to-site and is ideal for participants able to transition easily and follow multi-step directions. Let's have some fun!

**Registration:** Space is limited to 12 participants. Participants can sign up for 3 and wait list for 1.\* Refer to page 5 for registration information.

\*Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays: Jan. 7, 28; Feb. 11; Mar. 11	9 a.m. - 2 p.m.	<b>North End Drop-Off:</b> 8061 Densmore Ave. N Seattle, 98103  <b>South End Drop-Off:</b> Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions
Access Drop-Off Time		Access Pick-Up Window*	
Drop-Off Appointment Time: 9 a.m.		*8061 Densmore Ave. N <b><u>ONLY FOR EVERYONE</u></b> , not just Access. Pick-Up Window: 2 - 2:30 p.m.	

**January 7: Let's go enjoy a movie together at the movie theatre.** We will get some movie treats but please bring a sack lunch and drink. \$20

### January 28: Museum of Flight

Let's take the day to learn new things about flight and space! Please bring a sack lunch and a drink. \$20

### February 11: Volleyball Clinic and Lunch Out

Go Time Athletics will be providing our group with a private Volleyball Clinic at their facility. Come learn the basics of the game from trained coaches, get active, and have fun with friends! Whether you're trying something new or experience in the game, all abilities are welcome. \$20

### March 11: Pacific Science Center

This will be a fun day to learn more about science and hang out with friends. Please bring a sack lunch and drink. \$25



## POTTERY

**A program for participants ages 16-30.**

Let's create something! In this class a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

**Registration:** Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost	Eligibility
Mondays, January 9 - March 6 No program Jan. 16, Feb. 20	5 - 6 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	\$40	No 1:1 supervision provided
Access Drop-Off Time		Access Pick-Up Window		
Drop-Off Appointment Time: 5 p.m.		Pick-Up Window: 6-6:30 p.m.		

## AFTERNOON HANGOUT

**A program for participants ages 16-30.**

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

**Registration:** Space is limited to 12 participants. Refer to page 5 for registration information.



Dates	Times	Locations	Cost	Eligibility
Tuesdays: January 3 - March 7	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	\$40	No 1:1 supervision provided
Access Drop-Off Time		Access Pick-Up Window		
Drop-Off Appointment Time: 4:15 p.m.		Pick-Up Window: 5:15 - 5:45 p.m.		

# ADULT PROGRAMS

## APPROPRIATE FOR AGES 21 AND OLDER

We encourage people to begin the transition from youth to adult programs starting at age 21.

Please call Specialized Programs at **206-684-4950** starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDA Respite Care or have qualified for a scholarship.

### PAYMENT INFORMATION:

Payments due by **Friday, December 30**

Payments for classes can be made by credit card OR check.

Please make check payable to: **City of Seattle**

### MAIL CHECKS TO:

**Specialized Programs**

4554 NE 41st St.

Seattle, WA 98105

## POTTERY

Let's create something! In this class a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

**Registration:** Space is limited to 10 participants. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Mondays, January 9 - March 6 No program Jan. 16, Feb. 20	3 - 4 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	\$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 3 p.m.	Pick-Up Window: 4-4:30 p.m.

## FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels.

**Registration:** You may register for 1 of the 3 sessions. Space is limited to 10 participants. Refer to page 5 for registration information.

### SESSION 1

Dates	Times	Locations	Cost
Tuesdays, January 3 - March 7	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	\$10
<b>Access Drop-Off Time</b>		<b>Access Pick-Up Window</b>	
Drop-Off Appointment Time: 10:15 a.m.		Pick-Up Window: 11 - 11:30 a.m.	

### SESSION 2

Dates	Times	Locations	Cost
Tuesdays, January 3 - March 7	12 - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	\$10
<b>Access Drop-Off Time</b>		<b>Access Pick-Up Window</b>	
Drop-Off Appointment Time: 12:15 p.m.		Pick-Up Window: 1 - 1:30 p.m.	

### SESSION 3

Dates	Times	Locations	Cost
Tuesdays, January 3 - March 7	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	\$10
<b>Access Drop-Off Time</b>		<b>Access Pick-Up Window</b>	
Drop-Off Appointment Time: 2:15 p.m.		Pick-Up Window: 3 - 3:30 p.m.	



## HEALTH

We will start each program with active time in the gym and then move to the multipurpose room to learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be planned with social distancing in mind and can be adapted to meet various mobility levels.

**Registration:** Space is limited to 20 participants. Sign up for Health or Adult Basketball. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, January 4 - March 8	12 - 2:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 12:15 p.m.	Pick-Up Window: 2:15 - 2:45 p.m.

## BASKETBALL - SKILLS AND DRILLS

Join us for a weekly gym program where we will brush up on our basketball skills and drills! Activities can be adapted to meet participant's various mobility levels. This is a gym program, not a traditional basketball practice. We will not be competing in Special Olympic Tournaments in Winter 2023.

**Registration:** Space is limited to 20 participants. Sign up for Basketball or Health. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, January 4 - March 8	6:30 - 8 p.m.	Miller Community Center 330 19th Ave. E Seattle, 98122	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.

# SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

**Registration:** Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 4 sessions. Space is limited to 15 participants per session. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Thursdays, January 5 - March 7	Session 1: 10 a.m. - 12 p.m.  Session 2: 1:30 - 3:30 p.m.	Bitter Lake CC 13035 Linden Ave. N Seattle, 98133	\$35

Dates	Times	Locations	Cost
Fridays, January 6 - March 10	Session 1: 10 a.m. - 12 p.m.  Session 2: 1:30 - 3:30 p.m.	Van Asselt CC 2820 S. Myrtle St. Seattle, 98108	\$35

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.



## SATURDAY TRAVELS

Join us as we travel around the Seattle area to visit local sites, businesses, and parks. Come with a sack lunch and dress in weather appropriate clothing to eat outside at a picnic shelter. Please bring cash day of to pay for the activities. Please bring a sack lunch and drink.

**Registration:** Space is limited to 12 participants each day. Sign up for 1 of the 4 outings and be on the waiting list for the others. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Saturday, January 21, February 4, February 25 and March 4	9 a.m. - 2 p.m.	Densmore Building 8061 Densmore Ave. N Seattle, 98103	Varies each week, see below.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9 a.m.	Pick-Up Window: 2 - 2:30 p.m.



### January 21: Theo Chocolates Tour

Today we will head to Fremont to visit Theo Chocolates to get a behind the scenes look at their factory, learn the art of chocolate making, and enjoy some tasty samples! Please note there are nuts at this facility. ► \$20

### February 4: Bowling

Get ready for a fun morning at the bowling alley as we get back to one of our favorite games! ► \$12

### February 25: Volleyball Clinic

Go Time Athletics will be providing our group with a private Volleyball Clinic at their facility. Come learn the basics of the game from trained coaches, get active, and have fun with friends! Whether you're trying something new or experience in the game, all abilities are welcome. ► FREE

### March 4: Seattle Park Tour

All aboard for a tour of our staff's favorite Seattle Parks! Come dressed for the weather as we will be outside all day exploring these great sites. ► FREE

SPECIALIZED PROGRAMS

4554 NE 41st Street  
Seattle, WA 98105  
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SEATTLE, WA.  
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