NORTHEAST COMMUNITY CENTERS

SPRING/SUMMER 2019



LAKE CITY
LAURELHURST
MAGNUSON
MEADOWBROOK
MEADOWBROOK TLC
MILLER
MONTLAKE
RAVENNA-ECKSTEIN





3/5 (SPRING) 5/7 (SUMMER)

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect. Thank you for your continued support of Seattle Parks and

Recreation.



registration software at http://bit.ly/spr registration account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Find your local recreation center at: seattle.gov/parks/ centers.asp and stop by to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! Please note hours of operation, as they vary across recreation centers.



THIRD CHOICE

Call your local recreation center during their hours of operation at the phone number listed at: seattle.gov/parks/centers.asp. All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



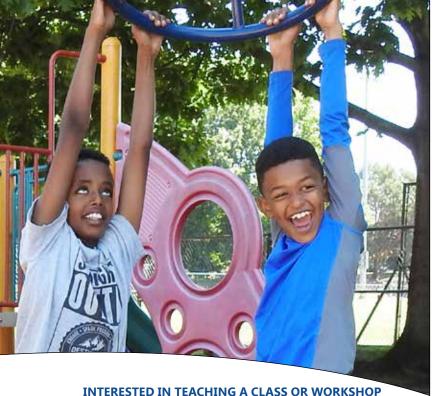
FOURTH CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m. Questions may be emailed to: ParksBSC@seattle.gov



FIFTH CHOICE

Mail in or drop off registration requests with payments and/ or required forms to your local community center. For the address of your local community center, please visit: seattle.gov/parks/centers.asp.



AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinator with your programming idea(s) for Northeast Seattle.

> Kylie Helmuth: kylie.helmuth@seattle.gov Thomas Hargrave: thomas.hargrave@seattle.gov Heather Wyatt: heather.wyatt@seattle.gov Doug Oaksford: doug.oaksford@seattle.gov

Classes are scheduled approximately six months in advance.



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GENERAL INFO



LAKE CITY CC

12531 28th Ave NE / Seattle, WA 98125

PH: 206-256-5645

HOURS

M/W/F 4-9 p.m. 9 a.m.-2 p.m. Tu/Th

LAURELHURST CC

4554 NE 41st St / Seattle, WA 98105 PH: 206-684-7529 Fax: 206-522-6029

SPRING HOURS

M/W1:30-7 p.m. Tu/Th/F 9 a.m.-2 p.m. Sa/Su (available for rentals) Closed

SUMMER HOURS

M-F 9 a.m.-2 p.m. Sa/Su (available for rentals) Closed

MAGNUSON CC

7110 62nd Ave NE / Seattle, WA 98115 **PH:** 206-684-7026 **Fax:** 206-684-7141

SPRING HOURS

M-W 2-9 p.m. Th/F 9 a.m.-9 p.m. Saturday Noon-5 p.m. Closed Sunday

SUMMER HOURS

Mon-Fri 9 a.m.-9 p.m. Saturday Noon-5 p.m. Closed Sunday

MEADOWBROOK CC

10517 35th Ave NE / Seattle, WA 98125 PH: 206-684-7522 Fax: 206-684-4921

SPRING HOURS

Mon-Fri 9 a.m.-9 p.m. 9 a.m.-5 p.m. Saturday Sunday (available for rentals) Closed **SUMMER HOURS (STARTS 6/22) CLOSED 6/1-6/10 FOR MAINTENANCE**

Mon-Fri 9 a.m.-9 p.m. Saturday 9 a.m.-2 p.m. Sunday (available for rentals) Closed

MEADOWBROOK TEEN LIFE CENTER

10750 30th Ave NE / Seattle, WA 98125 **PH:** 206-684-7523

HOURS

Su/M Closed Tu/Th 3:30-8 p.m. Wednesday 2-8 p.m. Friday 3 p.m.-Midnight Saturday 5 p.m.-Midnight

MILLER CC

330 19th Ave E/ Seattle, WA 98112 PH: 206-684-4753 Fax: 206-684-4397

SPRING HOURS

CLOSED FOR MAINTENANCE 5/18-5/26

M/W/F Noon-8 p.m. Tu/Th 9 a.m.-5 p.m. Sa/Su (available for rentals) Closed

SUMMER HOURS (STARTS 6/24)

9 a.m.-5 p.m. Mon-Fri Sa/Su (available for rentals) Closed

MONTLAKE CC

1618 E Calhoun St / Seattle, WA 98112 PH: 206-684-4736 Fax: 206-233-7140

SPRING HOURS

M/W 10 a.m.-8 p.m. Tu/Th 3-8 p.m. Friday 10 a.m.-6 p.m. Saturday 9 a.m.-1 p.m. Closed Sunday (available for rentals) **SUMMER HOURS (STARTS 6/17)** M/Tu 7 a.m.-7 p.m. W/Th 9 a.m.-7 p.m. 9 a.m.-6 p.m. Friday Sa/Su (available for rentals) Closed

RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE / Seattle, WA 98115 **PH:** 206-684-7534 **Fax:** 206-233-3973

SPRING HOURS

Mon-Fri 12:30-8:30 p.m. 9 a.m.-2 p.m. Saturday Sunday (available for rentals) Closed

SUMMER HOURS

Mon-Fri 9 a.m.-6 p.m. Sa/Su (available for rentals) Closed

HELENE MADISON POOL

13401 Meridian Ave. N/Seattle, WA 98133

PH: 206-684-4979

MEADOWBROOK POOL

10515 35th Ave. NE / Seattle, WA 98125 PH: 206-684-4989



DISCLAIMER NOTE: Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

GENERAL INFO



- 1) LAKE CITY CC
- 2) LAURELHURST CC
- 3) HELENE MADISON POOL
- 4) MAGNUSON CC
- 5) MEADOWBROOK CC/POOL
- 6) MILLER CC
- 7) MONTLAKE CC
- 8) RAVENNA-ECKSTEIN CC

CLOSURES

4/4 Staff Retreat 5/27 Memorial Day 7/4 Independence Day 9/2 Labor Day

PARKS MANAGEMENT

Christopher Williams, Interim Superintendent **Justin Cutler,** Recreation Director Katie Gray, Deputy Rec. Director Karl Fields, Recreation Manager **TBD,** Aquatics Manager

COORDINATORS

LAKE CITY CC

TomiJo McCarrier

tomijo.mccarrier@seattle.gov

LAURELHURST CC

Cara Brown

cara.brown@seatttle.gov

MADISON POOL

Barb Marsh

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MAGNUSON CC

Paul Davenport

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MEADOWBROOK CC

Ryan Spencer

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MEADOWBROOK POOL

Janet Wilson

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MILLER CC

Jacqueline Oaksford

jacqueline.oaksford@seattle.gov

MONTLAKE CC

Darin Olsen

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RAVENNA-ECKSTEIN CC

Cameron Rivera-Flodine

cameron.rivera-flodine@seattle.gov

ASSISTANT COORDINATORS

Thomas Hargrave, thomas.hargrave@seattle.gov Kylie Helmuth, kylie.helmuth@seattle.gov **Douglas Oaksford**, doug.oaksford@seattle.gov Heather Wyatt, heather.wyatt@seattle.gov

SPECIAL EVENTS



☑ RECURRING EVENTS

CREATIVE FAMILY FRIDAYS

Ages 4 and Older

Join us on the first Friday of each month for a family craft night. We will team with a specialist to teach you the basic skills and then turn you loose with the supplies for you and your family to create crafts and memories.

Location: Lake City CC **PAINT AND PLANT**

#17031	4/5-4/5	F	6:30-8:30 p.m.	\$5
CARD MA	AKING			
#17055	5/3-5/3	F	6:30-8:30 p.m.	\$5
JEWELRY	AND SHRIN	NKY DINKS	5	
#17056	6/7-6/7	F	6:30-8:30 p.m.	\$5
\$15 max ne	r family.		•	

LAKE CITY FILM FESTIVAL

All Ages

Join us the 3rd Friday of each month for a free movie. Each movie will be written, directed, or produced locally. We may even have guests who worked on the movies stop by to answer questions! We are still deciding on the specific movies, so please stay tuned for more information.

Location: Lake City CC

#17046	4/19	F	6:30-8:30 p.m.
#17067	5/17	F	6:30-8:30 p.m.
#17069	6/19	F	6:30-8:30 p.m.

WORLD DANCING IN THE PARK

FREE!

FREE!

Grab your dancing shoes and head down to

Albert Davis Park every Monday evening this Summer. We will have an instructor and music from a different part of the world each week to lead us in dancing. Lessons and Dancing begin at 6:30pm. Please remember to bring a water bottle.

Location: Albert Davis Park

7/8 - 8/26	M	6:30 p.m.
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CRAFTING GROUP



Ages 16 and Older

Open drop-in craft group. Bring your own supplies and craft alongside other inspired crafters doing beading, sewing, scrapbooking, dyeing, and more. Chances are good that if you need help, you can find it for your individual projects... or at least a discussion! This is not a class, there are no organized projects or themes, just crafting and discussions.

Location: Meadowbrook CC

4/6	Sa	12:30-4:30 p.m.
5/4	Sa	12:30-4:30 p.m.

STOP THE BLEED



Ages 16 and Older

Learn what to do to stop severe bleeding in an emergency. The more people that have this life saving skill, the better, so come one come all. Please register in advance so we have enough materials for students.

Location: Lake City CC

#17040	5/8	W	6.20 0.20 m m
#17049	2/0	vv	6:30-8:30 p.m.

Location: Meadowbrook CC

PLEASE PRE-REGISTER BY 5/5

#17195 5/18 10 a.m.-Noon Sa

PLEASE PRE-REGISTER BY 8/12

#17196 10 a.m.-Noon 8/17







Come and join us for some summer fun and entertainment at Laurelhurst Community Center. These performances are family friendly and sure to captivate your kids. Outdoor shows dependent on the weather. In event of inclimate weather, programs will be held in Laurelhurst Elementary School gymnasium, just North of Laurelhurst Park. Contact the Community Center for more information: 684-7529.

Location: Laurelhurst CC

7/10	W	11 a.mNoon
7/24	W	11 a.mNoon
8/7	W	11 a.mNoon
8/21	W	11 a.mNoon

MOVIES IN THE PARK

All Ages

In partnership with Scarecrow Video Project,

Magnuson welcomes you to share a joyful evening watching a movie with your neighbors. Movies are TBD. Watch us on Facebook to learn about the movies and evenings' activities!

FREE!

Location: Magnuson Park Amphitheater

8/2	F	7:30 p.m. (activities begin)
		(movie begins at dusk: around 9 p.m.)
8/9	F	7:30 p.m. (activities begin)
		(movie begins at dusk: around 9 p.m.)
8/16	F	7:30 p.m. (activities begin)
		(movie begins at dusk: around 8:45 p.m.)
8/23	F	activities begin at 7:30 p.m.
		(movie begins at dusk: around 8:30 p.m.)
8/30	F	activities begin at 7:30 p.m.
		(movie begins at dusk: around 8:15 p.m.)



COMMUNITY CENTER

- OR -

ONLINE:

http://bit.ly/spr_summercamp_brochure2019



FILLED WITH HUNDREDS OF CAMPS FOR YOUTHS OF ALL AGES!

SPECIAL EVENTS



IJ SPECIAL EVENTS

△ APRIL 2019

TODDLER "EGG" STRAVAGANZA

Ages 5 and Under

Miller Community Center wants to invite you to an "egg" stravaganza. Come and celebrate spring with a fun egg hunt! Hunting begins promptly at 10 a.m. in the gym. Toddler Gym will only be open after the hunt until noon. We will have some spring arts and crafts as well.

Location: Miller CC

4/18 Th 10 a.m. sharp!

SPRING EGG HUNT

Ages 1-12

Hop on over for family fun spring tradition in the Lake City neighborhood! Be sure to bring your basket for eggs and special prizes. The hunt starts at 10am so arrive no later than 9:45 a.m.! Join us afterwards for refreshments and to see our programs, activities, and facility!

Location: Lake City CC

#10984 4/20 Sa 10 a.m.-Noon

SPRING EGG HUNT

FREE!

FREE!

Ages 1-12

Hop on over for a family fun spring tradition in the Laurelhurst neighborhood! Be sure to bring your basket to hunt for eggs and special prizes. Please help support our canned food drive to assist our local food bank. It will be an EGG-citing time for all! Please plan to arrive no later than 9:45 a.m.

Location: Laurelhurst CC

#15442 4/20 Sa 10-10:30 a.m.

SPRING EGG HUNT

FREE!

Ages 1-11

Celebrate the coming of Spring with an Egg Hunt!

Don't forget to bring a basket or bag. The hunt will take place rain or shine starting right at 10 a.m. Please arrive by at least 9:45 a.m.

Location: Montlake CC

4/20 Sat 10 a.m. sharp!

SPRING ECO HUNT

FREE!

Ages 1-11

Celebrate the coming of spring with a scavenger hunt beginning at 10 a.m. sharp! This is an egg and candy-free event. We will have the hunt - rain or shine!

Location: Ravenna-Eckstein CC

4/20 Sat 10 a.m. sharp!



IJUNE 2018

WORLD DANCE PARTY

FREE!

All Ages

Celebrate Lake City diversity by learning dances from around the world. Bring a potluck dish to share your culture and have fun with your neighbors. Free family event with activities for all ages.

Location: Lake City CC

#17050 6/28 F 6-9 p.m.

TOT GRAND PRIX

Ages 2-5

Come race peddle/push cars for glory and prizes and celebrate the end of the Tot Gym season as we move into our summer schedule. Suggested donation is \$5 and proceeds will go to replenishing our Tot Gym toys.

Location: Magnuson CC Gym

6/14 F 6:30 p.m. \$5*

*suggested donation

TOT TROT TO SUMMER

Ages 2-6

Race into summer this June with our annual toddler and children's fun run. First, your child will receive a race number and t-shirt. Then, we will do a group stretch and group the kids by age. We will provide a snack and participant ribbon at the end of the race. This run is less than 1K we run once around the upper field. It's a great first race experience! Fee is per child.

Led by Coach Denise

Location: Ravenna-Eckstein CC

6/3 M 6 p.m. \$10

JULY 2019

PIRATE TREASURE HUNT

Ages 3 and Older

Put on yer best pirate attire, cause yer going on a treasure hunt! Families will follow the clues in a search for the hidden treasure, followed by a backyarrrrrd BBQ. Fun for the entire family. Maybe there will even be real Pirate there! Costumes are encouraged.

Location: Meadowbrook CC

#17197 7/19 6-7:30 p.m. \$3

ICE CREAM SOCIAL AND CONCERT

All Ages

Join us for a summer with a good old-fashioned ice cream social and live music. Bring the family and picnic dinner. We'll supply the ice cream and fun!

Location: Magnuson Park Amphitheater

7/19 6:30 p.m.

*per ice cream bowl





☑ AUGUST 2019

SALMON BAKE

All Ages

Come enjoy the annual Salmon Bake and Lake

City Festival. Check out our website as the schedule of events is developed.

Location: Lake City CC

#17094 8/3 Sa 10 a.m.-5 p.m.

MONTLAKE MUSIC AND FAMILY NIGHT FESTIVAL

FREE!

FREE!

All Ages

Come join us for music, food trucks, and fun at the annual Montlake Music Festival. There will be live music performances, bounce houses, food, popcorn, cotton candy, face painting, and games for the whole family. We will have seating, but we encourage you to also bring a blanket if you have/choose to sit in the grass.

Location: Montlake CC

8/9 Fri 5:30-8:30 p.m.

SPECIAL EVENTS



UCOMMUNITY EVENTS

MEADOWBROOK COMMUNITY GARDEN

Are you interested in making new friends? Would you like to get involved in your neighborhood through food, fun, and sustainable/organic gardening? Do you like to eat fresh veggies? Want to get exercise, be outdoors, and feel healthier? There are many ways to encourage your community through the Community Gardens. Follow Meadowbrook Community Gardens on Facebook: http://bit.ly/meadowbrookgarden or call Meadowbrook CC 206-684-7522.

MEADOWBROOK COMMUNITY KITCHEN

Sustainable NE Seattle and the Meadowbrook Community Center are joining together to create a community kitchen which brings people together around food in a shared space to plan, cook, learn, and eat together. These meals are focused on food that is healthy for people and the planet, i.e. organic and vegetarian. An added bonus of cooking together is the economic benefit of purchasing food in bulk and saving fuel resources. Participants will prepare food, eat together, and have food to take home. Participants are asked to bring dishes/ cookware to bring home their portion of the food that is prepared. If interested please contact the Meadowbrook CC 206-684-7522.

RAVENNA COMMUNITY GARDEN THE GARDEN IS A PLACE WHERE NEIGHBORS

WORK TOGETHER AND SHARE THE HARVEST!

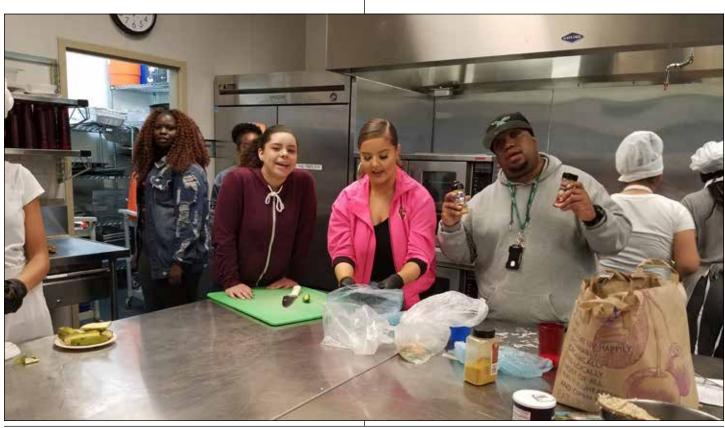
The mission of the Ravenna Community Garden is to build a strong, inter-generational community while increasing local food security, and improving the health of our planet through sustainable garden practices.

Through gardening together, we get to know our neighbors, learn from each other about producing and preserving food that is grown organically and sustainably, and beautify our neighborhood. We enhance our own health through eating locally-grown, fresh, flavorful, and nutritious fruits and veggies; exercise, time spent outdoors, and above all, having fun together.

2019 GARDEN WORK PARTIES

Second Sundays each month Noon-2 p.m. in the early season starting on Feb 10, and continuing Mar 10, April 14, May 12, and June 9. We're hoping for more turnout for doing big projects, so please come and join us.

For information on our Work Party schedule please visit our web page: RavennaCommunityGarden.wordpress.com



SPECIAL EVENTS



ASSOCIATED RECREATION COUNCIL

For 44 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven **ARC** leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of "building community through citizen engagement and participation in recreation and lifelong learning programs." ARC is a 501c3 nonprofit organization. For more information, go to www. arcseattle.org.

YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.





All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 4/4, 5/27, 7/4, and 9/2.

TODDLER GYM PLAY TIME

FREE!

Ages Walkers-5 Years

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) Times are subject to change.

LAKE CITY COMMUNITY CENTER

Tu/Th 9:30 a.m.-12:30 p.m.

LAURELHURST COMMUNITY CENTER

W/F 9:30 a.m.-Noon

MAGNUSON COMMUNITY CENTER (ENDS 6/14)

Fri 9:30 a.m.-1:30 p.m.

MEADOWBROOK COMMUNITY CENTER (ENDS 6/18)

M/W/F 12:30-2:30 p.m.

MILLER COMMUNITY CENTER (ENDS 6/13)

Tu/Th 9:30 a.m.-Noon

MONTLAKE COMMUNITY CENTER (ENDS 6/7)

M/W/F 10 a.m.-2 p.m.

RAVENNA-ECKSTEIN COMMUNITY CENTER

Tu/Th 10 a.m.-2 p.m.





⊿ TOT DROP-IN

QUIET PLAY TIME

Ages 2 and Older

For children who need a quieter, less busy space to play and recreate.

Location: Magnuson CC

Ongoing 1-2:30 p.m.

BUILD IT!



Ages 2-5

Put on your thinking caps and get creative!

Construct whatever your imagination desires with Legos®, blocks, train sets, and Lincoln Logs to help you build it! Develop critical-thinking and engineering thought processes and promote pro-social behaviors like sharing and teamwork.

Location: Magnuson CC

1/3-3/28 9:15 a.m.-Noon

TODDLER PLAY ROOM



Ages 5 and Younger

We offer a designated play room just for toddlers and infants. Enjoy the books and toys while you explore with your child.

Location: Miller CC

M/W/F 4/1-6/14 Noon-7:30 p.m. Tu/Th

9 a.m.-4:30 p.m.

INDOOR PLAYTIME

FREE

Ages 1-5

We have a great space where you and your child(ren) can play in a safe, fun, and interactive space with bikes, balls, ride-ons, and educational toys.

Location: Ravenna-Eckstein CC

4/1-6/22 12:30-8 p.m. 9 a.m.-1:30 p.m. Sa 6/24-8-31 M-F 9:30 a.m.-5:30 p.m.

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 4/4, 5/27, 7/4, and 9/2.

FREE!

FREE!

FREE!

J GAMES

BRIDGE

All Ages

Join us for a small group gathering to play bridge, drink tea, and make new friends. Hot water provided for your tea or coffee.

Location: Montlake CC (Ends 6/14)

F 12:30-4 p.m.

(AMERICAN) MAHJONG

INTERMEDIATE LEVEL PLAYERS

Ages 18 and Older

Rules of play are based on newly published guidelines from The National Mahjong League. Beginners should complete the beginner course. Please call Laurelhurst Community Center at 206-684-7529 for more information. Ends 6/21.

Location: Laurelhurst CC

INTERMEDIATE LEVEL PLAYERS

Tu/F 11 a.m.-2 p.m.

Location: Lake City CC ALL LEVEL PLAYERS

11 a.m.-1 p.m. (Traditional) Th 9:30 a.m.-12:30 p.m. (American)

ANCIENT GAMERS

Ages 13 and Older (Under 13 with an adult)

Calling all table top gamers. Every other week you are invited to explore new and old table top games such as cards, dice, battle recreation, and board games. Novice and casual players are always welcome, and extra troops and equipment are available, as well as experienced players willing to teach the games.

Location: Lake City CC

1st/3rd Wed/month 5:30-9 p.m.





IJ FITNESS CENTER

FITNESS CENTER

Ages 18 and Older

Seattle weather can be a challenge to your fitness program so come inside and work out in our fitness room. Equipment includes elliptical machines, treadmills, stationary bicycles, rower, and various training apparatus.

Location: Meadowbrook CC

M 9 a.m.-6 p.m.

Tu-F 9 a.m.-9 p.m.

Sa 9 a.m.-5 p.m.

(Beginning 6/22 Saturday hours will change to 9 a.m.-2 p.m. for the summer)

FREE!



All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 4/4, 5/27, 7/4, and 9/2.



ATHLETICS

PING PONG

All Ages

We offer two ping pong tables for you to train, play, or just have fun! Try out our new outdoor table! One hour maximum. Paddles and balls can be checked out at no extra charge.

Location: Lake City CC

4:30-8:30 p.m.

RACQUETBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this high-speed, fast paced sport that will work up a sweat! Equipment can be checked out at no extra charge (protective eyewear required). Reserve a court up to a week in advance or take your chances and drop-in. Courts can also be used for informal squash matches. Call 206-684-7026 for more information or to make a reservation.

Location: Magnuson CC

SPRING HOURS

M-W	2-9 p.m.	\$8/hour
Th	9 a.m9 p.m.	\$8/hour
F	9 a.m7 p.m.	\$8/hour
Sa	9 a.m5 p.m.	\$8/hour

SUMMER HOURS

M-F	9 a.m9 p.m.	\$8/hour
Sa	Noon-5 p.m.	\$8/hour

WALLYBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this exciting "off the wall" variation of volleyball! Reserve the court up to a week in advance. Please reserve ahead of time so staff can have the net set up upon your arrival.

Location: Magnuson CC

SPRING HOURS

FREE!

M-W	2-9 p.m.	\$12/hour
Th	9 a.m9 p.m.	\$12/hour
F	9 a.m7 p.m.	\$12/hour
Sa	9 a.m5 p.m.	\$12/hour

SUMMER HOURS

M-F	9 a.m9 p.m.	\$12/hou
Sa	Noon-5 p.m.	\$12/hour

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 4/4, 5/27, 7/4, and 9/2.

	LAKE CITY	LAURELHURST	MAGNUSON	MEADOWBROOK
ADULT BADMINTON				F 6-9 p.m.
YOUTH BASKETBALL				
ADULT BASKETBALL Ages 18 and up (unless noted)				
GAMES	MAHJONG M 11 a.m1 p.m. Th 9:30 a.m12:30 p.m.	MAHJONG Tu 11 a.m2 p.m. F 11 a.m2 p.m.		
PICKLEBALL			Th 9:15 a.mNoon	ТВА
PING PONG	W 4:30-8:30 p.m.			
VOLLEYBALL				W 7-9 p.m. Max 30 (Closed for summer 6/22-9/2)

^{*}Subject to change during Public School Breaks Closed during Public School Breaks 4/8-4-12.



All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 4/4, 5/27, 7/4, and 9/2.

	MILLER	MONTLAKE	RAV-ECK	
ADULT BADMINTON			W 8-10 p.m. (4/3-6/19) 6-9 p.m. (6/26-8/28)	
YOUTH BASKETBALL	W 2:30-4:30 p.m. F 3:45-5:45 p.m. Spring (ends 6/21)	Tu/Th/F 3-4 p.m. (ends 6/13) <i>Th for 6/19-8/29 6-7 p.m</i> .	4/1-6/22 M/W	
ADULT BASKETBALL Ages 18 and up (unless noted)	Tu 12:30-2 p.m. W 6-8 p.m. Spring (ends 6/21)	Tu 6-8 p.m. (4/2-6/11) T/Th for 6/19-8/29 6-7pm	1:30-3:45 p.m. Tu/Th/F 2:30-3:45 p.m.	
GAMES		BRIDGE F 12:30-4 p.m. <i>Ends 6/14</i>		
PICKLEBALL	M*/F 9 a.mNoon *ends 6/21 Summer outdoor courts available only	Sa 10:30 a.m12:30 p.m. <i>Ends 6/15</i>	OPEN PLAY - ALL LEVELS M/W 10 a.m1 p.m. (4/1-6/21) 9 a.mNoon (6/24-8/30) INTR./ADV. F 11:30 a.m2 p.m. (4/1-6/21) 9 a.mNoon (6/24-8/30)	
VOLLEYBALL	M 6-8 p.m.* F (LGBTQ and Allies) 6-7:45 p.m. (4/5-6/21) *\$3 drop-in fee during Summer	Weds 6-8 p.m. <i>Ends 6/12</i>		

^{*}Subject to change during Public School Breaks Closed during Public School Breaks 4/8-4-12.

J TEENS

TEEN LATE NIGHT

FREE!

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

Contact your local neighborhood specialist for more information.

Fri and Sat Nights 7 p.m.-Midnight

NORTH:

Bitter Lake Community Center, 206-684-7524 Meadowbrook Teen Life Center, 206-551-7316

SOUTHEAST:

Garfield Teen Life Center, 206-684-4788 Rainier Community Center, 206-386-1919 Rainier Beach Community Center, 206-386-1925 Van Asselt Community Center (Fri only), 206-386-1922

SOUTHWEST:

High Point Community Center, 206-684-7422 Southwest Teen Life Center, 206-684-7438 South Park Community Center (Fri only), 206-684-7451.



WORKSHOPS | TRAININGS CERTIFICATIONS | SPORTS | FREE FOOD





PLEASE ASK FOR THE SCHEDULE AT THE FRONT DES

FOR MORE INFO PLEASE CONTACT:



CITYWIDE ATHLETICS



IJ SPRING YOUTH SPORTS

REGISTRATION STARTS FEBRUARY 5. 2019

HIGH SCHOOL CO-ED VOLLEYBALL LEAGUE

Age Groups: 14-17 or in High School (Age as of 8/31/18)

This NEW Co-ed Spring High School Volleyball League provides the opportunity for high school age players to come together in a fun environment while improving skills. Players may sign up online or at their local community center. Practice time will be available to community centers beginning in early April. It is not required for teams to have a coach but a team contact will need to be identified as teams are formed. Call your friends and join us in this exciting new opportunity!

Fee: \$30, scholarships are available

Start Date: April, 2019

TRACK AND FIELD (GIRLS AND BOYS)

Age Groups: 5-17 (Age as of 8/31/18)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their ho me track or field. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April.

Teams will be forming at Community Centers throughout Seattle.

Fee: \$50, scholarships are available Minimum: Approximately 10 kids

Please consider volunteering as a coach or helping with recruitment of coaches.

Our low cost leagues can't operate without the dedication of our awesome coaches!



IJ SUMMER YOUTH SPORTS

CITYWIDE YOUTH ATHLETICS SUMMER SPORTS CAMPS

Our low cost and FREE sports camps offer a fun and positive experience for your child's inner athlete. We will divide kids into groups based on age/ability level, and have a great time working on age-appropriate fundamentals that will incorporate fun competitions, games, races and scrimmages. Our camps are designed for kids ranging from the very beginner to the seasoned athlete. All kids can expect to improve their skill level! Please bring a sack lunch, snacks, water bottle, sunscreen and dress appropriately for the weather (layers). Space is limited in these camps so register early. E-13 and signed concussion form due at registration and must be sent to the Youth Athletics office.

YOUTH ALL GENDER BASKETBALL

Ages 7-9

Location: High Point Community Center

#19741 7/22-7/23 M-Tu 9 a.m.-1 p.m.

YOUTH ALL GENDER VOLLEYBALI



Ages 9-12

Location: Jefferson Community Center

#19740 7/9-7/11 Tu-F 9 a.m.-1 p.m.

YOUTH ALL GENDER SK8 CAMP

FREE

Ages 5-12

Join staff from Skate Like a Girl and learn to skate board or improve your skills. This camp welcomes and serves all vouth.

Location: Roxhill Skate Park

#19735 7/15-7/19 M-F 9 a.m.-1 p.m. #19733 8/5-8/9 M-F 9 a.m.-1 p.m.

Location: Virgil Flaim Park

#19734 7/29-8/2 M-F 9 a.m.-1 p.m.

LOOK FOR UPCOMING SCHEDULES **FOR THESE FREE CAMPS AT:** WWW.SEATTLE.GOV/PARKS/FIND/CAMPS#SPORTSCAMPS

ULTIMATE FRISBEE | Ages 6-11/11-16

BRANDON GIBSON FOOTBALL FRENZY | Ages 8-15

YOUTH/TEEN ALL GENDER SOCCER | Ages 6-15

YOUTH ALL GENDER TENNIS | Ages 7-14 Location: Lower Wood Land Courts

Creating community through people, parks, and programs.

YWIDE ATHLETICS



SUMMER CITYWIDE YOUTH SPORTS CAMPS

FREE!

A wide variety of youth sports camp opportunities will be offered. Look for more information at http://www.seattle.gov/parks/Athletics.htm

WHAT IF MY CHILD ISN'T OLD **ENOUGH FOR THESE PROGRAMS?**

Many of our community centers offer instructional programs/ classes and even leagues for the younger set. Examples include T-Ball classes and Cub Basketball. Come by or give us a call for more information.

YOUTH SPORTS GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

- 1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff. Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.
- 2. Get registered! (Paperwork is at community centers).
- 3. Start practices and get ready for fun honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can't operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

- 1. Talk to community center staff about applying for a coaching position.
- 2. Fill out a background check form at the center and then a volunteer registration form online.
- 3. Work with community center staff to form your team rosters.
- 4. Request practice times and confirm that all kids are registered prior to the first practice.
- 5. Attend coaches meeting/training and get ready for a rewarding experience!



PRESCHOOL



以 SPRING 2019

PRESCHOOL PROGRAM

Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These lowcost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

DETAILS OF OUR PROGRAM:

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- » Affordable rates (scholarships available!)

Preschool programs are based on the Creative Curriculum for Preschool from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

IMPORTANT DATES*

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

Spring Break 4/8/2019-4/12/2019

Memorial Day 5/27/2019 Independence Day 7/4/2019 **Labor Day** 9/2/2019

*Check with your local community center preschool for any additional closures.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

Ages	Days	Time	Price/month	
MAGN	USON COMMU	INITY CENTER		
3-5	Tu/Th	9 a.m12:30 p.m.	\$263	
3-5	M/W/F	9 a.m12:30 p.m.	\$385	
3-5	M-F	9 a.m12:30 p.m.	\$588	
MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*				
3-5	M-F	8:30 a.m2:30 p.m.		

*Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. These programs are NOT registerable through Seattle Parks and Recreation. Please visit bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.

Register NOW at your local community center!



PRESCHOOL

以 FALL 2019

REGISTRATION IS OPEN NOW!

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks and prescheduled all-day closures are NOT included. A non-refundable \$25 deposit is required during registration, and the balance of fees is due August 1, 2019.

To be in compliance with the City of Seattle's minimum wage law, and to attract and retain staff in order to provide quality programming, we have raised fees to ensure the preschool programs remain healthy and available for years to come.

Ages	Days	Time	Price/month		
MAGN	IUSON COMMU	INITY CENTER			
3-5	Tu/Th	9 a.m12:30 p.m.	\$310		
3-5	M/W/F	9 a.m12:30 p.m.	\$454		
3-5	M-F	9 a.m12:30 p.m.	\$694		
	MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*				
(ONLY	OFFERED TO S	PP PARTICIPANTS)*			
3-5	M-F	8:30 a.m2:30 p.m.			

*Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation.** Please visit bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.



∠ SUMMER CAMP 2019

Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:

- » Ages: 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices
- » Children need to be fully potty-trained (no diapers or pull-ups permitted)
- » Please speak with the program director regarding available food options. No refrigeration or microwave/ oven will be available.

REGISTRATION INFO:

- » Registration begins February 5. Register early, as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.

	MEADOWBROOK
Week	Mon-Fri • 9 a.m12:30 p.m. • \$195/week
7/1-7/5*	LIL' CHEFS
7/8-7/12	IMAGINATION STATION
7/15-7/19	FANTASTICAL FAIRYTALES
7/22-7/26	A PIRATE'S LIFE FOR ME!
7/29-8/2	SUMMERTIME SUPERHEROES
8/5-8/9	CREEPY CRAWLERS
8/12-8/16	BLAST OFF!
8/19-8/23	SERIOUSLY SILLY SCIENCE

LICENSED SCHOOL-AGE CARE



△ SPRING 2019

Ages 5-12

Do you want your child to have **fun, engaging opportunities** that support continued learning and personal growth outside of school? The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center! A nonrefundable \$25 deposit for each program (before and afterschool) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

IMPORTANT DATES*

Spring Break 4/8/2019-4/12/2019

Memorial Day 5/27/2019 **Independence Day** 7/4/2019 **Labor Day** 9/2/2019

*Check with your local community center for any additional

2018-2019 SCHOOL YEAR

Program	Time	5 days	4 days	3 days
MEADOWBROOK CON	MUNITY CE	NTER		
After School (Option 1)	2:30-6 p.m.	\$503	\$452	\$427
After School (Option 2)	4-6 p.m.	\$287	\$258	\$244
MEADOWBROOK @ JO	OHN ROGERS			
After School	2:30-6 p.m.	\$503	\$452	\$427
MONTLAKE @ MCGIL	/RA			
After School	2:30-6 p.m.	\$503	\$452	\$427
RAVENNA-ECKSTEIN	@ THORNTO	N CREEK		
After School	2:30-6 p.m.	\$503	\$452	\$427
RAVENNA-ECKSTEIN @ WEDGWOOD				
After School	2:30-6 p.m.	\$503	\$452	\$427

Details could be subject to change. Please contact your local community center if you have any other questions.

∠ CAMP INFORMATION

EARLY DISMISSALS

Please contact your local community center for details about early dismissals.

BREAK CAMPS: (7 a.m.-6 p.m.) **SPRING BREAK CAMP | 4/8/2019 - 4/12/2019 FEES**

» \$230 for 5 days, \$184 for 4 days, or \$46/day at select sites Contact your local community center for more information, as not all sites offer break camps.

LICENSED SCHOOL-AGE CARE

以 FALL 2019

FALL 2018 REGISTRATION BEGINS ON MAY 7, 2019!

A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and balance of September fees are due two weeks prior to first program day. To be in compliance with the City of Seattle's minimum wage law, and to attract and retain staff in order to provide quality programming, we have raised fees to ensure the school-age care programs remain healthy and available for years to come.

Program details may change. Please check with your community center closer to program start date.

Program	Time	5 days	4 days	3 days
MEADOWBROOK COM	MUNITY CE	NTER		
After School (Option 1)	2:30-6 p.m.	\$550	\$495	\$468
After School (Option 2)	4-6 p.m.	\$314	\$283	\$267
MEADOWBROOK @ JO	OHN ROGERS			
After School	2:30-6 p.m.	\$550	\$495	\$468
MONTLAKE @ MCGIL	/RA			
After School	2:30-6 p.m.	\$550	\$495	\$468
RAVENNA-ECKSTEIN (@ THORNTO	N CREEK		
After School	2:30-6 p.m.	\$550	\$495	\$468
RAVENNA-ECKSTEIN @ WEDGWOOD				
After School	2:30-6 p.m.	\$550	\$495	\$468



∠ GENERAL INFORMATION

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (http://bit.ly/ sps student transportation) or call 206-252-0900 for more information.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

EQUAL OPPORTUNITY PROVIDER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at https://www.ascr.usda.gov/filing-programdiscrimination-complaint-usda-customer and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: program.intake@usda.gov.

SCHOOL-AGE CARE CAMPS



Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months? The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming, and more.

Our summer day camps will be offered for up to 10 weeks, with new themes available each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:

- » Ages: 5 through 12 years
- » Operating Hours: 7 a.m. to 6 p.m.
- » Cost: \$230/week (\$187 for 4-day week of July 4)
- » First day of Summer Day Camp: June 24, 2019
- » A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.

REGISTRATION INFO:

- » **Registration begins February 5.** Register early as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.
- » Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also

Please note: Summer Day Camp programs, activities and themes could be subject to change.



SCHOOL-AGE CARE CAMPS

∠ CAMP THEMES

Week	MEADOWBROOK AGES 5-7	MEADOWBROOK @ JOHN ROGERS AGES 8-12	MILLER	MONTLAKE @ MCGILVRA
6/24-6/28	GET IN THE GAME	GET IN THE GAME	YOU CAN BUILD IT!	YOU CAN BUILD IT!
7/1-7/5*	PNW EXPLORERS	LIL' CHEFS	SERIOUSLY SILLY SCIENCE	SERIOUSLY SILLY SCIENCE
7/8-7/12	FREE TO BE YOU, FREE TO BE ME!	ON YOUR MARKS GET SET GO!	BLAST OFF!	FROM ANTELOPES TO ZEBRA SHARKS
7/15-7/19	FARM FABULOUS	SPLISH SPLASH	GET IN THE GAME	THE WHEELS ON THE BUS
7/22-7/26	THE WHEELS ON THE BUS	YOU CAN BUILD IT!	CRAFTY CREATORS	PNW EXPLORERS
7/29-8/2	LAND BEFORE TIME	MEADOWBROOK'S GOT TALENT	SPLISH SPLASH	SPLISH SPLASH
8/5-8/9	DEEP BLUE	FROM ANTELOPES TO ZEBRA SHARKS	LAND BEFORE TIME	CREEPY CRAWLERS
8/12-8/16	SPLISH SPLASH	PNW EXPLORERS	DEEP BLUE	WONDROUS WILDLIFE
8/19-8/23	LIL' CHEFS	WE'VE GOT THE BEAT	MILLER'S GOT TALENT	WE'VE GOT THE BEAT
8/26-8/30	THAT'S A WRAP		THAT'S A WRAP	DEEP BLUE

Week	RAVENNA-ECKSTEIN @ WEDGWOOD	RAVENNA-ECKSTEIN @ THORNTON CREEK
6/24-6/28	SUMMERTIME SUPERHEROES	PNW EXPLORERS
7/1-7/5*	IMAGINATION STATION	SERIOUSLY SILLY SCIENCE
7/8-7/12	WE ARE THE WORLD	WE'VE GOT THE BEAT
7/15-7/19	GET IN THE GAME	FROM ANTELOPES TO ZEBRA SHARKS
7/22-7/26	SPLISH SPLASH	CRAFTY CREATORS
7/29-8/2	FROM ANTELOPES TO ZEBRA SHARKS	A PIRATE'S LIFE FOR ME!
8/5-8/9	PNW EXPLORERS	CREEPY CRAWLERS
8/12-8/16	BLAST OFF!	BLAST OFF!
8/19-8/23	LIL' CHEFS	RAVENNA ECKSTEIN'S GOT TALENT
8/26-8/30	THAT'S A WRAP	



ART PROJECTS FOR KIDS

Ages 3-8

Each class will explore different art techniques including painting, drawing, printmaking, collage, crafts, and paper construction. Kids will have fun building creative skills and learning about art. Supplies and materials provided. Parents of children under 6 are required to stay for class.

#17027 4/2-5/7 \$93 Tu 10:30-11:45 a.m. #17052 \$93 5/14-6/18 Tu 10:30-11:45 a.m.

Hapkido is a Korean martial art that teaches practical selfdefense, strength and balance, and personal growth. Using striking, kicking, blocks, throws, and a variety of weapons, Hapkido is a complete system that can be adapted and used by everyone. With a strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), Hapkido not only provides practical training, but also gives tools to benefit the practitioner in all aspects of their lives.

#17044	4/1-4/29	M/W	4-4:30 p.m.	\$68
#17085	5/1-5/29	M/W	4-4:30 p.m.	\$60
#17087	6/3-6/26	M/W	4-4:30 p.m.	\$60

LAKE CITY CC

HTUOY K

HAPKIDO

Ages 5-12

Hapkido is a Korean martial art that teaches practical selfdefense, strength and balance, and personal growth. Using striking, kicking, blocks, throws, and a variety of weapons, Hapkido is a complete system that can be adapted and used by everyone. With a strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), Hapkido not only provides practical training, but also gives tools to benefit the practitioner in all aspects of their lives. No class 6/21.

KIDS A

#17039	4/1-4/29	M/W	4:30-5:15 p.m.	\$104
#17078	5/1-5/29	M/W	4:30-5:15 p.m.	\$92
#17079	6/3-6/26	M/W	4:30-5:15 p.m.	\$92
#17080	4/1-6/26	M/W	4:30-5:15 p.m.	\$262
KIDS B				
#17040	4/1-4/29	M/W/F	5:15-6 p.m.	\$150
#17076	5/1-5/31	M/W/F	5:15-6 p.m.	\$150
#17077	6/3-6/28	M/W/F	5:15-6 p.m.	\$126.50
#17041	4/1-6/28	M/W/F	5:15-6 p.m.	\$388.50

J TEEN

LAKE CITY YOUNG LEADERS

FREE!

Ages 13-18

Young Leaders is a community-based activism group for teens. Youth participate in clean-up projects, help at the local food bank, and participate in a committee meeting to plan the future of their neighborhood. Call or drop-in for more information.

4/1-6/19 #17047 M/W 4:30-7 p.m. #17072 7/8-9/4 M/W 4:30-7 p.m.

HAPKIDO - TEEN

Ages 13-17

Hapkido is a Korean martial art that teaches practical selfdefense, strength and balance, and personal growth. Using striking, kicking, blocks, throws, and a variety of weapons, Hapkido is a complete system that can be adapted and used by everyone. With a strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), Hapkido not only provides practical training, but also gives tools to benefit the practitioner in all aspects of their lives. No class 6/21.

#17042	4/1-4/29	M/W	6-7 p.m.	\$104
#17082	5/1-5/29	M/W	6-7 p.m.	\$92
#17083	6/3-6/26	M/W	6-7 p.m.	\$92
#17043	4/1-6/26	M/W	6-7:45 p.m.	\$262



LAKE CITY CC



⊿ ADULT

EXPLORING WATERCOLOR

Ages 13 and Older

In this exploration class participants will be introduced to the many creative approaches of watercolor painting. Still life, landscape, abstract, and working from photos are just some of the styles that students can look forward to trying. If you have never painted before or just want to work on your technique, this class is for you. All materials will be provided.

#17051	5/15-6/19	W	7-8:30 p.m.	\$93
#17036	4/3-5/8	W	7-8:30 p.m.	\$93

CARDIO DANCE PARTY

Ages 18 and Older

Students will follow along each week to original dance fitness choreography featuring pop/hip-hop/dancehall and Top 40 music. Think "Zumba" but with less "Cha, Cha, Cha" and more "Drop It like It's Hot!" Jessica of Seattle Dance Fitness is known for her infectious energy! You will want to dance bigger, jump higher, and just generally work harder than you thought you could just by showing up to a class. This hour-long class will help you burn between 400-1,000 calories and leave you feeling sassy, happy, confident, and empowered!

#17030	4/3-5/15	W	7-8 p.m.	\$72
#17057	5/22-6/26	W	7-8 p.m.	\$72
#20084	7/3-8/7	W	7-8 p.m.	\$72
#20085	8/14-9/18	W	7-8 p.m.	\$72

HAPKIDO - ADULTS

Ages 18 and Older

Hapkido is a Korean martial art that teaches practical selfdefense, strength and balance, and personal growth. Using striking, kicking, blocks, throws, and a variety of weapons, Hapkido is a complete system that can be adapted and used by everyone. With a strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), Hapkido not only provides practical training, but also gives tools to benefit the practitioner in all aspects of their lives. No class 6/21.

#17037	4/1-4/29	M/W/F	7-8:30 p.m.	\$150
#17074	5/1-5/31	M/W/F	7-8 p.m.	\$150
#17075	6/3-6/28	M/W/F	7-8 p.m.	\$126.50
#17038	4/1-6/28	M/W/F	7-8 p.m.	\$388.50

KALEIDOSCOPE PLAY **AND LEARN**



Less than 6

Free play group for children 5 and under and their parents and caregivers. Learn about child development through fun and educational activities and meet other neighborhood families. Each session provides a creative activity and supportive, educational discussions on parenting, family issues and child development. Facilitated by North Seattle Family Resource Center, a program of Children's Home Society of Washington. All are welcome! Drop-in or call for more information, NSFRC 206-364-7930.

#17045 4/2-6/25 10:30 a.m.-Noon

☑ MULTIGENERATIONAL

PIANO

Ages 5 and Older

It is never too early (or too late!) to develop your musical talent! Book 30-minute, one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

#17048	4/8-4/29	M	4-8 p.m.	\$25
#20086	5/6-5/20	M	4-8 p.m.	\$25
#20087	6/6-6/26	M	4-8 p.m.	\$25





STOTS

MUSIC FOR TOTS -A PARENT-CHILD MUSIC PROGRAM

Ages 6 months - 5 years

Miss Charlotte's ever-popular class enters its sixth year at Laurelhurst Community Center. Let your little ones learn music the easy/fun way, and release your own inner diva at the same time! Based on the idea that music is a language, children ages 6 months through 4 years will have the opportunity to learn basic musical skills while playing, moving, and interacting with each other and their parents. Grown-ups wear comfortable clothing and come prepared to move and sing!. Siblings up to 6 months of age can attend free. Created and taught by awardwinning children's musical artist, Miss Charlotte. A seasonal CD and songbook are included in cost of class.

4/3-6/19 9:30-10:15 a.m. \$171 #15371 #15372 4/3-6/19 10:30-11:15 a.m. \$171



Students will practice gymnastics skills in an upbeat and positive environment. Children will be developing tumbling skills such as forward rolls, handstands, and balancing. Students will also work to develop flexibility, core strength, and life skills such as teamwork and determination. Insurance required for this class; please see "Insurance" under General Information section at the back of the brochure.

Instructor: Michaela

#15440	4/5-6/21	F	9:30-10:15 a.m.	\$156
#15441	4/5-6/21	F	10:30-11:15 a.m.	\$156

LAURELHURST CC



UK PETITE SOCCER

Ages 2-6

Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability in a fun learning environment.

#15434	4/3-6/19	W	3-4 p.m.	\$168
#15435	4/3-6/19	W	4-5 p.m.	\$168
#15436	4/11-6/20	Th	10-11 a.m.	\$154
#15437	4/11-6/20	Th	11 a.mNoon	\$154

PEE WEE BASKETBALL

Ages 4-6

This league is a great way to introduce your young players to basketball in a non-competitive atmosphere where playing, learning, and having fun are most important. Participants are divided into teams by age groups and led by volunteer coaches. Each participant receives a team t-shirt. Practice and game times vary and are played on Saturdays at Laurelhurst Elementary School gym. If you are interested in coaching, please call the community center at 206-684-7529.

#15433 4/20-6/8 9-10 a.m. Sa \$80

PIANO LESSONS

Ages 5-16

Private piano lessons are 30 minutes long, and are taught in a relaxed atmosphere and tailored to each child's individual level. The instructor, Ms. Drovetto, has taught piano to over 200 students in Seattle and the North Shore after-school music programs.

#15346	4/1-6/17	M	2:30-7 p.m.	\$27
#15373	4/3-6/19	W	2:30-7 p.m.	\$27

SEATTLE CUCINA: FUN FOOD FOR LITTLE CHEFS

Ages 4-7

Let's make healthy food fun! You and your child will have a creative start to your week with this class that turns lunch time into art time. Adults and kids alike will have a blast getting their hands dirty while making a nutritious meal into a playful work of art. Activities include designing from-scratch pizza faces, painting with fruit and vegetable dyes, fresh bread sculptures, fun easy snacks, and much much more! Class price includes 2 skilled instructors, all supplies needed, and delicious, nutritious snacks! Accommodations for dietary restrictions made upon request. An adult must accompany the child.

#15354 4/16-5/14 10-11:30 a.m. \$195

HTUOY K

YOUTH POTTERY

Ages 6-18

Youth will create a wide variety of clay projects using pinch pot, coil, and slab hand building techniques, as well as throwing on the wheel. Colorful glazes will complete each masterpiece! Whether you're experienced or a beginner, bring your imagination and get ready to have fun being creative with clay.

#15375	4/3-5/8	W	2:30-4 p.m.	\$210
#15376	4/3-5/8	W	4-5:30 p.m.	\$210
#15378	5/15-6/19	W	2:30-4 p.m.	\$210
#15377	5/15-6/19	W	4-5:30 p.m.	\$210

PARKOUR: RUN, JUMP, CLIMB!

Ages 9-13

Parkour is a movement-based discipline focused on connecting jumping, vaulting, tumbling, and climbing movements to create new pathways over, under, and around obstacles in the environment. It's an accessible, noncompetitive sport that turns the world into a playground. Classes are instruction-focused, with plenty of games, obstacle courses, and free-play thrown in!

#15349	4/1-4/29	M	4-5 p.m.	\$100
#15350	5/6-6/17	М	4-5 p.m.	\$120



SEATTLE CUCINA: CAST IRON COOKING

Ages 8-12

Join us in the great outdoors for this cast iron cooking class! We'll be cooking a full meal over the open fire. Learn fire safety, basic knife skills, and witness the magic of cast iron cooking. We'll be making Paella with a vegetarian option, spring salad, flatbread, and a dessert!

#15417	5/1-5/1	W	5-7:30 p.m.	\$40
#15418	5/15-5/15	W	5-7:30 p.m.	\$40



SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE **WAIT TOO LONG TO REGISTER!**

LAURELHURST CC

JADULTS

ADULT EVENING POTTERY

Ages 18 and Older

Several clay projects will be introduced using both hand building and wheel throwing techniques. Practice your skills making clay objects while learning how to make tiles, cups, bowls, and more in a fun and informative setting. One bag of clay and open studio time is included with class fee. Open studio is on Monday evenings from 4-5:30 p.m. and Wednesday mornings from 9:30 a.m.-Noon and evenings from 5:30-7.

#15351 4/15-6/10 5:30-8 p.m. \$240

HAND BUILDING

Ages 18 and Older

The instructor will provide individual guidance for all levels of experience with special attention to newcomers. This class focuses on key hand building techniques including pinch, coil, and slab construction, plus surface decoration, glazing, and firing. Experienced potter may pursue independent projects which may include-soft slab vessel, pinched sculpture, coil pots, pitchers, berry colanders and decorating with glazing. One bag of clay and open studio time is included with class fee. Open studio is on Monday evenings from 4-5:30 p.m. and Wednesday mornings from 9:30 a.m.-Noon and evenings from 5:30-7.

#15431 4/19-6/7 9:15-11:45 a.m. \$240



WHEEL THROWING

Ages 18 and Older

This class is for all levels and will provide an overview of basic thrown forms including cylinders, bowls and plates. Students will be given the opportunity to focus on independent projects with guidance from the instructor. One bag of clay and open studio time is included with class fee. Open studio is on Monday evenings from 4-5:30 p.m. and Wednesday mornings from 9:30 a.m.-Noon and evenings from 5:30-7.

#15419 4/18-6/13 9:15-11:45 a.m.

CIRCUIT TRAINING ADULT

Ages 18 and Older

Circuit training will improve your cardiovascular and muscular endurance. If you are looking to get back into shape and improve your overall fitness level, this is the class for you! This class is found to be a great way to create lasting and supportive friendships with neighbors who are also interested in improving and maintaining their health.

#15427 4/5-6/21 12:30-1:30 p.m. \$156

GENTLE YOGA

Ages 18 and Older

This hatha yoga based slow flow class, is designed for all ages and all skill levels. Participants will enjoy a class the combines meditation, breath work, and traditional yoga asana poses that encourage flexibility and strength.

#15420 4/11-5/30 Noon-1 p.m. \$120

AMERICAN MAHJONG FOR BEGINNERS

Ages 18 and Older

Mahjong originated in China. It was discovered by the West around 1920 and immediately became popular in America. It bears a great resemblance to card games in the Rummy family and is fun to play. Rules are based on newly published guidelines from The National Mahjong League. This class will introduce beginners to the basic rules and regulations of the game. Class size is limited to four participants so register early.

#15439 4/17-5/29 2-3:30 p.m. \$25





Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!





Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign up for our email newsletter. Contact us at 206-684-4951.



AIKIDO INTRO

Ages 6-11

Try out aikido in this four week introductory class. If you want to continue with aikido, register for the full course and the fee for the remainder of the course will be pro-rated. Also if you continue, you will receive a free cotton uniform, a \$60 value! #18645 5/1-5/29 \$55 5:30-7 p.m.

AIKIDO FOR KIDS

Ages 6-11

Discipline and focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learn skills to stay calm through daily life.

#18643 5/1-6/19 \$170 M/W 5:30-6:30 p.m.

Ages 9-13

Parkour is a movement discipline focused on connecting jumping, vaulting, tumbling, and climbing movements to create new pathways over, under, and around obstacles in the environment. It's an accessible, non-competitive sport that turns the world into a playground. Classes are instructionfocused, with plenty of games, obstacles courses, and free-play thrown in! Classes are a mix of indoor and outdoor activities; class happens rain or shine.

Instructor: Parkour Visions Staff

#18663 4/3-5/8 4-5 p.m. \$65 #18664 5/15-6/19 4-5 p.m. \$65



PEE WEE SHAKESPEAREANS

Ages 5-8

GreenStage, a professional Shakespeare-in-the-park company, focuses on comedy. Twins separated by a storm united by love! Students rehearse and perform a cutting of this play.

#13714 10 a.m.-1 p.m. \$165 8/5-8/9 M-F

GREEN STAGE: TWELFTH NIGHT

Ages 8-13

GreenStage, a professional Shakespeare-in-the-park company, focuses on comedy. Twins separated by a storm united by love! Students rehearse and perform a cutting of this play.

#13707 7/22-7/26 M-F 9 a.m.-2 p.m. \$290

GREENSTAGE: MACBETH

Ages 8-13

Stage, a professional Shakespeare-in-the-park company, presents: witches, ghosts, robbery, and murder most foul. Students will rehearse and perform a cutting of this play. #13708 7/29-8/2 M-F 9 a.m.-4 p.m. \$365

GREENSTAGE: SHAKING UP SHAKESPEARE: MACK BETH

Ages 8-16

GreenStage, a professional Shakespeare-in-the-park company, transforms a tragedy to into a comedy. Students will construct the parody together.

#13710 8/5-8/9 9 a.m.-2 p.m. \$290

J TEEN

CELL PHONE PHOTO SPRING 1

Ages 12-17

Whether you use a smart device like an iPhone, or a more compact cell phone, chances are that you have a camera in your pocket right now. At one point, the optical quality of these cameras was very poor. Yet today, thanks to continued technological developments, a growing number of users are beginning to realize the power of the latest cell phone cameras. Bring your phone because in this course we will explore the art of photography through that ubiquitous pocket device.*Phones not included

Ages 12-16

#18704	4/18-5/16	Th	3-4:30 p.m.	\$70
#18708	5/23-6/20	Th	3-4:30 p.m.	\$70
Ages 13-1	7			
#13819	8/5-8/9	M-F	1-4 p.m.	\$160
#13820	8/12-8/16	M-F	1-4 n.m.	\$160

JADULTS

WOMEN'S SELF DEFENSE

Ages 14 and Older

Shock, scream, run! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a strong confident voice, escapes from commons grabs, striking shock points, and escaping to safety. Classes are ongoing; join anvtime!

Instructor: Oom Yung Doe

Location: Magnuson Park/The Brig

#18658	4/6-4/27	Sa	11:30 a.m12:30 p.m. \$80
#18324	5/4-5/25	Sa	11:30 a.m12:30 p.m. \$80
#18325	6/1-6/29	Sa	11:30 a.m12:30 p.m. \$80
#18326	7/6-7/27	Sa	11:30 a.m12:30 p.m. \$80
#18327	8/3-8/31	Sa	11:30 a.m12:30 p.m. \$80

☑ MULTIGENERATIONAL

AIKIDO FOR TEENS/ADULTS

Ages 12 and Older

Discipline and focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learn skills to stay calm through daily life.

#18644 5/1-6/19 M/W 5:30-7 p.m. \$190

PRIVATE PIANO LESSON

Ages 5 and Older

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

#18830 4/3-6/26 W/Sa 3-5:30 p.m. \$25





⊿ NATURE

MAGNUSON EXPLORER PACKS

Designed for families and small groups, these backpacks are stuffed with everything you need for a fun-filled, self-guided park adventure. Included are park maps, wildlife identification guides and charts, binoculars, and games, plus an activity book to take home. Choose from two different themes: Wetland Discoveries or Birds of Magnuson. Explorer packs are available for rental at Magnuson Community Center front desk. **SPRING HOURS:**

M-W 2-9 p.m. Th/F 9 a.m.-9 p.m. Sat Noon-5 p.m. Closed Sun

SUMMER HOURS:

M-F 9 a.m.-9 p.m. Sat Noon-5 p.m.



arks & Recreation

DEMONSTRATION GARDENS

Magnuson Community Center is surrounded by two fabulous demonstration gardens. The bird-friendly landscape demonstrates how plants and other features attract birds and beneficial insects. The resource conservation landscape demonstrates how to use rock, healthy soil, and native plants to stabilize slopes. Stop by for free brochures on how to incorporate these garden features into your own yard!

CHILDREN'S GARDEN

Magnuson Children's Garden is tucked behind the Brig building. Its fantastic features include a rolling hill, lookout, salmon survival path, and a giant grey whale garden! The Children's Garden is free to the public during Magnuson Park open hours and it is also the headquarters for Magnuson Community Center Nature Programs' camps, classes, and special events!

GARDEN STEWARDSHIP EVENTS All Ages

Community volunteers are needed to help ensure that our gardens remain beautiful and sustainable for everyone. The Stewardship Team and Children's Garden Committee provide simple tasks for all ages and abilities, as well as gloves, tools, and refreshments for all volunteers. Perfect for student service-learning projects, scouts, 4-H groups, and community members.

FOR MORE INFORMATION ON UPCOMING STEWARDSHIP **EVENTS. VISIT MAGNUSONNATUREPROGRAMS.COM** AND CLICK ON THE VOLUNTEER/NATURE DOCENT LINK OR CHECK OUT MAGNUSONGARDEN.ORG AND CLICK ON THE CHILDREN'S GARDEN LINK.







Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.

DISCOVERY PARK

206-386-4236 3801 Discovery Park Blvd discover@seattle.gov

- » located 5 miles northwest of downtown Seattle
- » 8 miles of trails
- » ponds, saltwater beaches, forests, and meadows

CARKEEK PARK

206-684-0877 950 NW Carkeek Park Road carkeek.park@seattle.gov

- » located in North Seattle
- » roam the trails
- » play at the playground
- » explore the historic Piper's Orchard

CAMP LONG 206-684-7434

5200 35th Ave SW

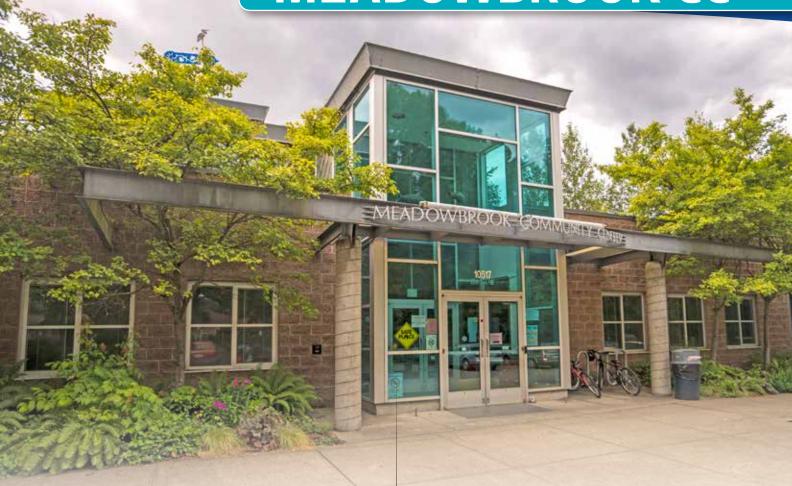
camplong@seattle.gov

- » located in West Seattle
- » 68-acre forested park with hiking trails
- » climbing rock with instructors
- » rustic cabins for rent
- » wetlands loaded with frogs and salamanders
- » campfire programs



Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at: http://www.seattle.gov/parks/find/ environmental-education-and-outdoor-learning

MEADOWBROOK CC



YTOTS

PRE-BALLET

Ages 3-5

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class.

#17108	4/11-5/9	Th	3:15-4 p.m.	\$62
#20202	5/16-6/13	Th	3:15-4 p.m.	\$62
#17129	6/27-7/25	Th	3:15-4 p.m.	\$62
#17130	8/1-8/29	Th	3:15-4 p.m.	\$62

PRE-K SPORTS

Ages 2-4

Children can have fun with Coach Sue as she introduces them to a variety of different sports. Your child will explore basketball, t-ball, tennis, soccer, and more! As always, we will focus on teamwork and good sportsmanship. Parent participation is welcomed, but not required.

Ages 2-3

#17116	4/11-5/9	Th	9:30-10:15 a.m.	\$57
#17117	5/16-6/13	Th	9:30-10:15 p.m.	\$57
Ages 3-4				
#17119	4/11-5/9	Th	10:15-11 p.m.	\$57
#17120	5/16-6/13	Th	10:15-11 p.m.	\$57

MEADOWBROOK CC



HTUOY K

BALLET 1

Ages 6-10

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class.

#17106	4/11-5-9	Th	4-4:45 p.m.	\$62
#20201	5/19-6/13	Th	4-4:45 p.m.	\$62
#17132	6/27-7/25	Th	4-4:45 p.m.	\$62
#17133	8/1-8/29	Th	4-4:45 p.m.	\$62

BEGINNING GUITAR LESSONS

Ages 7 and Older

Uncover your inner musician with private guitar lessons! Guitarist David Hahn, former faculty member of the New England Conservatory is a patient teacher who has taught guitar for decades in many settings and for many different skill levels. Lessons are 30 minutes long, taught in a relaxed atmosphere tailored to each student's individual level and goals. All ages. Adults and seniors welcome!

#17192	6/25-8/27	Tu	4:30-8:30 p.m.	\$25
#19321	4/2-6/18	Tu	4:30-8:30 p.m.	\$25

1:1 SPRING BREAK HOOPS CAMP

Ages 6-12

Don't get bored during Spring Break? GET BETTER! Our camps combine individual skill work, skills competitions and team play to provide a fun and productive experience. Whether your child is just discovering basketball or if you have a seasoned ball-player on your hands, One on One camps will improve their individual skills and teamwork! Bring a bagged lunch please.

#17288 4/8-4/12 \$225 9 a.m.-3 p.m.

1:1 SPRING INSTRUCTIONAL LEAGUE Age 6-8

One on One Basketball conducts our Instructional League based on two decades of experience working with players of all ages and abilities. Each week, teams will work on different fundamental skills with One on One Instructors and put those skills to task in scrimmages that will be coached and officiated by our One on One Instructors. Recruit a team of up to 8 kids from your school/winter team or sign up individually. This program WILL improve your skills, knowledge and confidence on the court! No program on 4/13.

Age 6

#17347	3/30-5/11	Sa	10-11 a.m.	\$140
Ages 7-8				
#17726	3/30-5/11	Sa	11 a.mNoon	\$140

JADULT

CIRCUIT TRAINING

Ages 18 and Older

Circuit training will improve your cardiovascular and muscular endurance. Whether you are looking to get back into shape or improve your overall fitness level, then this is the class for you! This class is a great way to create lasting and supportive friendships with neighbors who are also interested in improving and maintaining their overall health. No class 5/27, 6/3, and 6/10.

#17138	4/1-4/29	M	6:30-7:30 p.m.	\$52
#17140	5/6-5/20	M	6:30-7:30 p.m.	\$39
#17141	6/17-6/24	M	6:30-7:30 p.m.	\$26
#17143	7/1-7/29	M	6:30-7:30 p.m.	\$65
#17144	8/5-8/26	M	6:30-7:30 p.m.	\$52

INTRO TO FITNESS

Ages 18 and Older

Learn to use our fitness equipment safely and effectively, plus learn how to properly warm-up, exercise, and stretch. Then, design a training program tailored to your fitness level and goals with the help of our fitness expert. If none of these dates and times work for you, please ask the front desk to schedule you a private or semi-private class (\$40).

#17146	4/1-4/1	M	7:35-8:35 p.m.	\$20
#17148	5/6-5/6	M	7:35-8:35 p.m.	\$20
#17147	5/6-5/6	M	7:35-8:35 p.m.	\$20
#17149	7/8-7/8	M	7:35-8:35 p.m.	\$20
#17150	8/5-8/5	M	7:35-8:35 p.m.	\$20

FUN! FIT

Ages 16 and older

This is full body workout that targets all of the major muscle groups. We will increase strength, decrease body fat, and improve overall conditioning. Class format will change slightly, but we will focus on essentials: cardio, strength training, and a proper cool down which includes stretching. Depending on weather conditions, this may be taken outdoors.

Instructor: Maricres Tuliao ACE Certified

4/2-6/18	Tu	6-7 p.m.	\$65
4/11-6/20	Th	6-7 p.m.	\$60

MEADOWBROOK CC

☑ MULTIGENERATIONAL

BEGINNING SHOTOKAN KARATE

Ages 7 and Older

Learn the practice of Shotokan Karate. You will exercise a variety of techniques including blocks, strikes, kicks, evasions, throws, and joint manipulations. No class 5/27.

#17088	4/1-4/29	M/W	6:30-7:30 p.m.	\$40
#17089	5/1-5/29	M/W	6:30-7:30 p.m.	\$40
#17090	6/3-6/26	M/W	6:30-7:30 p.m.	\$40
#17091	7/1-7/31	M/W	6:30-7:30 p.m.	\$40
#17092	8/5-8/28	M/W	6:30-7:30 p.m.	\$40

ADVANCED SHOTOKAN KARATE

Ages 14 and Older

Learn the practice of Karate. You will exercise a variety of techniques including blocks, strikes, kicks, evasions, throws, and joint manipulations. No class 5/27.

#17068	4/1-4/29	M/W/F	6:30-9 p.m.	\$70
#17070	5/1-5/31	M/W/F	6:30-9 p.m.	\$70
#17071	6/3-6/28	M/W/F	6:30-9 p.m.	\$70
#17084	7/1-7/31	M/W/F	6:30-9 p.m.	\$70
#17086	8/2-8/30	M/W/F	6:30-9 p.m.	\$70

GOJU RYU KARATE - BEG/INT

Ages 14 and Older

Self-defense, awareness, and physical and mental development are all incorporated into the study of this Okinawan/Japanese karate style. Goju Ryu, the "hard-gentle system" uses both linear and circular techniques to subdue and control an attacker. We will practice fundamental techniques and karate. Interaction with partners will focus on practical self-defense and effective movements. Additional focus is on analyzing and understanding the broader world of the martial arts. This dojo was established in 1994 and is certified by the international Goju-Ryu Karate-Do Kyokai.

#17156	4/11-6/20	Th	7-9 p.m.	\$73
#17158	4/6-6/22	Sa	10:15a.m12:15p.m.	\$73
#17157	6/27-8/29	Th	7-9 p.m.	\$73
#17159	6/29-8/31	Sa	10:15a.m12:15p.m.	\$73



SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!

KENDO: THE WAY OF THE JAPANESE SWORD

Ages 10 and Older

Kendo is a modern form of Japanese swordsmanship that uses bamboo swords (Shinai) and protective armor. Meadowbrook Kendo Dojo offers beginning and advanced practitioners yearround training in basic and advanced sword techniques along with instruction in the cultural and traditional aspects of this Japanese martial art. No class 5/27.

Ages 10-18

71900.0	. •			
#17103	6/24-8/26	M	7-8:30 p.m.	\$67
#17099	4/1-6/17	M	7-8:30 p.m.	\$67
Ages 18 a	and Older			
#17647	4/1-6/17	M	7-8:30 p.m.	\$134
#17631	6/24-8/26	M	7-8:30 p.m.	\$134

BALLROOM AND LATIN DANCE

Ages 12 and Older

Each session is tailored to the majority of the participants requests. We will cover Tango, Cha-Cha, Foxtrot, Rumba, Waltz, Swing, and Salsa. Come by yourself or with a partner. Please remember your dancing shoes.

Instructor: Charla Jennings, Certified Ballroom Dance

#17114	4/2-5/28	Tu	8-9 p.m.	\$102
#17127	6/25-7/23	Tu	8-9 p.m.	\$57
#17128	7/30-8/27	Tu	8-9 p.m.	\$57

COMMUNITY KITCHEN

Ages 12 and Older

Sustainable NE Seattle and Meadowbrook Community Center are joining together to create a community kitchen which brings people together around food in a shared space to plan, cook, learn, and eat together. These meals are focused on food that is healthy for people and the planet, i.e. organic and vegetarian. Participants will prepare food, eat together, and have food to take home. Participants are asked to bring dishes/cookware to bring home their portion of the food that is prepared. *Contact front desk for menu.

4/17-4/17 #17160 6:30-9:30 p.m. \$30



MEADOWBROOK TEEN LIFE CENTER



FREE!

FREE

GLENN HUBBARD YOUNG MEN'S GROUP

FREE!

FREE

FREE!

FREE!

FREE!

FREE!

Provides a platform to learn, experience and grow providing young men confidential conversations on topics that are most relevant in their lives.

W 4-6 p.m.

AFTER SCHOOL SNACK BITES

Snacks to keep you going into your afterschool activities.

Tu-Th 3:30-4:30 p.m.

HIP HOP DANCE

Learn the basics of Hip Hop and prepare for a competition in December.

Tu 6-7:30 p.m.

SISTA VOICES **YOUNG LADIES GROUP**

that are most relevant in their lives.

Provides a platform to learn, experience and grow providing young women confidential conversations on topics

W 4-6 p.m.

HEALTHY RELATIONSHIPS (DV ADVOCACY) TRAINING

Learn about resources and how to become a Domestic Violence Peer advocate.

Tu/Th 6-8 p.m.

PCC COOKING PROGRAM

Learn to cook, budget and be self- sufficient in the kitchen and participate in citywide competitions, in this partnership with PCC.

Th 4-6 p.m.

STUDIO DROP IN

FREE! Come and record your music and learn song formats. Come and record your music and learn song formats. In this program teen participants will learn basic levels of audio technology, basic levels of song writing, rhythm counting, audio, and engineering mixing and music editing.

Th 3:30-7:30 p.m.

∠LATE NIGHT

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

F/Sa 7 p.m.-Midnight

SHOE RESTORATION PROGRAM

Learn how to restore your old shoes and gain entrepreneurial skills in this program.

F 7-9 p.m.

PJAM

Popcorn, Juice and A Movie. Join us every Saturday to watch a movie and hang with friends.

8:30-10 p.m. Sa

BAKING PROGRAM

Learn to bake easy and tasty treats, you can make at home.

8-9 p.m.

DROP IN BASKETBALL

7-11:45 p.m. 9-11:45 p.m.

HIP HOP DANCE AND ZUMBA®

Learn the basics of Hip Hop and Zumba®

Sa 7-9 p.m.

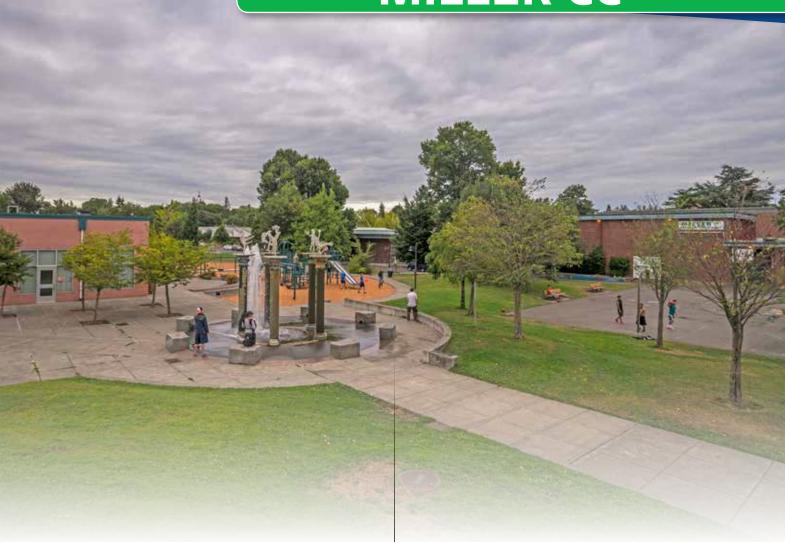
STUDIO DROP IN

FREE Come and record your music and learn song formats. In this program teen participants will learn basic levels of audio technology, basic levels of song writing, rhythm counting, audio and engineering mixing and music editing.

7-11:45 p.m.



MILLER CC



STOT

NURTURING PATHWAYS FOR BABIES

Ages 3 months - 11 months

A unique class for you and your baby to explore creative dance, movement and music. Enjoy tummy time, play instruments, exercise baby's body, enjoy folk dances, waltz together, and learn infant massage. Bond with your baby and build relationships with other parents while you enjoy creative dance activities. Learn throughout the class about your baby's development and take home playful, fun exercises. One child per adult, unless teacher and caregiver make prior arrangements. No class 5/23.

#15885

4/25-6/20

Noon-12:45 p.m.

\$156

NURTURING PATHWAYS FOR WADDLERS

Ages 1-21/2

Enrich every area of your child's development while building a closer bond. Have fun exploring dance concepts, doing rhyming exercises, playing musical instruments together, and challenging motor sequencing and gross motor skills with obstacle courses that will refine their coordination and develop their musical skills in this 45 minute class. One child per adult, unless teacher and caregiver make prior arrangements. No class 5/23.

Instructor: Megan Frazer

#15886 4/25-6/20 10-10:45 a.m. \$156

MILLER CC



JOYFUL MOVEMENT WITH **MOVING MINDS DANCE**

Ages 2-3

This class offers independence to those tiny ones who are ready to explore on their own. In a warm, light-hearted environment, dancers will enjoy imaginative movement songs, games, stories, and prop play that enhance their physical, mental, and social-emotional development. Within a safe class structure and routine, students learn foundational dance concepts and steps and are given the freedom to discover their own way of moving. Each season, MMD dance classes integrate an academic or real-world topic in a developmentally appropriate way. We will be exploring how the laws of physics rule the dance studio and the world around us. No class 5/23. #15883 4/18-6/13 Noon-12:45 p.m. \$100

NURTURING PATHWAYS FOR TODDLERS

Ages 2-4

Toddlers experience blossoming independence and the capacity to imitate in order to learn. The years of 'synaptic exuberance' are an essential time for fun, challenging dance activities. This 45 minute class will develop your child's expressive capabilities, improve their listening skills, foster their social skills, and develop their musicality. Great fun, music and movement! Have fun exploring dance concepts with props, instruments, navigating obstacle courses, and practicing new motor skills that will delight your child and lay the foundation for school readiness. One child per adult, unless teacher and caregiver make prior arrangements. No class 5/23.

Instructor: Megan Frazer

#15903 4/25-6/20 Th 11-11:45 a.m. \$156

PLAYFUL DANCE WITH MOVING MINDS DANCE

Ages 3-4

Through active, imaginative, and multi-sensory play, young dancers in this class develop dance skills, coordination, strength, and stability. Students will become more confident in the basics and be introduced to more complex movement patterns along with ballet-based vocabulary as the year progresses. Creative dance activities encourage dancers to learn and grow in a safe and collaborative classroom community. Each season, MMD dance classes integrate an academic or real-world topic in a developmentally appropriate way. We will be exploring how the laws of physics rule the dance studio and the world around us. No class 5/23. #15889 4/18-6/13 Th

∠ TWEENS/TEENS

PARKOUR: RUN, JUMP, CLIMB!

FRFFI

Ages 11-14

Parkour is a movement discipline focused on connecting jumping, vaulting, tumbling, and climbing movements to create new pathways over under, and around obstacles in the environment. It's an accessible, noncompetitive sport that turns the world into a playground. Classes are instruction-focused, with plenty of games, obstacle courses, and free-play thrown in. Rain or shine! When the weather is bad, we will move the class indoors. This class is only for participants already enrolled in our afterschool program, Instructor: Parkour Visions Staff

3-4 p.m.

AFTERSCHOOL COOKING

4/24-6/12

FREE

Ages 11-14

#15888

Must be enrolled and an active participant in our afterschool program to participate. Join us for healthy cooking classes twice a month. Class taught by Seattle Cucina, and class is free for students, thanks to the ARC Equity Grant!

4/22-6/10 #15887 4-5:30 p.m.

AFTERSCHOOL TEEN PROGRAM

FREEI

Ages 11-14

This is a daily after-school teen program filled with a variety of activities, Fun Wednesday, trips, cooking classes, and more! The last Friday of each month is pizza and a movie.

#15865 4/15-6/21 3:45-6 p.m. M/F T/Th 3:45-5 p.m. W 2:30-6 p.m.

GUITARSNOTGUNS GUITAR LESSONS LEVEL 2

FREE!

Ages 10-16

Join our 8-week intermediate guitar lessons for youth. No guitar, no worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be there for each lesson over 8 weeks, and upon course completion you? Il have the opportunity to own your guitar- in some cases, free!

#15878 4/18-6/13 Th 4-5 p.m.

12:45-1:30 p.m.

\$100

MILLER CC

∠ MULTIGENERATIONAL

DRUM LESSONS

Ages 6 and Older

Learn expression through music! This Miller Community Center drum class is a fun experience where lessons are tailored to each individual student. Lessons include reading music, playing by ear, music theory, and composition. Lessons are 30 minutes long. Call 206-684-4753 to see what slots are available.

#16871	4/1-4/29	M	5-8 p.m.	\$125
#15905	4/3-4/24	W	5-8 p.m.	\$100
#15906	5/1-5/29	W	5-8 p.m.	\$100
#16872	5/6-5/13	M	5-8 p.m.	\$50
#16873	6/3-6/17	M	5-8 p.m.	\$75
#15907	6/5-6/19	W	5-8 p.m.	\$75
#19309	6/26-7/31	W	2-5:30 p.m.	\$150
#19311	8/7-8/28	W	2-5:30 p.m.	\$100

GUITAR LESSONS

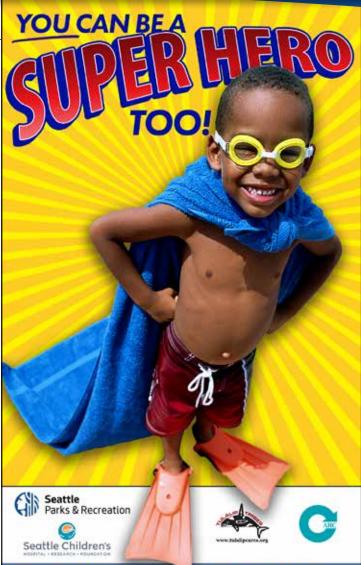
Ages 7 and Older

Learn expression through music! The Miller Community Center guitar class is a fun experience where lessons are tailored to each individual student. Lessons include reading music, playing by ear, music theory, and composition. Lessons are 30 minutes long. Bring your own electric or acoustic guitar from home. Your choice! Don't have one? We can provide one for during the lesson!

#15876	4/3-4/24	W	3:30-5 p.m.	\$100
#15874	4/4-4/25	Th	3:30-5 p.m.	\$100
#15877	5/1-5/29	W	3:30-5 p.m.	\$100
#15875	5/2-5/30	Th	3:30-5 p.m.	\$100
#15908	6/5-6/19	W	3:30-5 p.m.	\$75
#15918	6/6-6/20	Th	3:30-5 p.m.	\$75
#15896	6/27-7/25	Th	3:30-5 p.m.	\$100
#19314	8/1-8/29	Th	3:30-5 p.m.	\$125



SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE **WAIT TOO LONG TO REGISTER!**



AS PART OF OUR COMMITMENT TO WATER SAFETY,

Seattle Parks and Recreation - in partnership with Seattle Children's Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

HOW TO DONATE: To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to https://arcseattle.org/Aquatics-Donation-Page. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

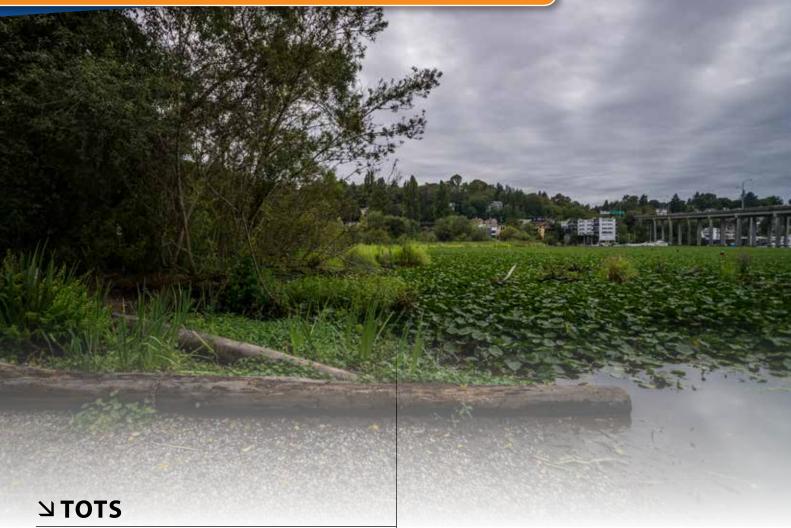
DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP?

For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).

https://arcseattle.org/ Aquatics-Donation-Page

a gift!





NURTURING PATHWAYS FOR TODDLERS

Ages 2-4

Toddlers experience blossoming independence and the capacity to imitate in order to learn. The years of 'synaptic exuberance' are an essential time for fun, challenging dance activities. This 45 minute class will develop your child's expressive capabilities, improve their listening skills, foster their social skills, and develop their musicality. Great fun, music and movement! Have fun exploring dance concepts with props, instruments, navigating obstacle courses, and practicing new motor skills that will delight your child and lay the foundation for school readiness. One child per adult, unless teacher and caregiver make prior arrangements. Instructor: Megan Frazer

#15957

4/24-6/12

11-11:45 a.m.

\$156

NURTURING PATHWAYS FOR WADDLERS

Ages 1-2 1/2

Enrich every area of your child's development while building a closer bond. Have fun exploring dance concepts, doing rhyming exercises, playing musical instruments together, and challenging motor sequencing and gross motor skills with obstacle courses that will refine their coordination and develop their musical skills. One child per adult, unless teacher and caregiver make prior. Instructor: Megan Frazer

#15958 4/24-6/12 10-10:45 a.m. \$156

MONTLAKE CC

CREATIVE MOVEMENT WITH MOVING MINDS DANCE

Ages 2-3

This class offers independence to those tiny ones who are ready to explore on their own. In a warm, light-hearted environment, dancers will enjoy imaginative movement songs, games, stories, and prop play that enhance their physical, mental, and social-emotional development. Within a safe class structure and routine, students learn foundational dance concepts and steps and are given the freedom to discover their own way of moving. Each season, MMD dance classes integrate an academic or real-world topic in a developmentally appropriate way. We will be exploring how the laws of physics rule the dance studio and the world around us.

#15951 4/19-6/14 11:30 a.m.-12:15 p.m. \$112

CREATIVE BALLET 1 WITH MOVING MINDS DANCE

Ages 3-4

Creative Ballet offers creative discovery of the classical ballet basics. This fun class encourages dancers to connect with their own movement style as well as building more specific ballet skills. Through dance explorations, students will gain strength, stability, and a greater understanding of their bodies and the world around them. This class will encourage dancers to keep learning and growing all year through creative exercises and progressive movement patterns. Each season, MMD dance classes integrate an academic or real-world topic in a developmentally appropriate way. We will be exploring how the laws of physics rule the dance studio and the world around us.

#15949 \$112 4/19-6/14 12:30-1:15 p.m.

CREATIVE BALLET 2 WITH MOVING MINDS DANCE

Ages 4-6

Starting with the foundations we learned in Playful Dance and Creative Ballet 1, this class gives growing students a chance to expand their horizons and abilities. With each new skill, they will strengthen their confidence, control, alignment, agility, musicality, self-awareness, and ability to collaborate. As the class progresses through the school year, students will be introduced to the ballet barre and learn basic choreography tools. Students will also explore how ballet learning can apply outside the classroom. Each season, MMD dance classes integrate an academic or real-world topic in a developmentally appropriate way. We will be exploring how the laws of physics rule the dance studio and the world around us.

#15950 4/19-6/14

\$112 1:30-2:20 p.m.

UK PETITE SOCCER

Ages 3-5

The perfect introduction to soccer for 3-5-year-olds. Our unique, games based, approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability, in a fun learning environment. Players will receive a t-shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

#15964 4/15-6/10 \$140 4-5 p.m.

HTUOY

YOUTH POTTERY

Ages 6-13

Come explore the nature of clay as we hand form it into cups, bowls, animals, masks, and glaze paintings. We will practice basic hand building and glazing techniques for making functional pottery and small sculptures.

#15966 4/8-5/20 \$100 4:30-5:30 p.m.

TRI HARA MARTIAL ARTS

Ages 6-18

Through this martial art form, students will develop coordination of mind and body, confidence, awareness, respect, sincerity, focus, perseverance, self-defense, and healthy boundaries. These are tools for life. Benefits will be noticeable at home, as well as in school, sports, and social behaviors. This program is designed to be fun and challenging, encouraging students to be the best they can be in all aspects of life. Beginners welcome. The instructor for this class is Sean Gorman, who holds a 4th degree black belt in Goju-Ryu karate, and has studied several other martial art forms since 1992.

#15963 4/6-6/15 9-10 a.m. \$25 Sa



MONTLAKE CC



JADULTS

ADULT CLAY OPEN STUDIO

Ages 18 and Older

Adult clay open studio is available to any student who has enrolled in and taken any clay classes this past year. Price includes one bag of clay. Please get a copy of our user agreement on your first visit of the session, and sign in at the front desk each visit to the studio.

#15947	4/8-4/30	M-Sa	\$65
#15968	5/1-5/31	M-Sa	\$85
	HOURS		
	M	10 a.m4 p.m.	
	Tu/Th	3-7:30 p.m.	
	W/F	10 a.m5:30 p.m.	
	Sa	9 a.m12:30 p.m.	

closed

BEGINNING POTTERY

Su

Ages 18 and Older

Mellow and relaxing evenings await you while you explore creating cups, bowls, and vases on the potter's wheel. Weekly demonstrations are featured with one-on-one guidance. Learn to hand build clay while building new friendships. No previous experience necessary, all levels welcome.

#15946 4/8-5/20 \$140 6-8 p.m.

CERAMIC TECHNIQUES

Ages 18 and Older

Learn and practice a variety of techniques from hand building sculpture to wheel throwing pottery and glazing. Explore the rich potential of this ancient medium for making art. We'll have weekly demonstrations, open studio time and one-on-one project guidance with local teaching artist.

#15948 4/10-5/29 \$160 6-8 p.m.

TRI HARA MARTIAL ARTS

Ages 18 and Older

Shed stress and increase the strength and flexibility of your body, mind, and heart. This martial art form promotes physical health, emotional well-being, and mental clarity, so that everyone can live in balance to their fullest potential. Learn how traditional karate can be a valuable tool for life in the modern age. Beginners welcome. The instructor for this class is Sean Gorman, who holds a 4th degree black belt in Goju-Ryu karate, and has studied several other martial art forms since 1992.

#15962 4/6-6/15 Sa 10-11 a.m. \$25

∠ MULTIGENERATIONAL

PILATES

Ages 16 and Older

Breathe easier and feel stronger with pilates. Pilates will help you tone your muscles, rehabilitate from an injury, or train for an athletic event. Lengthen and strengthen your muscles while building a developing body. Pilates focuses on core strength-abdominals, and practices moving from the inside out. It helps with posture, body alignment, breathing, control, balance, flow and strength. Work with your body to help realign movement patterns, and to use muscles properly and efficiently. Bring a yoga mat if you have one otherwise the community center has some available. Perfect for those with minimal fitness activity or as a supplement to other exercise practices.

#15960	4/1-5/6	M	6:45-7:45 p.m.	\$50
#16022	5/20-6/17	M	6:45-7:45 p.m.	\$40

OKINAWAN KARATE

Ages 12 and Older

Learn traditional Okinawan Karate in a safe, welcoming environment. Karate is an effective form of self-defense against one or several assailants: learn blocks, kicks, punches, stances, all integrated in movement pattern drills called kata. Develop concentration, calmness, confidence, and grow fit. Class taught at Montlake Community Center since 1975; instructor has over 35 years Karate experience. During summer, this class will likely start indoors at 6:30pm, and move outdoors from 7-8pm when the center closes. Karate questions? Email Instructor Harold R. Avelar at epseattle@msn.com.

#15959	4/1-6/12	M/W	6:30-8 p.m.	\$60
#16040	6/17-8/28	M/W	6:30-8 p.m.	\$60



SOMETIMES COURSES ARE **CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!**

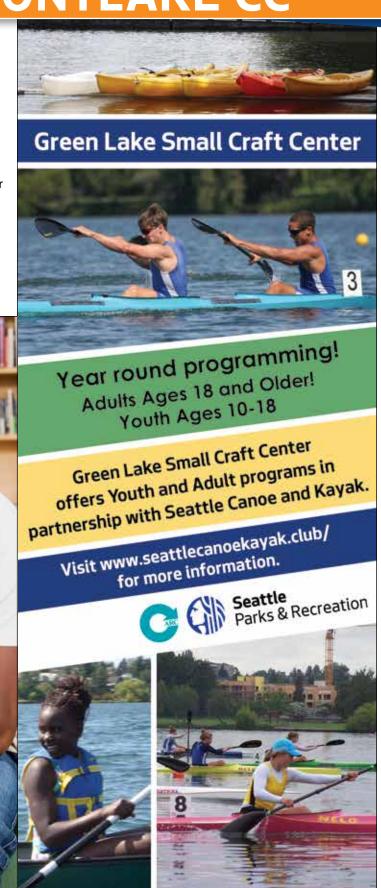
MONTLAKE CC

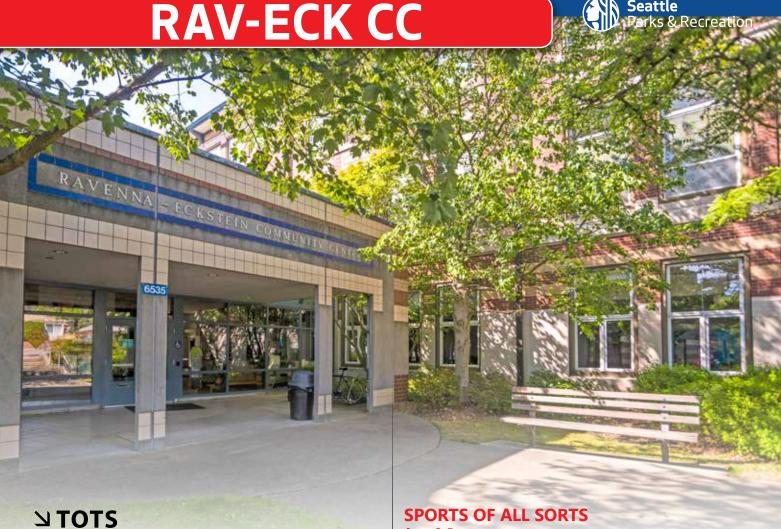
SAXOPHONE/FLUTE LESSONS

Ages 6 and Older

Explore classical and contemporary music, music theory, and improvisation as it applies to the saxophone or flute. Participants will receive one half-hour of personalized instruction per week that focuses on tone development, finger position, posture, and music reading. Each private lesson is 30 minutes long.

#15961	4/3-4/24	W	4-8 p.m.	\$25
#16023	5/1-5/29	W	4-8 p.m.	\$25
#16024	6/5-6/12	W	4-8 p.m.	\$25
#16042	7/3-7/31	W	4-7 p.m.	\$25
#16055	8/7-8/28	W	4-7 p.m.	\$25





TINY TOTS

Ages 2-5

Your child will experience an educational and developmentally appropriate class that includes individual and group play, storytelling, arts and crafts, music, singing, field trips, group motor-skills, and socialization. Parents are required to take their turn in assisting the teacher with class room duties and snacks. Participants must be two years of age in order to participate. Exceptions made only with teacher approval. No class on 3/28, 4/4, 4/22-4/25, 5/27, and 6/3-6/6.

Teacher: Denise

Ages 2-3

#15462 3/25-6/13 M-Th 9-11:30 a.m. \$648

Ages 3½-5

3/25-6/13 #15463 M-Th 11:30 a.m.-2:30 p.m. \$777

Ages 3-5

This is a fun way to start out in sports. Your child will learn the basics of soccer, basketball, baseball, and more! In this class we will cover basic skills while having fun, in a noncompetitive environment. We will focus on team work and good sportsmanship!

Coach: Sheila

#15465 4/16-5/7 3-3:45 p.m. \$44 #15466 5/14-6/11 3-3:45 p.m. \$44

TUMBLING

Ages 3-5

Students will practice gymnastics skills in an upbeat and positive environment. Children will develop tumbling skills such as forward rolls, handstands, and balancing. Students will also work on flexibility, core strength, and life skills such as teamwork and determination. Insurance required for this class; please see "Insurance" under General Information section at the back of the brochure.

Instructors: Michaela and Megumi

#15496 \$130 4/6-6/22 Sa 12:45-1:30 a.m.

RAV-ECK CC

SEATTLE CUCINA: FUN FOOD **FOR LITTLE CHEFS**

Let's make healthy food fun! Adults and kids alike will have a blast getting their hands dirty while making a nutritious meal into a playful work of art. Activities include designing fromscratch pizza faces, painting with fruit and vegetable dyes, crafting fresh bread sculptures, eating fun easy snacks, and much, much more! Class price includes 2 skilled instructors, all supplies needed, and delicious, nutritious snacks! Accommodations for dietary restrictions made upon request. An adult must accompany the child.

#15482 5/14-6/11 Tu 10-11:30 a.m. \$195

PRE-BALLET

Ages 3-5

Children learn basic ballet skills in a creative, fun environment. Boys and girls experience the joy of dancing while learning basic movements and ballet vocabulary. This class has a classic structure with rhythmic and creative games mixed in.

Ages 3-4

Teacher: Charla

#15487	4/5-5/3	F	11:30 a.m12:15 p.m.	\$60
#15488	5/10-6/7	F	11:30 a.m12:15 p.m.	\$60
Ages 3-5				

Instructors: Michaela and Megumi

#15494	4/6-6/22	Sa	9:15-10 a.m.	\$130
#15493	4/6-6/22	Sa	10:15-11 a.m.	\$130
Instructor:	Michaela			
#15470	4/3-6/19	W	3:15-4 p.m.	\$156
#15471	4/3-6/19	W	4:15-5 p.m.	\$156

PRE-BALLET 2

Ages 4-6

This class is for children who have completed Pre-Ballet and would like to continue to learn ballet skills in a creative, fun, and safe environment. This class has a classic structure with rhythmic and creative games mixed in. Children should wear close-fitting clothes that allow for comfortable movement.

Teacher: Charla

#15485	4/5-5/3	F	12:20-1:05 p.m.	\$60
#15486	5/10-6/7	F	12:20-1:05 p.m.	\$60

HTUOY K

BALLET 1

Ages 5-7

This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it with fun, energetic and expressive dances. Class will introduce traditional barre and center-floor work, and a creative game will round out the hour.

Instructor: Michaela

#15472	4/3-6/19	W	5-6 p.m.	\$168
#15495	4/6-6/22	Sa	11-11:45 a.m.	\$140

HIP POP JR

Ages 5-7

Join the dance party! Students will learn complex hip hop dance moves and choreography to pop and hip hop music. Classes are energetic and focused on coordination and self confidence. The dance party always includes fun dance games. Students should wear comfortable sneakers and bring a water bottle.

Instructor: Sheila

#15464 4/16-6/4 4-4:45 p.m. \$88

TUMBLING

Ages 6-9

Children will develop tumbling skills such as forward rolls, handstands, and balancing. Students will also work on flexibility, core strength, and life skills such as teamwork and determination. Insurance required for this class; please see "Insurance" under General Information section at the back of the brochure.

Instructors: Michaela and Megumi

#15497 4/6-6/22 Sa 1:45-2:45 a.m. \$140

PARKOUR YOUNG KIDS: BE A MONKEY!

Jump, climb, and vault to unleash your inner monkey. Learn to safely run, jump, climb, and vault. Plenty of games, obstacle courses, and free-play! Great for kids who can't seem to stay off the furniture and want a safe space to creatively explore their environment. Some of this class will be outside on playgrounds, some will be indoors on gymnastic equipment. Insurance required for this class; please see "Insurance" under General Information section at the back of the brochure.

#15475	4/3-5/8	W	10:30-11:30 a.m.	\$120
#15476	5/15-6/19	W	10:30-11:30 a.m.	\$120

RAV-ECK CC



PARKOUR: RUN, JUMP, CLIMB!

Ages 9-13

Parkour is a movement discipline focused on connecting jumping, vaulting, tumbling, and climbing movements to create new pathways over, under, and around obstacles in the environment. It's an accessible, non-competitive sport that turns the world into a playground. Classes are instructionfocused, with plenty of games, obstacle courses, and free-play! Insurance required for this class; please see "Insurance" under General Information section at the back of the brochure.

#15483	4/5-5/10	F	4-5 p.m.	\$120
#15484	5/17-6/21	F	4-5 p.m.	\$120

KIDS N KEYBOARDS -GROUP PIANO LEVEL 1

Ages 5-6

In this introductory class kids learn easy, appealing songs by using special sheet music arrangements that focus on the fundamentals. They will enjoy musical activities and have the opportunity to perform in periodic recitals.

#15489	4/5-6/21	F	3:15-3:45 p.m.	\$120
#15490	4/5-6/21	F	4-4:30 p.m.	\$120
#15515	7/3-8/28	W	2:45-3:15 p.m.	\$90
#15516	7/3-8/28	W	3:30-4 p.m.	\$90

KIDS N KEYBOARDS -GROUP PIANO LEVEL 2

Ages 7-8

This intermediate group enjoys more challenging music and will focus on note reading and technique. Recitals motivate the students to make good progress!

#15491	4/5-6/21	F	4:45-5:15 p.m.	\$120
#15517	7/3-8/28	W	4:15-4:45 p.m.	\$90

KIDS N KEYBOARDS -**GROUP PIANO LEVEL 3**

Ages 9-11

The more advanced level class continues with note reading ensemble playing and solo piano. Music theory maybe introduced since some students engage in song writing and improvisation.

#15492	4/5-6/21	F	5:30-6 p.m.	\$120
#15518	7/3-8/28	W	5-5:30 p.m.	\$90

LI'L SLUGGERS

Ages 5-7

In this class players will throw, hit, field, and run the bases like the big leaguers! In the first four weeks we will learn and practice t-ball fundamentals. This will, lead up to a jamboree, and award ceremony during the last class (time for last class will be 5:45 pm). Baseball hat and shirt are included.

Coach: Denise

#15469	4/30-5/28	Tu	4-4:45 p.m.	\$60

1:1 THE PLAYER DEVELOPMENT PROGRAM

Ages 8-15

The Player Development Program (PDP) is a focused basketball training program that develops confidence in players who are determined to get better. Whether you are a 6-year-old just getting into basketballor you are 16-year-old aiming to be a starter on your varsity team, you will learn proper technique and individual game strategy. Our PDP classes are small to ensure individual attention. Train with One on One before the season and you will improve.

WHITE/COED

Ages 6-8				
#15507	3/26-5/7	Tu	5:30-6:30 p.m.	\$130
YELLOW/	COED			
Ages 8-1	1			
#15508	3/26-5/7	Tu	6:30-7:30 p.m.	\$130
RED/PUR	PLE BOYS			
Ages 11-	15			
#15510	3/28-5/16	Th	6-7 p.m.	\$130
RED/PUR	PLE GIRLS			
Ages 11-	15			
#15509	3/28-5/16	Th	5-6 p.m.	\$130

1:1 PLAYER PURE STROKE SHOOTING CLINIC

Ages 10-17

If you want to be a consistent shooter, you have to learn correct technique and have the motivation to practice until it is ingrained into your muscle memory. One on One Basketball will teach you sound shooting fundamentals in this weekly clinic. We will identify flaws in your current shooting form, and give the you the tools to correct yourself and become a consistently accurate shooter?..SWISH!

#15511 3/28-5/16 7-8 p.m. \$130

YOUTH INTRO TO TENNIS

Ages 5-10

Introduce your children to racquet sports and sharpen their hand-eye coordination. There's no waiting in lines in this class, and fun games and drills make it a hit! We provide racquets, but recommend that participants bring their own water bottles.

Coach: Denise

#15512	7/1-8/26	М	3:30-4:15 p.m.	\$96
#15458	4/1-5/20	М	4-4:45 p.m.	\$96



SOMETIMES COURSES ARE **CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!**

RAV-ECK CC

YOUTH BEGINNING TENNIS

Ages 7-15

Our advanced beginner class will introduce basic court play, focus on swings, and continue building hand-eye coordination skills while keeping the fun in tennis. Games and drills will keep you busy hitting the ball! This class picks up where 'Youth Beginning Tennis' leaves off. Class takes place on the outdoor tennis courts, so please dress accordingly. Sunscreen and a water bottle recommended.

Coach: Denise

#15513 7/1-8/26 M 4:15-5 p.m. \$96

YOUTH BEG-ADV TENNIS

Ages 7-15

This beginning/advanced class will introduce basic court play, focus on swings, and continue building hand-eye coordination skills while keeping the game fun. Games and drills will keep you busy hitting the ball! This class picks up where "Youth Intro to Tennis" leaves off. Class takes place in the gym.

Coach Denise

#15459 4/1-5/20 4:45-5:30 p.m. \$96

YOUTH ADVANCED TENNIS

Ages 7-15

Our advanced beginner class will introduce basic court play, focus on swings, and continue building hand-eye coordination skills while keeping the fun in tennis. Games and drills will keep you busy hitting the ball! This class picks up where 'Youth Beginning Tennis' leaves off. Class takes place on the outdoor tennis courts, so please dress accordingly. Sunscreen and a water bottle recommended.

Coach: Denise

#15514 \$96 7/1-8/26 M 5-5:45 p.m.

JADULTS

RAVENNA STRING ORCHESTRA

Ages 13 and Older

The Ravenna String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is for more experienced or advanced players. Enjoy a supportive atmosphere with no auditions. For additional information please visit www.ravennastrings.com.

#15477 4/3-6/5 7:15-8:30 p.m. \$85

RAVENNA SECOND STRING ORCHESTRA

Ages 13 and Older

Ravenna Second String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is a little easier than the Ravenna String Orchestra, and is a wonderful opportunity for intermediate players. Enjoy a supportive atmosphere with no auditions. For additional information please visit www.RavennaStrings.com.

#15457 4/1-6/3 7:15-8:30 p.m. \$85

INTRODUCTION TO YOGA

Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose alignment and breathing. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. All levels will be encouraged to work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

Instructor: Denise

#15468 4/2-6/11 \$143 6:30-7:30 p.m.

☑ MULTIGENERATIONAL

HATHA YOGA

Ages 13 and Older

Explore the basic yoga postures (asanas), breath practices (pranayama), and the theory of yoga. No specific fitness level required. You will be encouraged to work within your own limitations and abilities

Instructor: Monica

\$90 #15461 5/6-6/17 6-7 p.m. 4/1-4/29 #15460 6-7 p.m. \$75

SHOTOKAN KARATE BEGINNER

Ages 7-89

Have fun learning traditional Japanese Shotokan karate. Martial arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace.

Teacher: John Lane

\$50 #15478 4/11-5/9 Th 6-6:45 p.m. #15479 5/16-6/20 6-6:45 p.m. \$60

SHOTOKAN KARATE INTER/ADVANCED

Ages 7-89

Have fun learning traditional Japanese Shotokan karate. Martial arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have at least reached orange belt, or have the instructor's permission.

Instructor: John Lane

#15480 4/11-5/9 Th 7-8 p.m. \$55 #15481 5/16-6/20 Th 7-8 p.m. \$66

SEATTLE PARKS AND RECREATION AQUATICS INFORMATION







Lessons "Seattle Swims"

Swim for fun, fitness, and safety! All ages swimming instruction by certified lifeguards and trained instructors.





Class Information

Create an account and register for classes at http://bit.ly/spr_registr ation_account



Personal Lessons

Quality
instruction
tailored to
fit individual
needs to achieve
your personal
swimming goals.



Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!

Recreation

Public Swim, Family Swim, Lap Pool and more!





Contact your local pool for more information!

BALLARD POOL

1471 NW 67th St • (206) 684-4094 seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961 seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979 seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989 seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766 seattle.gov/parks/aquatics/everspool.htm

QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282 seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925 seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440 seattle.gov/parks/aquatics/swpool.htm

Summer Only

COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494 seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708 seattle.gov/parks/aquatics/mounger.htm

We have rental space!

Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.

Call to book your party today!





RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a firstcome, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

- » Damage Deposit \$500
- » Staff fee \$25 per hour /per staff (min. 2 staff) +1 additional hour
- » \$75 City of Seattle Alcohol Permit Fee
- » Banquet Permit (www.liq.wa.gov/licensing/banquetpermits) purchased from the Liquor Control Board \$10.
- » Liability insurance ranges \$200-\$400 or may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/ reservations/feesandcharges/refunds.htm.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. Contact your community center for more information.

HOURLY ROOM AND GYMNASIUM RENTAL FEES

RENTAL PRICES ARE IN THE PROCESS OF BEING SET BY CITY COUNCIL AND WERE NOT AVAILABLE BEFORE THIS PUBLICATION WAS PRINTED. HERE IS WHERE YOU CAN FIND THE MOST UP TO DATE PRICING INFORMATION http://bit.ly/spr_fees_and_charges.

COMMUNITY CENTERS/ROOMS AND CAPACITIES					
SITE	SMALL	MED	LARGE	KITCHEN	GYM
Lake City	40		150	small	
Laurelhurst	37	48	72	large	
Magnuson Park	Please call Chelsea Johnson at 206-233-7892			-7892	
Meadowbrook	(2)10	(7)50	150	large	250
Miller	Please call center at 206-684-4753.				
Montlake	Please call center at 206-684-4736.				
Ravenna	35/20 50 120 small 400				400

NORTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES			
SITE	SMALL		
Cowen Park Shelterhouse Reservation number 684-7534	35		
Pinehurst Shelterhouse Reservation number 684-7522	53		



GENERAL INFO

REGISTER ONLINE!

READY - Please visit our web site at http://bit.ly/spr registration account and create an account for our registration system, and verify your information is correct.

SET - See what classes and programs are available for registration.

GO - Register for programs and get active!

Payment

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online at www. seattle.gov/parks click on the SPARC logo. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

Fees and charges
ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.
City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated

Recreation Council that:

-A full refund will be issued for any program, activity, or -A full retund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis

Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated

refund minus a service charge.
-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund

minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION: If a participant withdraws from a program after the second session of a series, no refund will be given.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here:

www.seattle.gov/parks/reservations/feesandcharges/refunds.

Pool Personal Lesson Refund/Transfer Policy

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

Group Lesson Refund PolicyWhen the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% or\$5, whichever is greater

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Scholarships

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

Accommodation for people with disabilities
We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

Insurance

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



NEW SEATTLE PARKS AND RECREATION REGISTRATION SYSTEM IS HERE!

Seattle Parks and Recreation has rolled out a new registration system allowing you to register and pay for activities, sign up for passes, and reserve facilities online.

You will need to create an account in order to utilize the new system. The process if simplified and only require a few steps. Once you're set up, you'll be able enjoy the convenience of online activity registration. For more information go to:

bit.ly/spr_new_registration





