

# NORTHEAST COMMUNITY CENTERS



**Seattle**  
Parks & Recreation

healthy people healthy environment strong communities

**SPRING/SUMMER 2020**

## COMMUNITY CENTERS

LAKE CITY • LAURELHURST • MAGNUSON • MEADOWBROOK  
MILLER • MONTLAKE • RAVENNA-ECKSTEIN

## POOLS

HELENE MADISON  
MEADOWBROOK



**REGISTER**  
**SPRING: 3/3**  
**SUMMER: 5/5**

register online:  
[http://bit.ly/spr\\_registration](http://bit.ly/spr_registration)





# REGISTER SPRING 3/3 SUMMER 5/5

**Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.**

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

***Thank you for your continued support of Seattle Parks and Recreation.***



## FIRST CHOICE

Check out Seattle Parks and Recreation's new online registration software at [http://bit.ly/spr\\_registration\\_account](http://bit.ly/spr_registration_account). Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



## SECOND CHOICE

Find your local recreation center at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp) and stop by to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! Please note hours of operation, as they vary across recreation centers.



## THIRD CHOICE

Call your local recreation center during their hours of operation at the phone number listed at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp). All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



## FOURTH CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m. Questions may be emailed to: [ParksBSC@seattle.gov](mailto:ParksBSC@seattle.gov)



## FIFTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp).





# Seattle Parks & Recreation

## INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinator with your programming idea(s) for Northeast Seattle.

**Penny Atwood:** penny.atwood@seattle.gov

**Thomas Hargrave:** thomas.hargrave@seattle.gov

**Doug Oaksford:** doug.oaksford@seattle.gov

**Clint Karlsen:** clint.karlsen@seattle.gov

**Meghan Rosin:** meghan.rosin@seattle.gov

**Cameron Roth:** cameron.roth@seattle.gov

*Classes are scheduled approximately six months in advance.*



**SUMMER CAMPS**  
HUNDREDS OF AMAZING WEEKLY  
CAMPS FOR ALL YOUTH AGES 3-17  
SUMMER 2020 GUIDE

Seattle  
Parks & Recreation

# SUMMER DAY CAMP

## BROCHURE

**REGISTER**  
4/7/2020

register online:  
<http://bit.ly/2020-registration>

**LOOK FOR BROCHURES IN  
MID-MARCH AT COMMUNITY  
CENTERS AND ONLINE.**

**FILLED WITH HUNDREDS OF CAMPS FOR  
YOUTHS OF ALL AGES!**

**PRESCHOOL CAMPS**

**PRESCHOOL DAY CAMP**

**NORTHEAST**

**REGISTRATION INFO:**

- Registration begins April 10, 10:00am at the community center and online.
- Participation is required for all camps.
- Registration fee: \$10.00 (includes program, materials, and a t-shirt).
- Registration fee: \$10.00 (includes program, materials, and a t-shirt).

**DETAILS:**

- Ages 3-17 years
- Some locations have a fee of \$10
- T-shirt is provided for all participants
- Drop-in and day camps are available
- Drop-in and day camps are available

**SPECIAL EVENTS 6-9**

**DROP IN 10-15**

**CITYWIDE ATHLETICS 16-17**

**PRESCHOOL 18-20**

**SCHOOL AGE CARE 21-24**

**LAKE CITY 25**

Adult 25

**LAURELHURST 26-28**

Tots 26

Youth 27

Adult 28

**MAGNUSON 29-30**

Youth 29

Teens 30

Multigenerational 30

**MEADOWBROOK 31-34**

Tots 31

Youth 31

Adult 33

**MILLER 35-36**

Tots 35

Teens 36

Adult 36

**MONTLAKE 37-39**

Tots 37

Youth 38

Adult 39

**RAVENNA-ECKSTEIN 40-42**

Tots 40

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# CENTER INFO



Seattle  
Parks & Recreation

## LAKE CITY CC

12531 28th Ave NE / Seattle, WA 98125  
**Ph:** 206-256-5645

### SPRING/SUMMER HOURS

M/W/F 4-9 p.m.  
Tu/Th 9 a.m.-2 p.m.

## LAURELHURST CC

4554 NE 41st St / Seattle, WA 98105  
**Ph:** 206-684-7529 **Fax:** 206-522-6029

### SPRING HOURS (3/30-6/19)

M/W 2-7 p.m.  
Tu/Th/F 9 a.m.-2 p.m.  
Sa/Su (available for rentals) Closed

### SUMMER HOURS (6/22-9/11)

M-F 9 a.m.-2 p.m.  
Sa/Su (available for rentals) Closed

## MAGNUSON CC

7110 62nd Ave NE / Seattle, WA 98115  
**Ph:** 206-684-7026 **Fax:** 206-684-7141

### SPRING HOURS (3/30-6/26)

Mon-Wed 2-9 p.m.  
Th/F 9 a.m.-9 p.m.  
Saturday 9 a.m.-5 p.m.  
Sunday Closed

### SUMMER HOURS (6/29-9/11)

Mon-Fri 9 a.m.-8 p.m.  
Saturday 11 a.m.-5 p.m.  
Sunday Closed

## MEADOWBROOK CC

10517 35th Ave NE / Seattle, WA 98125  
**Ph:** 206-684-7522 **Fax:** 206-684-4921

### SPRING HOURS (3/30-6/26)

Mon-Fri 9 a.m.-9 p.m.  
Saturday 9 a.m.-5 p.m.  
Sunday (available for rentals) Closed

### SUMMER HOURS (6/29-9/11)

Mon-Fri 9 a.m.-9 p.m.  
Saturday 9 a.m.-2 p.m.  
Sunday (available for rentals) Closed

## MEADOWBROOK TEEN LIFE CENTER

10750 30th Ave NE / Seattle, WA 98125  
**Ph:** 206-684-7523

### HOURS

Su/M Closed  
Tu/Th 3:30-8 p.m.  
Wednesday 2-8 p.m.  
Friday 3 p.m.-Midnight  
Saturday 5 p.m.-Midnight

## MILLER CC

330 19th Ave E / Seattle, WA 98112  
**Ph:** 206-684-4753 **Fax:** 206-684-4397

### SPRING HOURS (3/30-6/21)

M/F 9 a.m.-8 p.m.  
Tu/W/Th 10 a.m.-8 p.m.  
Sa/Su (available for rentals) Closed

### SUMMER HOURS (6/22-9/4)

Monday 8 a.m.-8 p.m.  
Tu/Th 9 a.m.-6 p.m.  
W/F 9 a.m.-8 p.m.  
Sa/Su (available for rentals) Closed

## MONTLAKE CC

1618 E Calhoun St / Seattle, WA 98112  
**Ph:** 206-684-4736 **Fax:** 206-233-7140

### SPRING HOURS (3/30-5/31)

M/W 10 a.m.-8 p.m.  
Tu/Th 3-8 p.m.  
Fri 10 a.m.-6 p.m.  
Saturday 9 a.m.-1 p.m.  
Sunday (available for rentals) Closed

### SUMMER HOURS (6/1-9/11)

M/Tu 7 a.m.-7 p.m.  
W/Th 9 a.m.-7 p.m.  
Fri 9 a.m.-6 p.m.  
Saturday/Sunday (available for rentals) Closed

## RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE / Seattle, WA 98115  
**Ph:** 206-684-7534 **Fax:** 206-233-3973

### SPRING HOURS (3/30-6/12)

Mon-Fri 12:30-8:30 p.m.  
Saturday 9 a.m.-5 p.m.  
Sunday (available for rentals) Closed

### SUMMER HOURS (6/22-9/11)

### FLOOR CLOSURE 6/13-6/21

Mon-Fri 9 a.m.-6 p.m.  
Saturday/Sunday (available for rentals) Closed

## HELENE MADISON POOL

13401 Meridian Ave. N/Seattle, WA 98133  
**PH:** 206-684-4979

## MEADOWBROOK POOL

10515 35th Ave. NE / Seattle, WA 98125  
**PH:** 206-684-4989

**DISCLAIMER NOTE:** Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.

# GENERAL INFO



## CLOSURES

- 4/2** Staff Training Day
- 5/25** Memorial Day
- 7/3** Independence Day Observed
- 7/4** Independence Day
- 9/7** Labor Day

## PARKS MANAGEMENT

**Jesús Aguirre**, Superintendent  
**Justin Cutler**, Recreation Director  
**Katie Gray**, Deputy Rec. Director  
**Karl Fields**, Recreation Manager  
**Mike Plympton**, Aquatics Manager

## COORDINATORS

### LAKE CITY CC

**Doug Oaksford**, [doug.oaksford@seattle.gov](mailto:doug.oaksford@seattle.gov)

### LAURELHURST CC

**Cara Brown**, [cara.brown@seattle.gov](mailto:cara.brown@seattle.gov)

### MADISON POOL

**Barb Marsh**, [barb.marsh@seattle.gov](mailto:barb.marsh@seattle.gov)

### MAGNUSON CC

**Paul Davenport**, [paul.davenport@seattle.gov](mailto:paul.davenport@seattle.gov)

### MEADOWBROOK CC

**Kylie Helmuth**, [kylie.helmuth@seattle.gov](mailto:kylie.helmuth@seattle.gov)

**Ryan Spencer**, [ryan.spencer@seattle.gov](mailto:ryan.spencer@seattle.gov) (starting in July)

### MEADOWBROOK POOL

**Janet Wilson**, [janet.wilson@seattle.gov](mailto:janet.wilson@seattle.gov)

### MILLER CC

**Jacqueline Oaksford**, [jacqueline.oaksford@seattle.gov](mailto:jacqueline.oaksford@seattle.gov)

### MONTLAKE CC

**Stefan Schmidt**, [stefan.schmidt@seattle.gov](mailto:stefan.schmidt@seattle.gov)

### RAVENNA-ECKSTEIN CC

**Cameron Rivera-Flodine**, [cameron.rivera-flodine@seattle.gov](mailto:cameron.rivera-flodine@seattle.gov)

## ASSISTANT COORDINATORS

**Penny Atwood**, [penny.atwood@seattle.gov](mailto:penny.atwood@seattle.gov)

**Thomas Hargrave**, [thomas.hargrave@seattle.gov](mailto:thomas.hargrave@seattle.gov)

**Clint Karlsen**, [clint.karlsen@seattle.gov](mailto:clint.karlsen@seattle.gov)

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**Cameron Roth**, [cameron.roth@seattle.gov](mailto:cameron.roth@seattle.gov)

**1) LAKE CITY CC**

**2) LAURELHURST CC**

**3) HELENE MADISON POOL**

**4) MAGNUSON CC**

**5) MEADOWBROOK CC/POOL**

**6) MILLER CC**

**7) MONTLAKE CC**

**8) RAVENNA-ECKSTEIN CC**

# SPECIAL EVENTS



Seattle  
Parks & Recreation

## RECURRING EVENTS

### CRAFTING GROUP

**FREE!**

**Ages 16 and Older**

Bring your own supplies and craft alongside other inspired crafters. Chances are good that if you need help, you can find it for your individual projects, or at least a discussion! All welcome. Sometimes we have snacks. This is not a class, there are no organized projects or themes, just crafting and discussions.

**Location:** MEADOWBROOK CC

4/4	Sa	1:30-4:30 p.m.
5/2	Sa	1:30-4:30 p.m.
6/7	Sa	1:30-4:30 p.m.

### STOP THE BLEED

**FREE!**

**Ages 16 and Older**

Learn what to do to stop severe bleeding in an emergency. The more people that have this life saving skill, the better, so come one come all. Please register in advance so we have enough materials for students.

**Location:** MEADOWBROOK CC

#34632	4/4	Sa	10 a.m.-Noon
#34633	7/25	Sa	10 a.m.-Noon

### BABYSITTING CERTIFICATION

TO ENROLL VISIT [WWW.CPRSEATTLE.COM](http://WWW.CPRSEATTLE.COM)

**Ages 11-15**

This class, taught by a CPR instructor/parent, is a fun, interactive workshop providing 11-15-year-olds the essential skills they need to start babysitting. Through role play, video lessons, instructor led discussions, and hands-on skills training potential babysitters get the confidence to responsibly care for the infants and children. An ASHI (American Safety and Health Institute) certification card is issued upon completion of the training. This class includes a CPR review but does not include CPR certification.

**Location:** MEADOWBROOK CC

4/11	Sa	9:30 a.m.-2 p.m.	\$45
7/11	Sa	9:30 a.m.-2 p.m.	\$45

### KIDS SHOWTIME SUMMER SERIES

**FREE!**

**Kids of all ages!**

Join us for some summer fun and entertainment at Laurelhurst Community Center. These performances are family friendly and sure to captivate your kids. Contact the Community Center for more information: 684-7529.

**Location:** LAURELHURST CC

**Dates TBA W 11 a.m.**

### MOVIES IN THE PARK

**FREE!**

**All Ages**

In partnership with Scarecrow Video Project, Magnuson welcomes you to share a joyful evening watching a movie with your neighbors. Movies are TBD. Watch us on Facebook to learn about the movies and evenings' activities!

**Location:** MAGNUSON PARK AMPHITHEATER

8/7	F	activities begin at 7:30 p.m. movie begins at dusk (around 9 p.m.)
8/14	F	activities begin at 7:30 p.m. movie begins at dusk (around 9 p.m.)
8/21	F	activities begin at 7:30 p.m. movie begins at dusk (around 8:45 p.m.)
8/28	F	activities begin at 7:30 p.m. movie begins at dusk (around 8:30 p.m.)

### SUMMER PAPERWORK PARTY

**FREE!**

**All Ages**

Join us for some great food, an opportunity to meet Montlake CC staff, and get your Summer Paperwork taken care of! We'll also have assorted games and activities set-up for kids' entertainment while paperwork is completed. Free food until it's all eaten.

**Location:** MONTLAKE CC

4/25	Sa	10 a.m.-1 p.m.
5/16	Sa	10 a.m.-1 p.m.
6/6	Sa	10 a.m.-1 p.m.



# SPECIAL EVENTS

## ➤ SPECIAL EVENTS

➤ APRIL 2020

### YOUTH JOB FAIR FOR LGBTQ AND ALLIES

FREE!

**Ages 13-25**

Youth of all ages are welcome to attend and there will be many employment opportunities for high school-aged youth (13-19) and young adults (19-25). Attendees should come prepared to spend some time visiting the various booths, which will have representatives from private employers as well as City of Seattle youth-employment and stipend programs.

**Location:** MILLER CC

4/4 Sa 1-3 p.m.

### EGG HUNT EGGSTRAVAGANZA

FREE!

**Ages 5 and Under**

Join your neighbors for the quickest special event of the year; the Spring Egg Hunt EGGstravaganza! Make sure to bring a basket or bag to put all your goodies in! This runs at the start of Tot Gym, and we will have other fun activities including photo opportunities and the chance to decorate your own paper bag! We will also be collecting toiletries and new/gently used clothing items for our Shower Program.

**Location:** MILLER CC

4/9 Th 10:45 a.m.

### SPRING EGG HUNT

FREE!

**FREE WITH CANNED FOOD DONATION**

**Ages 12 and Under**

Hop on over for a family fun spring tradition in the Laurelhurst neighborhood! Be sure to bring your basket to hunt for eggs and special prizes. Please help support our canned food drive to assist our local food bank and shop the bake sale to support the community center programs. It will be an EGG-citing time for all! Please plan to arrive no later than 9:45 a.m.

**Location:** LAURELHURST PARK

4/11 Sa 10 a.m. sharp!

Please plan to arrive no later than 9:45 a.m.!

### EGG HUNT EGGSTRAVAGANZA

FREE!

**Ages 5 and Under**

Join your neighbors for the quickest special event of the year; the Spring Egg Hunt EGGstravaganza! This event runs rain or shine. Make sure to bring a basket or bag to put all your goodies in! We will also be collecting toiletries and new/gently used clothing items for our Shower Program.

**Location:** MAGNUSON PARK AMPHITHEATER

4/11 Sa 10 a.m.-Noon

### SPRING EGG HUNT

FREE!

**Ages 11 and Under**

Celebrate the coming of Spring with an Egg Hunt! Don't forget to bring a basket or bag. The hunt will take place rain or shine starting right at 10 a.m. Please arrive by 9:45 a.m. We will also be collecting toiletries and new/gently used clothing items for the SPR Shower Program.

**Location:** MONTLAKE CC

#35701 4/11 Sa 10 a.m. sharp!

(Ends when eggs are gone - around 11 a.m.)

### SPRING SCAVENGER HUNT

FREE!

**Ages 1-11**

Celebrate the coming of spring with a scavenger hunt beginning at 10 a.m. sharp! Bring your own bag or basket. We will have the hunt - rain or shine!

**Location:** RAVENNA-ECKSTEIN CC

4/11 Sa 10 a.m. sharp!

### SPRING EGG HUNT

FREE!

**All Ages**

Hop on over for family fun spring tradition in the Lake City neighborhood! Be sure to bring your basket for eggs and special prizes. The hunt starts at 10 a.m. so arrive no later than 9:45 a.m.! Join us afterwards for refreshments and to see our programs, activities, and facility!

**Location:** LAKE CITY CC

4/18 Sa 10 a.m.

# SPECIAL EVENTS



Seattle  
Parks & Recreation

## POTTERY SALE

All Ages

Help us empty our Pottery Collection before summer! There will be many fine pottery items for sale - bowls, cups, plates, vases, to mention just a few. You will help support the pottery community, and make room for everything our youth will create throughout the summer.

Location: **MONTLAKE CC**

4/18 Sa 9 a.m.-1 p.m.

**FREE!**

## NEIGHBORHOOD MEET 'N GREET PLAYDATE

Ages 1-5

New to the neighborhood? New to parenting? Or just want to meet new families in the area? If you are a family with little ones ages 1-5 years, bring them along to make new friends big and small while having fun in the Toddler Room. Toddler and adult snacks provided.

Location: **RAVENNA-ECKSTEIN CC**

4/25 Sa 10 a.m.-Noon

**FREE!**



➤ MAY 2020

## TRADITIONAL INDIAN DANCE AND COOKING EVENT

Ages 50+

Dance and Eat! Experience movement consciousness East Indian dances from world-renowned performer, Moria Chappell. We'll combine elements of yoga and ancient styles of dance to calm the mind, and relax the body you'll also enjoy a hands-on session to learn home-style Indian cooking focused on dishes from different regions of India from our Instructor, I Mohapatra. Max 30.

Location: **MONTLAKE CC**

#35610 5/16 Sa 9 a.m.-1 p.m. \$15

➤ JUNE 2020

## TOT TROT TO SUMMER

Ages 2-7

Race into summer this June with our annual toddler and children's fun run. The run is less than 1K and your child will receive a race number and official t-shirt. We will do a group stretch and group the kids by age. Snacks and participant ribbons will be given at the end of the race. It's a great first race experience!

Location: **RAVENNA-ECKSTEIN CC**

6/8 M 6 p.m. \$10/child

Led by Coach Denise

## END OF SCHOOL BBQ

Please contact the community center for more details!

Location: **MAGNUSON PARK AMPHITHEATER**

6/19 F Time: TBD

**FREE!**

➤ JULY 2020

## ICE CREAM SOCIAL AND CONCERT

All Ages

Join us for a summer with a good old-fashioned ice cream social and live music. Bring the family and picnic dinner. We'll supply the ice cream and fun!

Location: **MAGNUSON PARK AMPHITHEATER**

7/24 F 5:30 p.m. \$1/ice cream bowl



# SPECIAL EVENTS

## ➤ AUGUST 2019

### MONTLAKE MUSIC FESTIVAL AND FAMILY NIGHT

**FREE!**

#### All Ages

Come join us for live music, food trucks, bounces houses, and more at the annual Montlake Music Festival. Limited seating available, so we encourage you to also bring a blanket if you have/choose to sit in the grass. We will also be collecting toiletries and new/gently used clothing items for the SPR Shower Program.

**Location:** MONTLAKE CC

#35702      8/14      F      5:30-8:30 p.m.

## ➤ SEPTEMBER 2019

### BACK TO SCHOOL BBQ

**FREE!**

#### All Ages

Help us say farewell to summer with food, games, and community at our annual BBQ. Free food while supplies last.

**Location:** MILLER CC

9/4      F      4-6 p.m.

### LAURELHURST SALMON BAKE

**FREE!**

#### All Ages

The tradition continues! Join your community and neighbors for our annual Salmon Bake and family fun in the park! Come celebrate summer while enjoying a delicious dinner, dancing, and carnival games for the kids at this fun tradition in the Laurelhurst neighborhood! This event is brought to you by Laurelhurst Community Center, Lifelong Recreation, Specialized Programs staff, volunteers, and in partnership with special community businesses.

**Location:** LAURELHURST PARK

9/10      Th      5:30-8 p.m.      Menu and food prices TBD

## ➤ COMMUNITY EVENTS

### MEADOWBROOK COMMUNITY GARDEN

Are you interested in making new friends? Would you like to get involved in your neighborhood through food, fun, and sustainable/organic gardening? Do you like to eat fresh veggies? Want to get exercise, be outdoors, and feel healthier? There are many ways to encourage your community through the Community Gardens. Follow Meadowbrook Community Gardens on Facebook: <http://bit.ly/meadowbrookgarden> or call Meadowbrook CC 206-684-7522.

### RAVENNA COMMUNITY GARDEN

**THE GARDEN IS A PLACE WHERE NEIGHBORS  
WORK TOGETHER AND SHARE THE HARVEST!**

The mission of the Ravenna Community Garden is to build a strong, inter-generational community while increasing local food security, and improving the health of our planet through sustainable garden practices.

Through gardening together, we get to know our neighbors, learn from each other about producing and preserving food that is grown organically and sustainably, and beautify our neighborhood. We enhance our own health through eating locally-grown, fresh, flavorful, and nutritious fruits and veggies, exercise, time spent outdoors, and above all, having fun together.

### 2020 GARDEN WORK PARTIES

Second Sundays each month Noon-2 p.m. in the early season starting on Feb 9, and continuing Mar 15, April 12, May 10, and June 14. We're hoping for more turnout for doing big projects, so please come and join us.

**For information on our Work Party schedule please visit our web page:**  
[RavennaCommunityGarden.wordpress.com](http://RavennaCommunityGarden.wordpress.com)

# DROP-IN PROGRAMS



Seattle  
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 4/2, 5/25, 7/3, 7/4, and 9/7.**

## TODDLER GYM PLAY TIME

**FREE!**

**Ages Walkers-5 Years**

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Adult supervision required at all times.) Times are subject to change.

**Location: LAKE CITY CC**

**Tu/Th 9:30 a.m.-12:30 p.m.**

**Location: MAGNUSON CC (ENDS 6/12)**

**Friday 9:30 a.m.-1:30 p.m.**

**Location: MEADOWBROOK CC (ENDS 6/17)**

Also closed 4/13, 4/14, 4/15, 4/16, 4/17, and 5/25.

**M/W/F 11 a.m.-2 p.m.**

**Location: MILLER CC (ENDS 6/18)**

**Tu/Th 10 a.m.-12:30 p.m.**

**Location: MONTLAKE CC (ENDS 6/5)**

**M/W/F 10 a.m.-2 p.m.**

**Location: RAVENNA-ECKSTEIN CC (ENDS 6/11)**

**Tu/Th 10 a.m.-2 p.m.**



## ➤ TOT DROP-IN

### TODDLER PLAY ROOM

**FREE!**

**Ages 5 and Younger**

We offer a designated play room just for toddlers and infants. Enjoy the books and toys while you explore with your child.

**Location: MILLER CC (ENDS 6/12)**

**M/F 9 a.m.-8 p.m.**

**Tu/W/Th 10 a.m.-8 p.m.**

## PLAY SPACE

**FREE!**

**Ages 1-5**

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters, and much more. Adult supervision required. Times are subject to change.

**Location: LAURELHURST CC (ENDS 6/19)**

**Mon 2:30-4:30 p.m.**

**Wed 9:30 a.m.-12:30 p.m.**

**Fri 10:30 a.m.-12:30 p.m.**

**Location: RAVENNA-ECKSTEIN CC (ENDS 6/12)**

**Mon-Thu 2:45-8:15 p.m.**

**Friday 9 a.m.-8:15 p.m.**

**Saturday 9:15 a.m.-5 p.m.**

# DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 4/2, 5/25, 7/3, 7/4, and 9/7.**

## ↘ GAMES

### BRIDGE

All Ages

Join us for a small group gathering to play bridge, drink tea, and make new friends. Hot water provided for your tea or coffee.

Location: **MONTLAKE CC (ENDS 6/5)**

Friday 1-4 p.m. (TBD 6/12-9/4)

**FREE!**

### MAHJONG

Ages 18 and Older

Rules of play are based on newly published guidelines from The National Mahjong League. Please call for more information.

Location: **LAKE CITY CC**

**ALL LEVEL PLAYERS**

Thursday 9:30 a.m.-1 p.m. (American)

**FREE!**

Location: **LAURELHURST CC (ENDS 6/18)**

**INTERMEDIATE LEVEL PLAYERS**

Tu/F 11 a.m.-2 p.m.

### ANCIENT GAMERS

Ages 13 and Older (Under 13 with an adult)

Calling all table top gamers. Every other week you are invited to explore new and old table top games such as cards, dice, battle recreation, and board games. Novice and casual players are always welcome, and extra troops and equipment are available, as well as experienced players willing to teach the games.

Location: **LAKE CITY CC**

1st/3rd Wed/month 5:30-8:30 p.m.

**FREE!**



## ↘ FITNESS CENTER

### FITNESS CENTER

Ages 18 and Older

Seattle weather can be a challenge to your fitness program so come inside and work out in our fitness room. Equipment includes elliptical machines, treadmills, stationary bicycles, rower, and various training apparatus.

Location: **MAGNUSON CC**

Mon-Wed	2-9 p.m.
Thu-Fri	9 a.m.-9 p.m. (Spring)
	9 a.m.-8 p.m. (Summer)
Saturday	Noon-5 p.m.
	9 a.m.-2 p.m.

Location: **MEADOWBROOK CC**

Monday	9 a.m.-6:30 p.m.
Tue-Fri	9 a.m.-9 p.m.
Saturday	9 a.m.-5 p.m. (Spring)
	9 a.m.-2 p.m. (Summer)

**FREE!**



# DROP-IN PROGRAMS



Seattle  
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 4/2, 5/25, 7/3, 7/4, and 9/7.**



## ATHLETICS

### PING PONG

Ages 16 and Older

Learn to play or enhance your skills Ping Pong is open to all levels. Two to three tables will be set up each night. Paddles and balls are provided. Children under 16 should be accompanied by an adult.

Location: **LAKE CITY CC**

#35504 4/1-6/26 W/F 4:30-8:30 p.m.

**FREE!**

### RACQUETBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this high-speed, fast paced sport that will work up a sweat! Equipment can be checked out at no extra charge (protective eyewear required). Reserve a court up to a week in advance or take your chances and drop-in. Courts can also be used for informal squash matches. Call 206-684-7026 for more information or to make a reservation.

Location: **MAGNUSON CC**

#### SPRING

M/W	2-9 p.m.	\$8/hour
Th/F	9 a.m.-9 p.m.	\$8/hour
Sat	9 a.m.-5 p.m.	\$8/hour

#### SUMMER

M-F	9 a.m.-8 p.m.	\$8/hour
Sat	Noon-5 p.m.	\$8/hour

### WALLYBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this exciting "off the wall" variation of volleyball! Reserve the court up to a week in advance. Please reserve ahead of time so staff can have the net set up upon your arrival.

Location: **MAGNUSON CC**

Mon-Wed	2-9 p.m.	\$12/hour
Thu/Fri	9 a.m.-9 p.m.	\$12/hour
Saturday	9 a.m.-5 p.m.	\$12/hour



# DROP-IN PROGRAMS

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## TEEN LATE NIGHT

### TEEN LATE NIGHT

Ages 13-19

**FREE!**

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

**Contact your local neighborhood specialist for more information.**

Fri and Sat Nights

7 p.m.-Midnight

#### NORTH:

Bitter Lake Community Center, 206-684-7524  
Meadowbrook Teen Life Center, 206-551-7316

#### SOUTHEAST:

Garfield Teen Life Center, 206-684-4788  
Rainier Community Center, 206-386-1919  
Rainier Beach Community Center, 206-386-1925  
Van Asselt Community Center (Fri only), 206-386-1922

#### SOUTHWEST:

High Point Community Center, 206-684-7422  
Southwest Teen Life Center, 206-684-7438  
South Park Community Center (Fri only), 206-684-7451.

CITYWIDE YOUNG ADULT PROGRAM  
*presents*

# GREAT NIGHT

AGES 19+ / SATURDAY / 7 PM-12 AM  
LEARN LIFE SKILLS THROUGH RECREATION  
JEFFERSON COMMUNITY CENTER

**THIS PROGRAM PROVIDES:**  
WORKSHOPS | TRAININGS  
CERTIFICATIONS | SPORTS | FREE FOOD

 Seattle Parks & Recreation  **POWER OF PLACE**  
Parks Youth Violence Prevention Team

JOB TRAINING OPPORTUNITIES VARY AND REQUIRE ADVANCED ENROLLMENT,  
PLEASE ASK FOR THE SCHEDULE AT THE FRONT DESK.

**FOR MORE INFO PLEASE CONTACT:**  
**Kevin Roberson**  
206-310-5185 or  
[kevin.roberson@seattle.gov](mailto:kevin.roberson@seattle.gov)

# DROP-IN PROGRAMS



Seattle  
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 4/2, 5/25, 7/3, 7/4, and 9/7.**

	LAKE CITY	LAURELHURST	MAGNUSON	MEADOWBROOK
ADULT BADMINTON				<b>F</b> 6-9 p.m. <i>First 24 through the door</i>
YOUTH BASKETBALL				
ADULT BASKETBALL AGES 18 AND UP (UNLESS NOTED)				<b>Tu</b> 7-9 p.m.
GAMES	<b>MAHJONG</b> <b>Th</b> 9:30 a.m.-12:30 p.m.	<b>MAHJONG</b> <b>Tu/F</b> 11 a.m.-2 p.m. <i>ends 6/18</i>		
PICKLEBALL			<b>Th</b> 9:15 a.m.-Noon	<b>RECREATION*</b> <b>Tu</b> 10 a.m.-2 p.m.  <b>COMPETITIVE</b> <b>Th</b> 10 a.m.-2 p.m. <i>*ends 6/16 for Summer</i>
PING PONG	<b>F</b> 4:30-8:30 p.m.			
VOLLEYBALL			<b>W</b> 6-8:30 p.m.	<b>YOUTH</b> <b>W</b> 6:30-6 p.m. (ends 6/17) <b>F</b> 4:30-6 p.m. (ends 6/19)  <b>ADULT</b> <b>W</b> 7-9 p.m. <i>(First 30 through the door)</i>

\*Subject to change during Public School Breaks Closed during Public School Breaks 4/13, 4/14, 4/15, 4/16, 4/17, and 5/25.



# DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we began requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 4/2, 5/25, 7/3, 7/4, and 9/7.**

	MILLER	MONTLAKE	RAV-ECK
ADULT BADMINTON			<b>W</b> 8-10 p.m.  <i>Starting 12/4-3/25 Register in advance cost is \$27 for the summer quarter.</i>
YOUTH BASKETBALL	<b>W</b> (ends 6/17) 2:30-4:30 p.m.	<b>Tu/Th/F</b> (ends 6/19) 3-4:30 p.m.	
ADULT BASKETBALL AGES 18 AND UP (UNLESS NOTED)	<b>W</b> 6-8 p.m.	<b>Tu</b> (ends 6/19) 6-8 p.m.	
ADULT DODGEBALL	<b>F</b> 6-8 p.m.		
GAMES		<b>BRIDGE</b> <b>F</b> 1-4 p.m. <i>Moves to new location (TBD) starting 6/12.</i>	
PICKLEBALL	<b>SPRING/SUMMER*</b> <b>M/F</b> 9 a.m.-Noon  <i>*Summer (6/15-9/4) is M/F 10 a.m.-Noon and outdoors only</i>	<b>Sa</b> (ends 6/12) 10:30 a.m.-12:30 p.m.	<b>SUMMER DROP-IN</b> <b>LEVELS 2-5</b> <b>M</b> 9 a.m.-Noon  <b>LEVELS 2-3.5</b> <b>W</b> 9 a.m.-Noon  <b>LEVELS 3.5-5</b> <b>F</b> 9 a.m.-Noon  <i>Call to confirm 206-684-7534 during times of heat or bad air quality.</i>
VOLLEYBALL	<b>M/Th</b> 6-8 p.m. <i>Th ends 6/18</i> <i>Mondays will continue through the summer</i>	<b>W</b> (ends 6/17) 6-8 p.m.	

\*Subject to change during Public School Breaks Closed during Public School Breaks 4/13, 4/14, 4/15, 4/16, 4/17, and 5/25.

## ➤ SPRING YOUTH SPORTS

### TRACK AND FIELD (GIRLS AND BOYS)

**Age Groups: 5-17 (Age is determined by birth year)**

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April. Teams will be forming at community centers throughout Seattle.

**Fee: \$55, scholarships are available**

**Minimum: Approximately 10 kids**

*Please consider volunteering  
as a coach or helping with  
recruitment of coaches.*

*Our low cost leagues can't operate  
without the dedication of our  
awesome coaches!*



## YOUTH SPORTS GENERAL INFORMATION

### I WANT TO PLAY... HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!**  
(Paperwork is at community centers).
3. **Start practices and get ready for fun** honing your skills and competing against other neighborhood community centers!

*If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.*

### LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

***Our low-cost leagues can't operate without the dedication of our awesome coaches!***

#### I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a background check form at the center and then a volunteer registration form online.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!



**ADULT SPORTS AND ACTIVITIES**

**SEATTLE PARKS AND RECREATION IS OFFERING AFFORDABLE AND FUN ADULT SPORTS AND ACTIVITIES!**

ENJOY BOWLING, ROLLER DERBY, WOMEN'S VOLLEYBALL, COED DODGEBALL, MEN'S BASKETBALL, AND GET OUT AND GO GROUPS FOR FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS, AND GET MOVING TOGETHER!



**GET MORE DETAILS AT**  
**[WWW.SEATTLE.GOV/PARKS/ATHLETICS](http://WWW.SEATTLE.GOV/PARKS/ATHLETICS)**  
**OR CALL 206-684-7092**





# PRESCHOOL



Seattle  
Parks & Recreation

## » SPRING 2020

### PRESCHOOL PROGRAM

Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

#### DETAILS OF OUR PROGRAM:

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- » Affordable rates (scholarships available!)

Preschool programs are based on *the Creative Curriculum for Preschool* from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

**REGISTER NOW AT YOUR LOCAL COMMUNITY CENTER!**

### IMPORTANT DATES\*

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

**Spring Break** 4/13-4/17/2020

**Memorial Day** 5/25/2020

**Independence Day Observed** 7/3/2020

**Independence Day** 7/4/2020

**Labor Day** 9/7/2020

*\*Check with your local community center preschool for any additional closures.*

### CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

AGES	DAYS	TIME	PRICE/MONTH
MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*			
3-5	M-F	8:30 a.m.-2:30 p.m.	*

*\*Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation.** Please visit [bit.ly/sprseattlepreschoolprogram](http://bit.ly/sprseattlepreschoolprogram) or call 206-386-1050 for details.*

Times and prices may change. Please check with your local community center for details closer to the registration date.

# PRESCHOOL



## 2020 FALL PRESCHOOL REGISTRATION

**Fall 2020 Preschool registration has begun!** We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included. At the time of registration, a 10% non-refundable registration fee per week will be collected. All balances are due August 1, 2020.

The 2020-2021 fee structure is listed below.

AGES	DAYS	TIME	PRICE/MONTH
<b>MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*</b>			
3-5	M-F	8:30 a.m.-2:30 p.m.	*

\*Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation.** Please visit [bit.ly/sprseattlepreschoolprogram](http://bit.ly/sprseattlepreschoolprogram) or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.

## NOW HIRING!

Seattle Parks & Recreation

Associated Recreation Council (ARC) in partnership with Seattle Parks and Recreation offers a variety of employment opportunities! Whether your interest is in child care, youth enrichment, the environment, health and fitness, the arts, sports, or building technology skills, we have something for you!

Visit [arcseattle.org/Careers](http://arcseattle.org/Careers) for a complete list of open positions.

We are an equal opportunity employer.



## ➤ SUMMER CAMPS

Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Check with your local community center for a detailed description of the various offerings.

### DETAILS:

- » Ages: 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices
- » Children need to be fully potty-trained (no diapers or pull-ups permitted)
- » Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.

### REGISTRATION INFO:

- » **Registration begins April 7th.** Register early, as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a 10% non-refundable registration fee per week will be collected. All balances are due TWO WEEKS BEFORE camp begins.

MEADOWBROOK	
Week	Mon-Fri 9 a.m.-12:30 p.m. \$205/week
6/29-7/3*	LANGUAGE LAB
7/6-7/10	ON YOUR MARKS... GET SET... GO!
7/13-7/17	WE'VE GOT THE BEAT
7/20-7/24	YOU CAN BUILD IT!
7/27-7/31	SERIOUSLY SILLY SCIENCE
8/3-8/7	SOMEWHERE OVER THE RAINBOW
8/10-8/14	FROM ANTELOPES TO ZEBRA SHARKS
8/17-8/21	FARM FABULOUS
8/24-8/28	THAT'S A WRAP!

\*Short Week due to July 4: \$164

Please note: Summer Day Camp programs, activities and themes could be subject to change.



# LICENSED SCHOOL-AGE CARE

## ➤ SPRING 2020

### Ages 5-12

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

### HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

**Register NOW at your local community center!** A non-refundable \$25 registration fee for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

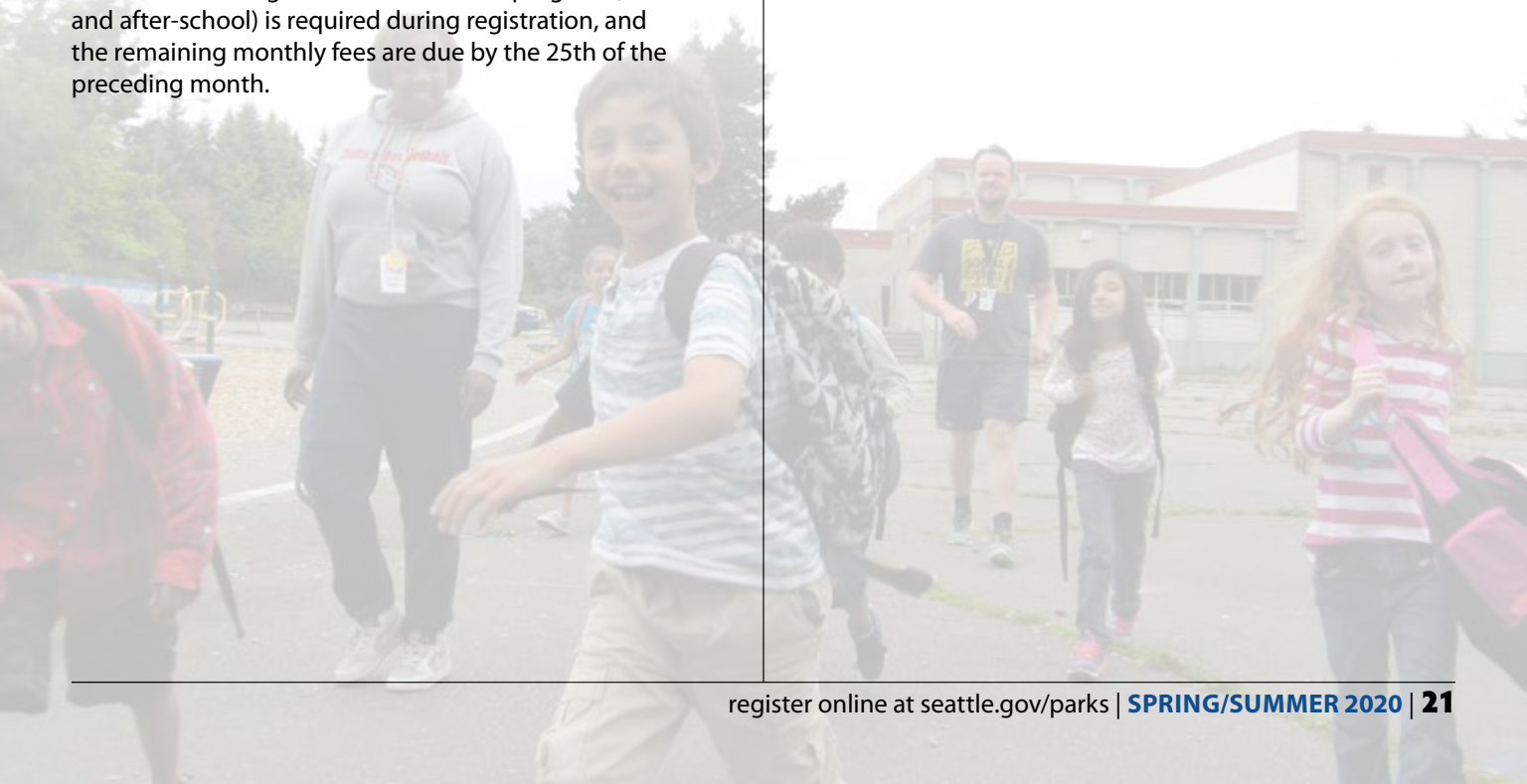
PROGRAM	TIME	5 DAYS	4 DAYS	3 DAYS
<b>MEADOWBROOK COMMUNITY CENTER</b>				
After School (Option 1)	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
After School (Option 2)	4-6 p.m.	\$311.50	\$280.50	\$264.50
<b>MEADOWBROOK @ JOHN ROGERS</b>				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
<b>MONTLAKE @ MCGILVRA</b>				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
<b>RAVENNA-ECKSTEIN @ THORNTON CREEK</b>				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
<b>RAVENNA-ECKSTEIN @ WEDGWOOD</b>				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50

*Details could be subject to change. Please contact your local community center if you have any other questions.*

### IMPORTANT DATES\*

<b>Spring Break</b>	4/13-4/17/2020
<b>Memorial Day</b>	5/25/2020
<b>Independence Day Observed</b>	7/3/2020
<b>Independence Day</b>	7/4/2020
<b>Labor Day</b>	9/7/2020

*\*Check with your local community center for any additional closures.*



# LICENSED SCHOOL-AGE CARE



Seattle  
Parks & Recreation

## GENERAL INFORMATION

### TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website ([http://bit.ly/sps\\_student\\_transportation](http://bit.ly/sps_student_transportation)) or call 206-252-0900 for more information.

### CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

### EQUAL OPPORTUNITY PROVIDER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1 Independence Avenue, SW, Washington, D.C. 20250-9410
- (2) fax: 202-690-7442
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).



## CAMP INFORMATION

### EARLY DISMISSALS

Please contact your local community center for details about early dismissals.

### BREAK CAMPS: (7 a.m.-6 p.m.)

**SPRING BREAK CAMP | 4/13-4/17/2020**

**Fee: \$235/week**

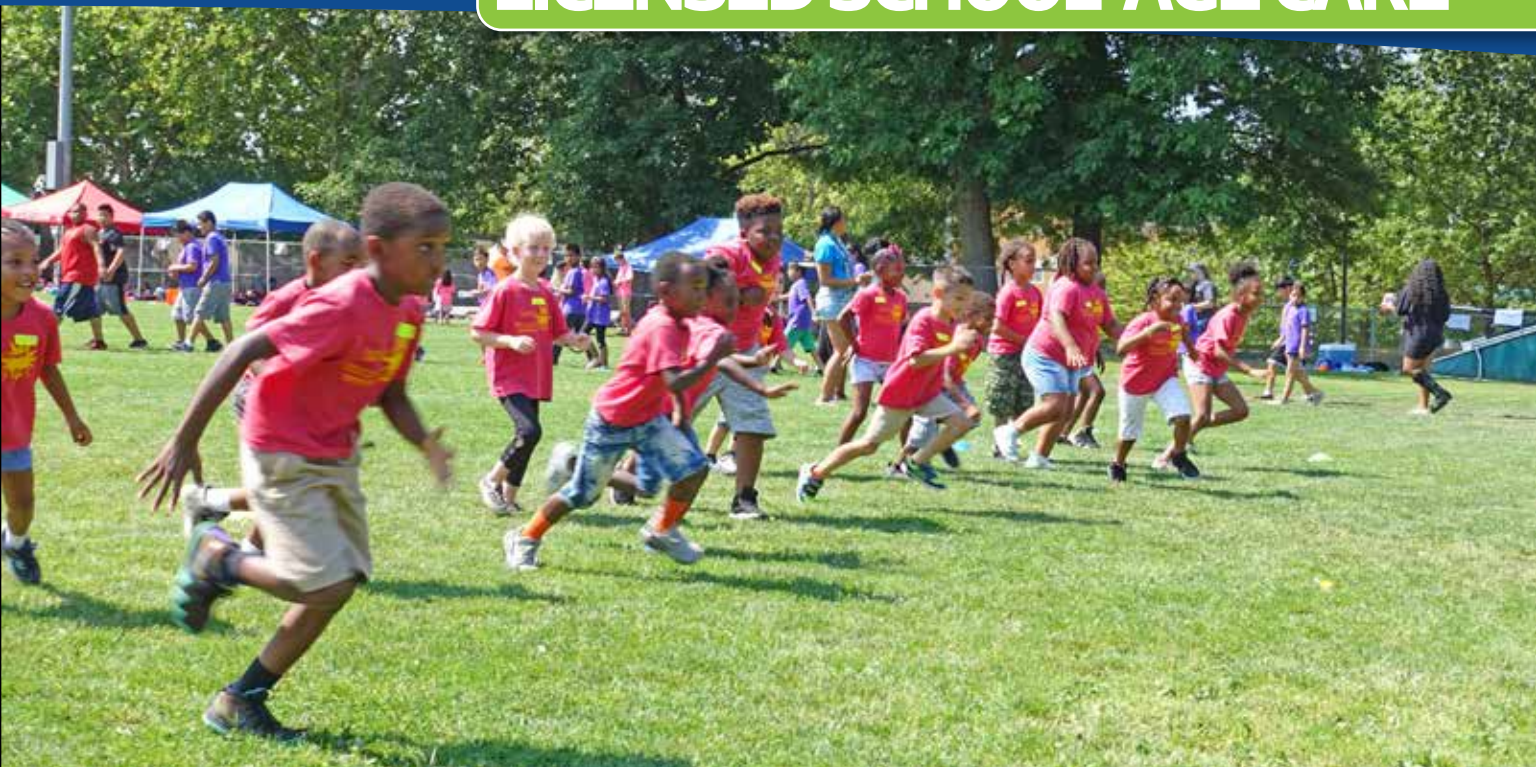
**Note:** Not all sites offer the camp mentioned above. Please check with your community center for details.

## FALL 2020

**FALL 2020 REGISTRATION BEGINS ON MAY 5, 2020!**

Check with your local community center with their offerings after March 24, 2020.





## ➤ SUMMER CAMPS

**Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months?** The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming, and more.

Our summer day camps will be offered for up to 11 weeks, with new themes available each week! Check with your local community center for a detailed description of the various offerings.

### DETAILS:

- » Ages: 5 through 12 years
- » Operating Hours: 7 a.m. to 6 p.m.
- » Cost: \$240/week  
(\$192 for 4-day weeks of July 4 and September 4.)  
*There is a one-time \$24 non-refundable registration fee for the whole summer at each camp location. This fee will not be applied to weekly camp fees.*
- » First day of Summer Day Camp: June 22, 2020
- » A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.
- » All SAC Summer Camps will be closed on Friday, July 3 in observation of Independence Day and Friday, September 4

### REGISTRATION INFO:

- » **Registration begins April 7.** Register early as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration a \$24 non-refundable registration fee will be collected. This one-time fee covers the entire summer for the SAC Summer Camps listed below.
- » Scholarship applications may be picked up at your local community center. DCYF - Department of Children, Youth, and Families (previously DSHS) child care subsidies are also accepted.



# LICENSED SCHOOL-AGE CARE



Seattle  
Parks & Recreation

## ➤ NORTHEAST THEMES

Week	MEADOWBROOK Ages 8-12	MEADOWBROOK @ JOHN ROGERS Ages 5-7	MILLER	MONTLAKE
6/22-6/26	GET IN THE GAME	ON YOUR MARKS... GET SET... GO!	DREAM TEAM	ON YOUR MARKS... GET SET... GO!
6/29-7/3*	PNW EXPLORERS	BLAST OFF!	FREE TO BE YOU, FREE TO BE ME!	PIXEL PERFECT
7/6-7/10	LAND BEFORE TIME	PIXEL PERFECT	FROM ANTELOPES TO ZEBRA SHARKS	LIL' CHEFS
7/13-7/17	FROM ANTELOPES TO ZEBRA SHARKS	GET IN THE GAME	SOMEWHERE OVER THE RAINBOW	IMAGINATION STATION
7/20-7/24	FARM FABULOUS	SUMMERTIME SUPERHEROES	SERIOUSLY SILLY SCIENCE	BLAST OFF!
7/27-7/31	FREE TO BE YOU, FREE TO BE ME!	CREEPY CRAWLERS	WE'VE GOT THE BEAT	YOU CAN BUILD IT!
8/3-8/7	ON YOUR MARKS... GET SET... GO!	FANTASTICAL FAIRYTALES	SPLISH SPLASH	A PIRATE'S LIFE FOR ME!
8/10-8/14	SPLISH SPLASH	FROM ANTELOPES TO ZEBRA SHARKS	MILLER'S GOT TALENT!	MONTLAKE'S GOT TALENT!
8/17-8/21	IMAGINATION STATION	LIL' CHEFS	LIL' CHEFS	FREE TO BE YOU, FREE TO BE ME!
8/24-8/28	THAT'S A WRAP!	THAT'S A WRAP!	THAT'S A WRAP!	THAT'S A WRAP!

\*Short Week due to July 4.

Week	RAVENNA-ECKSTEIN @ WEDGWOOD	RAVENNA-ECKSTEIN @ THORNTON CREEK
6/22-6/26	DREAM TEAM	PIXEL PERFECT
6/29-7/3*	IMAGINATION STATION	WE'VE GOT THE BEAT
7/6-7/10	FREE TO BE YOU, FREE TO BE ME!	IMAGINATION STATION
7/13-7/17	DEEP BLUE	FREE TO BE YOU, FREE TO BE ME!
7/20-7/24	CREEPY CRAWLERS	DEEP BLUE
7/27-7/31	TIME TRAVELERS	FANTASTICAL FAIRY TALES
8/3-8/7	ON YOUR MARKS... GET SET... GO!	GET IN THE GAME
8/10-8/14	SPLISH SPLASH	SUMMERTIME SUPERHEROES
8/17-8/21	PNW EXPLORERS	FROM ANTELOPES TO ZEBRA SHARKS
8/24-8/28	THAT'S A WRAP!	THAT'S A WRAP!

\*Short Week due to July 4.





## ADULTS

### DROP IN: PING PONG

**Ages 16 and Older**

Learn to play or enhance your Ping Pong skills. Open to all levels. Two to three tables will be set up each night. Paddles and balls are provided. Children under 16 should be accompanied by an adult.

#35504	4/1-6/26	W/F	4:30-8:30 p.m.
#35505	7/1-8/28	W/F	4:30-8:30 p.m.

**FREE!**

### DROP IN: ANCIENT GAMERS

**Ages 13 and Older**

Calling all table top gamers. You're invited to explore new and old table top games such as cards, dice, battle recreation, and board games. Novice and casual players are always welcome. Experienced players are available and willing to teach the games. 1st and 3rd Wednesdays of the month.

#35502	4/1-6/24	W	5:30-8:30 p.m.
#35503	7/1-8/26	W	5:30-8:30 p.m.

**FREE!**

### CARDIO DANCE PARTY

**Ages 18 and Older**

Dance to original dance fitness choreography featuring pop/hip-hop/dancehall and Top 40 music. You will dance bigger, jump higher, and just generally work harder than you thought you could. This hour-long class will help you burn between 400-1,000 calories and leave you feeling sassy, confident, and empowered!

#35498	4/1-5/6	W	7-8 p.m.	\$72
#35499	5/13-6/24	W	7-8 p.m.	\$84
#35500	7/1-8/5	W	7-8 p.m.	\$72
#35501	8/12-8/26	W	7-8 p.m.	\$36





## ↘ TOTS

### EMERALD CITY FLOORBALL

Ages 3-5

Experience the newest, fastest, most fun, all-inclusive, and safest version of off-ice Floor Hockey through the sport of Floorball! Come learn the fundamentals and enjoy this great game taught by an off-ice hockey expert.

#34849	4/9-5/7	Th	5-6 p.m.	\$105
#34852	5/14-6/11	Th	5-6 p.m.	\$105

### MUSIC FOR TOTS - PARENT-CHILD MUSIC PROGRAM

Ages 6 months - 5 years

Let your little ones learn music and release their inner diva at the same time! Children will learn musical skills while playing and interacting with each other and their parents. Grown-ups wear comfortable clothing. Siblings up to 6 months can attend free. Seasonal CD and songbook included.

#34785	4/8-6/10	W	9:30-10:30 a.m.	\$145
#34788	4/8-6/10	W	10:30-11:30 a.m.	\$145



## YOUTH

### EMERALD CITY FLOORBALL

**Ages 6-11**

Experience the newest, fastest, most fun, all-inclusive, and safest version of off-ice Floor Hockey through the sport of Floorball! Come learn the fundamentals and enjoy this great game taught by an off-ice hockey expert.

**Ages 6-8**

#34850	4/9-5/7	Th	6:15-7:15 p.m.	\$105
#34853	5/14-6/11	Th	6:15-7:15 p.m.	\$105

**Ages 9-11**

#34851	4/9-5/7	Th	7:30-8:30 p.m.	\$105
#34854	5/14-6/11	Th	7:30-8:30 p.m.	\$105

### CIRCUS MAGIC FUN WITH DAFFY DAVE

**Ages 6½-11**

Get excited to learn beginning magic and juggling tricks as well as how to perform them with humorous, dramatic flair! You'll wow your audience using magic on everyday objects and a few specialized props. Magic tricks and juggling scarves for the kids to take home will be provided.

#34843	5/6-6/3	W	5-5:45 p.m.	\$105
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### PIANO LESSONS

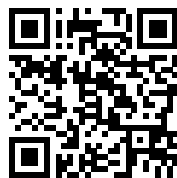
**Ages 5-16**

Private piano lessons are 30-minutes long and are taught in a relaxed atmosphere tailored to each child's individual level.

#34858	4/8-6/17	W	2:30-7 p.m.	\$27
#34857	4/9-6/18	Th	2:30-7 p.m.	\$27



**EXPLORE THE WILD SIDE  
OF SEATTLE THROUGH  
YOUR ENVIRONMENTAL  
LEARNING CENTERS!**



Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.

#### DISCOVERY PARK

**206-386-4236**

3801 Discovery Park Blvd  
**discover@seattle.gov**

- » located 5 miles northwest of downtown Seattle
- » 8 miles of trails
- » ponds, saltwater beaches, forests, and meadows

#### CAMP LONG

**206-684-7434**

5200 35th Ave SW  
**camplong@seattle.gov**

- » located in West Seattle
- » 68-acre forested park with hiking trails
- » climbing rock with instructors
- » rustic cabins for rent
- » wetlands loaded with frogs and salamanders
- » campfire programs

#### CARKEEK PARK

**206-684-0877**

950 NW Carkeek Park Road  
**carkeek.park@seattle.gov**

- » located in North Seattle
- » roam the trails
- » play at the playground
- » explore the historic Piper's Orchard



**Seattle  
Parks & Recreation**

Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at: <http://www.seattle.gov/parks/find/environmental-education-and-outdoor-learning>



## ADULTS

### ADULT EVENING POTTERY

Ages 18 and Older

Learn both hand-building and wheel throwing techniques through several clay projects. Practice your skills making clay objects while learning how to make tiles, cups, bowls, and more in a fun and informative setting. Class fees include one bag of clay and Open Studio. Open studio is on Mondays from 4-5:30 p.m.

#34842	4/6-6/1	M	5:30-8 p.m.	\$240
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### HAND BUILDING

Ages 18 and Older

Receive individual guidance for all levels of experience with special attention to newcomers in this class focused on key hand building techniques. You will also learn about surface decoration, glazing, and firing. Experienced potters may pursue independent projects. Class fees include one bag of clay and Open Studio time. Open studio is on Mondays from 4-5:30 p.m.

#34855	4/10-5/29	F	9:15-11:45 a.m.	\$240
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### WHEEL THROWING

Ages 18 and Older

This class is for all levels and will provide an overview of basic thrown forms including cylinders, bowls and plates. Students will be given the opportunity to focus on independent projects with guidance from the instructor. Class fees include one bag of clay and Open Studio. Open studio is on Mondays from 4-5:30 p.m.

#34862	4/9-5/28	Th	9:15-11:45 a.m.	\$240
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### CORE AND MORE: BREATHING INTO EASE YOGA

Ages 18 and Older

Using props we make the classic yoga poses accessible to all. Each week will focus on a different area of the body that can carry stress. We will also explore how to use MBSR breath work to release areas and change postural habits off the yoga mat.

#34844	4/9-5/7	Th	10:45 a.m.-Noon	\$120
#34845	5/14-6/11	Th	10:45 a.m.-Noon	\$120

### CORE AND MORE: DRILLING DOWN PILATES/YOGA

Ages 18 and Older

This interdisciplinary class is a Pilates informed Hatha Yoga for those seeking balance and stability in their back, and abdominal core. This course features light weights and isometrics and is also easy on the joints.

#34846	4/9-5/7	Th	9:30-10:45 a.m.	\$120
#34847	5/14-6/11	Th	9:30-10:45 a.m.	\$120

### PILATES

Ages 16 and Older

This Pilates class is great for increasing flexibility and mobility in the spine while improving balance, posture, and strength. Beginners are welcome, while those at the intermediate level will be challenged. Bring a towel for a cushion, and a mat if you have one (some are available if needed).

#34859	4/6-5/4	M	6-7 p.m.	\$65
#34860	5/11-6/15	M	6-7 p.m.	\$65

### BEGINNING AMERICAN MAHJONG

Ages 18 and Older

Mahjong originated in China and became popular in the US around 1920. Similar to games like Rummy, it is played with the basic rules and regulations based on newly published guidelines from The National Mahjong League. Class size is limited to 4 participants so register early.

#36173	4/15-5/6	W	2-3:30 p.m.	\$25
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### INTERMEDIATE AMERICAN MAHJONG

Ages 18 and Older

Mahjong originated in China and became popular in the US around 1920. Similar to games like Rummy, it is played with the basic rules and regulations based on newly published guidelines from The National Mahjong League. Class size is limited to 4 participants so register early.

#36172	5/13-6/3	W	2-3:30 p.m.	\$25
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## Ages 6-11

**#30173      4/22-5/20      M/W      5:30-7 p.m.      \$55**

## Ages 6-11

#30170	4/20-5/13	M/W	5:30-6:30 p.m.	\$70
#36246	5/18-6/17	M/W	5:30-6:30 p.m.	\$85





## SCHUT BASKETBALL INSTITUTE (OPEN)

Ages 11-16

Developing and strengthening mental and physical basketball toughness within a skill-centric, team-based environment is our primary objective. We'll teach advanced fundamentals of basketball through our distinct style of basketball play. Coach Schut has as a lengthy history of working within NCAA Intercollegiate Athletics and directing programs which have fought for the rights and welfare of current and former intercollegiate athletes.

#30166	4/7-6/18	Tu/Th	6-7 p.m.	\$220
#30183	3/10-6/11	Tu/Th	6-7:30 p.m.	\$220

## SCHUT BASKETBALL INSTITUTE (SOLIDGROUND)

Ages 11-16

Developing and strengthening mental and physical basketball toughness within a skill-centric, team-based environment is our primary objective. We'll teach advanced fundamentals of basketball through our distinct style of basketball play. Coach Schut has as a lengthy history of working within NCAA Intercollegiate Athletics and directing programs which have fought for the rights and welfare of current and former intercollegiate athletes.

#30167	4/7-6/18	Tu/Th	6-7 p.m.	\$220
#30184	3/10-6/11	Tu/Th	6-7:30 p.m.	\$220

## PARKOUR:RUN,JUMP,CLIMB!

Ages 9-13

Parkour is a sport focused on improving your natural movement capabilities--running, jumping, climbing, swinging, and balancing. Classes are instruction-focused, with plenty of games, obstacles courses, and free-play thrown in! Open to all levels! Classes are a mix of indoor and outdoor activities; class happens rain or shine. An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities.

#30164	4/1-5/6	W	4-5 p.m.	\$120
#30179	4/1-5/6	W	4-5 p.m.	\$120
#30165	5/13-6/17	W	4-5 p.m.	\$120
#30180	5/13-6/17	W	4-5 p.m.	\$120

## TEENS

### CELL PHONE PHOTOGRAPHY

Ages 13-17

Chances are that if you have a cell phone, you have a camera in your pocket right now. Today a growing number of users are beginning to realize the power of cell phone cameras for capturing memories through quality images. Bring your own phone as we explore the fine art of photography. \*Phones not included

#30105	8/10-8/14	M-F	1-4 a.m.	\$160
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## MULTIGENERATIONAL

### AIKIDO FOR TEENS/ADULTS

Ages 12 and Older

Discipline and focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learn skills to stay calm through daily life.

#30172	4/20-5/13	M/W	5:30-7 p.m.	\$120
#36247	5/18-6/17	M/W	5:30-7 p.m.	\$135

### WOMEN'S SELF DEFENSE

Ages 14 and Older

Shock, scream, run! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a strong confident voice, escapes from commons grabs, striking shock points, and escaping to safety. Classes are ongoing; join anytime!

#30161	7/4-7/25	Sa	11:30 a.m.-12:30 p.m.	\$80
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### PRIVATE PIANO LESSON

Ages 5 and Older

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

#30181	4/1-6/24	W/Sa	3-6 p.m.	\$25
#30182	4/1-6/24	W/Sa	3-6 p.m.	\$25
#30150	6/24-8/29	W/Sa	3-1:30 p.m.	\$25



## ↘ TOTS

### PRE-K SPORTS

#### Ages 2-3

Your child will have fun exploring basketball, t-ball, tennis, soccer, and more! As always, we will focus on teamwork and good sportsmanship. Parent participation is welcomed, but not required.

#### Ages 2-3

#34634	4/9-5/14	Th	9:30-10:15 a.m.	\$68
#34636	5/21-6/25	Th	9:30-10:15 a.m.	\$68

#### Age 3

#34635	4/9-5/14	Th	10:15-11 a.m.	\$68
#34637	5/21-6/25	Th	10:15-11 a.m.	\$68

### PRE-BALLET

#### Ages 3-5

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class.

#35036	4/9-5/14	Th	3:15-4 p.m.	\$75
#35037	5/21-6/25	Th	3:15-4 p.m.	\$75
#35038	7/9-8/20	Th	3:15-4 p.m.	\$88

## ↘ YOUTH

### BALLET 1

#### Ages 6-10

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class.

#34382	4/9-5/14	Th	4-4:45 p.m.	\$75
#34384	5/21-6/25	Th	4-4:45 p.m.	\$75
#34383	7/9-8/20	Th	4-4:45 p.m.	\$88

### KENDO: THE WAY OF THE JAPANESE SWORD

#### Ages 10-18

Kendo is a modern form of Japanese swordsmanship that uses bamboo swords (Shinai) and protective armor. We offer beginning and advanced practitioners year-round training in basic and advanced sword techniques as well as cultural and traditional aspects of this Japanese martial art.

#34628	4/6-6/29	M	7-8:30 p.m.	\$67
#34629	7/6-8/31	M	7-8:30 p.m.	\$67

## TEENS

### BABYSITTING CERTIFICATION

TO ENROLL VISIT [WWW.CPRSEATTLE.COM](http://WWW.CPRSEATTLE.COM)

**Ages 11-15**

This class, taught by a CPR instructor/parent, is a fun, interactive workshop providing 11-15-year-olds the essential skills they need to start babysitting. Through role play, video lessons, instructor led discussions, and hands-on skills training potential babysitters get the confidence to responsibly care for the infants and children. An ASHI (American Safety and Health Institute) certification card is issued upon completion of the training. This class includes a CPR review but does not include CPR certification.

4/11	Sa	9:30 a.m.-2 p.m.	\$45
7/11	Sa	9:30 a.m.-2 p.m.	\$45

## MULTIGENERATIONAL

### BALLROOM AND LATIN DANCE

**Ages 12 and Older**

Each session is tailored to the majority of the participants' requests. The class can decide as a group which style, they would like out of the following choices: Bachata, Tango, Cha-Cha, Foxtrot, Rumba, Waltz, Swing, and Salsa. Come by yourself or with a partner. Please remember your dancing shoes.

#34387	4/7-5/12	Tu	8-9 p.m.	\$80
#34389	5/19-6/23	Tu	8-9 p.m.	\$80
#34388	7/7-8/18	Tu	8-9 p.m.	\$92



### GOJU RYU KARATE - BEG/INT

**Ages 14 and Older**

Self-defense, awareness, and physical and mental development are incorporated into the study of this Okinawan/Japanese karate style. Learn to use both linear and circular techniques to subdue and control an attacker, as well as fundamental techniques and an additional focus on the broader world of the martial arts.

#34392	4/9-6/25	Th	7-9 p.m.	\$73
#34393	7/2-8/27	Th	7-9 p.m.	\$73

### BEGINNING SHOTOKAN KARATE

**Ages 7 and Older**

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, and kicks.

#34390	4/1-4/29	M/W	6:30-7:30 p.m.	\$40
#35261	5/4-5/27	M/W	6:30-7:30 p.m.	\$40
#35262	6/1-6/29	M/W	6:30-7:30 p.m.	\$40
#34391	7/1-7/29	M/W	6:30-7:30 p.m.	\$40
#35265	8/3-8/31	M/W	6:30-7:30 p.m.	\$40

### ADVANCED SHOTOKAN KARATE

**Ages 14 and Older**

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, kicks, evasions, throws, and joint manipulations.

#34380	4/1-4/29	M/W/F	6:30-9 p.m.	\$70
#35259	5/1-5/29	M/W/F	6:30-9 p.m.	\$70
#35260	6/1-6/29	M/W/F	6:30-9 p.m.	\$70
#35264	7/1-7/31	M/W/F	6:30-9 p.m.	\$70
#34381	8/3-8/31	M/W/F	6:30-9 p.m.	\$70

### GOJU RYU KARATE - INT/ADV

**Ages 14 and Older**

Self-defense, awareness, and physical and mental development are incorporated into the study of this Okinawan/Japanese karate style. Learn to use both linear and circular techniques to subdue and control an attacker, as well as fundamental techniques and an additional focus on the broader world of the martial arts.

#34394	4/4-6/27	Sa	10:15 a.m.-12:15 p.m.	\$73
#34395	7/11-8/29	Sa	10:15 a.m.-12:15 p.m.	\$73





## ADULTS

### KENDO: THE WAY OF THE JAPANESE SWORD

Ages 18 and Older

Kendo is a modern form of Japanese swordsmanship that uses bamboo swords (Shinai) and protective armor. We offer beginning and advanced practitioners year-round training in basic and advanced sword techniques as well as cultural and traditional aspects of this Japanese martial art.

#34630	4/6-6/29	M	7-8:30 p.m.	\$134
#34631	7/6-8/31	M	7-8:30 p.m.	\$134

### STOP THE BLEED

Ages 16 and Older

Learn what to do to stop severe bleeding in an emergency. The more people that have this life saving skill, the better, so come one come all. Please register in advance so we have enough materials for students.

#34632	4/4	Sa	10 a.m.-Noon
#34633	7/25	Sa	10 a.m.-Noon

### CIRCUIT TRAINING

Ages 18 and Older

Whether you are looking to get back into shape or improve your overall fitness level, then this is the class for you! You'll create lasting and supportive friendships with neighbors with common interests while you improve your cardiovascular and muscular endurance.

#34626	4/6-4/27	M	6:30-7:30 p.m.	\$52
#35255	5/4-5/18	M	6:30-7:30 p.m.	\$39
#35256	6/1-6/29	M	6:30-7:30 p.m.	\$65
#34627	7/6-7/27	M	6:30-7:30 p.m.	\$52
#35254	8/3-8/31	M	6:30-7:30 p.m.	\$65

### DROP-IN: FITNESS ROOM

Ages 18 and Older

Seattle weather can be a challenge to your fitness program so come inside and work out in our fitness room. Equipment includes elliptical machines, treadmills, stationary bicycles, rower, and various training apparatus.

#34645	4/1-6/20	M-Sa	9 a.m.-5 p.m.
#34646	6/27-8/29	M-Sa	9 a.m.-2 p.m.

**FREE!**

### INTRO TO FITNESS

Ages 18 and Older

Learn to use our fitness equipment safely and effectively, and then, design a training program tailored to your fitness level and goals with the help of our fitness expert. Check with the front desk if you prefer to schedule a private or semi-private class for \$40.

#34623	4/6	M	7:35-8:35 p.m.	\$20
#35257	5/4	M	7:35-8:35 p.m.	\$20
#35258	6/1	M	7:35-8:35 p.m.	\$20
#34625	7/13	M	7:35-8:35 p.m.	\$20
#34624	8/3	M	7:35-8:35 p.m.	\$20

### FUNFIT!

Ages 16 and Older

Increase strength, decrease body fat, and improve overall conditioning in this FUNdamental FITness class. You will focus on the essentials: Cardio, strength training, and proper cool down techniques which includes stretching. Instructor: M. Tulio

#25937	Tu	4/7-6/16	6-7 p.m.	\$66
#25938	Th	4/6-6/18	6-7 p.m.	\$66



## TEEN LIFE CENTER

### GLENN HUBBARD YOUNG MEN'S GROUP

**FREE!**

Learn, experience and grow as young men through confidential conversations on topics that are relevant to your lives.

W 4-6 p.m.

### AFTER SCHOOL SNACK BITES

**FREE!**

Snacks to keep you going into your afterschool activities.

Tu-Th 3:30-4:30 p.m.

### HIP HOP DANCE

**FREE!**

Learn the basics of hip hop and prepare for a competition in December.

Tu 6-7:30 p.m.

### SISTA VOICES YOUNG LADIES GROUP

**FREE!**

Learn, experience and grow as young women through confidential conversations on topics that are relevant to your lives.

W 4-6 p.m.

### HEALTHY RELATIONSHIPS (DV ADVOCACY) TRAINING

**FREE!**

Learn about resources and how to become a Domestic Violence Peer advocate.

Tu/Th 6-8 p.m.

### PCC COOKING PROGRAM

**FREE!**

Learn to cook, budget, and be self-sufficient in the kitchen and participate in citywide competitions, in this partnership with PCC.

Th 4-6 p.m.

### STUDIO DROP IN

**FREE!**

Come and record your music and learn song formats. In this program teen participants will learn basic levels of audio technology, basic levels of song writing, rhythm counting, audio, and engineering mixing and music editing.

Th 3:30-7:30 p.m.

F 7-11:45 p.m.

## ➤ LATE NIGHT

### Ages 13-19

Late Night is a safe and supportive environment for teens. This recreation-based program focuses on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

F/Sa 7 p.m.-Midnight

### SHOE RESTORATION PROGRAM

**FREE!**

Learn how to restore your old shoes and gain entrepreneurial skills in this program.

F 7-9 p.m.

### PJAM

**FREE!**

Popcorn, juice and a movie. Join us every Saturday to watch a movie and hang with friends.

Sa 8:30-10 p.m.

### BAKING PROGRAM

**FREE!**

Learn to bake easy and tasty treats, you can make at home.

F 8-9 p.m.

### DROP IN BASKETBALL

**FREE!**

F 7-11:45 p.m.

Sa 9-11:45 p.m.

### HIP HOP DANCE AND ZUMBA®

**FREE!**

Learn the basics of hip hop and Zumba®

Sa 7-9 p.m.



## ↘ TOTS

### TODDLER ART

**Ages 2-5**

This class is a perfect introduction to art for your tot! Each class will explore a different art technique, including collage-making, painting, crafts and paper constructions. Kids will have fun building creative skills and learning about art. Supplies and materials provided. An adult must accompany the child to assist.

#35536	4/7-5/5	Tu	10:15-11 a.m.	\$75
#35537	5/19-6/16	Tu	10:15-11 a.m.	\$75

### PLAYFUL DANCE WITH MOVING MINDS DANCE

**Ages 3-4**

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration. This spring we'll tell stories and learn literacy through dance.

#35557	4/9-6/11	Th	10:15-11 a.m.	\$122
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### PLEASE NOTE OUR NEW HOURS AT MILLER CC

#### SPRING HOURS (3/30-6/21)

M/F	9 a.m.-8 p.m.
Tu/W/Th	10 a.m.-8 p.m.
Sa/Su (available for rentals)	Closed

#### SUMMER HOURS (6/22-9/4)

Mon	8 a.m.-8 p.m.
Tu/Th	9 a.m.-6 p.m.
W/F	9 a.m.-8 p.m.
Sa/Su (available for rentals)	Closed



## TEENS

### AFTERSCHOOL TEEN PROGRAM

**FREE!**

**Ages 11-14**

Teens can join us after school for a variety of activities like Fun Wednesdays, challenges, cooking classes, and more! The last Friday of each month we'll get pizza and choose a movie to watch.

#35538 4/1-6/19 M-F 2:30-6 p.m.

### AFTERSCHOOL TEEN KITCHEN

**FREE!**

**Ages 11-14**

Teens will learn how to cook a variety of foods like - pizza, pasta, desserts, and more. We will meet on the 2nd and 4th Tuesday of each month.

#35539 4/14-6/9 Tu 3:15-6 p.m.

### GUITARSNOTGUNS: GUITAR LESSONS

**FREE!**

**Ages 10-17**

Learn to play the guitar with us! No guitar, no worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be there for each lesson, and upon course completion you'll have the opportunity to own your guitar - in some cases, free!

#35561 4/23-6/11 Th 4-5 p.m.

## MULTIGENERATIONAL

### DRUM LESSONS

**Ages 10 and Older**

Learn expression through music! Lessons are 30-minutes long and are tailored to each individual student. Participants will learn to read music and play by ear, as well as music theory and composition. We have a drum set on site.

#35544	4/6-4/27	M	5:30-8 p.m.	\$25
#35552	5/4-5/18	M	5:30-8 p.m.	\$25
#35553	6/1-6/15	M	5:30-8 p.m.	\$25
#35554	4/1-4/29	W	5:30-8 p.m.	\$25
#35555	5/6-5/27	W	5:30-8 p.m.	\$25
#35556	6/3-6/17	W	5:30-8 p.m.	\$25

## ADULTS

### DANCEDAIGRE

**Ages 16 and Older**

All levels are welcome in this friendly, non-judgmental class. You will learn movements that promote relaxation and improve flexibility in your body. Get absorbed by the music, let go of stress, and leave class revitalized.

#35540	4/1-4/29	W	6:30-7:30 p.m.	\$70
#35542	5/6-5/27	W	6:30-7:30 p.m.	\$56
#35543	6/3-6/17	W	6:30-7:30 p.m.	\$42

### ZUMBA®

**Ages 16 and Older**

Get excited for this Latin-inspired fitness class that incorporates International music and dance. We combine fast and slow rhythms with movements that tone and sculpt the body, blending cardio and muscle toning. Zumba® is fun, easy, and effective.

#35534	4/6-5/4	M	6:30-7:30 p.m.	\$55
#35535	5/18-6/15	M	6:30-7:30 p.m.	\$44





## ↘ TOTS

### JOYFUL MOVEMENT WITH MOVING MINDS DANCE

Ages 2-3

The perfect class for tots who are beginning to explore independent learning. In a warm, light-hearted environment, your child will enjoy imaginative movement, songs, games, and stories that enhance their physical, mental, and social-emotional development. This spring, we'll tell stories and learn literacy through dance.

#35611 4/10-6/12 F 11:30 a.m.-12:15 p.m. \$122

### PLAYFUL DANCE WITH MOVING MINDS DANCE

Ages 3-4

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration. This spring we'll tell stories and learn literacy through dance.

#35612 4/10-6/12 F 12:30-1:15 p.m. \$122

### CREATIVE BALLET WITH MOVING MINDS DANCE

Ages 4-6

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to the ballet barre, more challenging movement combinations, and choreography tools to develop their own movement style. This spring, we'll tell stories and learn literacy through dance.

#35613 4/10-6/12 F 1:30-2:20 p.m. \$122

### RED UKULELE: MUSICAL SPANISH WITH SIGN LANGUAGE

Ages 5 and Under

This dynamic class gets you and your child singing in Spanish, dancing with scarves, playing music, and learning sign language. Red Ukulele is a unique program that combines music with learning Spanish while simultaneously using sign language as a visual and experiential teaching tool.

#35644 4/10-6/12 F 10:15-10:45 a.m. \$179

### UK PETITE SOCCER

Ages 3-6

Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability in a fun learning environment.

#35600 4/13-6/1 M 3:30-4:30 p.m. \$146



## YOUTH

### POTTERY: YOUTH HAND BUILDING

Ages 10-16

Join us in a relaxing ceramics studio to create hand-built pieces. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#35666	4/14-6/1	Tu	4-5:30 p.m.	\$210
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### POTTERY: YOUTH WHEEL

Ages 10-16

Join us in a relaxing ceramics studio to create cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#35678	4/16-6/4	Th	4-5:30 p.m.	\$210
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### TRI HARA MARTIAL ARTS

Ages 6-17

Through this martial art form, students will develop life tools like coordination of mind and body, confidence, respect, focus, self-defense, and healthy boundaries. Benefits will be noticeable at home and in the real world. This program is both fun and challenging, encouraging students to be the best they can. Beginners welcome.

#35659	4/4-6/13	Sa	9-10 a.m.	\$25
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## MULTIGENERATIONAL

### PIANO LESSONS

Ages 5 and Older

Express yourself artistically through music! Piano lessons are a wonderful opportunity to improve musical skills for creative expression. Lessons are tailored to your musical interests and learning needs. Beginner to intermediate levels welcome.

#35703	4/1-4/29	W	4-6 p.m.	\$25
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#35704	5/6-5/27	W	4-6 p.m.	\$25
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### SAXOPHONE/FLUTE LESSONS

Ages 6 and Older

Explore classical and contemporary music, music theory, and improvisation as it applies to the saxophone or flute. These 30-minute private lessons focus on tone development, finger position, posture, and music reading.

#35606	4/1-4/29	W	4-8 p.m.	\$25
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#35607	5/6-5/27	W	4-8 p.m.	\$25
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#35608	6/3-6/10	W	4-8 p.m.	\$25
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### ASSOCIATED RECREATION COUNCIL



For 44 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of "building community through citizen engagement and participation in recreation and lifelong learning programs." ARC is a 501c3 nonprofit organization. **For more information, go to [www.arcseattle.org](http://www.arcseattle.org).**

### YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

### JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.



## OKINAWAN KARATE

Ages 12 and Older

Learn traditional Okinawan Karate in a safe, welcoming environment. This effective form of self-defense integrates offense and defense movements. You'll learn pattern drills called kata, and develop concentration, calmness, and confidence while you get fit.

#35603	4/6-5/6	M/W	6:30-8:30 p.m.	\$66
#35604	5/18-6/17	M/W	6:30-8:30 p.m.	\$66

## ADULTS

### POTTERY: ADULT BEGINNING POTTERY

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#35684	4/15-6/3	W	6-8 p.m.	\$240
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### POTTERY: ADULT CERAMICS TECHNIQUES

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#35680	4/14-6/2	Tu	6-8 p.m.	\$240
#35682	4/16-6/4	Th	6-8 p.m.	\$240

### POTTERY: ADULT LOW FIRE CERAMICS

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel using low fire clay. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time based on Community Center hours.

#35660	4/13-6/1	M	5:45-7:45 p.m.	\$210
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## MEDITATION

Ages 16 and Older

Drop in for relaxation in our 6 week FREE meditation series. Each week you will be guided through different meditations by the instructor. Previous experience with meditation is not required, this is suitable for all levels.

#35686	4/8-5/13	W	11-11:30 a.m.
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**FREE!**

## PILATES

Ages 18 and Older

Lengthen and strengthen your muscles while improving posture, body alignment, breathing, balance, flow and strength. Bring a yoga mat if you have one; otherwise the community center has some available. Perfect for those with minimal fitness activity or as a supplement to other exercise practices.

#35601	4/6-5/4	M	6:45-7:45 p.m.	\$55
#35602	5/11-6/15	M	6:45-7:45 p.m.	\$55

## QI GONG

Ages 16 and Older

Join us for a mind-body-spirit practice to improve your mental and physical health. Qi - "subtle breath" or "vital energy". Gong - "skill cultivated through steady practice." All skill levels welcome.

#35687	4/8-5/6	W	6:30-7:30 p.m.	\$125
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## TRI HARA MARTIAL ARTS

Ages 18 and Older

Shed stress and increase the strength and flexibility of your body, mind, and heart. This martial art form promotes physical health and emotional well-being so that everyone can live in balance. Beginners and all levels welcome.

#35658	4/4-6/13	Sa	10:30-11:30 a.m.	\$25
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## DANCEDAIGRE

Ages 16 and Older

All levels are welcome in this friendly, non-judgmental class. You will learn movements that promote relaxation and improve flexibility in your body. Get absorbed by the music, let go of stress, and leave class revitalized.

#35688	4/7-4/28	Tu	6:30-8 p.m.	\$63
#35689	5/5-5/26	Tu	6:30-8 p.m.	\$63
#35690	6/2-6/9	Tu	6:30-8 p.m.	\$31.50
#35696	4/11-5/2	Sa	11:15 a.m.-12:45 p.m.	\$63
#35697	5/9-5/30	Sa	11:15 a.m.-12:45 p.m.	\$63
#35699	6/6-6/13	Sa	11:15 a.m.-12:45 p.m.	\$31.50



## ↘ TOTS

### TINY TOTS

**Ages 2-3**

This educational and developmentally appropriate class includes individual and group play, storytelling, arts and crafts, music, field trips, group motor-skills, and socialization. Parents are required to take turns assisting the teacher with classroom duties/snacks. Participants must be 2 years old by September 1, 2019 to participate. Exceptions made with teacher approval.

#34830	4/6-6/11	M-Th	9-11:30 a.m.	\$613
#34831	4/6-6/11	M-Th	11:30 a.m.	\$735

### SPORTS OF ALL SORTS

**Ages 3-5**

Start your child out in sports by letting them try soccer, basketball, baseball, and more! In this class we will cover basic skills while having fun in a non-competitive environment while focusing on teamwork and good sportsmanship!

#34828	4/21-5/26	Tu	3-3:45 p.m.	\$66
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### TUMBLING

**Ages 3-5**

Children will be developing tumbling skills such as forward rolls, handstands, and balancing in an upbeat and positive environment. Students will also work on flexibility, core strength, and life skills such as teamwork and determination. An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities.

#34833	4/4-6/6	Sa	12:45-1:30 p.m.	\$104
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### PRE-BALLET

**Ages 3-4**

Children learn basic ballet skills in a creative, fun environment. Boys and girls experience the joy of dancing while learning basic movements and ballet vocabulary. This class has a classic structure with rhythmic and creative games mixed in.

#34816	4/10-6/12	F	11:30 a.m.-12:15 p.m.	\$130
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**Ages 3-5**

#34817	4/4-6/6	Sa	10:15-11 a.m.	\$112
#34818	4/4-6/6	Sa	9:15-10 a.m.	\$112

### PRE-BALLET 2

**Ages 4-6**

This class is for children who have completed Pre-Ballet and would like to continue to learn ballet skills in a creative, fun, and safe environment. This class has a classic structure with rhythmic and creative games mixed in. Children should wear close-fitting clothes that allow for comfortable movement.

#34819	4/10-6/12	F	12:20-1:05 p.m.	\$130
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### DAFFY DAVE'S MUSIC MOVEMENT AND STORYTIME

**Ages 3½-6**

Kids can sing and dance with popular children's entertainer, Daffy Dave. We will have fun singing all their favorite songs but also laugh as we learn new songs and funny ways to sing and dance. Each session ends with improvisational stories that the kids can participate in as they become various characters in the stories.

#34809	5/7-6/4	Th	11-11:45 a.m.	\$105
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## YOUTH

### TUMBLING

**Ages 6-9**

Children will be developing tumbling skills such as forward rolls, handstands, and balancing in an upbeat and positive environment. Students will also work on flexibility, core strength, and life skills such as teamwork and determination. An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities.

#34834 4/4-6/6 Sa 1:45-2:30 p.m. \$112

### YOUTH INTRO TO TENNIS

**Ages 5-10**

Introduce your children to racquet sports and sharpen their hand-eye coordination. There's no waiting in lines in this class, and fun games and drills make it a hit! We provide racquets but your child should bring a water bottle.

#34836 4/20-6/1 M 4-4:45 p.m. \$72

#35515 7/6-8/17 M 3:30-4:15 p.m. \$72

### YOUTH BEG-ADV TENNIS

**Ages 7-15**

This class introduces basic court play, focuses on swings, and builds hand-eye coordination skills. This class picks up where "Youth Intro to Tennis" leaves off.

#34835 4/20-6/1 M 4:45-5:30 p.m. \$72

### YOUTH BEGINNING TENNIS

**Ages 7-15**

Introduce your children to racquet sports and sharpen their hand-eye coordination. There's no waiting in lines in this class, and fun games and drills make it a hit! We provide racquets, but recommend that participants bring their own water bottles.

#35514 7/6-8/17 M 4:15-5 p.m. \$72

### YOUTH ADVANCED TENNIS

**Ages 7-15**

Our advanced class will expand on basic court play, focus on swings, and continue building hand-eye coordination skills while keeping the fun in tennis. Games and drills will keep you busy hitting the ball! This class picks up where 'Youth Beginning Tennis' leaves off. Class takes place on the outdoor tennis courts, so please dress accordingly. Sunscreen and a water bottle recommended.

#35513 7/6-8/17 M 5-5:45 p.m. \$72

### YOUTH PARKOUR

**Ages 8-12**

Our high-energy classes will have your student jumping, climbing, rolling, and crawling around your local park! Through fun games we teach how to overcome fear, set goals, and creatively problem solve. Good for beginners and dedicated practitioners, these classes are perfect for improving movement and making friends. An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities.

#34837 4/10-5/8 F 4-5 p.m. \$105

#34838 5/15-6/12 F 4-5 p.m. \$105

### BALLET 1

**Ages 5-7**

Students will learn basic ballet vocabulary, floor and barre work, and combine it into fun, energetic, and expressive dances and games.

#34805 4/4-6/6 Sa 11 a.m.-Noon \$128

### CIRCUS MAGIC FUN WITH DAFFY DAVE

**Ages 6½-11**

Get excited to learn beginning magic and juggling tricks as well as how to perform them with humorous, dramatic flair! You will wow your audience using magic on everyday objects and a few specialized props. Magic tricks and juggling scarves for the kids to take home will be provided.

#34808 5/7-6/4 Th 3:45-4:30 p.m. \$105

### HIP POP JR

**Ages 5-7**

Join the dance party! Students will learn complex hip-hop dance moves and choreography to classic and current pop and hip-hop music. Classes are energetic and focuses on coordination and self-confidence. Students should wear comfortable sneakers and bring a water bottle.

#34810 4/21-5/26 Tu 4-4:45 p.m. \$66





## TEENS

Service learning hours are always available for teens at Rav-Eck CC. Paid opportunities are available, too! Call the community center at 206-684-7534 for more information. There are opportunities for helping with our special events. Stop by to start the conversation and get involved.

## MULTIGENERATIONAL

### SHOTOKAN KARATE - BEGINNER

**Ages 7 and Older**

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace.

#34822	4/9-4/30	Th	6-6:45 p.m.	\$40
#34823	5/7-5/28	Th	6-6:45 p.m.	\$40
#34824	6/4-6/11	Th	6-6:45 p.m.	\$20

### SHOTOKAN KARATE - INTER/ADVANCED

**Ages 7 and Older**

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached orange belt or above, or have instructors permission.

#34825	4/9-4/30	Th	7-7:45 p.m.	\$44
#34826	5/7-5/28	Th	7-7:45 p.m.	\$44
#34827	6/4-6/11	Th	7-7:45 p.m.	\$22

## ADULTS

### BADMINTON

**Ages 16 and Older**

Keep your eye on the birdie! Stop by and enjoy a friendly game of badminton - a social and accessible sport for all. Nets and birds will be provided.

#35563	7/1-8/26	W	6-8 p.m.	\$27
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### PICKLEBALL

**Ages 16 and Older**

Play or practice your skills in this unique paddle sport that is a fast-paced combination of tennis and ping-pong. Pickleball is simple to learn and fun to play. Equipment available for loan for these pick up games.

#### ALL LEVELS OF PLAY!

This day is for all levels 2-5 to share the gym.

#34812	4/6-6/8	M	9 a.m.-Noon	\$27
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#### BEGINNING/INTERMEDIATE

This day is for beginning and intermediate players level 2-3.5.

#34813	4/1-6/10	W	9 a.m.-Noon	\$33
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#### INTERMEDIATE/ADVANCED

This day is for beginning and intermediate players level 3.5-5.

#34814	4/3-6/12	F	9 a.m.-Noon	\$33
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### BEGINNING YOGA

**Ages 16 and Older**

Learn the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures step by step. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

#34806	4/21-6/9	Tu	6:30-7:30 p.m.	\$104
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### RAVENNA SECOND STRING ORCHESTRA

**Ages 13 and Older**

Ravenna Second String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is a little easier than the Ravenna String Orchestra and is a wonderful opportunity for intermediate players. Enjoy a supportive atmosphere with no auditions. For additional information please visit [www.RavennaStrings.com](http://www.RavennaStrings.com).

#34820	4/6-6/1	M	7-8:05 p.m.	\$71
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### RAVENNA STRING ORCHESTRA

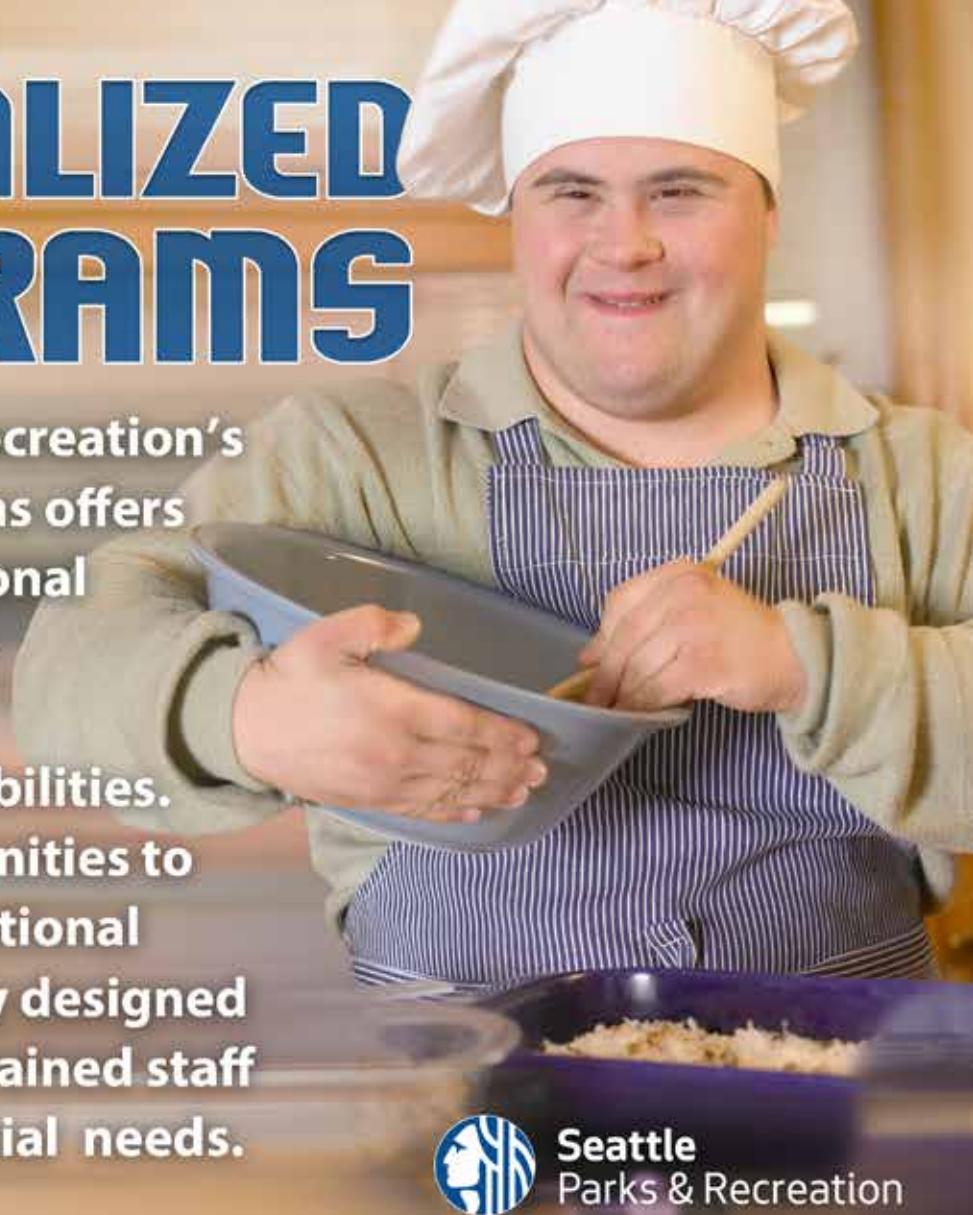
**Ages 13 and Older**

The Ravenna String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is for more experienced or advanced players. Enjoy a supportive atmosphere with no auditions. For additional information please visit [www.ravennastrings.com](http://www.ravennastrings.com).

#34821	4/1-5/27	W	7-8:15 p.m.	\$79
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# SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.



**Seattle**  
Parks & Recreation



We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

**View an on-line brochure by going to:**  
[seattle.gov/parks](http://seattle.gov/parks) (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.



# SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



Seattle  
Parks & Recreation



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## Lessons "Seattle Swims"

Swim for fun,  
fitness, and safety!  
All ages swimming  
instruction by  
certified lifeguards  
and trained  
instructors.



## Class Information

Create an account  
and register for  
classes at  
[http://bit.ly/spr\\_registration\\_account](http://bit.ly/spr_registration_account)



© jay dotson photography

## Personal Lessons

Quality  
instruction  
tailored to  
fit individual  
needs to achieve  
your personal  
swimming goals.





© Doug Mahugh

## Fitness

**Deep Water, Shallow Water, Masters, and other fitness opportunities available!**



## Recreation

**Public Swim, Family Swim, Lap Pool and more!**



Contact your local pool  
for more information!

### BALLARD POOL

1471 NW 67th St • (206) 684-4094  
[seattle.gov/parks/aquatics/Ballardp.htm](http://seattle.gov/parks/aquatics/Ballardp.htm)

### EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961  
[seattle.gov/parks/aquatics/Evanspool.htm](http://seattle.gov/parks/aquatics/Evanspool.htm)

### HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979  
[seattle.gov/parks/aquatics/madisonpool.htm](http://seattle.gov/parks/aquatics/madisonpool.htm)

### MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989  
[seattle.gov/parks/aquatics/meadowbrookpool.htm](http://seattle.gov/parks/aquatics/meadowbrookpool.htm)

### MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766  
[seattle.gov/parks/aquatics/everspool.htm](http://seattle.gov/parks/aquatics/everspool.htm)

### QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282  
[seattle.gov/parks/aquatics/queenannepool.htm](http://seattle.gov/parks/aquatics/queenannepool.htm)

### RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925  
[seattle.gov/parks/aquatics/rainierbeachpool.htm](http://seattle.gov/parks/aquatics/rainierbeachpool.htm)

### SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440  
[seattle.gov/parks/aquatics/swpool.htm](http://seattle.gov/parks/aquatics/swpool.htm)

Summer Only

### COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494  
[seattle.gov/parks/aquatics/colman.htm](http://seattle.gov/parks/aquatics/colman.htm)

### LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708  
[seattle.gov/parks/aquatics/mounger.htm](http://seattle.gov/parks/aquatics/mounger.htm)

Did You Know?

**We have rental space!**

Great for your next  
get together, birthday party,  
family reunion, school field  
trip, and more! Convenient  
weekend times available.

**Call to book your party today!**

# RENTAL INFO



Seattle  
Parks & Recreation

## RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

## RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

*With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event*

- » Damage Deposit \$500. Work with center coordinator, allow 45 days processing.
- » Staff fee \$30 per hour /per staff (min. 2 staff) +1 additional hour
- » \$75 City of Seattle Alcohol Permit Fee
- » Banquet Permit (www.liq.wa.gov/licensing/banquet-permits) purchased from the Liquor Control Board \$10.
- » Liability insurance required and may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

## REFUNDS

Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at [www.seattle.gov/parks/reservations/feesandcharges/refunds.htm](http://www.seattle.gov/parks/reservations/feesandcharges/refunds.htm).

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information**

## HOURLY ROOM AND GYMNASIUM RENTAL FEES

RENTAL PRICES ARE IN THE PROCESS OF BEING SET BY CITY COUNCIL AND WERE NOT AVAILABLE BEFORE THIS PUBLICATION WAS PRINTED. HERE IS WHERE YOU CAN FIND THE MOST UP TO DATE PRICING INFORMATION  
[http://bit.ly/spr\\_fees\\_and\\_charges](http://bit.ly/spr_fees_and_charges).

COMMUNITY CENTERS/ROOMS AND CAPACITIES					
SITE	SMALL	MED	LARGE	KITCHEN	GYM
LAKE CITY	40		150	small	
LAURELHURST	37	48	72	large	
MAGNUSON PARK	Please call Chelsea Johnson at 206-233-7892				
MEADOWBROOK	(2)10	(7)50	150	large	250
MILLER	(1)15	(2)75	150	large	350
MONTLAKE	30	67	157	large	350
RAVENNA	35/20	50	120	small	
NORTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES					
SITE				SMALL	
COWEN PARK SHELTERHOUSE Reservation number 684-4080				35	
PINEHURST SHELTERHOUSE Reservation number 684-7522				53	





# GENERAL INFO

## REGISTER ONLINE!

**READY** - Please visit our website at [http://bit.ly/spr\\_registration\\_account](http://bit.ly/spr_registration_account) and create an account for our registration system, and verify your information is correct.

**SET** - See what classes and programs are available for registration.

**GO** - Register for programs and get active!

## PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

## FEES AND CHARGES

**ARC**-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

**City**-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

## CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

## REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- » A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.
- » Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.
- » Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

**DROPPING A PROGRAM AFTER THE SECOND SESSION:** If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here:

[www.seattle.gov/parks/reservations/feesandcharges/refunds.htm](http://www.seattle.gov/parks/reservations/feesandcharges/refunds.htm).

## POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

## GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

## CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments if the class minimum is not met by then, we will have to cancel it.

## WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

## SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

## ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

## ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-684-7548 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

## SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: [www.cityofseattle.net/parks/SpecialPops/index.htm](http://www.cityofseattle.net/parks/SpecialPops/index.htm).

## INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

## INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

## MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks), or call our Public Information line, 206-684-4075.





LIFELONG RECREATION



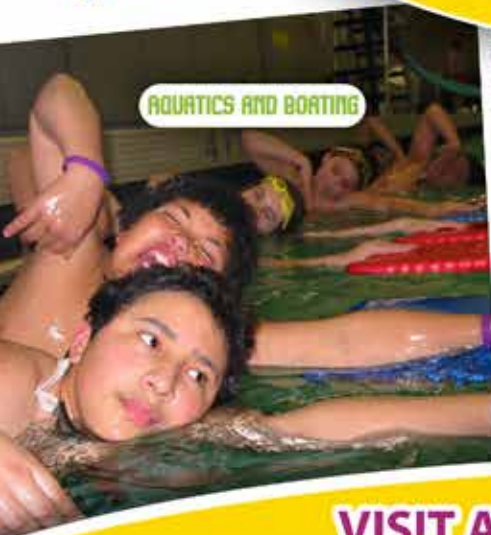
YOUTH AND CHILDCARE



ADULT



# SCHOLARSHIPS AVAILABLE *for all ages*



AQUATICS AND BOATING



ENVIRONMENTAL LEARNING



SPECIALIZED POPULATIONS

**VISIT A COMMUNITY CENTER OR POOL  
FOR MORE INFORMATION OR VISIT US ONLINE AT  
[SEATTLE.GOV/PARKS/SCHOLARSHIPS](http://SEATTLE.GOV/PARKS/SCHOLARSHIPS)**

## Online Program Participant Forms are **HERE!**

*Seattle Parks and Recreation's participant forms for specified programs will now be completed and updated on-line for your child!*

### IT'S AS EASY AS 1, 2, 3!

*After you register your child:*

1. Open email invitation, click on Complete Request
2. Fill out or update information and upload documents
3. Share your information with us

You will receive an email invitation to complete or update your child's information after registering for specific programs. This is a safe and secure system, provided through ePact, that meets all City data security and privacy requirements.

For help, email: [help@epactnetwork.com](mailto:help@epactnetwork.com), or call 1-855-773-7228 (M-F 9 a.m.-5 p.m.)  
Questions for Seattle Parks and Recreation? Contact: [lori.chisholm@seattle.gov](mailto:lori.chisholm@seattle.gov), 206-684-7123