

NORTHEAST COMMUNITY CENTERS



Seattle
Parks & Recreation

healthy people healthy environment strong communities

WINTER 2020

COMMUNITY CENTERS

LAKE CITY • LAURELHURST • MAGNUSON • MEADOWBROOK
MILLER • MONTLAKE • RAVENNA-ECKSTEIN

POOLS

HELENE MADISON
MEADOWBROOK



REGISTER
12/3

register online:
http://bit.ly/spr_registration





REGISTER DECEMBER 3

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.



FIRST CHOICE

Check out Seattle Parks and Recreation's new online registration software at http://bit.ly/spr_registration_account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Find your local recreation center at: seattle.gov/parks/centers.asp and stop by to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! Please note hours of operation, as they vary across recreation centers.



THIRD CHOICE

Call your local recreation center during their hours of operation at the phone number listed at: seattle.gov/parks/centers.asp. All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



FOURTH CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m. Questions may be emailed to: ParksBSC@seattle.gov



FIFTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: seattle.gov/parks/centers.asp.



Seattle Parks & Recreation

INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinator with your programming idea(s) for Northeast Seattle.

Penny Atwood: penny.atwood@seattle.gov

Thomas Hargrave: thomas.hargrave@seattle.gov

Meghan Rosin: meghan.rosin@seattle.gov

Doug Oaksford: doug.oaksford@seattle.gov

Heather Wyatt: heather.wyatt@seattle.gov

Classes are scheduled approximately six months in advance.



SPECIAL EVENTS	6-9
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CITYWIDE ATHLETICS	16-17
PRESCHOOL	18-19
SCHOOL AGE CARE	20-21

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CENTER INFO



Seattle
Parks & Recreation

LAKE CITY CC

12531 28th Ave NE / Seattle, WA 98125
Ph: 206-256-5645

HOURS

M/W/F 4-9 p.m.
Tu/Th 9 a.m.-2 p.m.

LAURELHURST CC

4554 NE 41st St / Seattle, WA 98105
Ph: 206-684-7529 Fax: 206-522-6029

HOURS

M/W 2-7 p.m.
Tu/Th/F 9 a.m.-2 p.m.
Sa/Su (available for rentals) Closed

MAGNUSON CC

7110 62nd Ave NE / Seattle, WA 98115
Ph: 206-684-7026 Fax: 206-684-7141

HOURS

Mon-Wed 2-9 p.m.
Th/F 9 a.m.-9 p.m.
Saturday 9 a.m.-5 p.m.
Sunday Closed

MEADOWBROOK CC

10517 35th Ave NE / Seattle, WA 98125
Ph: 206-684-7522 Fax: 206-684-4921

HOURS

MAINTENANCE CLOSURE 12/21-12/29

Mon-Fri 9 a.m.-9 p.m.
Saturday 9 a.m.-5 p.m.
Sunday (available for rentals) Closed

MEADOWBROOK TEEN LIFE CENTER

10750 30th Ave NE / Seattle, WA 98125
Ph: 206-684-7523

HOURS

Su/M Closed
Tu/Th 3:30-8 p.m.
Wednesday 2-8 p.m.
Friday 3 p.m.-Midnight
Saturday 5 p.m.-Midnight

MILLER CC

330 19th Ave E / Seattle, WA 98112
Ph: 206-684-4753 Fax: 206-684-4397

HOURS

M/W/F Noon-8 p.m.
Tu/Th 10 a.m.-6 p.m.
Sa/Su (available for rentals) Closed

MONTLAKE CC

1618 E Calhoun St / Seattle, WA 98112
Ph: 206-684-4736 Fax: 206-233-7140

HOURS

M/W/F 10 a.m.-9 p.m.
Tu/Th 3-9 p.m.
Saturday 9 a.m.-1 p.m.
Sunday (available for rentals) Closed

RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE / Seattle, WA 98115
Ph: 206-684-7534 Fax: 206-233-3973

HOURS

Mon-Fri 12:30-8:30 p.m.
Saturday 9 a.m.-5 p.m.
Sunday (available for rentals) Closed

HELENE MADISON POOL

13401 Meridian Ave. N/Seattle, WA 98133
PH: 206-684-4979

MEADOWBROOK POOL

10515 35th Ave. NE / Seattle, WA 98125
PH: 206-684-4989

DISCLAIMER NOTE

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

CLOSURES

12/25 Christmas Day
1/1 New Year's Day
1/20 MLK Day
2/17 President's Day
4/7 Community Center Closure

PARKS MANAGEMENT

Jesús Aguirre, Superintendent
Justin Cutler, Recreation Director
Katie Gray, Deputy Rec. Director
Karl Fields, Recreation Manager
Mike Plympton, Aquatics Manager

COORDINATORS

LAKE CITY CC

TBD

LAURELHURST CC

Cara Brown, cara.brown@seattle.gov

MADISON POOL

Barb Marsh, barb.marsh@seattle.gov

MAGNUSON CC

Paul Davenport, paul.davenport@seattle.gov

MEADOWBROOK CC

Kylie Helmuth, kylie.helmuth@seattle.gov

MEADOWBROOK POOL

Janet Wilson, janet.wilson@seattle.gov

MILLER CC

Jacqueline Oaksford,
jacqueline.oaksford@seattle.gov

MONTLAKE CC

Stefan Schmidt, stefan.schmidt@seattle.gov

RAVENNA-ECKSTEIN CC

Cameron Rivera-Flodine,
cameron.rivera-flodine@seattle.gov

ASSISTANT COORDINATORS

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Thomas Hargrave, thomas.hargrave@seattle.gov
Douglas Oaksford, doug.oaksford@seattle.gov
Meghan Rosin, meghan.rosin@seattle.gov
Heather Wyatt, heather.wyatt@seattle.gov

GENERAL INFO



SAVE THE DATE

March 12, 2020

8-9 a.m.

Hyatt at Olive 8

Join us for our second annual community fundraising breakfast to support scholarships for families in need.

For more information, please contact:

Robin Slutsky

206-245-6524 | robin.slutsky@seattle.gov



NOW HIRING!



Associated Recreation Council (ARC) in partnership with Seattle Parks and Recreation offers a variety of employment opportunities! Whether your interest is in child care, youth enrichment, the environment, health and fitness, the arts, sports, or building technology skills, we have something for you! Visit arcseattle.org/Careers for a complete list of open positions.

We are an equal opportunity employer.



- 1) LAKE CITY CC
- 2) LAURELHURST CC
- 3) HELENE MADISON POOL
- 4) MAGNUSON CC
- 5) MEADOWBROOK CC/POOL
- 6) MILLER CC
- 7) MONTLAKE CC
- 8) RAVENNA-ECKSTEIN CC

SPECIAL EVENTS



Seattle
Parks & Recreation



↘ RECURRING EVENTS

CRAFTING GROUP

Ages 16 and Older

FREE!

Bring your own supplies and craft alongside other inspired crafters. Chances are good that if you need help, you can find it for your individual projects, or at least a discussion! All welcome. Sometimes we have snacks. This is not a class, there are no organized projects or themes, just crafting and discussions.

Location: **MEADOWBROOK CC**

1/4	Sa	1:30-4:30 p.m.
2/1	Sa	1:30-4:30 p.m.
3/7	Sa	1:30-4:30 p.m.
4/4	Sa	1:30-4:30 p.m.

STOP THE BLEED

Ages 16 and Older

FREE!

Learn what to do to stop severe bleeding in an emergency. The more people that have this life saving skill, the better, so come one come all. Please register in advance so we have enough materials for students.

Location: **LAKE CITY CC**

#27201	2/5	W	6:30-8:30 p.m.
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Location: **MEADOWBROOK CC - PLEASE PRE-REGISTER BY 2/10**

#27267	2/15	Sa	10 a.m.-Noon
	2/21	Sa	10:30 a.m.-12:30 p.m.

↘ SPECIAL EVENTS

↘ DECEMBER 2019

WREATH MAKING

Ages 6 and Older

Winter is the time to bring the fresh greens inside. Learn to make wreaths, swags, and centerpieces using freshly cut greens and a few extra sparkles. We will provide all the greens, materials, and tools.

Location: **LAKE CITY CC**

#24687	12/6	F	6-7:30 p.m.	\$5
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GINGERBREAD HOUSE MAKING

Join us for an ooey-goey night full of gumdrop rooftops and peppermint paths! This event is sure to get you and your family into the holiday spirit! Decorate your own house with all kinds of candy and take it home to display with your holiday decorations.

Location: **LAURELHURST CC**

#25562	12/6	F	5:30-7:30 p.m.	\$8/house
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Location: **MAGNUSON CC**

	12/20	F	10 a.m.-1 p.m.	\$8/house
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SPECIAL EVENTS

LUMINARIA WALK

FREE!

All Ages

Friends of Meadowbrook Pond and the Meadowbrook Advisory Council are joining together to host our Annual Luminaria Walk. Please come enjoy good company and hot cocoa, while walking around the beautifully lit pathway. We are looking for community members to help make this event happen work parties are listed below!

Location: **MEADOWBROOK POND**

12/7 Sa 5:30-7:30 p.m.

LUMINARIA WALK VOLUNTEER WORK PARTIES

Ages 10 and Older

Volunteers for the Luminaria Walk will be inside filling sandwich bags with sand, counting candles and bags, and generally organizing for the big event.

Location: **MEADOWBROOK CC**

12/5 Th 6:30-8:30 p.m.

Prior to the event, volunteers will be outside, rain or shine, setting up luminaries throughout Meadowbrook Pond. During the event, volunteers will serve hot cocoa. After the event, volunteers will pick up the luminaries and bring other equipment back to Meadowbrook CC.

Location: **MEADOWBROOK CC/ MEADOWBROOK POND**

12/7 Sa 4-8:30 p.m.

PARENTS' NIGHT OUT DROP 'N SHOP!

Ages 3-10

Get those last minute gifts taken care of without the "help" of your little ones. Activities will keep 'em busy, along with snacks and lots of fun! Child must be potty trained, and E-13 required. Please contact the Ravenna-Eckstein Community Center to register multiple children at 206-684-7534.

Instructor: **Teacher Denise**

Location: **RAVENNA-ECKSTEIN CC**

#23225 12/13 F 6-9 p.m. \$35



HOLIDAY GIFT GIVEAWAY

FREE!

All Ages

Join Miller CC in a long-time partnership with The Country Doctor for a gathering of families to share in the holiday experience. Activities include games, cookie decorating, crafts, and more!

Location: **MILLER CC**

12/14 Sa 10 a.m.-2 p.m.

SEATTLE CIVIC CHRISTMAS SHIP

FREE!

All Ages

Enjoy the beautiful nightlight with hot cocoa in hand while awaiting the Seattle Civic Christmas ship to arrive. Ship arrival/departure time 7:50-8:20 p.m.

Location: **MATTHEWS BEACH**

Please visit www.argosycruises.com for listing of dates and time for this event.

12/20 F 7:35-8:20 p.m.

Enjoy a cheery winter's night with live music, cocoa and cookies, and hundreds of luminaries to light your way to the beach (weather permitting). Activities begin at 3 p.m. and ship arrival is set for 3:45 p.m. Festivities and refreshments are sponsored by the Magnuson and Laurelhurst Advisory Councils and Seattle Parks.

Location: **MAGNUSON PARK BEACH**

12/23 M 3 p.m.

SPECIAL EVENTS



Seattle
Parks & Recreation

➤ JANUARY 2020

18TH ANNUAL POLAR BEAR PLUNGE

FREE!

All Ages

Bring in the new year right! Seattle Parks and Recreation and the Meadowbrook Community Center Advisory Council are co-sponsoring the 18th Annual Polar Bear Plunge at noon on Wednesday, January 1, 2019 at Matthews Beach, 9300 51st Ave. NE. Registration begins at 10 a. m., and the plunge starts at noon sharp.

Location: **MATTHEWS BEACH**

1/1 W 11 a.m.-1 p.m. (Plunge at Noon!)

MENTAL HEALTH FIRST AID

FREE!

Ages 18 and Older

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use. This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Location: **LAKE CITY CC**

1/25 Sa 9 a.m.-5 p.m.

HORRIBLE ART SHOW

All Ages

Beauty is in the eye of the beholder. Join us for a fun evening of sharing and comparing artwork. All are welcome and encouraged to display artwork. We will also have some creative stations to bring out your inner artist.

Location: **LAKE CITY CC**

1/25 F 6:30-8:30 p.m.

MARDI GRAS PARTY

Ages 50 and Older

Celebrate Mardi Gras with us at Miller Community Center! This fabulous event will include an authentic New Orleans lunch, music, and lots of fun! Costumes welcome. Please register in advance at 206-615-0619 so we can count on you!

Location: **MILLER CC**

2/20 Th 11:30 a.m.-1:30 p.m. \$8

BABYSITTING CERTIFICATION

TO ENROLL VISIT WWW.CPRSEATTLE.COM

Ages 11-15

This class, taught by a CPR instructor/parent, is a fun, interactive workshop providing 11-15 year olds the essential skills they need to start babysitting. Through role play, video lessons, instructor led discussions, and hands-on skills training potential babysitters get the confidence to responsibly care for the infants and children. An ASHI (American Safety and Health Institute) certification card is issued upon completion of the training. This class includes a CPR review but does not include CPR certification.

Location: **MEADOWBROOK CC**

2/22 Sat 9:15 a.m.-1:45 p.m. \$45

ENROLL AT WWW.CPRSEATTLE.COM

➤ FEBRUARY 2020

10TH ANNUAL HANDS-ON SKILLS FAIR

FREE!

Ages 12 and Older

Join us for the Sustainable NE "Seattle Hands On! Skills Fair" for their 10th annual fair bringing the community together to share and learn skills. This fair is called "Hands On" because you will learn by actually doing skills. Folks from our neighborhoods will teach food preservation and preparation, basic plumbing and electrical, gardening, simple bike maintenance, cultivating mushrooms, and much more. If you are interested in teaching, volunteering, or being involved contact susnesteering@gmail.com, Subject: Hands On. Lunch is included.

Location: **MEADOWBROOK CC**

#27967 2/8 Sa 9 a.m.-5 p.m.

➤ APRIL 2020

YOUTH JOB FAIR FOR LGBTQ AND ALLIES

FREE!

Ages 13-25

Youth of all ages are welcome to attend and there will be many employment opportunities for high school-aged youth (13-19) and young adults (19-25). Attendees should come prepared to spend some time visiting the various booths, which will have representatives from private employers as well as City of Seattle youth-employment and stipend programs.

Location: **MILLER CC**

4/4 Sa 1-3 p.m.

EGG HUNT EGGSTRAVAGANZA

FREE!

Ages 5 and Under

Join your neighbors for the quickest special event of the year; the Spring Egg Hunt EGGstravaganza! This event runs rain or shine. Make sure to bring a basket or bag to put all your goodies in! We will also be collecting toiletries and new/gently used clothing items for our Shower Program.

Location: MILLER CC

4/9 Th 10 a.m. (ends when eggs are gone)

COMMUNITY EVENTS

MEADOWBROOK COMMUNITY GARDEN

Are you interested in making new friends? Would you like to get involved in your neighborhood through food, fun, and sustainable/organic gardening? Do you like to eat fresh veggies? Want to get exercise, be outdoors, and feel healthier? There are many ways to encourage your community through the Community Gardens. Follow Meadowbrook Community Gardens on Facebook: <http://bit.ly/meadowbrookgarden> or call Meadowbrook CC 206-684-7522.

RAVENNA COMMUNITY GARDEN

**THE GARDEN IS A PLACE WHERE NEIGHBORS
WORK TOGETHER AND SHARE THE HARVEST!**

The mission of the Ravenna Community Garden is to build a strong, inter-generational community while increasing local food security, and improving the health of our planet through sustainable garden practices.

Through gardening together, we get to know our neighbors, learn from each other about producing and preserving food that is grown organically and sustainably, and beautify our neighborhood. We enhance our own health through eating locally-grown, fresh, flavorful, and nutritious fruits and veggies, exercise, time spent outdoors, and above all, having fun together.

2020 GARDEN WORK PARTIES

Second Sundays each month Noon-2 p.m. in the early season starting on Feb 9, and continuing Mar 15, April 12, May 10, and June 14. We're hoping for more turnout for doing big projects, so please come and join us.

For information on our Work Party schedule please visit our web page:
RavennaCommunityGarden.wordpress.com

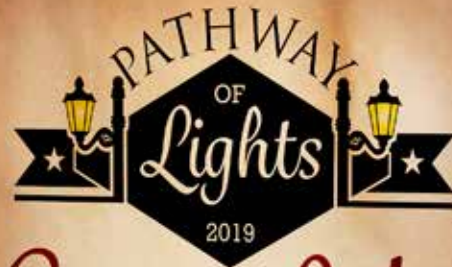


Seattle
Parks & Recreation



SEATTLE PARKS AND RECREATION

PRESENTS



Green Lake
Saturday, December 14

FREE 4:30-7:30 p.m.

Experience the warm glow of luminaries,
refreshments, and sounds of the season
performed by local schools and artists.
Bring your own lights to add to the ambiance!

BRING A NON-PERISHABLE FOOD DONATION TO
BENEFIT FAMILYWORKS!
FamilyWorks

If you are interested in
volunteering, please call
Green Lake Community Center at
206-684-0780.

<http://bit.ly/pathwayoflights2019>

This event is hosted by the Green Lake Advisory Council.

DROP-IN PROGRAMS



Seattle
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we will be requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 12/25, 1/1, 1/20, 2/17, and 4/7.**

TODDLER GYM PLAY TIME

FREE!

Ages Walkers-5 Years

Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Adult supervision required at all times.) Times are subject to change.

Location: LAKE CITY CC

Tu/Th 9:30 a.m.-12:30 p.m.

Location: MAGNUSON CC

Friday 9:30 a.m.-1:30 p.m.

Location: MEADOWBROOK CC

Also closed 2/18-2/21, 4/13-4/17, and 5/25.

M/W/F 11 a.m.-2 p.m.

Location: MILLER CC

Tu/Th 10 a.m.-12:30 p.m.

Location: MONTLAKE COMMUNITY CENTER

M/W/F 10 a.m.-2 p.m.

Location: RAVENNA-ECKSTEIN CC

Tu/Th 10 a.m.-2 p.m.

↘ TOT DROP-IN

TODDLER PLAY ROOM

FREE!

Ages 5 and Younger

We offer a designated play room just for toddlers and infants. Enjoy the books and toys while you explore with your child.

Location: MILLER CC

M/W/F Noon-8 p.m.

Tuesday 11 a.m.-6 p.m.

Thursday 10 a.m.-6 p.m.



PLAY SPACE

FREE!

Ages 1-5

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters, and much more. Adult supervision required. Times are subject to change.

Location: LAURELHURST CC

#26605	1/6-3/30	M	2:30-4:30 p.m.
		W	9:30 a.m.-12:30 p.m.
		F	10:30 a.m.-12:30 p.m.

Location: RAVENNA-ECKSTEIN CC

Mon-Thu 2:45-8:15 p.m.

Friday 9 a.m.-8:15 p.m.

Saturday 9:15 a.m.-5:00 p.m.

DROP-IN PROGRAMS

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↘ GAMES

BRIDGE

All Ages

Join us for a small group gathering to play bridge, drink tea, and make new friends. Hot water provided for your tea or coffee.

Location: **MONTLAKE CC**

Friday 1-4 p.m.

FREE!

MAHJONG

Ages 18 and Older

Rules of play are based on newly published guidelines from The National Mahjong League. Please call for more information.

Location: **LAKE CITY CC**

ALL LEVEL PLAYERS

Thursday 9:30 a.m.-1 p.m. (American)

FREE!

Location: **LAURELHURST CC**

BEGINNER PLAYERS

3/4-3/25 Tu/F 11 a.m.-2 p.m.

INTERMEDIATE LEVEL PLAYERS

4/1-4/22 Tu/F 11 a.m.-2 p.m.

ANCIENT GAMERS

Ages 13 and Older (Under 13 with an adult)

Calling all table top gamers. Every other week you are invited to explore new and old table top games such as cards, dice, battle recreation, and board games. Novice and casual players are always welcome, and extra troops and equipment are available, as well as experienced players willing to teach the games.

Location: **LAKE CITY CC**

1st/3rd Wed/month 5:30-8:30 p.m.

FREE!



↘ FITNESS CENTER

FITNESS CENTER

Ages 18 and Older

Seattle weather can be a challenge to your fitness program so come inside and work out in our fitness room. Equipment includes elliptical machines, treadmills, stationary bicycles, rower, and various training apparatus.

Location: **MEADOWBROOK CC**

Monday 9 a.m.-6:30 p.m.

Tue-Fri 9 a.m.-9 p.m.

Saturday 9 a.m.-5 p.m.

FREE!

DROP-IN PROGRAMS



Seattle
Parks & Recreation

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ATHLETICS

PING PONG **FREE!**

Ages 16 and Older

Learn to play or enhance your skills Ping Pong is open to all levels. Two to three tables will be set up each night. Paddles and balls are provided. Children under 16 should be accompanied by an adult.

Location: **LAKE CITY CC**

#27189 1/3-3/27 W/F 4:30-8:30 p.m.

RACQUETBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this high-speed, fast paced sport that will work up a sweat! Equipment can be checked out at no extra charge (protective eyewear required). Reserve a court up to a week in advance or take your chances and drop-in. Courts can also be used for informal squash matches. Call 206-684-7026 for more information or to make a reservation.

Location: **MAGNUSON CC**

Mon-Wed	2-9 p.m.	\$8/hour
Thu/Fri	9 a.m.-9 p.m.	\$8/hour
Saturday	9 a.m.-5 p.m.	\$8/hour

WALLYBALL

Ages 12 and Older

Ages 12 and under, must be accompanied by adult.

Try this exciting "off the wall" variation of volleyball! Reserve the court up to a week in advance. Please reserve ahead of time so staff can have the net set up upon your arrival.

Location: **MAGNUSON CC**

Mon-Wed	2-9 p.m.	\$12/hour
Thu/Fri	9 a.m.-9 p.m.	\$12/hour
Saturday	9 a.m.-5 p.m.	\$12/hour



DROP-IN PROGRAMS

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TEEN LATE NIGHT

TEEN LATE NIGHT

FREE!

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

Contact your local neighborhood specialist for more information.

Fri and Sat Nights

7 p.m.-Midnight

NORTH:

Bitter Lake Community Center, 206-684-7524

Meadowbrook Teen Life Center, 206-551-7316

SOUTHEAST:

Garfield Teen Life Center, 206-684-4788

Rainier Community Center, 206-386-1919

Rainier Beach Community Center, 206-386-1925

Van Asselt Community Center (Fri only), 206-386-1922

SOUTHWEST:

High Point Community Center, 206-684-7422

Southwest Teen Life Center, 206-684-7438

South Park Community Center (Fri only), 206-684-7451.



CITYWIDE YOUNG ADULT PROGRAM
presents

GREAT NIGHT

AGES 19+ / SATURDAY / 7 PM-12 AM
LEARN LIFE SKILLS THROUGH RECREATION
JEFFERSON COMMUNITY CENTER

THIS PROGRAM PROVIDES:
WORKSHOPS | TRAININGS
CERTIFICATIONS | SPORTS | FREE FOOD

Seattle Parks & Recreation **POWER OF PLACE™**
Parks Youth Violence Prevention Team

JOB TRAINING OPPORTUNITIES VARY AND REQUIRE ADVANCED ENROLLMENT,
PLEASE ASK FOR THE SCHEDULE AT THE FRONT DESK.

FOR MORE INFO PLEASE CONTACT:
Kevin Roberson
206-310-5185 or
kevin.roberson@seattle.gov

DROP-IN PROGRAMS



Seattle
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we will be requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 12/25, 1/1, 1/20, 2/17, and 4/7.**

	LAKE CITY	LAURELHURST	MAGNUSON	MEADOWBROOK
ADULT BADMINTON	<p><i>Gym times are limited during youth basketball season. Please contact your local community center for availability.</i></p>			
YOUTH BASKETBALL				
ADULT BASKETBALL AGES 18 AND UP (UNLESS NOTED)				
GAMES	<p>MAHJONG Th 9:30 a.m.-12:30 p.m.</p>	<p>MAHJONG Tu 11 a.m.-2 p.m.</p>		
PICKLEBALL			<p>Th 9:15 a.m.-Noon</p>	<p>RECREATION Tu 10 a.m.-2 p.m.</p> <p>COMPETITIVE Th 10 a.m.-2 p.m.</p>
PING PONG	<p>F 4:30-8:30 p.m.</p>			
VOLLEYBALL			<p>W 6-8:30 p.m.</p>	<p>W 7-9 p.m. (First 30 through the door)</p>

*Subject to change during Public School Breaks Closed during Public School Breaks 12/23-12/27, 1/29, 2/18-2/21, 4/13-4/17, and 5/25.

DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but as of February 1, 2020 we will be requiring participants to use a **Free Membership Card**. This allows us to track attendance and program usage. Please ask for a Membership Card at the front desk of your local community center. **No program 12/25, 1/1, 1/20, 2/17, and 4/7.**

	MILLER	MONTLAKE	RAV-ECK
ADULT BADMINTON			<p>W 8-10 p.m.</p> <p><i>Starting 12/4-3/25 Register in advance cost is \$45 for the quarter.</i></p>
YOUTH BASKETBALL	<p>YOUTH W 2:30-4 p.m. ALL AGES F 3:45-5:45 p.m.</p>	<p>Tu/Th 3-4 p.m. F 2:30-4 p.m.</p>	
ADULT BASKETBALL AGES 18 AND UP (UNLESS NOTED)		<p>Tu 7:30-9 p.m.</p>	
GAMES		<p>BRIDGE F 1-4 p.m.</p>	
PICKLEBALL	<p>M Noon-3 p.m. F 1-3 p.m.</p> <p>Outdoor courts available during park hours</p>		<p>RECREATION – ALL LEVELS M/W 9 a.m.-Noon</p> <p>COMPETITIVE F 9 a.m.-Noon</p> <p><i>Starting 1/6-3/27 Register in advance cost is \$33 per day for the quarter. Limited to 30 players per day.</i></p>
VOLLEYBALL	<p>M 6-8 p.m.</p>	<p>Th 7:30-9 p.m.</p>	

*Subject to change during Public School Breaks Closed during Public School Breaks 12/23-12/27, 1/29, 2/18-2/21, 4/13-4/17, and 5/25.



Seattle
Parks & Recreation

YOUTH BASKETBALL LEAGUE (GIRLS AND BOYS)

Boys Age Groups: 10, 11, 12, 13, 14-15, and 16-17*

Girls Age Groups: 10, 11, 12, 13, and 14-17*

Minimum: 7 players per team

Seattle Parks and Recreation's Youth Basketball League provides young athletes the opportunity to learn and solidify the fundamentals of basketball while participating in weekly-organized practices and games. League games begin the first week of January and run through the month of March with the opportunity for post-season play at the end of the regular season. Practices occur at the home community center and games (on Saturdays and Sundays) occur at various community centers throughout the city.

**Age as of August 31, 2019*

Registration begins October 1, 2019 (Noon)

Practices begin December 2, 2019

League Games begin January 4-5, 2020

Fee: \$90

WWW.SEATTLE.GOV/PARKS/ATHLETICS

Please consider volunteering as a coach or helping with recruitment of coaches.

Our low cost leagues can't operate without the dedication of our awesome coaches!

WINTER YOUTH SPORTS

**REGISTER NOW THROUGH JANUARY 16 AT
YOUR LOCAL COMMUNITY CENTER**

WINTER CUB BASKETBALL

Ages 8-9 (Age as of August 31, 2019)

Cub league basketball is organized for boys and girls ages 8-9 and includes practice times and games. Contact your local community center for details and to register your child. Volunteer opportunities are available for coaches.

Fee: \$90 with jersey



SPRING YOUTH SPORTS

TRACK AND FIELD (GIRLS AND BOYS)

Age Groups: 5-17 (Age is determined by birth year)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April. Teams will be forming at Community Centers throughout Seattle.

Fee: \$55, scholarships are available

Minimum: Approximately 10 kids

YOUTH SPORTS GENERAL INFORMATION

I WANT TO PLAY... HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!**
(Paperwork is at community centers).
3. **Start practices and get ready for fun** honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can't operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a background check form at the center and then a volunteer registration form online.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!



ADULT SPORTS AND ACTIVITIES

SEATTLE PARKS AND RECREATION IS OFFERING AFFORDABLE AND FUN ADULT SPORTS AND ACTIVITIES!

ENJOY BOWLING, ROLLER DERBY, WOMEN'S VOLLEYBALL, COED DODGEBALL, MEN'S BASKETBALL, AND GET OUT AND GO GROUPS FOR FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS, AND GET MOVING TOGETHER!

GET MORE DETAILS AT
WWW.SEATTLE.GOV/PARKS/ATHLETICS
OR CALL 206-684-7092



WINTER 2020

PRESCHOOL PROGRAM

Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

DETAILS OF OUR PROGRAM:

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- » Affordable rates (scholarships available!)

Preschool programs are based on *the Creative Curriculum for Preschool* from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

REGISTER NOW AT YOUR LOCAL COMMUNITY CENTER!

IMPORTANT DATES*

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

Thanksgiving Closure	11/28-11/29/2019
Winter Break Closure	12/23/2019-1/3/2020
Christmas Day Closure	12/25/2019
New Year's Day Closure	1/1/2020
MLK Day Closure	1/20/2020
President's Day Closure	2/17/2020
Mid-Winter Break Closure	2/17-2/21/2020

*Check with your local community center preschool for any additional closures.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

AGES	DAYS	TIME	PRICE/MONTH
MAGNUSON COMMUNITY CENTER			
3-5	Tu/Th	9 a.m.-12:30 p.m.	\$310
3-5	M/W/F	9 a.m.-12:30 p.m.	\$454
3-5	M-F	9 a.m.-12:30 p.m.	\$694
MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*			
3-5	M-F	8:30 a.m.-2:30 p.m.	*

*Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation.** Please visit bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.

PRESCHOOL



2020 SUMMER DAY CAMP REGISTRATION

Register your child for Summer Day Camp beginning April 7, 2020. For additional information, please see the separate Summer Day Camp Brochure which will be available in 2020.

2020 FALL PRESCHOOL REGISTRATION

Fall 2020 Preschool registration begins February 4, 2020! We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included. A non-refundable \$25 deposit is required during registration, and the balance of fees is due August 1, 2020.

The 2020-2021 fee structure is listed below. Site details will be provided closer to the registration date.

AGES	DAYS	TIME	PRICE/MONTH
MAGNUSON COMMUNITY CENTER			
3-5	Tu/Th	9 a.m.-12:30 p.m.	\$328
3-5	M/W/F	9 a.m.-12:30 p.m.	\$479
3-5	M-F	9 a.m.-12:30 p.m.	\$729
MEADOWBROOK COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)*			
3-5	M-F	8:30 a.m.-2:30 p.m.	*

ASSOCIATED RECREATION COUNCIL



For 44 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of “building community through citizen engagement and participation in recreation and lifelong learning programs.” ARC is a 501c3 nonprofit organization. **For more information, go to www.arcseattle.org.**

YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.



WINTER 2020

Ages 5-12

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center! A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

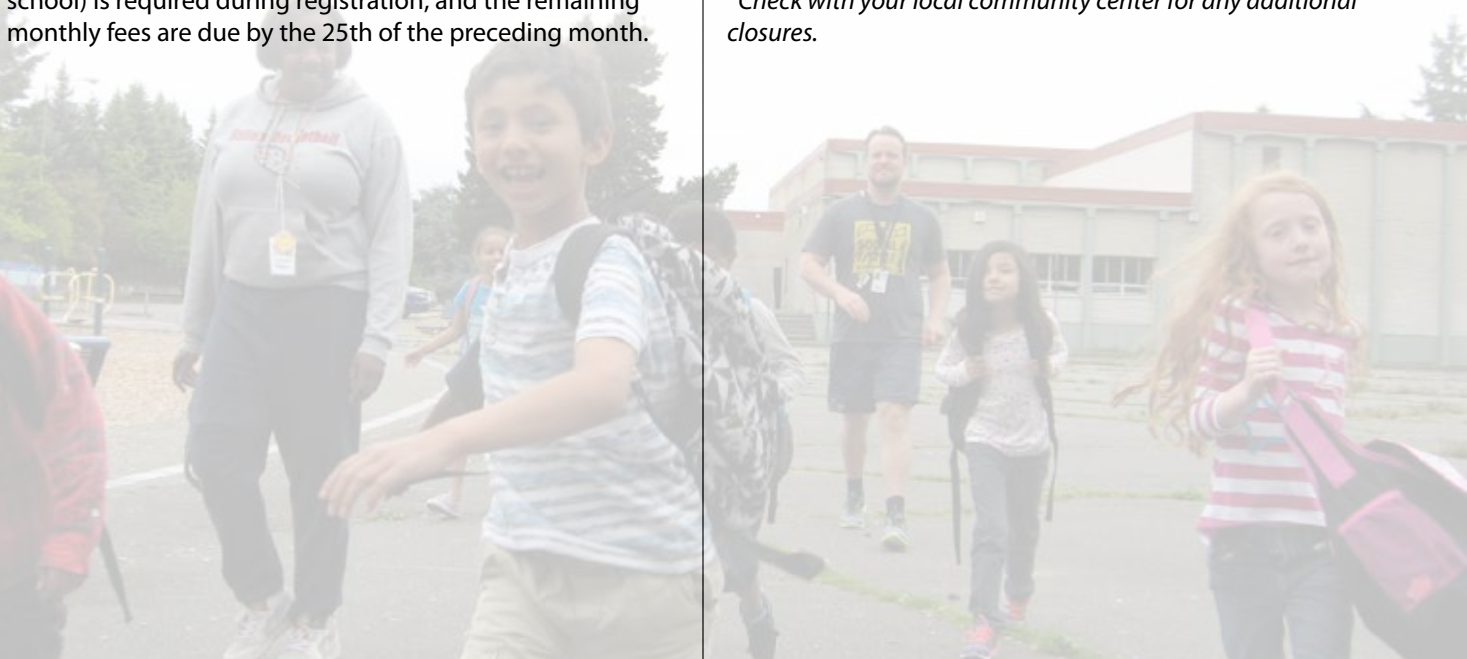
PROGRAM	TIME	5 DAYS	4 DAYS	3 DAYS
MEADOWBROOK COMMUNITY CENTER				
After School (Option 1)	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
After School (Option 2)	4-6 p.m.	\$311.50	\$280.50	\$264.50
MEADOWBROOK @ JOHN ROGERS				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
MONTLAKE @ MCGILVRA				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
RAVENNA-ECKSTEIN @ THORNTON CREEK				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50
RAVENNA-ECKSTEIN @ WEDGWOOD				
After School	2:30-6 p.m.	\$547.50	\$492.50	\$465.50

Details could be subject to change. Please contact your local community center if you have any other questions.

IMPORTANT DATES*

Thanksgiving Closure	11/28-11/29/2019
Winter Break Closure	12/23/2019-1/3/2020
Christmas Day Closure	12/25/2019
New Year's Day Closure	1/1/2020
MLK Day Closure	1/20/2020
President's Day Closure	2/17/2020
Mid-Winter Break Closure	2/17-2/21/2020

**Check with your local community center for any additional closures.*



↘ CAMP INFORMATION

EARLY DISMISSALS

Please contact your local community center for details about early dismissals.

ONE DAY CAMPS: (7 a.m.-6 p.m.)

NOVEMBER PARENT/TEACHER CONFERENCES

11/25/2019 (MON) – 11/27/2019 (WED)

Most Seattle public schools schedule the November Parent Conferences for three full days before Thanksgiving. Three one-day camps will be offered.

\$47/day for all participants

DAY BETWEEN SEMESTERS | 1/29/2020

\$47/day*

**NO ADDITIONAL FEE for current Before and/or After-School participants when enrolled in the month and day the camp occurs.*

BREAK CAMPS: (7 a.m.-6 p.m.)

WINTER BREAK CAMP | 12/23/2019-1/3/2020*

*Programs are closed on 12/25/2019 (Christmas) and 1/1/2020 (New Year)

\$188 (weeks 1 and 2 are 4 days) or \$47/day at select sites

MID-WINTER BREAK CAMP | 2/17-2/21/2020*

*Programs are closed on 2/17/2020 (President's Day)

\$188 (weeks 1 and 2 are 4 days) or \$47/day at select sites

Note: Not all sites offer the day camps and break camps mentioned above. Please check with your community center for details.

↘ 2020 SUMMER DAY CAMPS

REGISTER YOUR CHILD FOR SUMMER DAY CAMP BEGINNING APRIL 7.

Cost: \$240/week per child. For additional information, please see the separate Summer Day Camp brochure which will be available in 2020.

↘ GENERAL INFORMATION

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (http://bit.ly/sps_student_transportation) or call 206-252-0900 for more information.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

EQUAL OPPORTUNITY PROVIDER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1 Independence Avenue, SW, Washington, D.C. 20250-9410
- (2) fax: 202-690-7442
- (3) email: program.intake@usda.gov.



↘ TOTS

EMERALD CITY FLOORBALL

Ages 3-5

Experience the newest, fastest, most fun, all-inclusive, and safest version of off-ice Floor Hockey through the sport of Floorball! Come learn the fundamentals and enjoy this great game taught by an off-ice hockey expert.

Ages 3-5

#27208	1/10-2/14	F	4:30-5:30 p.m.	\$146
#27209	2/21-3/27	F	4:30-5:30 p.m.	\$146

Ages 6-8

#27210	1/10-2/14	F	5:45-6:45 p.m.	\$126
#27212	2/21-3/27	F	5:45-6:45 p.m.	\$126

Ages 9-11

#27211	1/10-2/14	F	7-8 p.m.	\$126
#27213	2/21-3/27	F	7-8 p.m.	\$126

HAPKIDO - TIGERS

Ages 3½-5

Hapkido teaches practical self-defense, strength and balance, and personal growth. Using a range of physical attacks and a variety of weapons, Hapkido can be adapted and used by everyone. A strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), also provides tools to benefit the practitioner in all aspects of their lives.

#27197	1/6-2/12	M/W	4-4:30 p.m.	\$138
#27206	2/19-3/25	M/W	4-4:30 p.m.	\$138

↘ YOUTH

HAPKIDO

Ages 6-12

Hapkido teaches practical self-defense, strength and balance, and personal growth. Using a range of physical attacks and a variety of weapons, Hapkido can be adapted and used by everyone. A strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), also provides tools to benefit the practitioner in all aspects of their lives.

#27193	1/6-2/12	M/W	4:30-5:15 p.m.	\$126
#27195	1/6-2/14	M/W/F	5:15-6 p.m.	\$196
#27196	1/6-3/27	M/W/F	5:15-6 p.m.	\$357
#27194	1/6-3/25	M/W	4:30-5:15 p.m.	\$231
#27204	2/19-3/25	M/W	4:30-5:15 p.m.	\$126
#27205	2/19-3/27	M/W/F	5:15-6 p.m.	\$196

↘ TEENS

LAKE CITY YOUNG LEADERS

FREE!

Ages 13-18

Young Leaders is a community-based activism group for teens. Youth participate in clean-up projects, help at the local food bank, and participate in committee meetings to plan the future of their neighborhood. Call or drop-in for more information.

#27198	1/6-3/25	M/W	4:30-7 p.m.
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ADULTS

MENTAL HEALTH FIRST AID

FREE!

Ages 18 and Older

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use. This 8-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

#27199 1/25 Sa 9 a.m.-5 p.m.

HAPKIDO

Ages 18 and Older

Hapkido teaches practical self-defense, strength and balance, and personal growth. Using a range of physical attacks and a variety of weapons, Hapkido can be adapted and used by everyone. A strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), also provides tools to benefit the practitioner in all aspects of their lives.

#27192	1/6-2/14	M/W/F	7-8 p.m.	\$196
#27203	2/19-3/27	M/W/F	7-8 p.m.	\$196
#27191	1/6-3/30	M/W/F	7-8:30 p.m.	\$368

CARDIO DANCE PARTY

Ages 18 and Older

Dance to original dance fitness choreography featuring pop/hip-hop/dancehall and Top 40 music. You will dance bigger, jump higher, and just generally work harder than you thought you could. This hour-long class will help you burn between 400-1,000 calories and leave you feeling sassy, confident, and empowered!

#27187	1/8-2/12	W	7-8 p.m.	\$72
#27202	2/19-3/25	W	7-8 p.m.	\$72



AS PART OF OUR COMMITMENT TO WATER SAFETY, Seattle Parks and Recreation – in partnership with Seattle Children's

Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

HOW TO DONATE: To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to <https://arcseattle.org/Aquatics-Donation-Page>. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP? For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).

<https://arcseattle.org/Aquatics-Donation-Page>



Scan to make a gift!



↘ TOTS

MUSIC FOR TOTS - PARENT-CHILD MUSIC PROGRAM

Ages 6 months - 5 years

Let your little ones learn music and release their inner diva at the same time! Children will learn musical skills while playing and interacting with each other and their parents. Grown-ups wear comfortable clothing. Siblings up to 6 months can attend free. Seasonal CD and songbook included.

#26598	1/8-3/25	W	9:30-10:30 a.m.	\$171
#26599	1/8-3/25	W	10:30-11:30 a.m.	\$171

PIANO LESSONS

Ages 5-16

Private piano lessons are 30-minutes long and are taught in a relaxed atmosphere tailored to each child's individual level.

#26602	1/8-4/1	W	2:30-7 p.m.	\$27
#26601	1/2-3/26	Th	2:30-7 p.m.	\$27



**PLEASE REGISTER
EARLY TO AVOID
DISAPPOINTMENT.**

**SOMETIMES COURSES ARE
CANCELED BECAUSE PEOPLE
WAIT TOO LONG TO REGISTER!**

➤ YOUTH

YOUTH POTTERY

Ages 7-18

Youth will create a wide variety of clay projects using hand-building wheel throwing techniques. Colorful glazes will complete each masterpiece! Whether you're experienced or a beginner, bring your imagination and get ready to have fun being creative with clay!

Ages 7-11

#26613	2/20-3/26	Th	4:30-6 p.m.	\$210
#26615	1/9-2/13	Th	4:30-6 p.m.	\$210

Ages 12-18

#26614	1/9-2/13	Th	6-7:30 p.m.	\$210
#26616	2/20-3/26	Th	6-7:30 p.m.	\$210

EMERALD CITY FLOORBALL

Ages 3-11

Experience the newest, fastest, most fun, all-inclusive, and safest version of off-ice Floor Hockey through the sport of Floorball! Come learn the fundamentals and enjoy this great game taught by an off-ice hockey expert.

Ages 3-5

#26589	1/9-2/20	Th	4:30-5:30 p.m.	\$126
#26592	2/27-4/9	Th	4:30-5:30 p.m.	\$126

Ages 6-8

#26590	1/9-2/20	Th	5:45-6:45 p.m.	\$126
#26593	2/27-4/9	Th	5:45-6:45 p.m.	\$126

Ages 9-11

#26591	1/9-2/20	Th	7-8 p.m.	\$126
#26594	2/27-4/9	Th	7-8 p.m.	\$126

SKILLS AND DRILLS

Age 5

This instructional program will introduce young players to basketball, in a welcoming atmosphere where playing, learning and having fun are most important. Coaches will teach the fundamentals of basketball, as we develop teamwork, social connections, and listening skills. Cones, scrimmage vests, and practice basketballs will be provided to coaches. Each participant receives a team t-shirt. Participants must be 5 years old prior to 9/1/19, or enrolled in Kindergarten. Parents must stay in the gym during this program. To volunteer to coach or for more info please contact the Community Center at 206-684-7529.

#26606	1/18-3/14	Sa	9-9:45 a.m.	\$90
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CIRCUS MAGIC FUN WITH DAFFY DAVE

Ages 6½-11

Get excited to learn beginning magic and juggling tricks as well as how to perform them with humorous, dramatic flair! You'll wow your audience using magic on everyday objects and a few specialized props. Magic tricks and juggling scarves for the kids to take home will be provided.

#26830	2/5-3/4	W	5-5:45 p.m.	\$105
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PEE WEE BASKETBALL LEAGUE

Ages 6-7

This league is a great way to introduce your young player to basketball in a non-competitive atmosphere focused on playing, learning, and having fun. Participants are divided into teams and led by volunteer coaches who will teach the fundamentals of basketball, as well as teamwork, social connection, and listening skills.

#26600	1/18-3/14	Sa	10 a.m.-1 p.m.	\$90
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ADULTS

ADULT EVENING POTTERY

Ages 18 and Older

Learn both hand-building and wheel throwing techniques through several clay projects. Practice your skills making clay objects while learning how to make tiles, cups, bowls, and more in a fun and informative setting. Class fees include one bag of clay and Open Studio. Open studio is on Mondays from 4-5:30 p.m.

#26580 1/27-3/30 M 5:30-8 p.m. \$270

HAND BUILDING

Ages 18 and Older

Receive individual guidance for all levels of experience with special attention to newcomers in this class focused on key hand building techniques. You'll also learn about surface decoration, glazing, and firing. Experienced potters may pursue independent projects. Class fees include one bag of clay and Open Studio time. Open studio is on Mondays from 4-5:30 p.m.

#26596 1/17-3/20 F 9:15-11:45 a.m. \$300

WHEEL THROWING

Ages 18 and Older

This class is for all levels and will provide an overview of basic thrown forms including cylinders, bowls and plates. Students will be given the opportunity to focus on independent projects with guidance from the instructor. Class fees include one bag of clay and Open Studio. Open studio is on Mondays from 4-5:30 p.m.

#26610 1/16-3/19 Th 9:15-11:45 a.m. \$300

CORE AND MORE: BREATHING INTO EASE YOGA

Ages 18 and Older

Using props we make the classic yoga poses accessible to all. Each week will focus on a different area of the body that can carry stress. We will also explore how to use MBSR breath work to release areas and change postural habits off the yoga mat.

#26585 1/9-2/13 Th 10:45 a.m.-Noon \$144

#26586 2/20-3/26 Th 10:45 a.m.-Noon \$144

CORE AND MORE: DRILLING DOWN PILATES/YOGA

Ages 18 and Older

This interdisciplinary class is a Pilates informed Hatha Yoga for those seeking balance and stability in their back, and abdominal core. This course features light weights and isometrics and is also easy on the joints.

#26587 1/9-2/13 Th 9:30-10:45 a.m. \$144

#26588 2/20-3/26 Th 9:30-10:45 a.m. \$144

PILATES

Ages 16 and Older

This Pilates class is great for increasing flexibility and mobility in the spine while improving balance, posture, and strength. Beginners are welcome, while those at the intermediate level will be challenged. Bring a towel for a cushion, and a mat if you have one (some are available if needed).

#26603 1/6-2/10 M 5-6 p.m. \$65

#26604 2/24-3/30 M 5-6 p.m. \$78





↘ TOTS

PRESCHOOL MUSIC

Ages 6 months-2 years

In this child and care giver class we will sing and play along with an instructor. Learn to play different kinds of instruments. Songs will include rhythm, rhymes, and movement! Drop in available \$12.

#27976 1/10-3/27 F 9:15-9:45 a.m. \$75

LITTLE DRIBBLERS

Ages 4-7

Not drool or sippy cups. Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. No class 1/20 and 2/17.

#26995	1/6-3/2	M	5-6 p.m.	\$70
#34299	2/7-2/28	M	5-6 p.m.	\$40
#34300	3/6-3/27	M	5-6 p.m.	\$40

↘ YOUTH

AIKIDO FOR KIDS

Ages 6-11

Discipline and focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learn skills to stay calm through daily life.

#27970 1/6-4/29 M/W 5:30-6:30 p.m. \$150

SCHUT BASKETBALL INSTITUTE

Ages 11-16

Developing and strengthening mental and physical basketball toughness within a skill-centric, team-based environment is our primary objective. We'll teach advanced fundamentals of basketball through our distinct style of basketball play. Coach Schut has as a lengthy history of working within NCAA Intercollegiate Athletics and directing programs which have fought for the rights and welfare of current and former intercollegiate athletes.

#27214 1/7-3/31 Tu/Th 6-7 p.m. \$220

PARKOUR: RUN, JUMP, CLIMB!

Ages 9-13

Parkour is a sport focused on improving your natural movement capabilities--running, jumping, climbing, swinging, and balancing. Classes are instruction-focused, with plenty of games, obstacles courses, and free-play thrown in! Open to all levels! Classes are a mix of indoor and outdoor activities; class happens rain or shine.

#27221 1/8-2/12 W 4-5 p.m. \$146

#27222 2/19-3/25 W 4-5 p.m. \$146

↘ TEENS

DINNER @ THE BRIG

Ages 11-18

Enjoy a tasty meal with friends.

#28529 1/6-4/27 M 5-6:30 p.m.

FREE!



↘ MULTIGENERATIONAL

PIANO LESSONS

Ages 5 and Older

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

#27220 1/8-3/25 W 3-7 p.m. \$25

AIKIDO FOR TEENS/ADULTS

Ages 12 and Older

Discipline and focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learn skills to stay calm through daily life.

#27971 1/6-4/29 M/W 5:30-7 p.m. \$200

↘ ADULTS

CIRCUIT TRAINING

Ages 16 and Older

Circuit training will improve your cardiovascular and muscular endurance. If you are looking to get back into shape, this is the class for you! This is also a great way to create lasting and supportive friendships with neighbors who are also interested in improving and maintaining their health.

Ages 16 and Older

#27972 1/9-3/26 Th 6-7 p.m. \$60

#27217 2/20-3/26 Th 6-7 p.m. \$60

Ages 55 and Older

#27218 1/11-2/15 Sa 9:30-10:30 a.m. \$60

#27219 2/22-3/28 Sa 9:30-10:30 a.m. \$60

➤ NATURE

MAGNUSON EXPLORER PACKS

Designed for families and small groups, these backpacks are stuffed with everything you need for a fun-filled, self-guided park adventure. Included are park maps, wildlife identification guides and charts, binoculars, and games, plus an activity book to take home. Choose from two different themes: Wetland Discoveries or Birds of Magnuson. Explorer packs are available for rental at Magnuson Community Center front desk.

Mon-Wed 2-9 p.m.
Thursday 9 a.m.- 9 p.m.
Friday 9 a.m.- 9 p.m.
Saturday 9 a.m. -5 p.m.



VOLUNTEER IN OUR GARDENS!

DEMONSTRATION GARDENS

Magnuson Community Center is surrounded by two fabulous demonstration gardens. The bird-friendly landscape demonstrates how plants and other features attract birds and beneficial insects. The resource conservation landscape demonstrates how to use rock, healthy soil, and native plants to stabilize slopes. Stop by for free brochures on how to incorporate these garden features into your own yard!

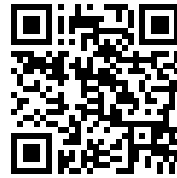
CHILDREN'S GARDEN

Magnuson Children's Garden is tucked behind the Brig building. Its fantastic features include a rolling hill, lookout, salmon survival path, and a giant grey whale garden! The Children's Garden is free to the public during Magnuson Park open hours and it is also the headquarters for Magnuson Community Center Nature Programs' camps, classes, and special events!



**EXPLORE THE WILD SIDE
OF SEATTLE THROUGH
YOUR ENVIRONMENTAL
LEARNING CENTERS!**

Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.



DISCOVERY PARK

206-386-4236
3801 Discovery Park Blvd
discover@seattle.gov

- » located 5 miles northwest of downtown Seattle
- » 8 miles of trails
- » ponds, saltwater beaches, forests, and meadows

CAMP LONG

206-684-7434
5200 35th Ave SW
camplong@seattle.gov

- » located in West Seattle
- » 68-acre forested park with hiking trails
- » climbing rock with instructors
- » rustic cabins for rent
- » wetlands loaded with frogs and salamanders
- » campfire programs

CARKEEK PARK

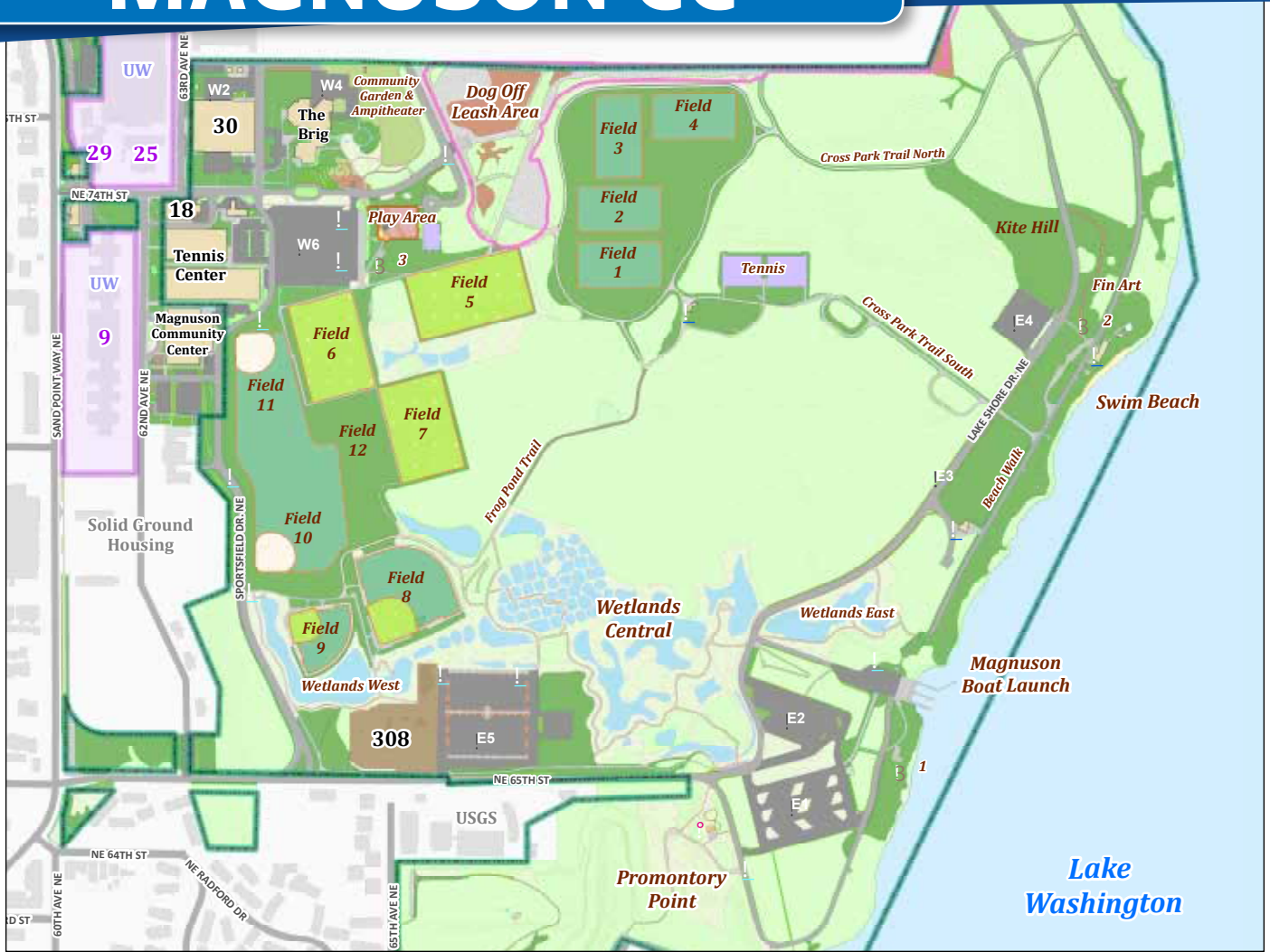
206-684-0877
950 NW Carkeek Park Road
carkeek.park@seattle.gov

- » located in North Seattle
- » roam the trails
- » play at the playground
- » explore the historic Piper's Orchard



**Seattle
Parks & Recreation**

Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at: <http://www.seattle.gov/parks/find/environmental-education-and-outdoor-learning>



GARDEN STEWARDSHIP EVENTS

All Ages

Community volunteers are needed to help ensure that our gardens remain beautiful and sustainable for everyone. The Stewardship Team and Children's Garden Committee provide simple tasks for all ages and abilities, as well as gloves, tools, and refreshments for all volunteers. Perfect for student service-learning projects, scouts, 4-H groups, and community members.

For more information on upcoming stewardship events, visit MagnusonNaturePrograms.com and click on the Volunteer/Nature Docent link or check out MagnusonGarden.org and click on the Children's Garden link.

MEADOWBROOK CC

↘ TOTS

PRE-K SPORTS

Ages 2-3

Your child will have fun exploring basketball, t-ball, tennis, soccer, and more! As always, we will focus on teamwork and good sportsmanship. Parent participation is welcomed, but not required.

Ages 2-3

#27260	1/16-2/20	Th	9:30-10:15 a.m.	\$68
#27262	2/27-4/2	Th	9:30-10:15 a.m.	\$68

Age 3

#27261	1/16-2/20	Th	10:15-11 a.m.	\$68
#27273	2/27-4/2	Th	10:15-11 a.m.	\$68

PRE-BALLET

Ages 3-5

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class on Thursday, 4/2.

#27254	1/16-2/20	Th	3:15-4 p.m.	\$75
#27255	2/27-4/2	Th	3:15-4 p.m.	\$75

↘ YOUTH

KENDO: THE WAY OF THE JAPANESE SWORD

Ages 10-18

Kendo is a modern form of Japanese swordsmanship that uses bamboo swords (Shinai) and protective armor. We offer beginning and advanced practitioners year-round training in basic and advanced sword techniques as well as cultural and traditional aspects of this Japanese martial art.

#27256	1/6-3/30	M	7-8:30 p.m.	\$67
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BALLET 1

Ages 6-10

Children will learn ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Students should wear ballet shoes, dance attire, and have long hair pulled back. Guests are invited to watch the last day of class on Thursday, 4/2.

#27249	1/16-2/20	Th	4-4:45 p.m.	\$75
#27253	2/27-4/2	Th	4-4:45 p.m.	\$75

BABYSITTING CERTIFICATION

TO ENROLL VISIT WWW.CPRSEATTLE.COM

Ages 11-15

This class, taught by a CPR instructor/parent, is a fun, interactive workshop providing 11-15 year olds the essential skills they need to start babysitting. Through role play, video lessons, instructor led discussions, and hands-on skills training potential babysitters get the confidence to responsibly care for the infants and children. An ASHI (American Safety and Health Institute) certification card is issued upon completion of the training. This class includes a CPR review but does not include CPR certification.

Location: **MEADOWBROOK CC**

2/22	Sat	9:15 a.m.-1:45 p.m.	\$45
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ENROLL AT WWW.CPRSEATTLE.COM





↘ MULTIGENERATIONAL

BEGINNING SHOTOKAN KARATE

Ages 7 and Older

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, and kicks.

#27244	1/6-1/29	M/W	6:30-7:30 p.m.	\$40
#27932	2/3-2/26	M/W	6:30-7:30 p.m.	\$40
#27933	3/2-3/30	M/W	6:30-7:30 p.m.	\$40

ADVANCED SHOTOKAN KARATE

Ages 14 and Older

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, kicks, evasions, throws, and joint manipulations.

#27246	1/3-1/31	M/W/F	6:30-9 p.m.	\$70
#27930	2/3-2/28	M/W/F	6:30-9 p.m.	\$70
#27931	3/2-3/30	M/W/F	6:30-9 p.m.	\$70

GOJU RYU KARATE - BEG/INT

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Okinawan/Japanese karate style. Learn to use both linear and circular techniques to subdue and control an attacker, as well as fundamental techniques and an additional focus on the broader world of the martial arts.

#27268	1/9-3/26	Th	7-9 p.m.	\$73
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GOJU RYU KARATE - INT/ADV

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Okinawan/Japanese karate style. Learn to use both linear and circular techniques to subdue and control an attacker, as well as fundamental techniques and an additional focus on the broader world of the martial arts. No class on 2/8 due to the Hands-On Skills Fair.

#27269	1/4-3/28	Sa	10:15 a.m.-12:15 p.m.	\$73
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BALLROOM AND LATIN DANCE

Ages 12 and Older

Each session is tailored to the majority of the participants' requests. The class can decide as a group which style, they would like out of the following choices: Bachata, Tango, Cha-Cha, Foxtrot, Rumba, Waltz, Swing, and Salsa. Come by yourself or with a partner. Please remember your dancing shoes.

#27250	1/14-2/18	Tu	8-9 p.m.	\$80
#27251	2/25-3/31	Tu	8-9 p.m.	\$80

↘ ADULTS

DROP-IN: CRAFT GROUP

FREE!

Ages 16 and Older

Bring your own supplies and craft alongside other inspired crafters. From beading, to scrapbooking, chances are good that if you need help, you can find it for your individual projects. All are welcome. This is not a class, there are no organized projects or themes, just crafting and discussions.

#27952	1/4-3/7	Sa	1:30-4:30 p.m.
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FUNFIT!

Ages 16 and Older

Increase strength, decrease body fat, and improve overall conditioning in this FUNdamental FITness class. You will focus on the essentials: Cardio, strength training, and proper cool down techniques which includes stretching.

Instructor: M. Tulio

#22482	1/7-3/24	Tu	6-7 p.m.	\$72
#22883	1/9-3/26	Th	6-7 p.m.	\$72

MEADOWBROOK CC

KENDO: THE WAY OF THE JAPANESE SWORD

Ages 18 and Older

Kendo is a modern form of Japanese swordsmanship that uses bamboo swords (Shinai) and protective armor. We offer beginning and advanced practitioners year-round training in basic and advanced sword techniques as well as cultural and traditional aspects of this Japanese martial art.

#27257 1/6-3/30 M 7-8:30 p.m. \$134

CIRCUIT TRAINING

Ages 18 and Older

Whether you are looking to get back into shape or improve your overall fitness level, then this is the class for you! You'll create lasting and supportive friendships with neighbors with common interests while you improve your cardiovascular and muscular endurance.

#27247 1/6-1/27 M 6:30-7:30 p.m. \$65

#27928 2/3-2/24 M 6:30-7:30 p.m. \$65

#27929 3/2-3/30 M 6:30-7:30 p.m. \$65

INTRO TO FITNESS

Ages 18 and Older

Learn to use our fitness equipment safely and effectively, and then, design a training program tailored to your fitness level and goals with the help of our fitness expert. Check with the front desk if you prefer to schedule a private or semi-private class for \$40.

#27248 1/6 M 7:35-8:35 p.m. \$20

#27926 2/3 M 7:35-8:35 p.m. \$20

#27927 3/2 M 7:35-8:35 p.m. \$20

LATE NIGHT BADMINTON

Ages 18 and Older

In efforts to offer badminton during our basketball season, we created a registered badminton program. The cost overs 13 weeks of playtime. *Must be register to participant.

*Doors lock at 10 p.m. *Must have a minimum of 24 enrolled participants.

#27265 1/3-3/27 F 9:30-11:59 p.m. \$58





TEEN LIFE CENTER

GLENN HUBBARD YOUNG MEN'S GROUP

FREE!

Learn, experience and grow as young men through confidential conversations on topics that are relevant to your lives.

W 4-6 p.m.

AFTER SCHOOL SNACK BITES

FREE!

Snacks to keep you going into your afterschool activities.

Tu-Th 3:30-4:30 p.m.

HIP HOP DANCE

FREE!

Learn the basics of hip hop and prepare for a competition in December.

Tu 6-7:30 p.m.

SISTA VOICES YOUNG LADIES GROUP

FREE!

Learn, experience and grow as young women through confidential conversations on topics that are relevant to your lives.

W 4-6 p.m.

HEALTHY RELATIONSHIPS (DV ADVOCACY) TRAINING

FREE!

Learn about resources and how to become a Domestic Violence Peer advocate.

Tu/Th 6-8 p.m.

PCC COOKING PROGRAM

FREE!

Learn to cook, budget, and be self-sufficient in the kitchen and participate in citywide competitions, in this partnership with PCC.

Th 4-6 p.m.

STUDIO DROP IN

FREE!

Come and record your music and learn song formats. In this program teen participants will learn basic levels of audio technology, basic levels of song writing, rhythm counting, audio, and engineering mixing and music editing.

Th 3:30-7:30 p.m.

F 7-11:45 p.m.

↳ LATE NIGHT

Ages 13-19

Late Night is a safe and supportive environment for teens. This recreation-based program focuses on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

F/Sa 7 p.m.-Midnight

SHOE RESTORATION PROGRAM

FREE!

Learn how to restore your old shoes and gain entrepreneurial skills in this program.

F 7-9 p.m.

PJAM

FREE!

Popcorn, juice and a movie. Join us every Saturday to watch a movie and hang with friends.

Sa 8:30-10 p.m.

BAKING PROGRAM

FREE!

Learn to bake easy and tasty treats, you can make at home.

F 8-9 p.m.

DROP IN BASKETBALL

FREE!

F 7-11:45 p.m.

Sa 9-11:45 p.m.

HIP HOP DANCE AND ZUMBA®

FREE!

Learn the basics of hip hop and Zumba®

Sa 7-9 p.m.



↘ TOTS

TODDLER ART

Ages 2-5

This class is a perfect introduction to art for your tot! Each class will explore a different art technique, including collage-making, painting, crafts and paper constructions. Kids will have fun building creative skills and learning about art. Supplies and materials provided. An adult must accompany the child to assist.

#27862 1/28-3/3 Tu 10:15-11 a.m. \$75

PLAYFUL DANCE WITH MOVING MINDS DANCE

Ages 3-4

Young dancers in this class develop coordination, strength, and stability as they become more confident in the basics and more complex movement patterns along with ballet-vocabulary. Each season we focus on a real-world topic in a developmentally appropriate way.

#27658 1/9-2/13 Th 10:15-11 a.m. \$82
#27659 2/27-4/2 Th 10:15-11 a.m. \$82

↘ TEENS

AFTERSCHOOL TEEN PROGRAM

FREE!

Ages 11-14

Teens can join us after school for a variety of activities like Fun Wednesdays; challenges; and more! The last Friday of each month we'll get pizza and choose a movie to watch.

#27442 1/6-3/31 M/Tu/Th/F 3:45-6 p.m.
W 2:30-6 p.m.

GUITARSNOTGUNS GUITAR LESSONS- BEGINNER

FREE!

Ages 10-17

Learn to play the guitar with us! No guitar, no worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be there for each lesson, and upon course completion you'll have the opportunity to own your guitar - in some cases, free!

#27660 1/16-3/5 Th 4-5 p.m.

TEEN KITCHEN

FREE!

Ages 11-14

The 2nd and 4th Tuesday teens learn how to cook and make a variety of foods - pizza, pasta, desserts, and more.

#33137 1/14-3/24 3:45-6 p.m.



↘ MULTIGENERATIONAL

DRUM LESSONS

Ages 10 and Older

Learn expression through music! Lessons are 30-minutes long and are tailored to each individual student. Participants will learn to read music and play by ear, as well as music theory and composition. We have a drum set on site.

#27645	1/6-1/27	M	5:30-8 p.m.	\$25
#27646	2/3-2/24	M	5:30-8 p.m.	\$25
#27647	3/2-3/30	M	5:30-8 p.m.	\$25
#27641	1/8-1/29	W	5:30-8 p.m.	\$25
#27643	2/5-2/26	W	5:30-8 p.m.	\$25
#27644	3/4-3/25	W	5:30-8 p.m.	\$25

GUITAR LESSONS

Ages 7 and Older

Learn expression through music! Lessons are 30-minutes long and are tailored to each individual student. Participants will learn to read music and play by ear, as well as music theory and composition. Bring your own electric or acoustic guitar, or we can provide one for the lesson!

#27637	1/8-1/29	W	2:30-4:30 p.m.	\$25
#27638	2/5-2/26	W	2:30-4:30 p.m.	\$25
#27639	3/4-3/25	W	2:30-4:30 p.m.	\$25

PIANO LESSONS

Ages 5 and Older

Learn expression through music! Lessons are 30-minutes long and are tailored to each individual student. Participants will learn to read music and play by ear, as well as music theory and composition. We have a piano on site.

#27648	1/9-1/30	Th	3-5:30 p.m.	\$25
#27650	2/6-2/27	Th	3-5:30 p.m.	\$25
#27651	3/5-3/26	Th	3-5:30 p.m.	\$25

↘ ADULTS

RAINBOW RECREATION GENTLE YOGA

Ages 50 and older

Stretch and move with awareness, correct alignment, and a focus on breath to increase strength and stamina, improve flexibility, and develop better balance, posture, poise, and peace of mind. Chair seated participants are welcome. This is a Rainbow Recreation course for LGBT, friends, and allies.

#16867	1/7-3/17	Tu	1:30-2:30 p.m.	\$61
#26868	1/9-3/19	Th	1:30-2:30 p.m.	\$61

DANCEDAIGRE

Ages 16 and Older

All levels are welcome in this friendly, non-judgmental class. You will learn movements that promote relaxation and improve flexibility in your body. Get absorbed by the music, let go of stress, and leave class revitalized.

#27634	1/8-1/29	W	6:30-7:30 p.m.	\$70
#27635	2/5-2/26	W	6:30-7:30 p.m.	\$70
#27636	3/4-3/25	W	6:30-7:30 p.m.	\$70

MEDITATION

Ages 16 and Older

Drop in for some lunchtime relaxation in our 6 week meditation series. Each week you will be guided through different meditations with instructor Shephali Agrawal. Previous experience with meditation is not required, this is suitable for all levels.

#27633	2/5-3/18	W	12:30-1 p.m.	
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FREE!

ZUMBA

Ages 16 and Older

Get excited for this Latin-inspired fitness class that incorporates International music and dance. We combine fast and slow rhythms with movements that tone and sculpt the body, blending cardio and muscle toning. Zumba is fun, easy, and effective.

#27661	1/13-2/10	M	6:30-7:30 p.m.	\$44
#27662	2/24-3/30	M	6:30-7:30 p.m.	\$55
#27663	1/16-2/13	Th	11:30 a.m.-12:30 p.m.	\$44
#27664	2/27-3/26	Th	11:30 a.m.-12:30 p.m.	\$55

VALENTINE DESSERTS: MAKE AND TAKE A SWEET DELIGHT!

Ages 16 and Older

Whip up the perfect Valentine's Day Dessert. Learn to make from-scratch cake batter, then decorate and design a masterpiece! You will take home a beautiful Valentine's day gift for a loved one.

#33151	2/12	W	6-8 p.m.	\$53
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MARCH MADNESS – SEATTLE CUCINA STYLE

Ages 16 and Older

Get ready to make a bunch of easy to make, and easy to enjoy party foods for your March Madness game times! Roasted delicacies, mini sliders, and a catch-all Goddess Dip that will wow your friends. Get ready to explore some amazing game day options.

#33152	4/1	W	6-8 p.m.	\$53
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↘ TOTS

NURTURING PATHWAYS FOR BABIES

Ages 3 months - 1 year

Bond with your baby and build relationships with other parents while you enjoy creative dance activities, making music, and more. Learn about your baby's development and take home fun exercises. One child per adult, unless teacher and caregiver make prior arrangements. Adults must stay for the duration of the class.

#27770 1/8-3/11 W Noon-12:45 p.m. \$179

NURTURING PATHWAYS FOR WADDLERS

Ages 1-2½

Explore dance concepts, rhyming exercises, musical instruments, and challenge your child's motor skills with obstacle courses while building a closer bond with them. One child per adult, unless teacher and caregiver make prior arrangements. Adults must stay for the duration of the class.

#27773 1/8-3/11 W 10-10:45 a.m. \$179

NURTURING PATHWAYS FOR TODDLERS

Ages 2-4

This class will develop your child's expressive and listening skills while introducing them to socialization and developing their musicality. Have fun exploring dance, music, and practicing new motor skills. One child per adult, unless teacher and caregiver make prior arrangements. Adults must stay for the duration of the class.

#27772 1/8-3/11 W 11-11:45 a.m. \$179

UK PETITE SOCCER

Ages 3-6

Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability in a fun learning environment.

#27834 1/27-3/16 M 3:30-4:30 p.m. \$146

JOYFUL MOVEMENT WITH MOVING MINDS DANCE

Ages 2-3

In a warm, light-hearted environment, your child will enjoy imaginative movement, songs, games, and stories that enhance their physical, mental, and social-emotional development. This winter, We'll discover how scientific principles impact our dancing.

#27755 1/10-2/14 F 11:30 a.m.-12:15 p.m. \$82

#27756 2/28-4/3 F 11:30 a.m.-12:15 p.m. \$82

PLAYFUL DANCE WITH MOVING MINDS DANCE

Ages 3-4

Young dancers in this class develop dance skills, coordination, strength, and stability as they become more confident in the basics and more complex movement patterns along with ballet vocabulary. Each season we focus on a real-world topic in a developmentally appropriate way.

#27757 1/10-2/14 F 12:30-1:15 p.m. \$82

#27758 2/28-4/3 F 12:30-1:15 p.m. \$82

➤ MULTIGENERATIONAL

RED UKULELE: MUSICAL SPANISH WITH SIGN LANGUAGE

Ages 6 and Under

This dynamic class gets you and your child singing in Spanish, dancing with scarves, playing music, and learning sign language. Red Ukulele is a unique program that combines music with learning Spanish while simultaneously using sign language as a visual and experiential teaching tool.

#27912	1/10-3/13	F	10-10:30 a.m.	\$179
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➤ YOUTH

CREATIVE BALLET WITH MOVING MINDS DANCE

Ages 4-6

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, musicality, and ability to collaborate. This class introduces children to the ballet barre, advanced movements, and tools to develop their own choreography style. This winter, We'll discover how scientific principles impact our dancing.

#27759	1/10-2/14	F	1:30-2:20 p.m.	\$82
#27760	2/28-4/3	F	1:30-2:20 p.m.	\$82

POTTERY: YOUTH HAND BUILDING

Ages 10-16

Join us in a relaxing ceramics studio to create hand-built pieces. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#27789	1/14-2/25	Tu	4:30-6:30 p.m.	\$210
#27788	3/3-3/31	Tu	4:30-6:30 p.m.	\$150

POTTERY: YOUTH WHEEL

Ages 10-16

Join us in a relaxing ceramics studio to create cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#27803	1/16-2/27	Th	4:30-6:30 p.m.	\$210
#27804	3/5-3/26	Th	4:30-6:30 p.m.	\$120

OKINAWAN KARATE

Ages 12 and Older

Learn traditional Okinawan KARATE in a safe, welcoming environment. This effective form of self-defense integrates offense and defense movements. You'll learn pattern drills called kata, and develop concentration, calmness, and confidence while you get fit. Karate questions? Email instructor Harold R. Avelar at epseattle@msn.com

#27767	1/6-2/12	M/W	6:30-8:30 p.m.	\$66
#27768	2/19-3/30	M/W	6:30-8:30 p.m.	\$66

SAXOPHONE/FLUTE LESSONS

Ages 6 and Older

Explore classical and contemporary music, music theory, and improvisation as it applies to the saxophone or flute. These 30-minute private lessons focus on tone development, finger position, posture, and music reading.

#27832	1/8-2/12	W	4-8 p.m.	\$25
#27833	2/19-3/25	W	4-8 p.m.	\$25



ADULTS

POTTERY: ADULT BEGINNING POTTERY

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#27801	1/15-2/26	W	6-8 p.m.	\$210
#27802	3/4-3/25	W	6-8 p.m.	\$120

POTTERY: ADULT CERAMICS TECHNIQUES

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#27794	1/14-2/25	Tu	7-9 p.m.	\$210
#27795	3/3-3/31	Tu	7-9 p.m.	\$150
#27797	1/16-2/27	Th	7-9 p.m.	\$210
#27798	3/5-3/26	Th	7-9 p.m.	\$120

POTTERY: ADULT LOW FIRE CERAMICS

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel using low fire clay. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration.

#27776	1/13-2/24	M	6-8 p.m.	\$150
#27777	3/2-3/30	M	6-8 p.m.	\$150

MEDITATION

Ages 16 and Older

Drop in for some lunchtime relaxation in our 6 week meditation series. Each week you will be guided through different meditations by the instructor. Previous experience with meditation is not required, this is suitable for all levels.

#31010	1/15-2/19	W	11-11:30 a.m.	
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FREE!

DANCEDAIGRE

Ages 16 and Older

All levels are welcome in this friendly, non-judgmental class. You will learn movements that promote relaxation and improve flexibility in your body. Get absorbed by the music, let go of stress, and leave class revitalized.

#27913	1/7-1/28	Tu	6:30-8 p.m.	\$89
#27914	2/4-2/25	Tu	6:30-8 p.m.	\$89
#27915	3/3-3/24	Tu	6:30-8 p.m.	\$89
#28768	1/10-1/31	F	5:30-7 p.m.	\$89
#28770	2/7-2/28	F	5:30-7 p.m.	\$89
#28771	3/6-3/27	F	5:30-7 p.m.	\$89
#28773	1/11-2/1	Sa	11:15 a.m.-12:45 p.m.	\$89
#28774	2/8-2/29	Sa	11:15 a.m.-12:45 p.m.	\$89
#28775	3/7-3/28	Sa	11:15 a.m.-12:45 p.m.	\$89

PILATES

Ages 18 and Older

Lengthen and strengthen your muscles while improving posture, body alignment, breathing, balance, flow and strength. Bring a yoga mat if you have one otherwise the community center has some available. Perfect for those with minimal fitness activity or as a supplement to other exercise practices.

#27765	1/6-2/10	M	6:45-7:45 p.m.	\$65
#27766	3/2-3/30	M	6:45-7:45 p.m.	\$65

TRI HARA MARTIAL ARTS

Ages 18 and Older

Shed stress and increase the strength and flexibility of your body, mind, and heart. This martial art form promotes physical health and emotional well-being so that everyone can live in balance. Beginners welcome.

#27774	1/11-3/28	Sa	10:30-11:30 a.m.	\$25
#27775	1/11-3/28	Sa	9-10 a.m.	\$25



**PLEASE REGISTER
EARLY TO AVOID
DISAPPOINTMENT.**

**SOMETIMES COURSES ARE
CANCELED BECAUSE PEOPLE
WAIT TOO LONG TO REGISTER!**



↘ TOTS

TINY TOTS

Ages 2-5

This educational and developmentally appropriate class includes individual and group play, storytelling, arts and crafts, music, field trips, group motor-skills, and socialization. Parents are required to take turns assisting the teacher with classroom duties/snacks. Participants must be 2 years old by September 1, 2019 to participate. Exceptions made with teacher approval.

Instructor: Denise

Ages 2-3

#26666 1/6-3/31 M-Th 9-11:30 a.m. \$823

Ages 3½-5

#26667 1/6-3/31 M-Th 11:30 a.m.-2:30 p.m. \$987

SPORTS OF ALL SORTS

Ages 3-5

Start your child out in sports by letting them try soccer, basketball, baseball, and more! In this class we will cover basic skills while having fun in a non-competitive environment while focusing on teamwork and good sportsmanship!

#26663 1/7-2/11 Tu 3-3:45 p.m. \$66

#26664 2/18-3/24 Tu 3-3:45 p.m. \$66

PRE-BALLET

Ages 3-4

Children learn basic ballet skills in a creative, fun environment. Boys and girls experience the joy of dancing while learning basic movements and ballet vocabulary. This class has a classic structure with rhythmic and creative games mixed in.

#26649 1/10-3/27 F 11:30 a.m.-12:15 p.m. \$156

PRE-BALLET

Ages 3-5

Students will learn basic ballet vocabulary, floor and barre work, and combine it into fun, energetic, and expressive dances and games. Wed/Sat classes culminate in a dress rehearsal and recital. Practice in these classes will be keyed towards these additional class sessions and performance. There is additional cost included in the registration. Ask instructors about purchasing costumes.

#26651 1/11-3/28 Sa 10:15-11 a.m. \$168

#26652 1/11-3/28 Sa 9:15-10 a.m. \$168

PRE-BALLET 2

Ages 4-6

This class is for children who have completed Pre-Ballet and would like to continue to learn ballet skills in a creative, fun, and safe environment. This class has a classic structure with rhythmic and creative games mixed in. Children should wear close-fitting clothes that allow for comfortable movement.

#26655 1/10-3/27 F 12:20-1:05 p.m. \$156

DAFFY DAVE'S MUSIC MOVEMENT AND STORYTIME

Ages 3½-6

Kids can sing and dance with popular children's entertainer, Daffy Dave. We'll have fun singing all their favorite songs but also laugh as we learn new songs and funny ways to sing and dance. Each session ends with improvisational stories that the kids can participate in as they become various characters in the stories.

#26890 2/6-3/5 Th 11-11:45 p.m. \$105

↘ YOUTH

CIRCUS MAGIC FUN WITH DAFFY DAVE

Ages 6½-11

Get excited to learn beginning magic and juggling tricks as well as how to perform them with humorous, dramatic flair! You'll wow your audience using magic on everyday objects and a few specialized props. Magic tricks and juggling scarves for the kids to take home will be provided.

#26888 2/6-3/5 Th 3:45-4:30 p.m. \$105

TUMBLING

Ages 3-9

Children will be developing tumbling skills such as forward rolls, handstands, and balancing in an upbeat and positive environment. Students will also work on flexibility, core strength, and life skills such as teamwork and determination.

Ages 3-5

#26672 1/11-3/28 Sa 12:45-1:30 p.m. \$156

Ages 6-9

#26673 1/11-3/28 Sa 1:45-2:30 p.m. \$168

HIP POP JR

Ages 5-7

Join the dance party! Students will learn complex hip-hop dance moves and choreography to classic and current pop and hip-hop music. Classes are energetic and focus on coordination and self-confidence. Students should wear comfortable sneakers and bring a water bottle.

#26642 1/7-2/11 Tu 4-4:45 p.m. \$66

#26643 2/18-3/24 Tu 4-4:45 p.m. \$66

BALLET 1

Ages 5-7

Students will learn basic ballet vocabulary, floor and barre work, and combine it into fun, energetic, and expressive dances and games. Sat classes culminate in a dress rehearsal and recital. Practice in these classes will be keyed towards these additional class sessions and performance. There is additional cost included in the registration. Ask instructors about purchasing costumes.

#26629 1/11-3/28 Sa 11 a.m.-Noon \$192

YOUTH INTRO TO TENNIS

Ages 5-10

Introduce your children to racquet sports and sharpen their hand-eye coordination. There's no waiting in lines in this class, and fun games and drills make it a hit! We provide racquets but your child should bring a water bottle.

#26677 1/27-3/30 M 4-4:45 p.m. \$108

YOUTH BEG-ADV TENNIS

Ages 7-15

This class introduces basic court play, focuses on swings, and builds hand-eye coordination skills. This class picks up where "Youth Intro to Tennis" leaves off.

#26676 1/27-3/30 M 4:45-5:30 p.m. \$108

↘ TEENS

Service-learning hours are always available for teens at Ravenna-Eckstein CC. Paid opportunities are available too! Call the Community Center at 206-684-7534 for more information. There are opportunities for helping with our special events as well. Stop by to start the conversation and get involved.



**PLEASE REGISTER
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DISAPPOINTMENT.**

**SOMETIMES COURSES ARE
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↘ MULTIGENERATIONAL

SHOTOKAN KARATE - BEGINNER

Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace.

Instructor: Denise

#26659	1/9-1/30	Th	6-6:45 p.m.	\$40
#26660	2/6-2/27	Th	6-6:45 p.m.	\$40
#26885	3/5-3/26	Th	6-6:45 p.m.	\$40

SHOTOKAN KARATE - INTER/ADVANCED

Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached orange belt or above, or with instructors permission.

Instructor: Denise

#26661	1/9-1/30	Th	7-7:45 p.m.	\$44
#26662	2/6-2/27	Th	7-7:45 p.m.	\$44
#26886	3/5-3/26	Th	7-7:45 p.m.	\$44

RAVENNA SECOND STRING ORCHESTRA

Ages 13 and Older

Ravenna Second String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is a little easier than the Ravenna String Orchestra and is a wonderful opportunity for intermediate players. Enjoy a supportive atmosphere with no auditions. For additional information please visit www.RavennaStrings.com.

#26657	1/6-3/16	M	7:15-8:20 p.m.	\$79
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RAVENNA STRING ORCHESTRA

Ages 13 and Older

The Ravenna String Orchestra provides opportunities to develop musical skills and perform with other musicians. This orchestra is for more experienced or advanced players. Enjoy a supportive atmosphere with no auditions. For additional information please visit www.ravennastrings.com.

#26658	1/8-3/18	W	7:15-8:20 p.m.	\$86
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↘ ADULTS

BEGINNING YOGA

Ages 16 and Older

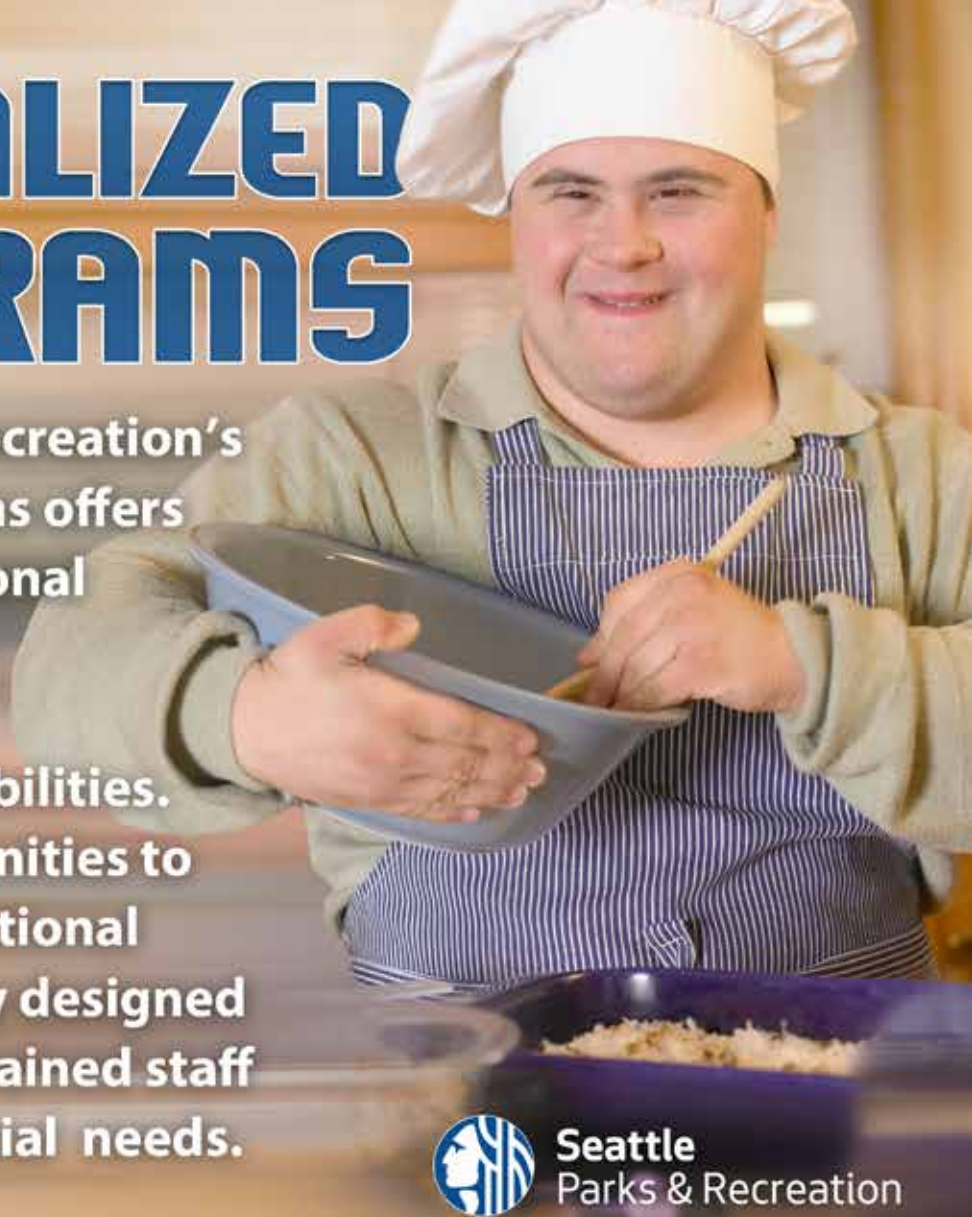
Learn the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures step by step. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

Instructor: Denise

#26632	1/7-2/11	Tu	6:30-7:30 p.m.	\$78
#26633	2/18-3/31	Tu	6:30-7:30 p.m.	\$78

SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.



Seattle
Parks & Recreation



We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

View an on-line brochure by going to:
seattle.gov/parks (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.

SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



Seattle
Parks & Recreation



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Lessons "Seattle Swims"

Swim for fun,
fitness, and safety!
All ages swimming
instruction by
certified lifeguards
and trained
instructors.



Class

Information

Create an account
and register for
classes at
http://bit.ly/spr_registration_account



© Jay dotson photography

Personal Lessons

Quality
instruction
tailored to
fit individual
needs to achieve
your personal
swimming goals.



© Doug Mahugh

Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!



Recreation

Public Swim, Family Swim, Lap Pool and more!



Contact your local pool for more information!

BALLARD POOL

1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/eversspool.htm

QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

Summer Only

COLMAN POOL

8603 Fautleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

Did You Know?

We have rental space!

Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.

Call to book your party today!

RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

- » Damage Deposit \$500. Work with center coordinator, allow 45 days processing.
- » Staff fee \$30 per hour /per staff (min. 2 staff) +1 additional hour
- » \$75 City of Seattle Alcohol Permit Fee
- » Banquet Permit (www.liq.wa.gov/licensing/banquet-permits) purchased from the Liquor Control Board \$10.
- » Liability insurance required and may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information**

HOURLY ROOM AND GYMNASIUM RENTAL FEES

RENTAL PRICES ARE IN THE PROCESS OF BEING SET BY CITY COUNCIL AND WERE NOT AVAILABLE BEFORE THIS PUBLICATION WAS PRINTED. HERE IS WHERE YOU CAN FIND THE MOST UP TO DATE PRICING INFORMATION http://bit.ly/spr_fees_and_charges.

COMMUNITY CENTERS/ROOMS AND CAPACITIES					
SITE	SMALL	MED	LARGE	KITCHEN	GYM
LAKE CITY	40		150	small	
LAURELHURST	37	48	72	large	
MAGNUSON PARK	Please call Chelsea Johnson at 206-233-7892				
MEADOWBROOK	(2)10	(7)50	150	large	250
MILLER	(1)15	(2)75	150	large	350
MONTLAKE	30	67	157	large	350
RAVENNA	35/20	50	120	small	
NORTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES					
SITE	SMALL				
COWEN PARK SHELTERHOUSE Reservation number 684-4080	35				
PINEHURST SHELTERHOUSE Reservation number 684-7522	53				



GENERAL INFO

REGISTER ONLINE!

READY - Please visit our website at http://bit.ly/spr_registration_account and create an account for our registration system, and verify your information is correct.
SET - See what classes and programs are available for registration.
GO - Register for programs and get active!

PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

FEES AND CHARGES

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- » A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.
- » Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.
- » Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION: If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here:

www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments if the class minimum is not met by then, we will have to cancel it.

WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



Seattle
Parks & Recreation



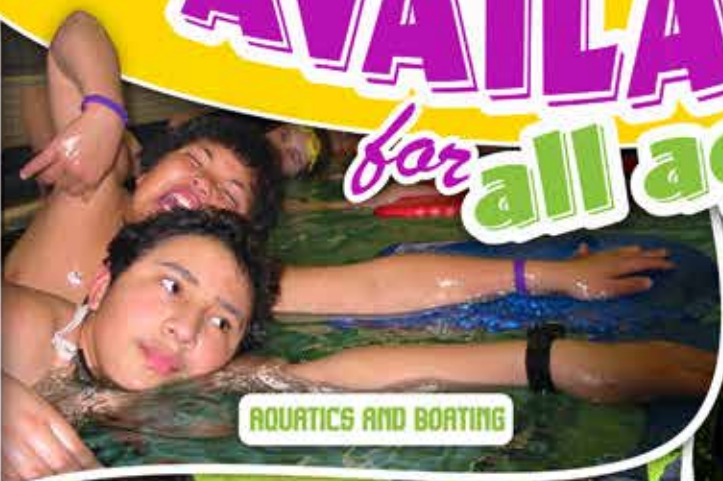
ADULT



YOUTH AND CHILDCARE

SCHOLARSHIPS AVAILABLE

for all ages



AQUATICS AND BOATING



SPECIALIZED POPULATIONS



ENVIRONMENTAL LEARNING



LIFELONG RECREATION

VISIT A COMMUNITY CENTER OR POOL
FOR MORE INFORMATION OR VISIT US ONLINE AT
SEATTLE.GOV/PARKS/SCHOLARSHIPS