

NORTHWEST COMMUNITY CENTERS



Seattle
Parks & Recreation

healthy people healthy environment strong communities

SPRING/SUMMER 2019

COMMUNITY CENTERS

BALLARD
BITTER LAKE
GREEN LAKE
LOYAL HEIGHTS
NORTHGATE
MAGNOLIA
QUEEN ANNE

POOLS

BALLARD
EVANS
MOUNGER
QUEEN ANNE



REGISTER

3/5 (SPRING: 4/1-6/21)

5/7 (SUMMER: 6/24-8/31)

register online:
http://bit.ly/spr_registration





REGISTER

3/5 (SPRING)
5/7 (SUMMER)

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.



FIRST CHOICE

Check out Seattle Parks and Recreation's new online registration software at http://bit.ly/spr_registration_account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Find your local recreation center at: seattle.gov/parks/centers.asp and stop by to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! Please note hours of operation, as they vary across recreation centers.



THIRD CHOICE

Call your local recreation center during their hours of operation at the phone number listed at: seattle.gov/parks/centers.asp. All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



FOURTH CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m. Questions may be emailed to: ParksBSC@seattle.gov



FIFTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: seattle.gov/parks/centers.asp.



INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinators with your programming idea(s) for Northwest Seattle.

Mary Pat Byington: marypat.byington@seattle.gov

Tom Diamond: tom.diamond@seattle.gov

Faizah Osayande: faizah.osayande@seattle.gov

Stefan Schmidt: stefan.schmidt@seattle.gov

Nick White: nick.white@seattle.gov

Classes are scheduled approximately six months in advance.

NOW HIRING!




Associated Recreation Council (ARC) in partnership with Seattle Parks and Recreation offers a variety of employment opportunities! Whether your interest is in child care, youth enrichment, the environment, health and fitness, the arts, sports, or building technology skills, we have something for you!

Visit arcseattle.org/Careers for a complete list of open positions.

We are an equal opportunity employer.



DISCLAIMER NOTE

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

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CENTER INFO



Seattle
Parks & Recreation

BALLARD CC

6020 28th Ave. NW / Seattle, 98107
Ph: 206-684-4093 **Fax:** 206-684-7199

SPRING HOURS

Mon-Fri 9 a.m.-9 p.m.
Saturday (ends 3/23) 9 a.m.-5 p.m.
Sunday Closed

SUMMER HOURS

M/W/F 9 a.m.-6 p.m.
T/Th 9 a.m.-9 p.m.
Sa/Su Closed

BITTER LAKE CC

13035 Linden Ave. N / Seattle, 98133
Ph: 206-684-7524 **Fax:** 206-684-0858

HOURS

Mon-Thu 9 a.m.-9 p.m.
F/Sa 9 a.m.-7 p.m.
Sunday Closed

SUMMER HOURS (STARTS 6/24)

Mon-Thu 8 a.m.-8 p.m.
Friday 8 a.m.-7 p.m.
Saturday 9 a.m.-2 p.m.
Sunday Closed

GREEN LAKE CC

7201 E Green Lake Dr. N / Seattle, 98115
Ph: 206-684-0780 **Fax:** 206-684-7550

HOURS

MAINTENANCE CLOSURE: TBD

Check-in for dates. (Spring/Summer/Fall)

Mon-Fri 10 a.m.-9 p.m.
Saturday 9 a.m.-5:30 p.m.
Sunday Closed

PUBLIC SHOWERS

Mon-Fri 10 a.m.-8 p.m.
Saturday 9 a.m.-4:30 p.m.
Towel Rental: \$0.50

LOYAL HEIGHTS CC

2101 NW 77th St. / Seattle, 98117
Ph: 206-684-4052

HOURS

M/W 9 a.m.-9 p.m.
Tu/Th 9 a.m.-8 p.m.
Friday 10 a.m.-9 p.m.
Sa/Su Closed

MAGNOLIA CC

2550 34th Ave. W / Seattle, 98199
Ph: 206-386-4235 **Fax:** 206-386-4230

HOURS

M/W/F 8 a.m.-8 p.m.
Tu/Th 9 a.m.-9 p.m.
Saturday 9 a.m.-2 p.m.
Sunday Closed

NORTHGATE CC

10510 5th Ave NE / Seattle, WA 98125
Ph: 206-386-4283 **Fax:** 206-684-4990

SPRING HOURS

M/F 11 a.m.-7 p.m.
Tu/Th 10 a.m.-8 p.m.
Wednesday 11 a.m.-8 p.m.
Sa/Su (available for rentals) Closed

SUMMER HOURS

Mon-Fri 11 a.m.-7 p.m.
Sa/Su (available for rentals) Closed

QUEEN ANNE CC

1901 1st Ave. W / Seattle, 98119
Ph: 206-386-4240 **Fax:** 206-386-4284

SPRING HOURS

Mon-Fri 9:30 a.m.-9 p.m.
Saturday 10 a.m.-3 p.m.
Sunday Closed

SUMMER HOURS

Mon-Fri 9 a.m.-7 p.m.
Sa/Su Closed
Sunday Closed

BALLARD POOL

1471 NW 67th St. / Seattle, 98117
Ph: 206-684-4094

EVANS POOL

7201 E. Green Lake Dr. N / Seattle 98115
Ph: 206-684-4961

MOUNGER POOL (5/11-9/8)

2535 32nd Ave. W / Seattle 98199
Ph: 206-684-4708

QUEEN ANNE POOL

1920 1st Ave. W / Seattle, 98119
Ph: 206-386-4282

CLOSURES

4/4 Staff Retreat
5/27 Memorial Day
7/4 Independence Day
9/2 Labor Day

PARKS MANAGEMENT

Christopher Williams, Interim Superintendent
Justin Cutler, Recreation Director
Katie Gray, Deputy Rec. Director
Barb Wade, Recreation Manager
TBD, Aquatics Manager

COORDINATORS

BALLARD CC

Tim Ewings

tim.ewings@seattle.gov

BITTER LAKE CC

Cynthia Etelamaki

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GREEN LAKE CC

Chris Easterday

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LOYAL HEIGHTS CC

Stefan Schmidt, OOC

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MAGNOLIA CC

Katie Fridell

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QUEEN ANNE CC

Gina Saxby

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ASSISTANT COORDINATORS

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Nick White,

nick.white@seattle.gov

GENERAL INFO



- 1) BALLARD CC
- 2) BALLARD POOL
- 3) BITTER LAKE CC
- 4) GREEN LAKE CC/EVANS POOL
- 5) LOYAL HEIGHTS CC
- 6) MAGNOLIA CC
- 7) MOUNGER POOL (5/11-9/8)
- 8) NORTHGATE CC
- 9) QUEEN ANNE CC & POOL



Seattle
Parks & Recreation

GET OUR
**SUMMER
DAY CAMP**
BROCHURE
AT:



**YOUR LOCAL
COMMUNITY CENTER**

- OR -

ONLINE:

http://bit.ly/spr_summercamp_brochure2019



**FILLED WITH HUNDREDS
OF CAMPS FOR YOUTHS
OF ALL AGES!**

SPECIAL EVENTS



Seattle
Parks & Recreation

RECURRING EVENTS

FAMILY SKATE NIGHT

All Ages

Join us for this popular Bitter Lake family tradition! We will have great music and play fun games. Bring your own skates and roller blades, or borrow a pair of ours. Please note: No toy skates allowed. Birthday party package available, please call the center for more info, 206-684-7524. No skating on 4/12.

Location: Bitter Lake CC Annex (13040 Greenwood Ave N)

4/5-6/14 F 6:30-8:15 p.m. \$4/skater

FAMILY FUN NIGHT

All Ages

Magnolia will host a family fun night, full of activities. Family Fun Night is designed to get the kids moving: a gym full of toys, tumbling mats, and more!

Location: Magnolia CC

#18284	4/5-4/5	F	5-7 p.m.	\$3
#18285	5/3-5/3	F	5-7 p.m.	\$3
#18286	6/7-6/7	F	5-7 p.m.	\$3

PARENTS' NIGHT OUT

Ages 3-11

Get some alone time without your little ones, knowing they are in good hands with our professional childcare staff. Cheese pizza and fruit will be served. Children must be fully toilet trained to participate. *To register for multiple children, please contact the Ballard Community Center at 206-684-4093

Location: Ballard CC

#11764	3/8	F	6-9 p.m.	\$30
#20167	5/10	F	6-9 p.m.	\$30
#20168	6/14	F	6-9 p.m.	\$30

\$15 Second Child Discount

TUESDAYS IN BALLARD

All Ages

Join us for popcorn, fruit and hotdogs. Enjoy the company of friends, family and neighbors. Please considering bringing school supplies to help kids in need.

#18302 7/9-8/27 Tu 5:30-7:30 p.m.

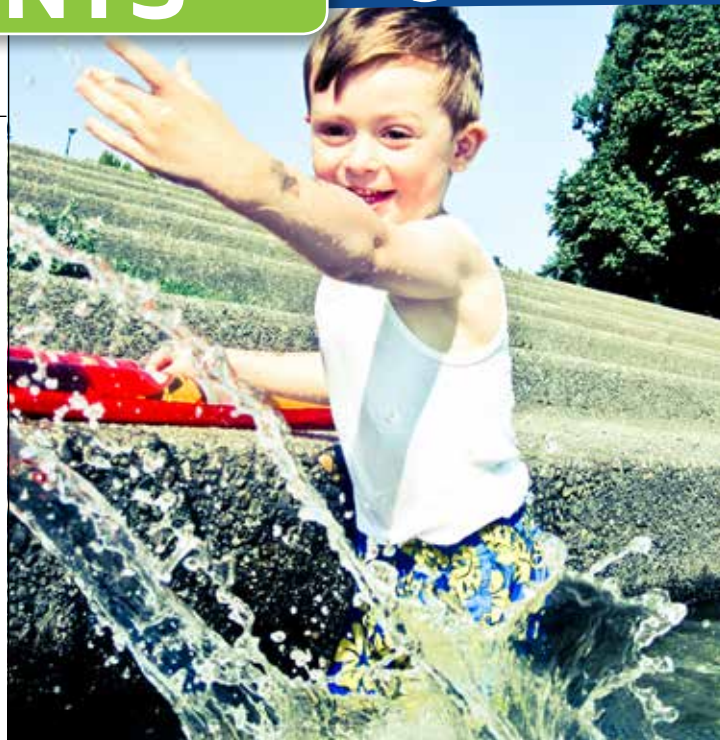
TAX PREPARATION

All Ages

Bring your income tax information and get your 2018 taxes done for free. Call us or come in and make an appointment to get them processed. This class is provided by certified tax volunteers through AARP.

Location: Magnolia CC

2/8-4/12 F 11 a.m.-3 p.m.



WADING POOL

All Ages

Our popular wading pool will be open once again for all sorts of wet summer fun! The pool will be open and staffed on sunny days when the temperature reaches 70 degrees or above. If you're unsure, call the Wading Pool Hotline at 206-684-7796.

Location: Bitter Lake CC

6/25-8/16 Tu-F Noon-7 p.m.

FREE!

BITTER LAKE MOVIE NIGHTS

All Ages

Don't have dinner plans for your family, and looking for a fun night out? Come and enjoy some quality time with your family as dinner will be provided. All movies shown will be fun and friendly for the whole family to enjoy! Admission is per family!

Location: Bitter Lake CC

4/26	Fri	6-8 p.m.	\$8
5/24	Fri	6-8 p.m.	\$8

FREE!

SUMMER SACK LUNCH/ SNACK PROGRAM

Ages 18 and Under

Bitter Lake Community Center will be hosting this wonderful program again in 2019! During the Summer, youth up to 18 years of age can receive a free sack lunch and/or afternoon snack (while supplies last).

Location: Bitter Lake CC

6/26-8/23 Lunch: Noon-1 p.m.
Snack: 3:30-4 p.m.

FREE!

SPECIAL EVENTS

➤ PRESCHOOL PLAYS

SWEET PEA COTTAGE

THEATER FOR YOUNG CHILDREN PRESENTS

THE MOUSE WOMAN

FREE!

Theater For Young Children presents The Mouse Woman and How the Raven Stole the Light, two tales from Native Northwest Peoples. Journey with Jaada from the Haida people to find the Mouse Woman and along the way meet many creatures living in the Pacific Northwest. And learn the Tlingit story of how Raven tricked the Sky Chief and brought light to the world.

Location: Ballard CC

3/20 W 10 a.m.

Location: Loyal Heights CC

3/28 Th 10 a.m.

THE LITTLE RED HEN

FREE!

Ages 2-8

Join Theater For Young Children as we bring tales of some of our favorite animals to life! We will do the hard work of growing our food with The Little Red Hen and laugh as her lazy friends learn the value (and taste) of hard work. We will also revisit Scardey the Squirrel and see how she finds her bravest self amid her fears.

Location: Green Lake CC

#17372 4/19 F 11:15 a.m.-12:15 p.m.

Location: Bitter Lake CC

4/24 W 10:15-11:15 a.m.



➤ SPECIAL EVENTS

➤ APRIL 2019

SPRING EGG HUNT

FREE!

Ages 10 and Under

Join your neighbors for the quickest special event of the year; the Spring Egg Hunt! Bring a basket or bag to put all of your goodies in. Children will be divided into age-appropriate groups to ensure a fun and fair hunt. Please plan on arriving at least 15 minutes early. The hunt begins at 10 a.m. sharp and will run rain or shine!

Location: Ballard CC Field, Loyal Heights CC Field, Bitter

Lake CC Annex (13040 Greenwood Ave N)

4/20 Sa 10 a.m. sharp!

SPRING EGG SCRAMBLE

FREE!

Ages 1-10

Everyone will meet in the gym per their child's age and time. Please bring a basket or bag to collect your goodies in. Parking will be tight. Be prepared to walk to the community center. Come rain or shine. **Please bring a can food donation for the local food bank.**

Location: Green Lake CC

Ages 1-3

4/20 Sa 10 a.m.

Ages 4-6

4/20 Sa 10:30 a.m.

Ages 7-10

4/20 Sa 11 a.m.

SPRING EGG HUNT

FREE!

Ages 2-10

Join your neighbors for the quickest special event of the year; the Spring Candy and Egg Hunt! Plan enough time to park and find your age group's hunt area. This event runs rain or shine. Make sure to bring a basket or bag to put all of your goodies in. We will also be collecting non-perishable food items for the local food bank. Volunteers needed.

Location: Magnolia CC Playfield

#18287 4/20 Sa 10 a.m. Sharp!

SPRING EGG HUNT

FREE!

Ages 1-11

Join your neighbors for the quickest special event of the year; the Spring Candy and Egg Hunt! This event runs rain or shine. Make sure to bring a basket or bag to put all your goodies in! We will also be collecting non-perishable food items for the local food bank. Volunteers needed. Call your local center.

Location: Queen Anne CC

#18036 4/20 Sa 10 a.m. Sharp!



BALLARD CARNIVAL

All Ages

Bring out the family for this year's Ballard Family Carnival. There will be plenty of activities for everyone in the family to enjoy. There will be a bouncy house, ring toss, fish cup game, face painting, jugglers, balloon maker, and much more. Play for a chance to win. Don't forget to bring an appetite, as there will be plenty of fair food to enjoy; popcorn, cotton candy, hot dogs, corndogs, and scones. \$10 for early bird fee. Food and Activity tickets available day of event.

Location: Ballard CC

#11826 4/26 F 5-9 p.m. \$10

➤ MAY 2019

TACO TRIVIA

All Ages

Join us for a night of delicious Mexican food as we celebrate Cinco de Mayo. There will be a variety of fun activities including a pinata and trivia to test your brain. A choice of tacos will be available (including vegetarian, vegan, and gluten free options) along with salsa, beans, and rice. Pre-registration is required and the party is limited to 40 people.

Location: Loyal Heights CC

#14833 5/3 F 6-7:30 p.m. \$5

➤ JUNE 2018

SUMMER BOUNCE FEST

All Ages

Dress in bright tropical colors, and join us for a fun time with activities, carnival games, and entertainment. \$7 bracelet gives you unlimited access to all activities. Volunteers are needed so please call 206-684-4052 if you are interested.

Location: Loyal Heights CC

#14829 6/6 Th 5:30-7:30 p.m. \$7

RAINBOW RUN

Ages 3 and Older

Join us for a lap run to celebrate the beautiful diversity of our friends and families. The run will include racing numbers, awards, treats and surprises. Everyone wins, just cross the finish line! Parents, relatives and friends are welcome to participate or just come cheer runners on. Participants need to wear running shoes.

Location: Ballard CC

#20166 6/22 Sa 9:30-11:30 a.m. \$5

BIKE PARADE

Ages 2-10

Celebrate July 4th early! Bring your picnic and bike, trike, wagon or stroller to decorate at 6 p.m. Then we will ride around the Loyal Heights campus to music and applause as everyone admires the patriotic parade! The parade begins at 6:30 p.m. followed by lawn games and treats. Children and adults, please wear a helmet when riding your bikes. See you at 6 p.m.!

Location: Loyal Heights CC

#14828 6/27 Th 6-7:30 p.m. \$5

NORTHGATE ANNIVERSARY FESTIVAL

FREE!

Join us for our annual party on the lawn with live music, BBQ, carnival games, and more! A fun summer family event!

Location: Northgate CC

6/28 F 5-8 p.m.

➤ JULY 2019

QUEEN ANNE DAYS

All Ages

FREE!

Join your neighbors and enjoy fun family activities: bouncy house, entertainment, food trucks, and vendors.

#18155 7/13 Sa 11 a.m.-7 p.m.

ICE CREAM SOCIAL

All Ages

Bring a picnic to the park and enjoy live music performed by the talented Silverbacks and premium ice cream!

Location: Loyal Heights CC

7/25 Thu 5:30-7:30 p.m.

\$2/scoop recommended donation

SPECIAL EVENTS

➤ AUGUST 2019

MAGNOLIA SUMMERFEST AND PARADE

FREE!

All Ages

This two-day summer festival has been a part of the Magnolia community for over 55 years. Enjoy great food and entertainment, the largest children's parade in Seattle, talent contest, live music, art vendors, a juried art show, a huge sidewalk sale, and much more!

Location: Magnolia CC

#18289 8/2-8/4 F-S 10 a.m.-Noon

NATIONAL NIGHT OUT

FREE!

All Ages

National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. So bring your family and come celebrate with your neighbors! We will have hot dogs, music, games, face-painting and more.

Location: Bitter Lake CC

#18318 8/6 Tu 5-7 p.m.

BACKPACK NIGHT AND SPAGHETTI SOCIAL

FREE!

All Ages

Let's get ready to go back to school! We will be handing out school supplies to help everyone get geared-up for class, as well as serving a delicious spaghetti dinner. School supplies available to children ages 5-18. Please contact the community center at 206-684-7524 if you have school supplies you would like to donate for this wonderful event. Pre-registration required.

Location: Bitter Lake CC

#18320 8/16 F 5-7 p.m.

TASTY TUNES

FREE!

All Ages

Join us for year two of this wonderful community event. With live music, food-trucks, local beer tasting, raffle prizes, massage tents, games for kids and more this is an event not to miss. All funds raised benefit scholarships.

Location: Loyal Heights CC

8/24 Sat 2-6 p.m.

Beer tasting bracelets \$15 pre-sale / \$20 day of

Food available for purchase

Concerts free to attend



Save the date!

FREE EVENT!

BIG DAY OF PLAY

August 17, 2019
11:30 a.m. - 5 p.m.
Rainier Community
Center and Playfields
4600 38th Ave S.
Seattle, WA 98118

Fun activities, food trucks, and free transportation!
bigdayofplay.com | facebook.com/bigdayofplay

Seattle Parks & Recreation

Seattle
Parks & Recreation

TODDLER GYM PLAY TIME		FREE!
Ages Walkers-5 Years Children play, learn, and develop both motor and social skills in this highly interactive drop-in social and play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. (Parents must accompany their child at all times.) Times are subject to change.		
BALLARD COMMUNITY CENTER		
M/W/F	9:30 a.m.-12:30 p.m.	
BITTER LAKE COMMUNITY CENTER		
M/W	9:30 a.m.-12:30 p.m.	
LOYAL HEIGHTS COMMUNITY CENTER		
Tu/Th	10 a.m.-2 p.m.	
MAGNOLIA COMMUNITY CENTER*		
W/F	11 a.m.-1 p.m.	
Sa	9:30-11 a.m.	
NORTHGATE COMMUNITY CENTER		
Tu/Th	10 a.m.-2 p.m.	
QUEEN ANNE COMMUNITY CENTER <i>Closed 4/9 and 4/11</i>		
Tu/Th	10 a.m.-1 p.m.	
*Ballard and Magnolia also offer an Imagination Playground. It includes bricks and cylinders accented with chutes, channels, and parts that suggest motion or connectivity. It inspires children to design their own inventions.		

TODDLER PLAY ROOMS		FREE!
Enjoy a dedicated play space filled with lots of children's toys of all shapes, sizes, and mobility. It's a great way for your child to learn and socialize with others. Parental supervision required. Must adhere to posted rules. So what are you waiting for? Come in from the wet and cold and play! Public Health-Seattle and King County requires that you take away changed diapers. Times are subject to change.		
BALLARD COMMUNITY CENTER* Ages 4 and Younger Enjoy the toddler open gym at no charge on M/W/F.		
M-F	9:30 a.m.-8:30 p.m.	
GREEN LAKE COMMUNITY CENTER Ages 5 and Younger Available for rentals on Saturday and Sundays! <i>Closed - TBD (Spring/Summer/Fall)</i>		
M-F	10 a.m.-8 p.m.	
Sa	9 a.m.-4:30 p.m.	
QUEEN ANNE COMMUNITY CENTER Ages 5 and Younger		
M/Tu/W/F	9:30 a.m.-4 p.m.	
Th	9:30 a.m.-2:30 p.m.	
Sa	10 a.m.-3 p.m.	



DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule.

No program 4/4, 5/27, 7/4, and 9/2.

LOYAL HEIGHTS WEIGHT ROOM **FREE!**

Ages 18 and Older

Take a little time to get a workout in our fitness room. The room features several pieces of cardio equipment, Kaiser Compress machines, a punching bag, free weights, a cable machine, squat rack, and more.

Location: Loyal Heights CC

M	9 a.m.-8:45 p.m.
Tu	10:30 a.m.-5:45 p.m., 7-8 p.m.
W	10:30 a.m.-8:45 p.m.
Th	10:30 a.m.-7:45 p.m.
F	10 a.m.-8:45 p.m.

NORTHGATE FITNESS CENTER **FREE!**

Ages 18 and Older

(14 and older allowed with parent supervision)

Seattle weather can be a challenge to your fitness program so come inside and work out in our fitness room. Equipment includes elliptical machines, treadmills, stationary bicycles, rower, and various training apparatus.

Location: Northgate CC

M	11 a.m.-7 p.m.
Tu	12:30-8 p.m.
W	11 a.m.-8 p.m.
Th	10 a.m.-8 p.m.
F	11 a.m.-7 p.m.
Sa	9 a.m.-5 p.m.

Note: Northgate Room closed every Tuesday 11:30-12:30.

QUEEN ANNE WEIGHT ROOM **FREE!**

Ages 18 and Older

Commit to get fit! In our friendly, non-intimidating fitness room, you can set and meet your goals no matter what your level of fitness is. Put on that old pair of sweats, grab your sneakers, we are into fitness, not fashion.

Location: Queen Anne CC

SPRING

M/W/F	9:30 a.m.-8:45 p.m.
Tu/Th	12:15-8:45 p.m.
Sa	10 a.m.-3 p.m.

SUMMER

M/W/F	9 a.m.-6:45 p.m.
Tu/Th	12:15-6:45 p.m.



BRIDGE **FREE!**

All Ages

Join us for a small group gathering to play bridge, drink tea, and make new friends. Hot water provided for your tea or coffee.

Location: Northgate CC

M	1-4 p.m.
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DROP-IN ADULT WATER COLOR **FREE!**

Ages 18 and Older

Join us each week for painting, sharing ideas, and critiques. We will paint still life scenes, share reference photos, and/or work on our own independent projects. This group is open to watercolorists at all levels. This is not a class. To participate, please bring your own paints, brushes, paper, and unbreakable water container.

Location: Loyal Heights CC

F	11 a.m.-3 p.m.
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FOOD AND FITNESS: EAST AFRICAN **FREE!**

Enjoy lunch with social, educational, and fitness programs as you celebrate your culture and language. Call 206-684-4664 with questions.

Location: Northgate CC

Tu	11 a.m.-12:30 p.m.
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DROP-IN PROGRAMS



Seattle
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but they now require a **Quickcard**. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule.
No program 4/4, 5/27, 7/4, and 9/2.

	BALLARD	BITTER LAKE	GREEN LAKE	LOYAL HEIGHTS	MAGNOLIA	NORTHGATE	QUEEN ANNE
BASKETBALL	M 1-2:30 p.m. Tu 5-6:30 p.m.	M 7-9 p.m.	M/Tu/Th/F Noon-2 p.m.	F 7-8:45 p.m.	MEN'S Tu 6-8 p.m. WOMEN'S W 6-8 p.m.	M-F 3:45-6 p.m.	
DODGEBALL			W 7-9 p.m.	M 7-8:45 p.m.			
FUTSAL	Th/F * 6:30-8:30 p.m. <i>*Fri is Women only and ends 12/27</i>						
JUGGLING	W 6:30-8:30 p.m.						
PICKLEBALL	Tu/Th 9:30-11:30 a.m. W 6:30-8:30 p.m.	Tu/F 10 a.m.-1 p.m.	Th 6-8:45 p.m. Sa 11 a.m.-2 p.m.	Tu* 9:30-11:30 a.m. F Noon-2 p.m. <i>*starts 5/27</i>	M 11 a.m.-1 p.m.	M/F 11 a.m.-2 p.m. Tu* 6-8 p.m. W 11 a.m.-1:30 p.m. <i>*starts 4/2</i>	W 11 a.m.-1 p.m.
TABLE TENNIS (PING PONG)	Open to the public at any time. Equipment is available during operating hours. Tables are located outside.		Tu/W/F 6-8:45p.m. W 10 a.m.-1 p.m. Sa 5-9 p.m. Su 4-9 p.m. \$5 or \$45 (10-visit) punch card (14 tables)			M-F 11 a.m.-7 p.m.	
TAI CHI			M (\$9) 7-8 p.m.				
VOLLEYBALL	Tu 6:30-8:30 p.m.						

DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change based on community center activities. Call center 48 hours in advance to verify daily schedule.
No program 4/4, 5/27, 7/4, and 9/2.

➤ TEEN LATE NIGHT

TEEN LATE NIGHT

FREE!

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Friday and Saturday evenings from 7 p.m.-Midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

Contact your local neighborhood specialist for more information.

Fri and Sat Nights

7 p.m.-Midnight

NORTH:

Bitter Lake Community Center, 206-684-7524

Meadowbrook Teen Life Center, 206-551-7316

SOUTHEAST:

Garfield Teen Life Center, 206-684-4788

Rainier Community Center, 206-386-1919

Rainier Beach Community Center, 206-386-1925

Van Asselt Community Center (Fri only), 206-386-1922

SOUTHWEST:

High Point Community Center, 206-684-7422

Southwest Teen Life Center, 206-684-7438

South Park Community Center (Fri only), 206-684-7451.

CITYWIDE YOUNG ADULT PROGRAM
presents

GREAT NIGHT

AGES 19+ / SATURDAY / 7 PM-12 AM
LEARN LIFE SKILLS THROUGH RECREATION
JEFFERSON COMMUNITY CENTER

THIS PROGRAM PROVIDES:
WORKSHOPS | TRAININGS
CERTIFICATIONS | SPORTS | FREE FOOD



Seattle
Parks & Recreation

POWER OF PLACE™
Parks Youth Violence Prevention Team

**JOB TRAINING OPPORTUNITIES VARY AND REQUIRE ADVANCED ENROLLMENT,
PLEASE ASK FOR THE SCHEDULE AT THE FRONT DESK.**

FOR MORE INFO PLEASE CONTACT:

Kevin Roberson

206-310-5185 or

kevin.roberson@seattle.gov

➤ SPRING 2019

PRESCHOOL PROGRAM

Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

DETAILS OF OUR PROGRAM:

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- » Affordable rates (scholarships available!)

Preschool programs are based on *the Creative Curriculum for Preschool* from *Teaching Strategies*. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Register NOW at your local community center!

IMPORTANT DATES*

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

Spring Break	4/8/2019-4/12/2019
Memorial Day	5/27/2019
Independence Day	7/4/2019
Labor Day	9/2/2019

*Check with your local community center preschool for any additional closures.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

Ages	Days	Time	Price/month
BALLARD COMMUNITY CENTER*			
3-4	3 days	9 a.m.-12:30 p.m.	\$385
3-4	5 days	9 a.m.-12:30 p.m.	\$588
4-5	3 days	9 a.m.-12:30 p.m.	\$385
4-5	5 days	9 a.m.-12:30 p.m.	\$588
BITTER LAKE COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)**			
3-5	M-F	9:30 a.m.-3:30 p.m.	
GREEN LAKE COMMUNITY CENTER			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$263
3-5	M/W/F	9:30 a.m.-1 p.m.	\$385
3-5	M-F	9:30 a.m.-1 p.m.	\$588
LOYAL HEIGHTS COMMUNITY CENTER			
3-4	M-Th	9:30 a.m.-1 p.m.	\$469
4-5	M-Th	9:30 a.m.-1 p.m.	\$469
MAGNOLIA COMMUNITY CENTER			
3-4	Tu-Th	9:30 a.m.-1 p.m.	\$385
3-4	M-Th	9:30 a.m.-1 p.m.	\$469
4-5	M-Th	9:30 a.m.-1 p.m.	\$469
4-5	M-F	9:30 a.m.-1 p.m.	\$588
NORTHGATE COMMUNITY CENTER			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$263
3-5	M/W/F	9:30 a.m.-1 p.m.	\$385
3-5	M-F	9:30 a.m.-1 p.m.	\$588
QUEEN ANNE COMMUNITY CENTER*			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$385
3-5	M/W/F	9:30 a.m.-1 p.m.	\$385
3-5	M-F	9:30 a.m.-1 p.m.	\$588

*Note: This is a City of Seattle Pathways program, which is an entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available. **Please inquire at the Community Center front desk for an application.**

Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation. Please visit bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

\$3/day multiplied by the number of days the 'class' meets per week sibling discount can be applied.

Times and prices may change. Please check with your local community center for details closer to the registration date.

PRESCHOOL

➤ FALL 2019

REGISTRATION IS OPEN NOW!

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks and prescheduled all-day closures are NOT included. A non-refundable \$25 deposit is required during registration, and the balance of fees is due **August 1, 2019**.

To be in compliance with the City of Seattle's minimum wage law, and to attract and retain staff in order to provide quality programming, we have raised fees to ensure the preschool programs remain healthy and available for years to come.

Ages	Days	Time	Price/month
BALLARD COMMUNITY CENTER*			
3-4	3 days	9 a.m.-12:30 p.m.	\$454
3-4	5 days	9 a.m.-12:30 p.m.	\$694
4-5	3 days	9 a.m.-12:30 p.m.	\$454
4-5	5 days	9 a.m.-12:30 p.m.	\$694
BITTER LAKE COMMUNITY CENTER (ONLY OFFERED TO SPP PARTICIPANTS)**			
3-5	M-F	9:30 a.m.-3:30 p.m.	
DISCOVERY PARK			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$310
3-5	M/W/F	9:30 a.m.-1 p.m.	\$454
3-5	M-F	9:30 a.m.-1 p.m.	\$694
3-5	Tu/Th	11:30 a.m.-3 p.m.	\$310
3-5	M/W/F	11:30 a.m.-3 p.m.	\$454
3-5	M-F	11:30 a.m.-3 p.m.	\$694
GREEN LAKE COMMUNITY CENTER			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$310
3-5	M/W/F	9:30 a.m.-1 p.m.	\$454
3-5	M-F	9:30 a.m.-1 p.m.	\$694
LOYAL HEIGHTS COMMUNITY CENTER			
3-4	M-Th	9:30 a.m.-1 p.m.	\$554
4-5	M-Th	9:30 a.m.-1 p.m.	\$554



Ages	Days	Time	Price/month
MAGNOLIA COMMUNITY CENTER			
3-4	Tu-Th	9:30 a.m.-1 p.m.	\$454
3-4	M-Th	9:30 a.m.-1 p.m.	\$554
4-5	M-Th	9:30 a.m.-1 p.m.	\$554
4-5	M-F	9:30 a.m.-1 p.m.	\$694
NORTHGATE COMMUNITY CENTER			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$310
3-5	M/W/F	9:30 a.m.-1 p.m.	\$454
3-5	M-F	9:30 a.m.-1 p.m.	\$694
QUEEN ANNE COMMUNITY CENTER*			
3-5	Tu/Th	9:30 a.m.-1 p.m.	\$310
3-5	M/W/F	9:30 a.m.-1 p.m.	\$454
3-5	M-F	9:30 a.m.-1 p.m.	\$694

*Note: This is a City of Seattle Pathways program, which is an entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available. **Please inquire at the Community Center front desk for an application.**

Note: This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. **These programs are NOT registerable through Seattle Parks and Recreation. Please visit bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.

PRESCHOOL CAMPS



Seattle
Parks & Recreation



Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:

- » Ages: 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices
- » Children need to be fully potty-trained (no diapers or pull-ups permitted)
- » Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.

REGISTRATION INFO:

- » **Registration begins February 5.** Register early, as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.

Please note: Summer Day Camp programs, activities and themes could be subject to change.

	BALLARD	BITTER LAKE	GREEN LAKE	LOYAL HEIGHTS	MAGNOLIA	QUEEN ANNE
Week	MON-FRI 9 A.M.-12:30 P.M. \$195/WEEK	MON-FRI 9:30 A.M.-1 P.M. \$195/WEEK	MON-FRI 9:30 A.M.-1 P.M. \$195/WEEK	MON-FRI 9:30 A.M.-1 P.M. \$195/WEEK	MON-FRI 9:30 A.M.-1 P.M. \$195/WEEK	MON-FRI 9:30 A.M.-1 P.M. \$195/WEEK
7/1-7/5*	PNW EXPLORERS	SOMEWHERE OVER THE RAINBOW	A PIRATE'S LIFE FOR ME!	BLAST OFF!	IMAGINATION STATION	CRAFTY CREATORS
7/8-7/12	CREEPY CRAWLERS	LAND BEFORE TIME	CRAFTY CREATORS	CRAFTY CREATORS	SOMEWHERE OVER THE RAINBOW	IMAGINATION STATION
7/15-7/19	FANTASTICAL FAIRYTALES	CRAFTY CREATORS	BLAST OFF!	CREEPY CRAWLERS	CREEPY CRAWLERS	SERIOUSLY SILLY SCIENCE
7/22-7/26	LIL' CHEFS	FANTASTICAL FAIRYTALES	LIL' CHEFS	DEEP BLUE	CRAFTY CREATORS	WORLD TRAVELER
7/29-8/2	DRAMA CLUB	PNW EXPLORERS	LAND BEFORE TIME	SERIOUSLY SILLY SCIENCE	A PIRATE'S LIFE FOR ME	FARM FABULOUS
8/5-8/9	CRAFTY CREATORS	WE'VE GOT THE BEAT	SERIOUSLY SILLY SCIENCE	FANTASTICAL FAIRYTALES	BLAST OFF!	THE WHEELS ON THE BUS
8/12-8/16	IMAGINATION STATION	THE WHEELS ON THE BUS	SOMEWHERE OVER THE RAINBOW	FARM FABULOUS	DEEP BLUE	WE'VE GOT THE BEAT
8/19-8/23	SOMEWHERE OVER THE RAINBOW	FROM ANTELOPES TO ZEBRA SHARKS	SUMMERTIME SUPERHEROES	IMAGINATION STATION	LIL' CHEFS	THAT'S A WRAP

*Short Week due to July 4: \$156

➤ SPRING 2019

Ages 5-12

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center! A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

IMPORTANT DATES*

Spring Break	4/8/2019-4/12/2019
Memorial Day	5/27/2019
Independence Day	7/4/2019
Labor Day	9/2/2019

*Check with your local community center for any additional closures.

Program	Time	5 days	4 days	3 days
BALLARD COMMUNITY CENTER				
Before School	7-9 a.m.	\$287	\$258	\$244
After School (Option 1)	3:30-6 p.m.	\$359	\$323	\$305
Before and After Combo (Option 1)		\$582	N/A	N/A
After School (Option 2)	2:30-6 p.m.	\$503	\$452	\$427
Before and After Combo (Option 2)		\$711	N/A	N/A
BITTER LAKE COMMUNITY CENTER				
After School	2:30-6 p.m.	\$503	\$452	\$427
MAGNOLIA COMMUNITY CENTER				
Before School	7-9 a.m.	\$287	\$258	\$244
After School (Option 1)	3:30-6 p.m.	\$359	\$323	\$305
Before and After Combo (Option 1)		\$582	N/A	N/A
After School (Option 2)	2:30-6 p.m.	\$503	\$452	\$427
Before and After Combo (Option 2)		\$711	N/A	N/A
QUEEN ANNE COMMUNITY CENTER				
After School	2:30-6 p.m.	\$503	\$452	\$427

Details could be subject to change. Please contact your local community center if you have any other questions.

➤ CAMP INFORMATION

EARLY DISMISSALS

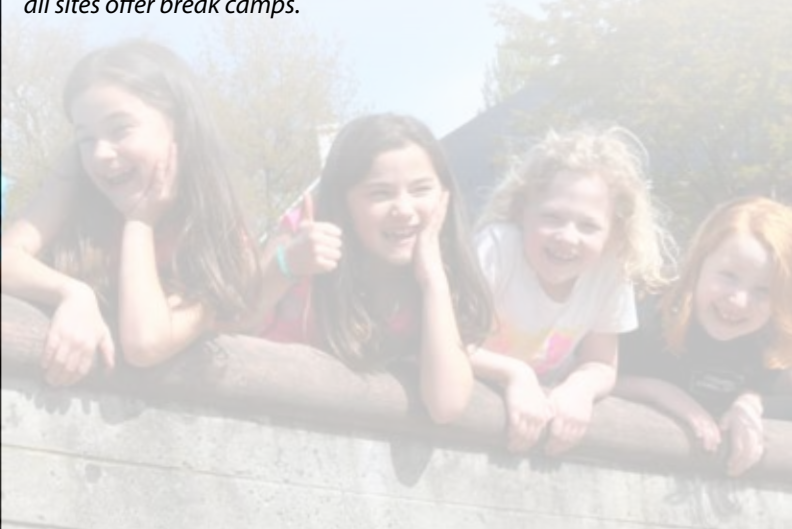
Please contact your local community center for details about early dismissals.

BREAK CAMPS: (7 a.m.-6 p.m.)

SPRING BREAK CAMP | 4/8/2019 – 4/12/2019

FEES

» \$230 for 5 days, \$184 for 4 days, or \$46/day at select sites
Contact your local community center for more information, as not all sites offer break camps.





➤ FALL 2019

FALL 2019 REGISTRATION BEGINS ON MAY 7, 2019!

A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and balance of September fees are due two weeks prior to first program day. To be in compliance with the City of Seattle's minimum wage law, and to attract and retain staff in order to provide quality programming, we have raised fees to ensure the school-age care programs remain healthy and available for years to come.

Program details may change. Please check with your community center closer to program start date.

Program	Time	5 days	4 days	3 days
BALLARD COMMUNITY CENTER				
Before School	7-9 a.m.	\$314	\$283	\$267
After School (Option 1)	3:30-6 p.m.	\$550	\$495	\$468
After School (Option 2)	2:30-6 p.m.	\$393	\$354	\$334
BITTER LAKE COMMUNITY CENTER				
After School	2:30-6 p.m.	\$550	\$495	\$468
MAGNOLIA COMMUNITY CENTER				
Before School	7-9:30 a.m.	\$393	\$354	\$334
After School (Option 1)	2:30-6 p.m.	\$550	\$495	\$468
After School (Option 2)	3-6 p.m.	\$472	\$424	\$401
After School (Option 3)	3:30-6 p.m.	\$393	\$354	\$334
NORTHGATE COMMUNITY CENTER				
After School (Option 1)	2:30-6 p.m.	\$550	\$495	\$468
After School (Option 2)	4-6 p.m.	\$314	\$283	\$267
QUEEN ANNE COMMUNITY CENTER				
After School	2:30-6 p.m.	\$550	\$495	\$468

Details could be subject to change. Please contact your local community center if you have any other questions.

➤ GENERAL INFORMATION

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (http://bit.ly/sps_student_transportation) or call 206-252-0900 for more information.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

EQUAL OPPORTUNITY PROVIDER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: program.intake@usda.gov.

➤ SUMMER CAMPS

Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months? The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming, and more.

Our summer day camps will be offered for up to 10 weeks, with new themes available each week! Check with your local community center for a detailed description of the various offerings.

DETAILS:

- » Ages: 5 through 12 years
- » Operating Hours: 7 a.m. to 6 p.m.
- » Cost: \$230/week (\$187 for 4-day week of July 4)
- » First day of Summer Day Camp: June 24, 2019
- » A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.

REGISTRATION INFO:

- » **Registration begins February 5.** Register early as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.
- » Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also accepted.

Week	BALLARD	BITTER LAKE	MAGNOLIA	NORTHGATE	QUEEN ANNE
6/24-6/28	CREEPY CRAWLERS	BITTERLAKE'S GOT TALENT	PNW EXPLORERS	LIL' CHEFS	PNW EXPLORERS
7/1-7/5*	DEEP BLUE	BLAST FROM THE PAST	SUMMERTIME SUPERHEROES	PNW EXPLORERS	FREE TO BE YOU, FREE TO BE ME!
7/8-7/12	FANTASTICAL FAIRYTALES	IMAGINATION STATION	CREEPY CRAWLERS	WONDROUS WILDLIFE	CREEPY CRAWLER
7/15-7/19	BALLARD'S GOT TALENT	LAND BEFORE TIME	IMAGINATION STATION	WE'VE GOT THE BEAT	SERIOUSLY SILLY SCIENCE
7/22-7/26	PNW EXPLORERS	LIL' CHEFS	GET IN THE GAME	SERIOUSLY SILLY SCIENCE	LAND BEFORE TIME
7/29-8/2	ENTER STAGE LEFT	SERIOUSLY SILLY SCIENCE	FANTASTICAL FAIRYTALES	SPLISH SPLASH	GET IN THE GAME
8/5-8/9	BLAST OFF!	SPLISH SPLASH	WORLD TRAVELER	ON YOUR MARKS... GET SET... GO!	FANTASTICAL FAIRYTALES
8/12-8/16	WONDROUS WILDLIFE	THE WHEELS ON THE BUS	FARM FABULOUS	LAND BEFORE TIME	DEEP BLUE
8/19-8/23	YOU CAN BUILD IT!	WONDROUS WILDLIFE	MAGNOLIA'S GOT TALENT	DEEP BLUE	QUEEN ANNE'S GOT TALENT
8/26-8/30	SUMMERTIME SUPERHEROES	YOU CAN BUILD IT!	THAT'S A WRAP	BLAST OFF!	THAT'S A WRAP

*Short Week due to July 4

Please note: Summer Day Camp programs, activities and themes could be subject to change.



➤ SPRING YOUTH SPORTS

REGISTRATION STARTS FEBRUARY 5, 2019

HIGH SCHOOL CO-ED VOLLEYBALL LEAGUE

Age Groups: 14-17 or in High School (Age as of 8/31/18)

This NEW Co-ed Spring High School Volleyball League provides the opportunity for high school age players to come together in a fun environment while improving skills. Players may sign up online or at their local community center. Practice time will be available to community centers beginning in early April. It is not required for teams to have a coach but a team contact will need to be identified as teams are formed. Call your friends and join us in this exciting new opportunity!

Fee: \$30, scholarships are available

Start Date: April, 2019

TRACK AND FIELD (GIRLS AND BOYS)

Age Groups: 5-17 (Age as of 8/31/18)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April.

Teams will be forming at Community Centers throughout Seattle.

Fee: \$50, scholarships are available

Minimum: Approximately 10 kids

Please consider volunteering as a coach or helping with recruitment of coaches.

Our low cost leagues can't operate without the dedication of our awesome coaches!



➤ SUMMER YOUTH SPORTS

CITYWIDE YOUTH ATHLETICS SUMMER SPORTS CAMPS

Our low cost and FREE sports camps offer a fun and positive experience for your child's inner athlete. We will divide kids into groups based on age/ability level, and have a great time working on age-appropriate fundamentals that will incorporate fun competitions, games, races and scrimmages. Our camps are designed for kids ranging from the very beginner to the seasoned athlete. All kids can expect to improve their skill level! Please bring a sack lunch, snacks, water bottle, sunscreen and dress appropriately for the weather (layers). Space is limited in these camps so register early. E-13 and signed concussion form due at registration and must be sent to the Youth Athletics office.

YOUTH ALL GENDER BASKETBALL

FREE!

Ages 7-9

Location: High Point Community Center

#19741 7/22-7/23 M-Tu 9 a.m.-1 p.m.

YOUTH ALL GENDER VOLLEYBALL

FREE!

Ages 9-12

Location: Jefferson Community Center

#19740 7/9-7/11 Tu-F 9 a.m.-1 p.m.

YOUTH ALL GENDER SK8 CAMP

FREE!

Ages 5-12

Join staff from Skate Like a Girl and learn to skate board or improve your skills. This camp welcomes and serves all youth.

Location: Roxhill Skate Park

#19735 7/15-7/19 M-F 9 a.m.-1 p.m.

#19733 8/5-8/9 M-F 9 a.m.-1 p.m.

Location: Virgil Flaim Park

#19734 7/29-8/2 M-F 9 a.m.-1 p.m.

LOOK FOR UPCOMING SCHEDULES FOR THESE FREE CAMPS AT:

WWW.SEATTLE.GOV/PARKS/FIND/CAMPS#SPORTSCAMPS

ULTIMATE FRISBEE | Ages 6-11/11-16

BRANDON GIBSON FOOTBALL FRENZY | Ages 8-15

YOUTH/TEEN ALL GENDER SOCCER | Ages 6-15

YOUTH ALL GENDER TENNIS | Ages 7-14

Location: Lower Wood Land Courts



➤ SUMMER YOUTH SPORTS

SUMMER CITYWIDE YOUTH SPORTS CAMPS

FREE!

A wide variety of youth sports camp opportunities will be offered. Look for more information at <http://www.seattle.gov/parks/Athletics.htm>

WHAT IF MY CHILD ISN'T OLD ENOUGH FOR THESE PROGRAMS?

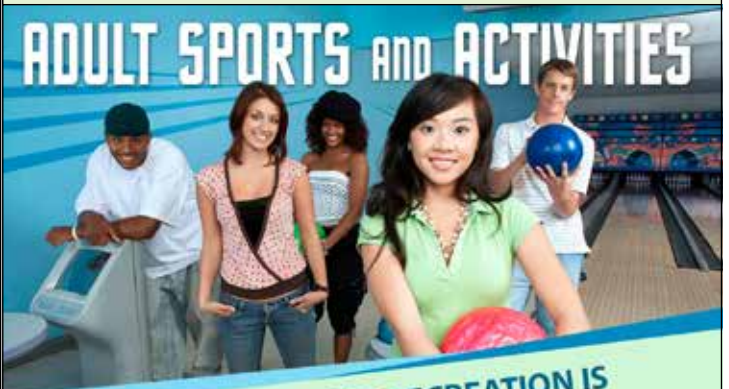
Many of our community centers offer instructional programs/classes and even leagues for the younger set. Examples include T-Ball classes and Cub Basketball. Come by or give us a call for more information.

LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can't operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a background check form at the center and then a volunteer registration form online.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!



**SEATTLE PARKS AND RECREATION IS
OFFERING AFFORDABLE AND FUN ADULT
SPORTS AND ACTIVITIES!**
ENJOY BOWLING, ROLLER DERBY, WOMEN'S
VOLLEYBALL, COED DODGEBALL, MEN'S
BASKETBALL, AND GET OUT AND GO GROUPS FOR
FALL. MEET NEW FRIENDS, BOND WITH OLD
FRIENDS, AND GET MOVING TOGETHER!



**GET MORE DETAILS AT
WWW.SEATTLE.GOV/PARKS/ATHLETICS
OR CALL 206-684-7092**

YOUTH SPORTS GENERAL INFORMATION

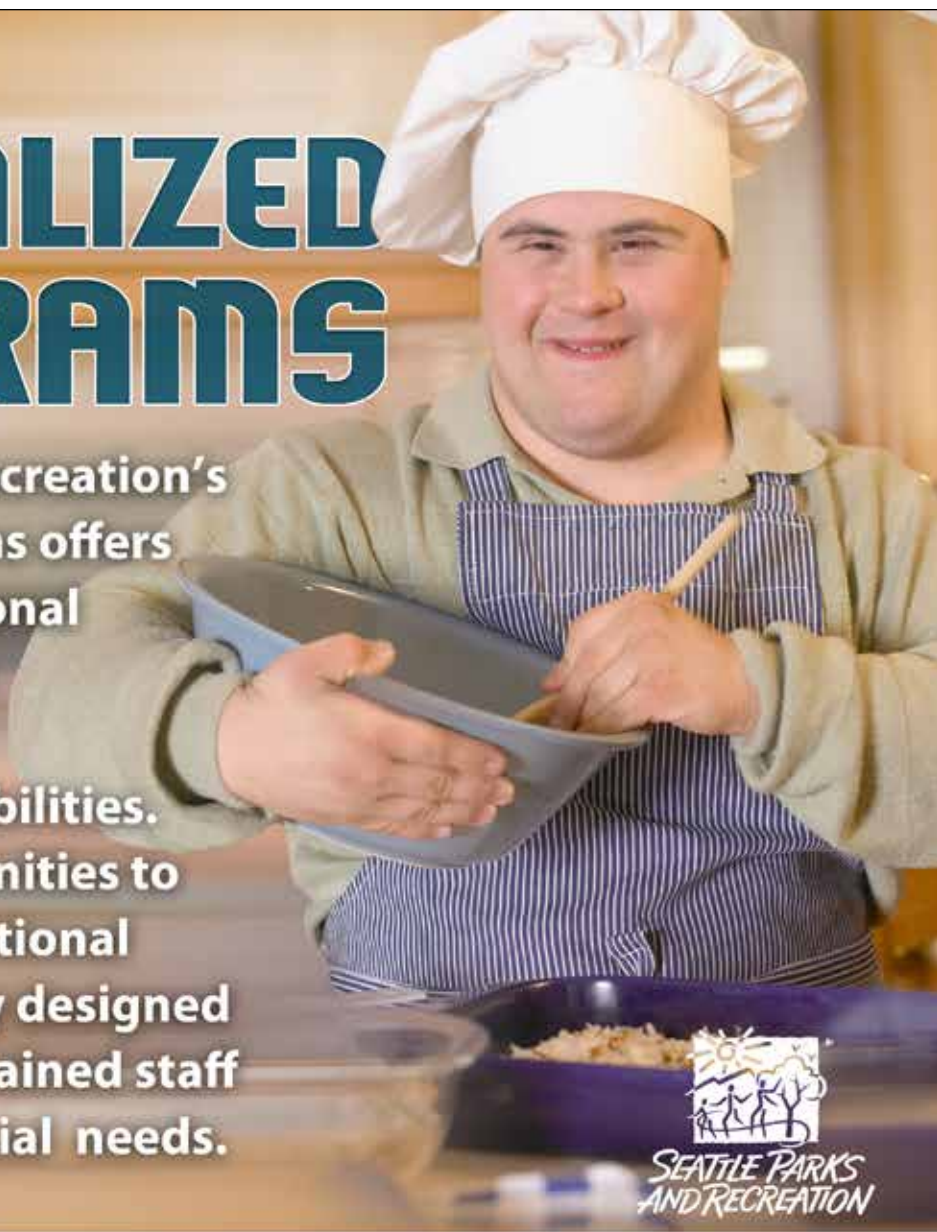
I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!** (Paperwork is at community centers).
3. **Start practices and get ready for fun** honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.



We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

View an on-line brochure by going to:

seattle.gov/parks (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.



➤ TOTS

MUSIKAL MAGIK INFANT/ TODDLER DEVELOPMENT

Ages 6 months-3 years

Parent and child, shake your eggs and dance with scarves! Pound on drums and play along with live guitar! Teacher Katy guides you through fun exercises that help develop your child's musical, social, physical, verbal, and cognitive skills with the magic of music. Have a toddler and a baby, or a baby who is not quite a tot? This music class is for both! Tap your sticks and pound on drums. Who knew music could be so much fun? Drop in rate of \$15 is available if room allows.

Ages 6 months - 3 years

#17446	4/5-4/26	F	10:20-11:05 a.m.	\$39
#17447	4/5-4/26	F	11:15 a.m.-Noon	\$39
#17448	5/3-5/31	F	9:30-10:15 a.m.	\$45
#17449	5/3-5/31	F	10:20-11:05 a.m.	\$45
#17450	5/3-5/31	F	11:15 a.m.-Noon	\$45
#17451	6/7-6/21	F	9:30-10:15 a.m.	\$45
#17452	6/7-6/21	F	10:20-11:05 a.m.	\$45
#17453	6/7-6/21	F	11:15 a.m.-Noon	\$45
#17445	4/5-4/26	F	9:30-10:15 a.m.	\$39

LITTLE CHEFS

Ages 2-5

Create special memories with your preschooler in this hands-on cooking class. Your child will love pouring, stirring and slicing as we make and eat delicious food together. Class includes dairy and gluten. Registration includes one child and one adult.

#17422	4/16-5/7	Tu	10:30 a.m.-Noon	\$115
#17423	5/14-6/4	Tu	10:30 a.m.-Noon	\$115

PARENT/TOT POTTERY CREATIONS CLASS

Ages 2-4

This fun series of four classes is built on creativity and community. Parents or other caregivers, bring your 2-4-year-old budding artists to this playful, safe and supportive clay class. You will work with your toddler to explore the materials and make art together. Instructor Cynthia Yatchman will present a variety of projects and techniques that may include coil, pinch and/or slab work. Enjoy this special time together as you connect and collaborate over clay. Be prepared to get messy!

#17375	5/3-5/24	F	9:30-10:30 a.m.	\$60
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PARENT AND ME SOCCER

Ages 2-3 1/2

Introduce your toddler to the world's most popular sport! As you participate together in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Parent & Me Soccer parents are a part of the action!

#17896	4/18-5/23	Th	5-5:30 p.m.	\$75
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TOTS/PRE-SOCCER

Ages 3 1/2-4

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

#17897	4/18-5/23	Th	5:35-6:05 p.m.	\$75
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YOUTH

KIDS AT CLAY

Ages 5-8

The art of pottery is thousands of years old. We will "travel" throughout time visiting various moments in history, the people involved and any special clay and/or techniques they employ. We travel to Ancient Egypt where the students will use a 7,000-year-old recipe for Egyptian Paste-a special clay that turns glass like in the kiln. We will even make our own clay body (type of clay) from raw materials! This in-depth program allows for students to explore and learn about different cultures and history as they relate to the art of pottery. No Passport needed! No class 5/27.

#17377	4/23-6/18	Tu	3:30-5 p.m.	\$225
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#17376	4/22-6/17	M	3:30-5 p.m.	\$200
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Ages 9-13

#17378	4/25-6/20	Th	3:30-5 p.m.	\$225
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ADULTS

ADULT EVENING POTTERY

Ages 16 and Older

This mixed level class for 16 years and older goes beyond making bowls using hand building, extruder, and wheel throwing techniques. You will need your own tools; please bring them or purchase a kit for \$17. Clay bags cost \$10 after the first 25lbs are used. Purchases can be made during facility operating hours only.

#19840	4/10-5/29	W	6-8:30 p.m.	\$280
#17382	4/11-5/30	Th	6-8:30 p.m.	\$280
#17983	7/11-8/22	Th	6-8:30 p.m.	\$245
#17381	4/9-5/28	Tu	6-8:30 p.m.	\$280
#17984	7/2-8/20	Tu	6-8:30 p.m.	\$280

DAYTIME ADULT POTTERY

Ages 16 and Older

Get creative!! Learn how to turn a lump of clay into a piece of art. Get familiar with coil, slab, and pinchpot handbuilding techniques, as well as instructions to make your own bowls, cups, and plates on the wheel. We offer small classes with individualized instruction and demos. Open studio time is available for extra practice. First 25 lb bag of clay is provided, extra bags may be purchased for \$10. Bring your own tools or purchase a kit for \$17.

#17417	4/8-5/20	M	10 a.m.-12:30 p.m.	\$245
#17419	4/10-5/29	W	10 a.m.-12:30 p.m.	\$280

PILATES

Ages 18 and Older

Join us for a 45-minute 'Pilates-based' Mat Class which will focus on stretching and strengthening your muscles, particularly the 'core' muscles. We will strengthen, tone, and improve flexibility and balance. You'll leave with more energy and a warm glow! Light weights and mats are provided, although you are welcome to bring your own. We recommend you bring your own towel. No class 4/4 and 4/11.

#17406	4/18-4/25	Th	10:30-11:15 a.m.	\$14
#17408	5/2-5/30	Th	10:30-11:15 a.m.	\$35
#17409	6/6-6/20	Th	10:30-11:15 a.m.	\$21

Drop-in: \$8

TOTAL BODY TABATA XPRESS - COMBO

Ages 18 and Older

This amazing, non-stop workout is fast becoming known as the best fat-burning workout ever! Developed in Japan, the Tabata formula has been scientifically proven to increase your endurance and athletic performance, decrease your body fat, and increase your metabolism. Combines 20-second intervals of high intensity exercise followed by 10 seconds of rest. The series repeats 8 times, then on to another set of exciting exercises. The hard, intense exercise session of 45 minutes will fly by and will be followed by an extended stretch. Several layers of modifications will be provided to accommodate different levels of fitness. You know it's time. No class 4/4, 4/9, and 4/11.

#17393	4/2-4/30	Tu/Th	9:30-10:25 a.m.	\$36
#17396	5/2-5/30	Tu/Th	9:30-10:25 a.m.	\$54
#17403	6/4-6/20	Tu/Th	9:30-10:25 a.m.	\$36

Drop-in: \$9

TOTAL BODY TABATA XPRESS

Ages 18 and Older

This amazing, non-stop workout is fast becoming known as the best fat-burning workout ever! Developed in Japan, the Tabata formula has been scientifically proven to increase your endurance and athletic performance, decrease your body fat, and increase your metabolism. Combines 20-second intervals of high intensity exercise followed by 10 seconds of rest. The series repeats 8 times, then on to another set of exciting exercises. The hard, intense exercise session of 45 minutes will fly by and will be followed by an extended stretch. Several layers of modifications will be provided to accommodate different levels of fitness. You know it's time. No class 4/4, 4/9, and 4/11.

#17395	4/18-4/25	Th	9:30-10:25 a.m.	\$16
#17402	5/2-5/30	Th	9:30-10:25 a.m.	\$40
#17405	6/6-6/20	Th	9:30-10:25 a.m.	\$24
#17394	4/2-4/30	Tu	9:30-10:25 a.m.	\$32
#17397	5/7-5/28	Tu	9:30-10:25 a.m.	\$32
#17404	6/4-6/18	Tu	9:30-10:25 a.m.	\$24

Drop-in: \$9

YOGA

Ages 18 and Older

This yoga class will help you strengthen both your body and mind. As you stretch and move with your breath and correct alignment, you will increase your strength and stamina, improve flexibility, and develop a better posture and peace of mind. This class will help you get in touch with your beautiful inner spirit. This class is suitable for all levels.

#17442	4/3-4/24	W	7-8 p.m.	\$16
#17443	5/1-5/29	W	7-8 p.m.	\$20
#17444	6/5-6/19	W	7-8 p.m.	\$12



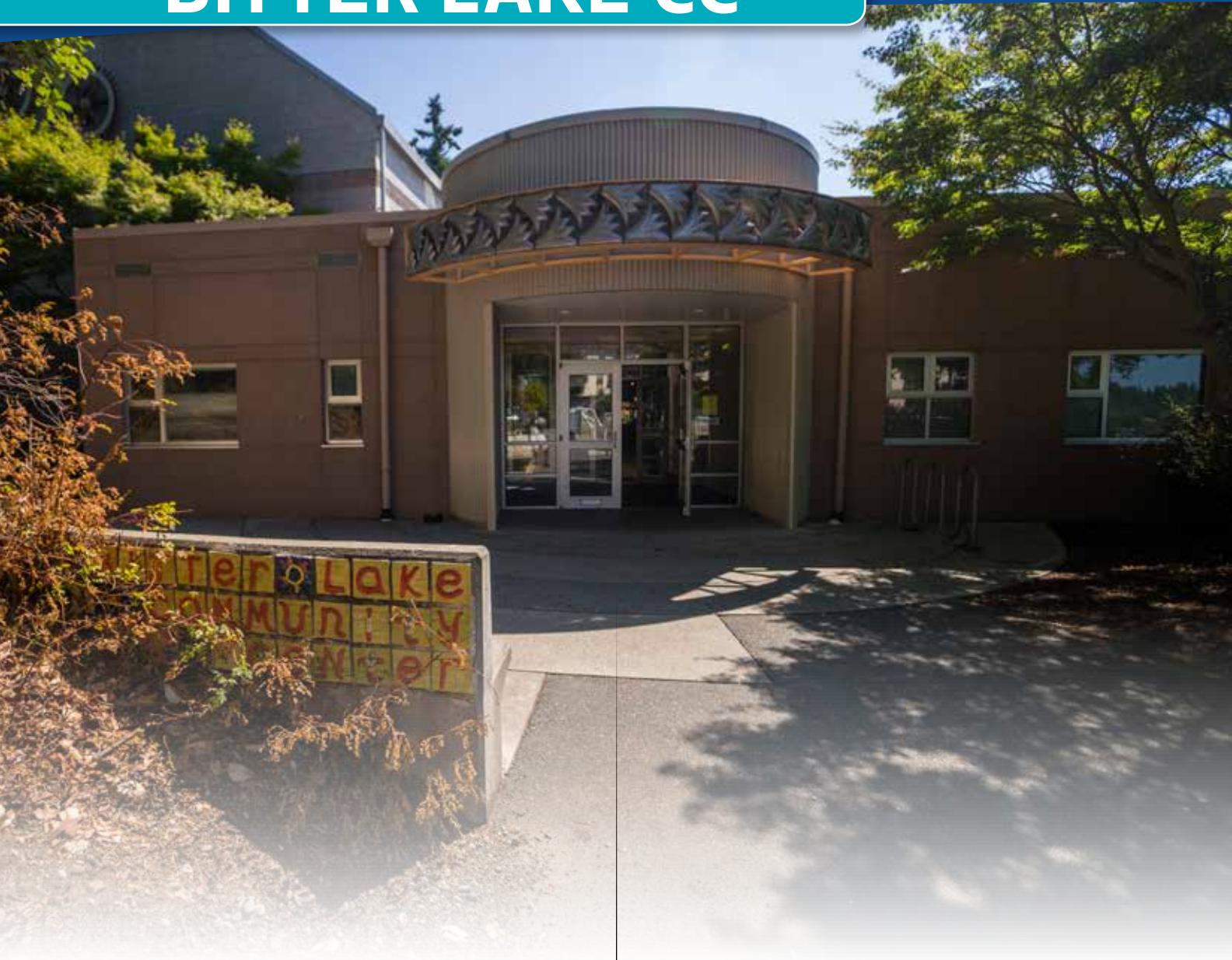
➤ MULTIGENERATIONAL

FENCING - ADVANCE/CLUB

Ages 12 and Older

This class is for those who have completed the intermediate class or for experienced fencers who want to stay in practice and improve their skills. Fencers at this level must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers, glove, and electric gear. We usually have two or three electric strips set up and all weapons are welcome. No class 4/4.

#17441	4/2-6/20	Tu/Th	7-9 p.m.	\$115
#17985	7/2-8/29	Tu/Th	7-9 p.m.	\$85



➤ TOTS

PRE-BALLET

Ages 3-4

Girls and boys experience the joy of dancing while learning movement skills and ballet vocabulary. This class combines ballet technique and creative dance. Motor skills, posture, balance, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#17259	4/6-5/11	Sa	11-11:45 a.m.	\$66
#17260	5/18-6/22	Sa	11-11:45 a.m.	\$66
#17366	7/6-8/24	Sa	11-11:45 a.m.	\$88

BALLET 1

Ages 4-5

Girls and boys experience the joy of dancing while learning movement skills and ballet vocabulary. This class combines ballet technique and creative dance. Motor skills, posture, balance, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#17211	4/6-5/11	Sa	Noon-12:45 p.m.	\$66
#17212	5/18-6/22	Sa	Noon-12:45 p.m.	\$66
#17349	7/6-8/24	Sa	Noon-12:45 p.m.	\$88

YOUTH

ART PROJECTS FOR KID SPRING DROP-IN PROGRAMS SPRING DROP-IN PROGRAM

Ages 3-8

Each class will explore a different art technique, including Painting, Drawing, Printmaking, Collage, Crafts and Paper constructions. Kids will have fun building creative skills and learning about art. Supplies and materials provided, and parents are welcome to join in the creative fun!

Please call the Center for date information.

Sat 10-11:15 a.m.

Drop-in: \$3

LITTLE HOOPERS B-BALL

Ages 5-9

Learn the basics of basketball in a fun and safe environment! Students will learn basic basketball skills (passing, dribbling, shooting, rebounding, etc.) that will also be incorporated into organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle. No class 4/4.

#17248 4/11-5/30 Th 5:30-6:30 p.m. \$80

ROLLER SKATING LESSONS

Ages 5-17

Skating lessons and fun interactive games for beginning and intermediate roller skaters and bladers. Class will be divided according to skill level as needed. Come and learn to skate or improve the skills you have developed so far. After lessons you can practice with others during Friday Family Skate Night! No lessons 4/12.

#17262 4/5-4/26 F 5:30-6:30 p.m. \$30

#17261 5/3-5/31 F 5:30-6:30 p.m. \$50

#17263 6/7-6/14 F 5:30-6:30 p.m. \$20

YOUNG ENGINEERS

Ages 6-10

The objective of this course is to impart theoretical and applied knowledge in the fields of Science, Technology, Mechanical Engineering, and Mathematics (STEM) by using LEGO® and other exciting tools. Students will learn mathematics and physical principles through intuitive study; develop their independent learning; and improve their building skills. Once the concepts have been demonstrated, students enjoy hands on building the LEGO® models which provides experiential learning and reinforces the lessons. Some fun topics covered in class are Newton's law, Lever principle, Transmissions, Centrifugal force, etc. No class 5/27.

#20127 4/1-6/10 M 4:30-6 p.m. \$225

BALLET 2

Ages 6-10

Girls and boys experience the joy of dancing while learning movement skills and ballet vocabulary. This class combines ballet technique and creative dance. Motor skills, posture, balance, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#17214 4/6-5/11 Sa 1-2 p.m. \$78

#17215 5/18-6/22 Sa 1-2 p.m. \$78

#17351 7/6-8/24 Sa 1-2 p.m. \$104

BALLET 3

Ages 9-12

Girls and boys experience the joy of dancing while learning movement skills and ballet vocabulary. This class combines ballet technique and creative dance. Motor skills, posture, balance, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#17216 4/6-5/11 Sa 2-3 p.m. \$78

#17217 5/18-6/22 Sa 2-3 p.m. \$78

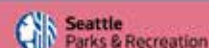
#17353 7/6-8/24 Sa 2-3 p.m. \$104

VOLUNTEER OPPORTUNITIES AVAILABLE FOR YOUTH, ADULTS, FAMILIES, RETIREES, AND SENIORS.



HOW TO BECOME A VOLUNTEER:

Visit our website for a list of
opportunities and contact information.
www.seattle.gov/parks/volunteer



TEEN

STAY TUNED AS MORE CAMPS AND PROGRAMS WILL BE OFFERED. PLEASE CALL OR COME BY THE CENTER FOR MORE DETAILS!

SUMMER OF SAFETY

FREE!

Ages 11-14

Join us for our summer of Safety program! This program is designed for middle school age youth who are looking for fun and safe activities to participate in during the summer. This program will be offered 3-4 days per week and will highlight cultural, environmental, and social activities, including light snacks and free sack lunch. Participants are required to have current E-13 forms on file.

#17420 7/1-8/23 M-F Noon-5 p.m.

TEEN ADVISORY COUNCIL

FREE!

Ages 11-18

Takes place first Tuesday of the month. Here is a chance for teens to represent their peers by planning after-school activities and field trips for themselves and their friends! Participants will also engage in discussions regarding issues in and around their community, as well as ideas to help solve them. For more information, please contact Richard By or Adam Johnson at the community center 206-684-7524.

Takes place first Tuesday of the month.

#17264 4/2-6/4 Tu 4-5:30 p.m.



ADULTS

VEGETARIAN ETHNIC INDIAN COOKING CLASS

Ages 16 and Older

Learn to cook great vegetarian ethnic Indian dishes. Each class will focus on a different part of the meal. In four sessions, you'll have a complete meal achieved. Come and enjoy the instructor's generational expertise from her homeland, Northern India, in a healthy, vegetarian way. Great news - at the end of each class, you get to eat your projects!

#TBD	4/9-4/30	Tu	6-8 p.m.	\$86
#TBD	5/7-5/28	Tu	6-8 p.m.	\$86

ADULT ESL/ELL CLASS

Ages 18 and Older

Adult ESL/ELL classes led by experienced and professional instructors meet Wednesday mornings 9:30-11:30 a.m. and Wednesday evenings 6:30-8:30 p.m. These classes will be offered in an educational classroom setting and participants will get both English language and cultural integration instruction. The intentions behind these classes are to support our immigrant community neighbors, and welcome them as they adjust to life here in Seattle.

#15775	4/1-6/17	M	9:30-11:30 a.m.	\$25
#15776	4/3-6/19	W	6:30-8:30 p.m.	\$25

ADULT ROLLER SKATING LESSONS

Ages 18 and Older

Roller Skating is a great way to have fun while staying physically fit. This class covers basic and fundamental skating skills and promotes a friendly environment ideal for socializing with old friends and new. Whether you are brand new to skating or remember how much fun it was to roller skate with friends back in the day, this class is a great way to enjoy your Friday evening. No class on 4/12.

#15184	4/5-4/26	F	8:30-9:30 p.m.	\$30
#15185	5/3-5/31	F	8:30-9:30 p.m.	\$50

HATHA YOGA

Ages 18 and Older

This class will be geared for all levels of Hatha Yoga focusing on mindful movements. Students will be guided through a variety of traditional poses, and breathing exercises, increasing their flexibility and strength. Every session will be an opportunity to better understand one's body and mind, in a safe and peaceful environment.

#17240	4/11-5/16	Th	7-8 p.m.	\$60
#17356	5/23-6/27	Th	7-8 p.m.	\$60
#17357	7/11-8/22	Th	7-8 p.m.	\$70

YANG STYLE TAI CHI

Ages 18 and Older

Learn the world's most popular and gentle martial art. Yang style Tai Chi is a traditional form of exercise, renowned for developing coordination, flexibility, patience, balance and strength. Wear loose comfortable clothing. No class 5/27.

#17199	4/1-6/24	M	7-8:30 p.m.	\$84
#17368	7/1-8/26	M	7-8:30 p.m.	\$63

➤ MULTIGENERATIONAL

BEGINNING/INTERMEDIATE KENDO

Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art and sport based on samurai traditions requiring manners, and mental and physical discipline. Participants use bokken (oak sword) for weeks 1-4 and at week 5, a shinai (bamboo sword) is also required. All equipment can be purchased at class. Beginning students wear loose fitting clothes. The beginning class focus is on learning footwork and sword handling. Upon completion of the beginning class, continuing students will progress to intermediate kendo where they will begin striking live targets. Once the student has progressed in skill they will be able to move on to wearing armor and engaging in bouts with other students. Students remain at the intermediate level until they are ready for armor.

#17218	3/15-5/16	Th	7-8:30 p.m.	\$66
#17355	5/23-8/15	Th	7-8:30 p.m.	\$78

ADVANCED KENDO

Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art and sport based on samurai traditions requiring manners, and mental and physical discipline. Participants use bokken (oak sword) for weeks 1-4 and at week 5, a shinai (bamboo sword) is also required. All equipment can be purchased at class. Beginning students wear loose fitting clothes. The beginning class focus is on learning footwork and sword handling. Upon completion of the beginning class, continuing students will progress to intermediate kendo where they will begin striking of live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain at the intermediate level until they are ready for armor.

#17208	3/15-5/16	Th	7-9 p.m.	\$84
#17348	5/23-8/15	Th	7-9 p.m.	\$100

FAMILY SPANISH AND YOGA

Ages 3 and Older

This class is designed for our Spanish speaking friends and neighbors, and those interested in exploring a new language! Come explore the language of Spanish with your child, while the instructor incorporates the fun movements and poses of Yoga. Throughout each Spanish lesson, participants and family members will be encouraged to both interact amongst each other as a community, and be guided through basic Yoga exercises in a safe and fun environment.

#17222	4/5-5/10	F	11:15 a.m.-Noon	\$60
#17223	5/17-6/21	F	11:15 a.m.-Noon	\$60

NIA: DANCE FITNESS

Ages 8 and Older

Nia is the art of moving the body's way; a barefoot cardio-dance workout that builds flexibility, agility, mobility, strength, and stability in your mind, body, and soul. Nia is fun, low-impact and is adaptable to individual needs and abilities. Wear clothes that you can dance in--we will be moving!

#17250	4/6-5/11	Sa	9:15-10:30 a.m.	\$78
#17251	5/11-6/22	Sa	9:15-10:30 a.m.	\$91
#TBD	7/13-8/24	Sa	9:15-10:30 a.m.	\$91

PIANO LESSON

Ages 6 and Older

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Each 30-minute lesson is \$25. Please contact Center for lesson time availability.

4/4-4/25	Th	4-8 p.m.	\$25
4/2-4/30	Tu	4-8 p.m.	\$25
8/1-8/22	Th	3-8 p.m.	\$25
8/6-8/20	Tu	3-8 p.m.	\$25
7/11-7/25	Th	3-8 p.m.	\$25
7/2-7/30	Tu	3-8 p.m.	\$25
6/6-6/27	Th	4-8 p.m.	\$25
6/4-6/25	Tu	4-8 p.m.	\$25
5/2-5/30	Th	4-8 p.m.	\$25
5/7-5/28	Tu	4-8 p.m.	\$25



↘ CAMPS

FISHING CAMP WITH GEORGE YASUTAKE

Ages 8-13

Learn about fishing and equipment, different techniques, learn how to cast and tie fishing knots, experience handling a live fish, and learn how to rig the line with bait. We'll practice fishing off the dock the at Green Lake. Each camper receives their own rod and reel to use and keep. On Fridays, we will go on a fieldtrip to fish at the Log Boom Park in Kenmore. On that day, camp will run from 9 a.m.-1 p.m.. Please meet at the community center on the first day of camp. Please bring water bottle, sunscreen, and a snack.

#13207	7/8-7/12	M-F	9 a.m.-1 p.m.	\$195
#13210	7/15-7/19	M-F	9 a.m.-1 p.m.	\$195
#13215	7/22-7/26	M-F	9 a.m.-1 p.m.	\$195
#13213	7/29-8/2	M-F	9 a.m.-1 p.m.	\$195
#13219	8/5-8/9	M-F	9 a.m.-1 p.m.	\$195

FISHING FUN WITH GEORGE 101

Ages 8-13

Introduces artificial baits such as soft plastics and hard baits such as crankbaits. 101 will also explain when and where to use these advanced techniques and how to rig them. To be eligible for 101 a youth must have completed a previous Fishing Fun with George Camp. Please meet at the community center the first day of camp. Please bring water bottle, sunscreen, and a snack. On Friday, August 16th, we will be going on a field trip to Log Boom Park in Kenmore. Camp will go from 9 a.m. - 1 p.m. on that day.

#13222	8/12-8/16	M-F	9 a.m.-1 p.m.	\$195
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PLAY-WELL: HARRY POTTER MAGICAL ENGINEERING WITH LEGO®

Ages 5-7

Explore the magic of Harry Potter using LEGO®. Find Platform 9½, build Hogwarts Express Train, work cooperatively to construct the mysterious Hogwarts Castle, and soar on the wings of a Norwegian Ridgeback Dragon. Travel to a world of wizardry and hone your magical skills while learning about Muggle (STEM) concepts.

#13969	8/12-8/16	M-F	2-5 p.m.	\$220
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TENNIS CAMP BEGINNER INTERMEDIATE

Ages 7-10

This in-depth 15 hour per week tennis program is designed for your 'camper' who wants a highly focused, compact program. Camps are offered for beginners and intermediates. Bring a tennis racket, sunscreen, and a water bottle.

#13131	7/8-7/12	M-F	9 a.m.-Noon	\$210
#18540	7/29-8/2	M-F	9 a.m.-Noon	\$210
#13176	8/5-8/9	M-F	9 a.m.-Noon	\$210
#13177	8/19-8/23	M-F	9 a.m.-Noon	\$210

MAD SCIENCE-CREATIVE CONTRAPTIONS

Ages 6-10

Our Mad Science inventors go on a journey of discovery. Each day campers are given a series of challenges which they overcome using basic materials, simple machines, and tips from famous inventors and most important of all? Their mind! Follow in the footsteps of daVinci, Edison and the Wright Bros. Envision the fantastic futures of Jules Verne and Isaac Asimov. With a little bit of ingenuity they'll construct catapults and forts and then lay siege, fabricate innovative flying contraptions, and design their own gizmo prototypes.

#15980	7/15-7/19	M-F	1-4 p.m.	\$237
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MAD SCIENCE-SUPER SCIENCE SAMPLER

Ages 6-10

Mad Science comes in all shapes and sizes and we'll examine a few during this hands-on expedition. Become an engineer and build bridges, domes, cubes, and pyramids. Assemble and control pulleys, levers, catapults, and simple machines. Use chemistry to make your own sidewalk chalk and crystal gardens. Become an ornithologist and discover unique characteristics of birds!

#15981	8/5-8/9	M-F	1-4 p.m.	\$237
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YOUTH

BEGINNING YOUTH TENNIS LESSONS

Ages 9-14

This class will provide beginners basic rules and stroke instruction to successfully play the game of tennis. Please bring a racket, water bottle and sunscreen.

#16312	8/5-8/28	M/W	5-6:30 p.m.	\$250
#16314	7/8-7/31	M/W	5-6:30 p.m.	\$250

INTERMEDIATE YOUTH TENNIS LESSONS

Ages 9-14

Intermediate students will learn singles and doubles strategy and skill development, along with tournament drills and more. Please bring a racket, water bottle and sunscreen.

#16394	8/6-8/29	Tu/Th	5-6:30 p.m.	\$250
#16395	7/9-8/1	Tu/Th	5-6:30 p.m.	\$250

POST SEASON BASKETBALL FUNDAMENTALS

Ages 8-12

This class will help your child keep their skills focused and enhance their level of play during the off-season. This co-ed program will focus on fundamentals, shooting the ball, and all court play. Learn from Ernie Chatters and his staff.

Ages 8-10

#17134	4/1-4/24	M/W	5-6 p.m.	\$120
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Ages 12-15

#17137	4/1-4/24	M/W	6-7 p.m.	\$120
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ADULT

ADULT POTTERY-BEGINNER

Ages 18 and Older

In this beginning pottery class, students will discover the beauty of both hand-building and wheel-throwing techniques. Students will learn how to make bowls, cups, plates, and vases, alter shapes from wheel thrown pieces, and decorate pieces with color slip design and glaze. Students will each receive a free bag of clay and free studio time during the quarter. No class 4/10.

#16073 4/2-5/14 Tu 6-8:30 p.m. \$190

ADULT POTTERY-HAND BUILDING/SCULPTURE

Ages 18 and Older

Students will make hand built slab vases, teapot sets, press mold, imprinting boxes utilizing painting with slip, carving, and inlay design. They will also throw on the pottery wheels to make dinnerware like bowls, plates, saucers, pitchers, sugar jars with lids, etc. No experience needed. Come to exercise your imagination through the art making process. Students will each receive a free bag of clay and access to the studio during the quarter. Sign up early, classes fill up fast. No class 4/10.

#16074 4/3-5/15 W 10 a.m.-12:30 p.m. \$190

ADULT POTTERY-INTERMEDIATE

Ages 18 and Older

This course is for students who already have the basic throwing skills and want to try larger forms on wheel or hand-built sculptures. We will continue working with large wheel throwing pieces, combined with hand-built sculptures, double-wall pots, upside-down plates, and more. Students will learn to use under-glaze, oxide painting, and mocha diffusion surface decoration to finish their clay projects. Student will each receive a free bag of clay and access to studio time during the quarter. Sign up early, classes fill up fast! No class 4/10.

#16075 4/3-5/15 W 6-8:30 p.m. \$190

ADULT POTTERY-WHEEL THROWING

Ages 18 and Older

Students will throw on the pottery wheels to make dinnerware like bowls, plates, saucers, pitchers, sugar jars with lids, etc. No experience needed. Just come to exercise your imagination through the art making process. Students will each receive a free bag of clay and access to the studio during the quarter. Sign up early, classes fill up fast. No class 4/9.

#16076 4/2-5/14 Tu 10 a.m.-12:30 p.m. \$190



BEGINNING ADULT TENNIS LESSONS

Ages 18 and Older

This class will provide beginners basic rules and stroke production to successfully play the game of tennis. Please bring a racket, water bottle and sunscreen.

#16316 7/8-7/31 M/W 6:30-8 p.m. \$250

#16391 8/12-8/28 M/W 6:30-8 p.m. \$250

HAWAIIAN DANCE

Ages 18 and Older

Learn Hawaiian Hula dance steps, hand movements, language and customs in a welcoming, creative environment. Fit them together in the telling of a story. Fun, low impact exercise!

#15858 4/2-4/30 Tu 6:30-7:30 p.m. \$64

METOBOLIC TRAINING & CORE BOOTCAMP

Ages 18 and Older

All fitness levels will enjoy this high-energy fitness experience focused on building core strength and increasing lean muscle mass, thereby improving your body's ability to burn stored body fat. Metabolic training involves exercises with minimal rest in between movement during your 30- minute session, in an effort to maximize calorie burn and increase metabolic rate during and after the workout. Your metabolism, or metabolic rate, is how many calories your body burns at rest. Modifications will be provided to accommodate joint-challenged and varying levels of fitness. Sessions will be outdoors and indoors during foul weather. Please bring a yoga mat, resistance bands, water bottle, and sweat towel.

#17142 4/2-5/28 Tu Noon-12:45 p.m. \$37

#17145 4/11-5/23 Th Noon-12:45 p.m. \$34

QIGONG

Ages 18 and Older

Dragon/Tiger is a enlivening Qigong form and has many benefits for the body and mind. It calms the mind and purifies the blood and liver with a special type of breathing. With this form, you will also learn to gather and project qi. It's really fun to do! In this class we will learn to get the most out of meditation and learn Taoist practices for excellent health.

#15977 4/3-4/24 W 5:15-6:45 p.m. \$61

TAI CHI

Ages 18 and Older

Learn the Yang style of Tai Chi. Using slow, soft, and circular movements you will harmonize your body and mind. Often described as moving meditation, this practice promotes balance, concentration, and relaxation. Wear loose comfortable clothing.

#15860 4/1-4/29 M 7-8 p.m. \$24

VIN YOGA

Ages 18 and Older

This is yoga is designed for everyone who wants to stretch and strengthen their body while attending to their mind and sense of well-being. Attention will be paid to strengthening the core and pelvic floor and exploring ways to find calm amidst hectic lives.

#15971 4/11-4/25 Th 6:15-7:15 p.m. \$45

#15972 5/2-5/30 Th 6:15-7:15 p.m. \$53

➤ MULTIGENERATIONAL

PIANO FRIDAYS

Ages 6 and Older

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Must have access to electric key board or piano for home practice. Lessons are set in half hour time slots.

#17153 4/5-4/26 F 3-8 p.m. \$25

#17154 5/3-5/17 F 3-8 p.m. \$25



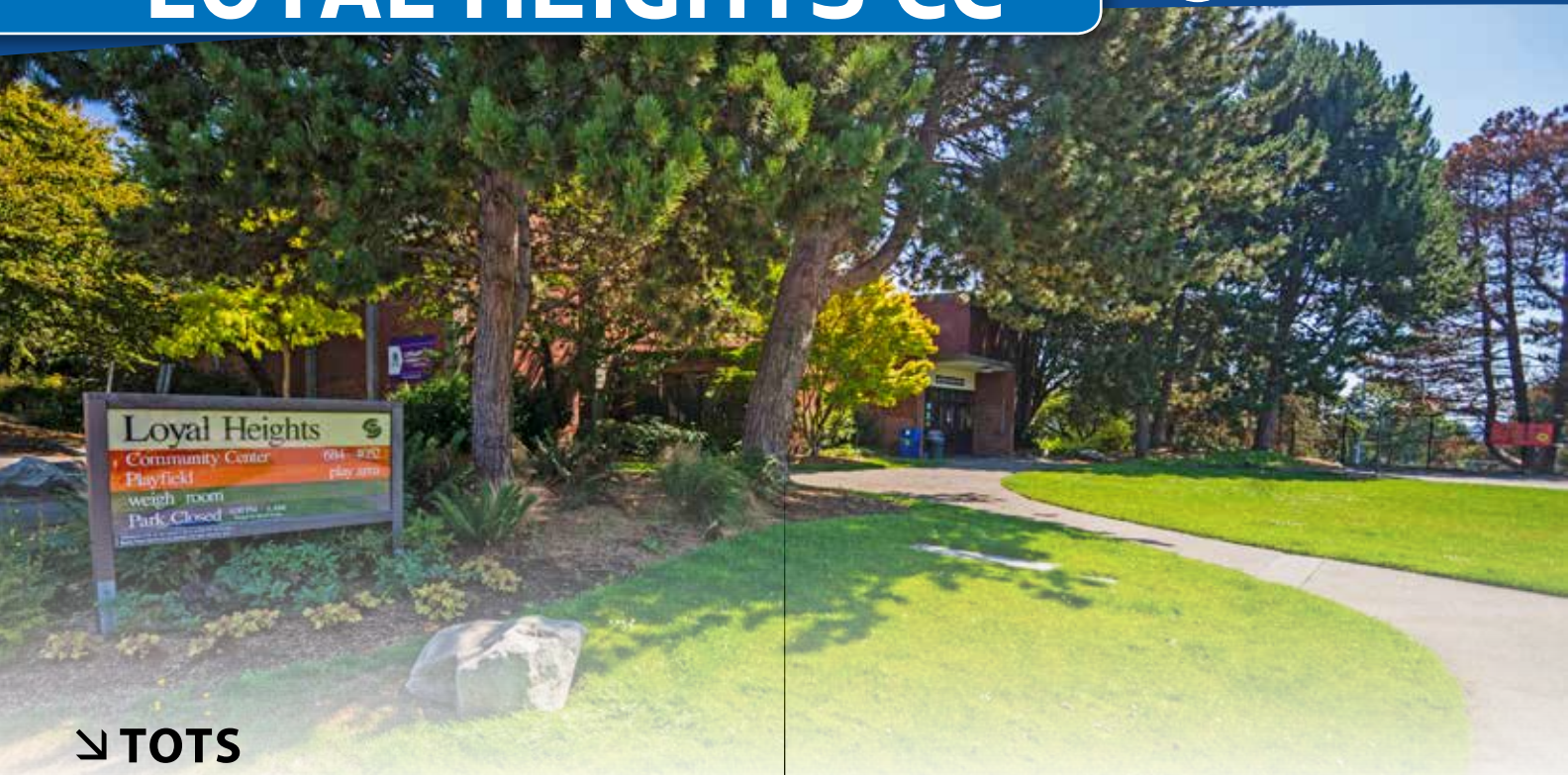
Green Lake Small Craft Center

Year round programming!
Adults Ages 18 and Older!
Youth Ages 10-18

Green Lake Small Craft Center
offers Youth and Adult programs in
partnership with Seattle Canoe and Kayak.

Visit www.seattlecanoekayak.club/
for more information.

 **Seattle**
Parks & Recreation



↳ TOTS

LITTLE HANDS 2-YEAR-OLD'S PLAY GROUP

Age 2

This fun class provides children an opportunity to socialize with other children through play, music, movement, art, and exploration. Parents should provide a small healthy snack for their child each day. Children should be practicing their potty skills regularly. If 2-year-olds are in diapers/pull-ups, no staff or volunteer can diaper change the child. Only the parents of the child or a person authorized on the E-13 can do this. This program is a drop-off program and not a co-op. Parents can use this time to go grocery shopping, clean the house, or meet a friend for coffee. We just ask that parents stay local in case a diaper needs changing. Once a child is registered the child is enrolled for September-May, even if the child turns 3. Parents may pay monthly or quarterly. No class 4/8-4/12, 5/27, and 7/4.

#14927	4/1-4/29	M/W	10 a.m.-Noon	\$210
#14928	5/1-5/29	M/W	10 a.m.-Noon	\$240
#15986	6/3-6/26	M/W	10 a.m.-Noon	\$270
#15988	7/1-7/31	M/W	10 a.m.-Noon	\$300
#20299	8/5-8/28	M/W	10 a.m.-Noon	\$240
#14924	4/2-4/30	Tu/Th	10 a.m.-Noon	\$210
#14925	5/2-5/30	Tu/Th	10 a.m.-Noon	\$270
#15985	6/4-6/27	Tu/Th	10 a.m.-Noon	\$240
#15987	7/2-7/25	Tu/Th	10 a.m.-Noon	\$240
#20300	8/1-8/29	Tu/Th	10 a.m.-Noon	\$270
#20294	4/5-4/26	F	10 a.m.-Noon	\$90
#20295	5/3-5/31	F	10 a.m.-Noon	\$150
#20296	6/7-6/28	F	10 a.m.-Noon	\$120
#20297	7/5-7/26	F	10 a.m.-Noon	\$120
#20298	8/2-8/30	F	10 a.m.-Noon	\$150

PEE WEE 3-YEAR-OLDS PLAY GROUP

Age 3

This fun class provides children an opportunity to socialize with other children through play, music, movement, art, and exploration. Parents should provide a small healthy snack for their child each day. Children should be practicing their potty skills regularly. If 3-year-olds are in diapers/pull-ups, no staff or volunteer can diaper change the child. Only the parents of the child or a person authorized on the E-13 can do this. This program is a drop-off program and not a co-op. Parents can use this time to go grocery shopping, clean the house, or meet a friend for coffee. We just ask that parents stay local in case a diaper needs changing. No class 4/8-4/12, 5/27, and 7/4.

#14934	4/1-4/29	M/W	1:30-3:30 p.m.	\$210
#14935	5/1-5/31	M/W	1:30-3:30 p.m.	\$240
#15991	6/3-6/28	M/W	1:30-3:30 p.m.	\$270
#15992	7/1-7/31	M/W	1:30-3:30 p.m.	\$240
#20302	8/5-8/28	M/W	1:30-3:30 p.m.	\$240
#14937	4/2-4/30	Tu/Th	1:30-3:30 p.m.	\$210
#14938	5/7-5/30	Tu/Th	1:30-3:30 p.m.	\$270
#15993	6/4-6/27	Tu/Th	1:30-3:30 p.m.	\$240
#15994	7/2-7/30	Tu/Th	1:30-3:30 p.m.	\$240
#20304	8/1-8/29	Tu/Th	1:30-3:30 p.m.	\$270
#20305	4/5-4/26	F	1:30-3:30 p.m.	\$90
#20306	5/3-5/31	F	1:30-3:30 p.m.	\$150
#20307	6/7-6/28	F	1:30-3:30 p.m.	\$120
#20308	7/5-7/26	F	1:30-3:30 p.m.	\$120
#20309	8/2-8/30	F	1:30-3:30 p.m.	\$150

PRE-SCHOOL GYMNASTICS

Ages 3-4

Children will practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, bar, and trampoline. They will also learn yoga poses, animal walks and play movement games. Students will develop coordination, strength, flexibility, and endurance. E-13 Parent Authorization Paperwork and an additional \$5 non-refundable insurance fee are required at time of registration. No class 5/27.

#14946 4/15-6/17 M 3:30-4:15 p.m. \$90

PRE-BALLET

Ages 3-4

Children will experience the joy of dancing through ballet technique. Students will learn ballet vocabulary, motor skills, posture, balance, coordination, musicality, and motor planning. This class has a classic ballet structure and includes choreography and creative expression. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#14945 4/19-6/21 F 4-4:45 p.m. \$110

TOT HOP

Ages 3-4

Is your little one always on the move and ready to groove? Join us at Tot Hop where we will move to the beat and groove on our feet! This is the perfect opportunity for kids to explore music and movement in a friendly group. Watch while they get stronger and more coordinated over time and look forward to seeing them strut their stuff! No class 5/27.

#14950 4/15-6/17 M 10:30-11:15 a.m. \$90

YOUTH

KINDER GYMNASTICS

Ages 5-6

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, bar, and trampoline. They will also learn yoga poses, animal walks, and play movement games. Students will develop coordination, strength, flexibility, and endurance. E-13 Parent Authorization Paperwork and an additional \$5 non-refundable insurance fee are required at time of registration.

#14921 4/15-6/17 M 4:30-5:15 p.m. \$90

LIL HOT SHOTS

Ages 5-8

This fun co-ed, instructional class will teach the basics of basketball. With multiple weeks of instruction; culminating in the last two weeks with a scrimmage between teams. Students will be divided into two teams and play two 10 minute running clock quarters. It's a friendly, non-competitive scrimmage where parents are invited to cheer on and support their young ones. No class 5/27.

Ages 5-6

#14723 4/18-6/20 Th 5-6 p.m. \$110

Ages 7-8

#14727 4/18-6/20 Th 6-7 p.m. \$110

MARTIAL ARTS: TANG SOO DO

Ages 8 and Older

Self defense is probably the first thing people think of when they think about martial arts. Like many karate styles, Tang Soo Do will teach you defensive techniques, but it will also teach you much more. Self-confidence, discipline, humility, patience, better focus, self control, and integrity are integral to our program. Learning these important skills in addition to becoming more powerful, agile, and physically fit are often why people start Tang Soo Do. These classes are available to students ages 8 to adult and we encourage parents to take classes with their kids whenever possible. No class 5/27.

#14930 5/1-6/26 M/W 7:15-8:15 p.m. \$56

#15989 7/3-8/28 M/W 7:15-8:15 p.m. \$56





YOGA

Ages 16 and Older

In Gentle Flow Yoga, we move through subtle and fluid movements, meditation, restorative postures, and breath-work appropriate for all levels and abilities (with beginners in mind.) Instructor often takes requests from her students, crafting unique and artfully sequenced practices that improve internal and external balance, strength, and flexibility on and off the mat. Come as you are to challenge your body, still your mind, and leave renewed. All levels and abilities are welcome. No class 5/27.

#14962	4/1-4/29	M	6-7 p.m.	\$40
#14963	5/6-5/20	M	6-7 p.m.	\$24
#14964	6/3-6/24	M	6-7 p.m.	\$32
#16057	7/1-7/29	M	6-7 p.m.	\$40
#16060	8/5-8/26	M	6-7 p.m.	\$24

Drop-in: \$9

YOUTH GYMNASTICS

Ages 7-10

Children will practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, bar, and trampoline. They will also learn yoga poses, animal walks and play movement games. Students will develop coordination, strength, flexibility, and endurance. E-13 Parent Authorization Paperwork and an additional \$5 non-refundable insurance fee are required at time of registration. No class 5/27.

#14965	4/15-6/17	M	5:30-6:30 p.m.	\$90
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CIRCUS ARTS

Ages 8-12

Come and join the circus for a session! Seemingly complicated skills such as juggling, acrobatics, and clowning are broken down so that anyone can learn and experience success. In this introduction to circus arts, students will be able to find that practice and hard work can make the impossible possible. E-13 Parent Authorization Paperwork and an additional \$5 non-refundable insurance fee are required at time of registration.

#14891	4/17-6/19	W	4:30-5:30 p.m.	\$135
#15913	6/26-8/28	W	4:30-5:30 p.m.	\$135

WHAT'S COOKING

Ages 7-10

In this fun class, young chefs will learn about kitchen basics including food safety, nutrition and how to follow a recipe. Together we will taste the rainbow as we explore everyone's favorites as well as cuisines from around the world. Learning to cook is a great way to support your child's growing independence and creativity!

#14955	4/18-6/20	Th	5-6:15 p.m.	\$260
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BALLET

Ages 5-7

Children experience the joy of dancing through ballet technique. Students will learn ballet vocabulary, motor skills, posture, balance, coordination, musicality, and motor planning. This class has a classic ballet structure and includes choreography and creative expression. Students should wear ballet shoes, dance attire, and have long hair pulled back.

#14887	4/19-6/21	F	5-5:45 p.m.	\$110
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WHITTIER ELEM.: BEGINNER HAND SEWING

Ages 5-7

Learn the basics of hand sewing, knitting, crafting and weaving in this new class, created to introduce our younger students to hand sewing and different types of fiber arts! Boys and girls will learn basic hand sewing techniques from threading needles and tying knots, to several types of stitches. Students will also create fun projects that explore their craft skills. New projects each quarter, ranging from embroidery, hand sewn puppets, accessories, pillows, woven rag rugs and more! This class will build fine motor skills, finger dexterity, and most important, it will give their creative muscles a work out! All supplies included, let's get creative!

#14959	4/16-6/11	Tu	2:30-4 p.m.	\$270
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WHITTIER ELEM.: MACHINE SEWING

Ages 8-12

No experience necessary for students to learn the basics and beyond. New students will learn machine safety and beginner sewing techniques, while the more experienced students can expand on skills they already have. The class will begin with a simple project, then students will advance at their own pace to more exciting and challenging projects throughout the session. This class is designed to teach children with both beginning and advanced skills. Projects are constantly rotating during the quarter and include backpacks, phone cases, clothing, accessories, bags, games, stuffed animals and more! *For all new sewers, the first class of the session is mandatory. No class 5/27.

#14961	4/15-6/10	M	2:30-4 p.m.	\$240
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WHITTIER ELEM.: AFTER SCHOOL HOOPS

Ages 5-8

Join One on One Basketball this semester for After School Hoops, an ideal after school activity for aspiring athletes. Basketball is a unique sport that combines upper and lower body motor-skill learning with an intense cardiovascular workout. Our organization has decades of experience teaching this sport in a motivating, inclusive and age-appropriate manner. After School Hoops makes three guarantees: your child will learn, sweat, and have fun! No class 5/27.

#14957	4/15-6/10	M	2:30-4 p.m.	\$187
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WHITTIER ELEM.: HIP HOP

Ages 6-8

Learn the creative and energetic dance steps of hip hop for fun or fitness. Hip hop classes are designed for students to learn all facets, foundations, and fundamentals of hip hop. Students will leave class refreshed, with confidence and ready to strut their stuff.

#14960 4/16-6/11 Tu 2:30-4 p.m. \$135

➤ HOMESCHOOL

HOMESCHOOL: OPEN GYM

All Ages

Free play time in the gym to shoot hoops, kick around a ball, play tag or even create a new game! Open to public.

#14908 4/3-6/5 W 1-3 p.m.

FREE!

HOMESCHOOL: CALM DOWN, NERVOUS SYSTEM!

Ages 10-16

Ever get nervous when meeting new people? Or so angry or frustrated you feel you might burst? So sad you feel you won't be happy again? Do you worry or obsess about things that are out of your control? Then you know what it's like to have your sympathetic nervous system activated! In this class we will learn about our nervous systems, our fight/flight/freeze/fawn response, and easy practical ways to regulate ourselves, be present, and stay centered and grounded even in really uncomfortable situations. This class is part academic and part (body centered mindfulness) life skills

#14905 4/3-6/5 W 10-10:55 a.m. \$148

HOMESCHOOL: JUNIOR GREAT BOOKS

Ages 8-11

Read excellent short fiction every week, on a wide variety of topics and styles, and then come discuss it with your friends. We'll focus on your opinions of the story, understanding the events and themes, what motivates the characters, and supporting your assertions with the text. Each session will also include a prewriting activity for a project to continue during the week, and optional sharing of past projects. For more information, please visit www.loyalheightshomeschool.org.

#14907 4/3-6/5 W 2:15-3:10 p.m. \$138

HOMESCHOOL: LITERARY ADAPTATION 101

Ages 11-16

Apocalypse! Comics! Video games! Dungeons & Dragons! Movies! Novels! What makes a good story? Why do some stories get adapted over and over for film, video games, tabletop gaming, animated TV series, comics, etc.? "It's classic mythology, it's the hero's journey, and it's about the best of us coming together for one cause, to do the right thing," says film director Antoine Fuqua. But who's the hero--what's the right thing and who gets to decide? We'll explore all this and more as we study and build adaptations (in their various formats) together.

#14900 4/3-6/5 W 3:15-4:10 p.m. \$138

HOMESCHOOL: MATERIALS SCIENCE LAB

Ages 11-16

You know you wouldn't make a baking dish out of candle wax, or a balloon out of steel, but why? In this lab-based class we'll explore how we define and test the properties of materials, how fundamental characteristics of the material determine those properties, how different materials are worked, and what this all means for engineering material selection. Class discussion and home assignments will focus on boosting your skills in analyzing and communicating scientific work, as well as gaining a basic understanding of materials science. For more information, please visit www.loyalheightshomeschool.org.

#14916 4/3-6/5 W 1:15-2:10 p.m. \$138

HOMESCHOOL: MATH GAMES

Ages 6-9

Come explore numbers, shapes, measurements, and more with a wide variety of games, crafts, and activities sharing the joy of math! Aimed toward a K-2nd grade math level, children should at minimum be able to count, recognize numerals, and be ready for active participation in group games. For more information, please visit www.loyalheightshomeschool.org.

#14912 4/3-6/5 W 11-11:55 a.m. \$143

HOMESCHOOL: ART BOOKS

Ages 9-16

Cut, fold, paint, draw, collage and sew. Students will have fun turning their original art work into handmade books while learning about composition, design, pattern, and color theory. This class will explore accordion style binding, a pamphlet book and a stab bound book. Students will need a shoebox size lidded container and materials for collage for class. For more information, please visit www.loyalheightshomeschool.org. **Two parent volunteers are needed 10 minutes before and after class to help with set-up and clean-up.

#14909 4/3-6/5 W 11-11:55 a.m. \$138



HOMESCHOOL: ART EXPLORATION

Ages 6-8

Let's get inspired by stories, art history, and the changing seasons! Together we'll do a variety of fun projects to explore drawing and painting with materials such as charcoal, oil pastels, water color, tempera, acrylics and more. For more information, please visit www.loyalheightshomeschool.org. **Two parent volunteers are needed 10 minutes before and after class to help with set-up and clean-up.

#14914 4/3-6/5 W Noon-12:55 p.m. \$143

HOMESCHOOL: DIGITAL PHOTOGRAPHY

Ages 11-16

Getting know yourself through photography - learning when to trust your instincts and when to question your point of view. The focus of this class is perspective and understanding how photographs reflect the perspective of the photographer. Time will be spent taking photographs together and talking. Students will work on how to engage in constructive dialogues about art. Some time will be spent on technical feedback and support. All digital cameras welcome. Level is intro/advanced.

#14910 4/3-6/5 W Noon-12:55 p.m. \$138

HOMESCHOOL: MACHINE SEWING

Ages 7-14

Students are invited to learn a skill they will use for a lifetime and a hobby they will forever enjoy - sewing! No experience necessary. New students learn machine safety and beginner sewing techniques, while more experienced students expand on skills they already have. The class begins with a simple project, then students will advance at their own pace to more exciting and challenging projects throughout the session. This class is designed to teach children with both beginning and advanced skills. Projects, which are constantly rotating during the quarter, include backpacks, phone cases, clothing, accessories, bags, games, stuffed animal and more.

#15421 4/3-6/5 W 9:30-11 a.m. \$267

HOMESCHOOL: PRESCHOOL ART

Ages 3-5

In this art exploration class, children are introduced to the elements of art, including shape, line, value, and color. They will be encouraged to play with these ideas using a variety of age-appropriate, non-toxic materials. Each project will engage children's imaginations and build their observation skills. Projects will focus on process over product, while at the same time allowing a record of each child's exploration and growth. The environment will nurture confidence, playfulness, and respect for each child's process and work. Come find out about the world through art! For more information, please visit www.loyalheightshomeschool.org.

#14911 4/3-6/5 W 10-10:55 a.m. \$138

HOMESCHOOL: PARKOUR: EFFICIENCY IN ACTION

Ages 8-16

Parkour: the art of moving efficiently through space. Do you like obstacle courses? Do your friends tell you to stop climbing on things? Do you want to awaken your inner monkey? Parkour may very well be for you. Students will use the safety of mats as well as real life obstacles to explore fluid movement in a safe and fun way. This class favors traditional parkour over "tricking" (tumbling, breakdancing, etc.), though some gymnastic skills may be explored. For more information, please visit www.loyalheightshomeschool.org. An additional \$5 annual insurance fee will be required prior to registration for all gymnastics, tumbling and cheerleading classes at the Seattle Parks and Recreation facilities.

#14915 4/3-6/5 W 1:15-2:10 p.m. \$138

HOMESCHOOL: SPORTS UNLIMITED

Ages 5-8

Sample a variety of individual and team sports. Fun movement games to get your little one active. Anything from creative 'tag' games to basic skills in sports like soccer and anything in between. Your child will enjoy challenging their muscles, cardiovascular system, balance, and coordination. For more information, please visit www.loyalheightshomeschool.org

#14913 4/3-6/5 W 11-11:55 p.m. \$108

HOMESCHOOL: SPORTS UNLIMITED

Ages 9-16

Sample a variety of individual and team sports. Fun movement games to get your little one active. Anything from creative 'tag' games to basic skills in sports like soccer and anything in between. Your child will enjoy challenging their muscles, cardiovascular system, balance, and coordination. For more information, please visit www.loyalheightshomeschool.org

#15416 4/3-6/5 W Noon-12:55 p.m. \$108

HOMESCHOOL: CREATIVE DANCE POP PARTY!

Ages 8-12

When you hear a good song, do you start grooving? Do you like to learn new things and be creative? Are you a fan of having dance parties in your living room? This may be the class for you! Against a backdrop of fun, pop music, we learn technique from the jazz and hip-hop dance traditions as well as steps from Miranda's own style. This class will explore the movement concepts from Anne Green Gilbert's creative dance curriculum and give opportunities for students to make up their own dance moves and choreography. On nice days, we may dance outside.

#14904 4/3-6/5 W Noon-12:55 p.m. \$143

HOMESCHOOL: FAMILY CHOIR

Ages 5-18

Do you love to sing? Join our family choir class! Children of all musical abilities are welcome. Parents of all musical abilities are welcome as well! Together, we will explore pitch-matching, basic vocal techniques, note-reading, choral repertoire, and more. Most importantly, we will share the joy of music. Parent participation is optional, but fun is guaranteed! For more information, please visit www.loyalheightshomeschool.org

#14917 4/3-6/5 W 1:15-2:10 p.m. \$138



HOMESCHOOL: FAMILY DANCE

Ages 5-18

Bring the whole family and fall in love with dance together! Children and caregivers expand their movement skills and explore dance concepts in this joyful, supportive classroom community. Instructor Miranda Veenhuysen is a lifelong dancer with nine years of teaching experience. She uses Anne Green Gilbert's brain-compatible dance curriculum for this class. Participants should wear comfortable clothing and dance barefoot. Parent participation is encouraged but optional. For more information, please visit www.loyalheightshomeschool.org

#14903 4/3-6/5 W 11-11:55 a.m. \$138

HOMESCHOOL: IMPROV

Ages 11-16

Discover how much fun the unscripted life can be! Improv exercises and games will show this class how to gain confidence, think on the fly, and leave audiences laughing hysterically. Perfect for the inexperienced and experienced alike. For more information, please visit www.loyalheightshomeschool.org

#14906 4/3-6/5 W 2:15-3:10 p.m. \$138

TEENS

TEEN PROGRAM

FREE!

Ages 11-19

Teens participate in fun, exciting and educational activities after school. Center closed 5/27.

#14949	4/1-6/21	M-F	3:30-6 p.m.
	6/24-8/30	M-F	1-5 p.m.

TEEN PROGRAM: PIZZA AND PINS

FREE!

Ages 11-19

Teens eat pizza and pop while bowling to games at Roxbury Lanes.

#15445	4/5-6/21	F	4-6 p.m.
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TEEN PROGRAM: POPCORN AND A MOVIE

FREE!

Ages 11-19

Participants watch an exciting movie rental from Rain City Video.

#15443	4/1-6/17	M	3:30-6 p.m.
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TEEN PROGRAM: SERVICE LEARNING HOURS

FREE!

Ages 11-19

High school students are required to complete 60 hours of community service. There are citywide service learning project coordinated by Ron Mirabueno. You can also create a service learning project at your local community center. Contact Ron Brown at Loyal Heights for more information.

#15447	4/1-6/21	M-F	3:30-6:30 p.m.
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TEEN PROGRAM: TEEN COUNCIL

FREE!

Ages 11-19

The Loyal Heights Teen Council is looking for trustworthy, reliable and responsible teens to join the Loyal Heights Teen Council. Members are expected to participate in monthly teen meetings, help with special events, plan activities, and recruit other teens. Meetings are held on the first Thursday of the month.

#15444	4/4-6/20	Th	4-6 p.m.
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TEEN PROGRAM: TEEN FITNESS

FREE!

Ages 11-19

Teen workout in the Loyal Heights Fitness Room.

#15448	4/3-6/19	W	5-6 p.m.
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TEEN PROGRAM: TEEN SWIM

FREE!

Ages 11-19

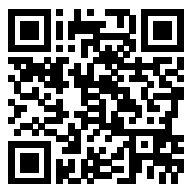
Teens Swim at Evans Pool

#15446	4/2-6/18	Tu	6:30-8:30 p.m.
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EXPLORE THE WILD SIDE OF SEATTLE THROUGH YOUR ENVIRONMENTAL LEARNING CENTERS!

Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.



DISCOVERY PARK

206-386-4236

3801 Discovery Park Blvd

discover@seattle.gov

- » located 5 miles northwest of downtown Seattle
- » 8 miles of trails
- » ponds, saltwater beaches, forests, and meadows

CARKEEK PARK

206-684-0877

950 NW Carkeek Park Road

carkeek.park@seattle.gov

- » located in North Seattle
- » roam the trails
- » play at the playground
- » explore the historic Piper's Orchard

CAMP LONG

206-684-7434

5200 35th Ave SW

camplong@seattle.gov

- » located in West Seattle
- » 68-acre forested park with hiking trails
- » climbing rock with instructors
- » rustic cabins for rent
- » wetlands loaded with frogs and salamanders
- » campfire programs



Seattle
Parks & Recreation

Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at: <http://www.seattle.gov/parks/find/environmental-education-and-outdoor-learning>

ADULTS

CIRCUIT TRAINING

Ages 16 and Older

Circuit training is a popular form of workout that targets aerobic fitness and muscular endurance simultaneously. In this circuit training class, participants work through a series of 8 to 12 exercises for either a set time or number of reps, with little or no rest between exercises. These circuits will involve the use of exercise equipment and body weight exercises. In this class the workout will be fresh and interesting and the participants will be challenged.

#14692	4/2-4/30	Tu	6-7 p.m.	\$40
#14694	5/7-5/28	Tu	6-7 p.m.	\$32
#14695	6/4-6/25	Tu	6-7 p.m.	\$32
#15911	7/2-7/30	Tu	6-7 p.m.	\$40
#15912	8/6-8/27	Tu	6-7 p.m.	\$32

INTRO TO FITNESS

Ages 18 and Older

If you want to work out but aren't sure where to start, this is the class for you! Our instructor will briefly discuss your fitness goals with you, introduce you to the weight room and how to use it safely and give you guidance for beginning your workout routine. No experience is necessary and class size is very small. Come be encouraged to learn, grow and get fit!

#14918	4/9	Tu	7-7:45 p.m.	\$20
#14919	5/14	Tu	7-7:45 p.m.	\$20
#14920	6/11	Tu	7-7:45 p.m.	\$20
#15982	7/9	Tu	7-7:45 p.m.	\$20
#15983	8/13	Tu	7-7:45 p.m.	\$20

VINIYOGA

Ages 16 and Older

A 6-week Viniyoga series designed for people who want to stretch and strengthen their body while attending to their mind and sense of wellbeing. Attention will be paid to strengthening the core and pelvic floor - and exploring ways to find calm amidst hectic lives. Drop in 9\$

#14953	4/9-5/14	Tu	9:15-10:15 a.m.	\$48
#14954	5/21-6/25	Tu	9:15-10:15 a.m.	\$48

ZUMBA®

Ages 18 and Older

Zumba® is a Latin-inspired dance fitness class that incorporates Latin and International music and dance movements. This class format combines fast and slow rhythms that tone and sculpt the body, blending balance of cardio and muscle toning benefits. Zumba® is fun, different, easy, and effective.

#13573	4/3-4/24	W	6:30-7:30 p.m.	\$32
#13574	5/1-5/29	W	6:30-7:30 p.m.	\$40
#14966	6/5-6/26	W	6:30-7:30 p.m.	\$32
#16062	7/3-7/31	W	6:30-7:30 p.m.	\$40
#16063	8/7-8/28	W	6:30-7:30 p.m.	\$32

Drop-in: \$9

➤ MULTIGENERATIONAL

PILATES

Ages 12 and Older

Come learn the skills needed to improve your posture, core strength and to help relieve back and neck pain. Pilates is a full body workout and is appropriate for all fitness levels. Drop in rate of \$9.

#14942	4/5-4/26	F	6-7 p.m.	\$32
#14943	5/3-5/31	F	6-7 p.m.	\$40
#14944	6/7-6/28	F	6-7 p.m.	\$32
#16002	7/5-7/26	F	6-7 p.m.	\$32
#16003	8/2-8/30	F	6-7 p.m.	\$40

MUSIC LESSONS WITH SHANNON

Ages 6 and Older

Try piano, voice, ukulele and/or guitar with our seasoned and FUN instructor, Shannon Hughes. Lessons focus on improving your musical skills in order to express your creative passion. Shannon will support each student by setting goals and celebrating achievements. Lessons are tailored to individuals interests and learning styles. All ages are invited to experience the joy of music!

#14932	4/3-8/28	W	3:30-8:30 p.m.	\$25
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PIANO LESSONS WITH DINA

Ages 6 and Older

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric key board or piano for practice outside of lessons.

#14940	4/2-8/27	Tu	3-6:30 p.m.	\$25
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PIANO OR GUITAR WITH BRUCE

Ages 4 and Older

Students at all levels are welcome for lessons in piano or guitar. As a bonus, instructor Bruce will teach one or more phrases or characters in Mandarin Chinese per lesson. If you do not have an instrument yet, please consult instructor for appropriate choices. Lessons are 30 minutes once per week.

#14941	4/11-8/29	Th	4-7:30 p.m.	\$25
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FENCING - BEGINNING

Ages 12 and Older

If you have never fenced before, this is the class for you. You will learn basic footwork, attacks, parries, strategy, rules, and etiquette. By the end of the quarter you will be able to step onto the strip in electric gear and fence! Basic fencing equipment for the class will be provided. However, you will need to wear long pants (sweats or warm-ups recommended) and court or running shoes. Street shoes are not allowed.

#14898	4/2-6/27	Tu/Th	7-8 p.m.	\$105
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FENCING - INTERMEDIATE

Ages 12 and Older

If you have completed our beginning class, this is the next step. Or, if you have had basic instruction elsewhere, you may take this class with instructor permission. Intermediate fencers are expected to have their own basic equipment: mask, jacket, plastron, gloves, knickers or long pants, and practice foil. However, participants can rent a basic kit for \$30 for the entire season.

#14899	4/2-6/27	Tu/Th	7-8 p.m.	\$105
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↘ TOTS

TOT BOP

Ages 1-3½

This parent/child class involves movement, music, rhythm, song, and various props. You'll enjoy this opportunity to spend some one-on-one time with your toddler as you creatively and energetically explore dancing, singing, moving, and exploring. Older siblings are welcome to participate. Baby siblings must be in a backpack or stroller.

#13182	4/1-6/10	M	9:30-10:30 a.m.	\$63
#13181	4/1-6/10	M	10:30-11:30 a.m.	\$63
#13185	7/8-8/19	M	9:30-10:30 a.m.	\$49
#13183	4/5-6/14	F	9:30-10:30 a.m.	\$70
#13184	4/5-6/14	F	10:30-11:30 a.m.	\$70
#13186	7/12-8/23	F	9:30-10:30 a.m.	\$49

PRE-BALLET

Ages 3-4

A dance class with props, creative dance, basic ballet steps, learn ballet in a fun way, ballet clothes and shoes required.

#13357	4/10-5/29	W	3-3:45 p.m.	\$70
#14372	6/19-7/24	W	3:45-4:30 p.m.	\$77
#13358	4/10-5/29	W	3:45-4:30 p.m.	\$70
#14373	7/31-8/28	W	3:45-4:30 p.m.	\$65

TERRIFIC 2

Age 2

Registration for Terrific 2's 2019-2020 will be in August 2019 beginning the first day of Fall registration, August 6.

UK PETITE SOCCER

Ages 3-5

Our unique "game based" approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability, in a fun learning environment. Players will receive a t-shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

#18501	8/5-8/9	M-F	9-10:15 a.m.	\$115
#18502	8/5-8/9	M-F	10:30-11:45 a.m.	\$115

YOUTH

TENNIS YOUTH

Ages 6-8

Youth group lessons for players ages 6 to 8. Emphasizes all the elements of stroke production, with drills designed to work on control, consistency, and game strategy.

Ages 6-8

#14513	5/28-7/9	Tu	3:15-4 p.m.	\$105
#14533	7/23-8/27	Tu	3:15-4 p.m.	\$90
#14514	5/29-7/10	W	3:15-4 p.m.	\$105
#14536	7/24-8/28	W	3:15-4 p.m.	\$90
#14456	5/30-7/11	Th	3:15-4 p.m.	\$90
#14529	7/25-8/29	Th	3:15-4 p.m.	\$90

Ages 9-11

#14517	5/28-7/9	Tu	4-4:45 p.m.	\$105
#14534	7/23-8/27	Tu	4-4:45 p.m.	\$90
#14516	5/29-7/10	W	4-4:45 p.m.	\$105
#14537	7/24-8/28	W	4-4:45 p.m.	\$90
#14510	5/30-7/11	Th	4-4:45 p.m.	\$90
#14531	7/25-8/29	Th	4-4:45 p.m.	\$90

Ages 12-14

#14518	5/28-7/9	Tu	5-6 p.m.	\$105
#14532	7/23-8/27	Tu	5-6 p.m.	\$90
#14519	5/29-7/10	W	5-6 p.m.	\$105
#14535	7/24-8/28	W	5-6 p.m.	\$90
#14512	5/30-7/11	Th	5-6 p.m.	\$90
#14521	7/25-8/29	Th	5-6 p.m.	\$90

UK SOCCER SUMMER CAMP 1/2 DAY

Ages 6-14

Our unique "game based" approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability, in a fun learning environment. Players will receive a T-Shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

#18484	8/5-8/9	M-F	9 a.m.-Noon	\$165
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UK SOCCER SUMMER CAMP FULL DAY

Ages 6-14

Our unique "game based" approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination, and general athletic ability, in a fun learning environment. Players will receive a T-Shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

#18491	8/5-8/9	M-F	9 a.m.-3 p.m.	\$250
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ZUMBA®KIDS

Ages 4-10

Grab your friends and let's dance like no one is watching! Zumba® Kids classes are rockin' high-energy dance fitness parties packed with kid-friendly routines. We break down the steps, add games, activities, and cultural exploration elements into the class structure. Kids jam out and dance to music from top charts and from around the world with age appropriate, easy to follow dance steps. Zumba® Kids help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, and cultural awareness. We will begin the hour with a warm-up, dance, play a dance game, "travel" to a country to learn/practice the regional dance styles, and we will end class with a stretch/cool down.

#14364	6/24-7/15	M	10-11 a.m.	\$100
#14538	6/25-7/16	Tu	10-11 a.m.	\$100
#14539	6/26-7/17	W	10-11 a.m.	\$100
##14541	6/28-7/19	F	10-11 a.m.	\$100
14540	6/27-7/18	Th	10-11 a.m.	\$75

BALLET 1

Ages 6-9

This class uses barre work, ballet steps, props, dance games, and stories. Dance clothes and ballet shoes required.

#13356	4/10-5/29	W	4:45-5:30 p.m.	\$77
#14367	6/19-7/24	W	4:45-5:30 p.m.	\$77
#15374	7/31-8/28	W	4:45-5:30 p.m.	\$65

ENCHANTED ART

Ages 5-11

Come and explore your imagination through venturing the whimsical world of fairies. We will be gathering natural resources from the outdoors and creating magical art.

#13197	4/10-5/8	W	5-6 p.m.	\$160
#13199	7/8-7/12	M-F	9 a.m.-Noon	\$220

JEWELRY MAKING

Ages 5-13

Learn the basic skills to make various styles of jewelry. We will use different materials to create earrings, bracelets, and necklaces; to learning how to wire wrap and make simple pendants.

Ages 5-11

#13198	4/12-5/10	F	3:45-5 p.m.	\$160
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Ages 5-7

#13200	7/8-7/12	M-F	1-4 p.m.	\$220
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Ages 6-13

#13201	8/26-8/30	M-F	1-4 p.m.	\$220
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RECYCLED ART

Ages 5-11

In this class, we will re-use, reduce, and re-purpose common household materials and make them into fine works or art!

#13223 8/26-8/30 M-F 9 a.m.-Noon \$220

YOUNG ENGINEERS

Ages 6-10

The objective of this course is to impart theoretical and applied knowledge in the fields of Science, Technology, Mechanical Engineering, and Mathematics (STEM) by using LEGO® and other exciting tools. Students will learn mathematics and physical principles through intuitive study; develop their independent learning; and improve their building skills. Once the concepts have been demonstrated, students enjoy hands on building the LEGO® models which provides experiential learning and reinforces the lessons. Some fun topics covered in class are Newton's law, Lever principle, Transmissions, Centrifugal force, etc.

#20125 4/2-6/11 Tu 4:30-6 p.m. \$275

APOLLO BASKETBALL CLINIC

Ages 8-12

Apollo Basketball Clinics are designed for anyone looking to improve their game and hone their fundamentals in a positive and inclusive environment. Apollo Coaches are dedicated to each players growth through individual skills and game-play designed to prepare each player for their upcoming season.

#20482 4/11-5/2 Th 6-7 p.m. \$100

ADULT

ADULT POTTERY

Ages 18-74

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

#13350 4/3-5/8 W 9:30 a.m.-12:30 p.m. \$180

#14343 6/5-7/10 W 9:30 a.m.-12:30 p.m. \$180

#14344 6/5-7/10 W 9:30 a.m.-12:30 p.m. \$180

BEGINNING & INTERMEDIATE POTTERY

Ages 16-74

Learn wheel, hand building and glazing techniques at the beginning or intermediate level. We offer liberal open studio hours. The first 25 pound bag of clay is free, additional bags can be purchased. Limited glazes are provided.

#13351 4/2-5/7 Tu 6-9 p.m. \$180

#13352 5/14-6/18 Tu 6-9 p.m. \$180

#14345 6/4-7/9 Tu 6-9 p.m. \$180

#14355 7/16-8/20 Tu 6-9 p.m. \$180

MULTIGENERATIONAL

BASIC TUMBLE & RHYTHMIC GYMNASTICS

Ages 5-49

Gymnastics, tumbling, and rhythmic gymnastics skills are the focus of this gymnastics class. Class will include warm up, cool down, strength, flexibility, balance, and creative floor movements. Appropriate for ages 5 to adult. As part of class, students will assist with mat set-up and takedown. *Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure.

#14376 4/1-6/3 M 5:15-6:30 p.m. \$100

#14377 6/17-8/19 M 5:15-6:30 p.m. \$100

HATHA YOGA

Ages 12-74

Hatha Yoga is a physical practice suitable for all ages and experience levels. We connect breath to movement through a sequence of postures that promote safe alignment, flexibility, and strength.

#14309 4/8-5/13 M 6-7 p.m. \$168

#14362 6/3-7/15 M 6-7 p.m. \$168

ZUMBA®

Ages 16-74

Sure to get your heart pumping and feet moving, join us for a Zumba® dance-fitness course! We take the 'work' out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Super effective? Check. Super fun? Check and check.

#13353 4/1-5/13 M 7-8 p.m. \$42

#13354 4/6-5/18 Sa 9:45-10:45 a.m. \$42

#13355 4/3-5/15 W 7-8 p.m. \$42

#20484 5/22-6/26 W 7-8 p.m. \$36

#20483 5/20-6/24 M 7-8 p.m. \$30

#20486 7/3-7/31 W 7-8 p.m. \$30

#20485 7/1-7/29 M 7-8 p.m. \$30

#20488 8/7-8/28 W 7-8 p.m. \$24

#20487 8/5-8/26 M 7-8 p.m. \$24



TAEKWONDO

Ages 7-74

Taekwon Do, a Korean martial art is taught utilizing a fun safe, family-focused method designed for a wide range of skill levels. This class teaches traditional Taekwondo and focuses on empowering students to reach their full potential through self-disciplined, hard work! Student should wear comfortable clothes (no shorts please) that allow them to move freely. Uniforms are required. Student should consult their instructor for purchasing options. A typical class is run with the instructor leading the group through a series of warm-ups and stretches, followed by drills that focus on development of balance and techniques. Please contact the Magnolia Community Center at 206-386-4235 to register multiple people.

#13347	4/2-4/30	Tu/Th	6:15-7:30 p.m.	\$50
#13348	5/7-5/30	Tu/Th	6:15-7:30 p.m.	\$50
#13349	6/4-6/27	Tu/Th	6:15-7:30 p.m.	\$50
#14357	7/2-7/25	Tu/Th	6:15-7:30 p.m.	\$50
#14359	8/6-8/29	Tu/Th	6:15-7:30 p.m.	\$50

ASSOCIATED RECREATION COUNCIL



For 44 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation.

With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of “building community through citizen engagement and participation in recreation and lifelong learning programs.” ARC is a 501c3 nonprofit organization. **For more information, go to www.arcseattle.org.**

YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.



↳ TOTS

CREATIVE DANCE MOVEMENT

Ages 3-5

Introduce ballet and dance movement to young children! Develop balance, coordination and socialization through rhythm, musicality, and brain games.

#15202	4/5-6/21	F	11:15 a.m.-Noon	\$80
#17271	6/28-8/30	F	11:15 a.m.-Noon	\$80

PRE-BALLET

Ages 3-5

Children learn basic ballet skills in a creative, fun environment. Kids experience the joy of dancing while learning basic movements and ballet vocabulary. This class has a classic structure with rhythmic and creative games mixed in.

#15211	4/2-5/7	Tu	2:40-3:25 p.m.	\$60
#15212	4/2-5/7	Tu	3:30-4:15 p.m.	\$60
#15213	5/14-6/18	Tu	2:40-3:25 p.m.	\$60
#15214	5/14-6/18	Tu	3:30-4:15 p.m.	\$60
#17163	6/25-7/23	Tu	2:40-3:25 p.m.	\$60
#17164	6/25-7/23	Tu	3:30-4:15 p.m.	\$60
#17165	7/30-8/27	Tu	2:40-3:25 p.m.	\$60
#17166	7/30-8/27	Tu	3:30-4:15 p.m.	\$60

SPORTS FOR COHORTS

Ages 3-4

Can't decide on one particular sport for your child? This class is the perfect fit to keep your little one active and engaged in a fun safe environment! This program is designed to build basic coordination skills and self-esteem. This class focuses on multiple sports, giving your child the chance to try a variety of sports while having tons of fun!

#15204 4/17-5/29 W 3:45-4:30 p.m. \$42

YOUTH

ART FOR KIDS

Ages 6-10

Have fun creating art! Kids will bring out their hidden artist. Participants will learn to appreciate and understand the importance of color that helps us communicate without any barriers and encourage the children to express their ideas through art.

#15201 4/2-6/18 Tu 4:45-5:45 p.m. \$125

BALLET 1

Ages 5-7

This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. This class will introduce traditional barre and center-floor work, and a creative game to round out the day.

#15206 4/2-5/7 Tu 4:30-5:15 p.m. \$60

#15207 5/14-6/18 Tu 4:30-5:15 p.m. \$60

#17167 6/25-7/23 Tu 4:30-5:15 p.m. \$60

#17168 7/30-8/27 Tu 4:30-5:15 p.m. \$60

BALLET 2

Ages 7-10

This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. Class will introduce traditional barre and center-floor work, and a creative game to round out the day. This traditional class is for dancers with 2 years of dance instruction and for older beginners.

#15208 4/2-5/7 Tu 5:30-6:15 p.m. \$60

#15209 5/14-6/18 Tu 5:30-6:15 p.m. \$60

#17169 6/25-7/23 Tu 5:30-6:15 p.m. \$60

#17170 7/30-8/27 Tu 5:30-6:15 p.m. \$60

TEENS

DROP-IN: TEEN ROOM

Ages 13-18

Come to Northgate and hang out after school at the Northgate Teen Room. Sit back and relax with friends, listen to music, play Xbox, work on homework and enjoy the end of your day.

#17270 6/24-8/30 M-F 3:30-7 p.m.

FREE!

ADULTS

ZUMBA®

Ages 16 and Older

Get down and feel great with a Zumba® community that supports recovery. Free your body, and travel the world through Zumba® music and dance. Get down and feel great with the Northgate Zumba® community.

#15205 4/5-6/21 F 6-7 p.m. \$60

MULTIGENERATIONAL

LATIN AND BALLROOM DANCE

Ages 16 and Older

This beginning dance class will have you twinkling on your toes in no time! Learn the tango, cha-cha, foxtrot, rumba, waltz, swing and salsa. No partner necessary.

#15203 4/11-6/20 Th 7-8 p.m. \$75

#17171 6/27-8/22 Th 7-8 p.m. \$75

MUSIC LESSON

Ages 5 and Older

Try piano, voice, ukulele and/or guitar with our seasoned and FUN instructor, Shannon Hughes. Lessons focus on improving your musical skills in order to express your creative passion. Shannon will support each student by setting goals and celebrating achievements. Lessons are tailored to individuals interests and learning styles. All ages are invited to experience the joy of music! Please reach out directly to Shannon to set up your lessons today. Space is limited.

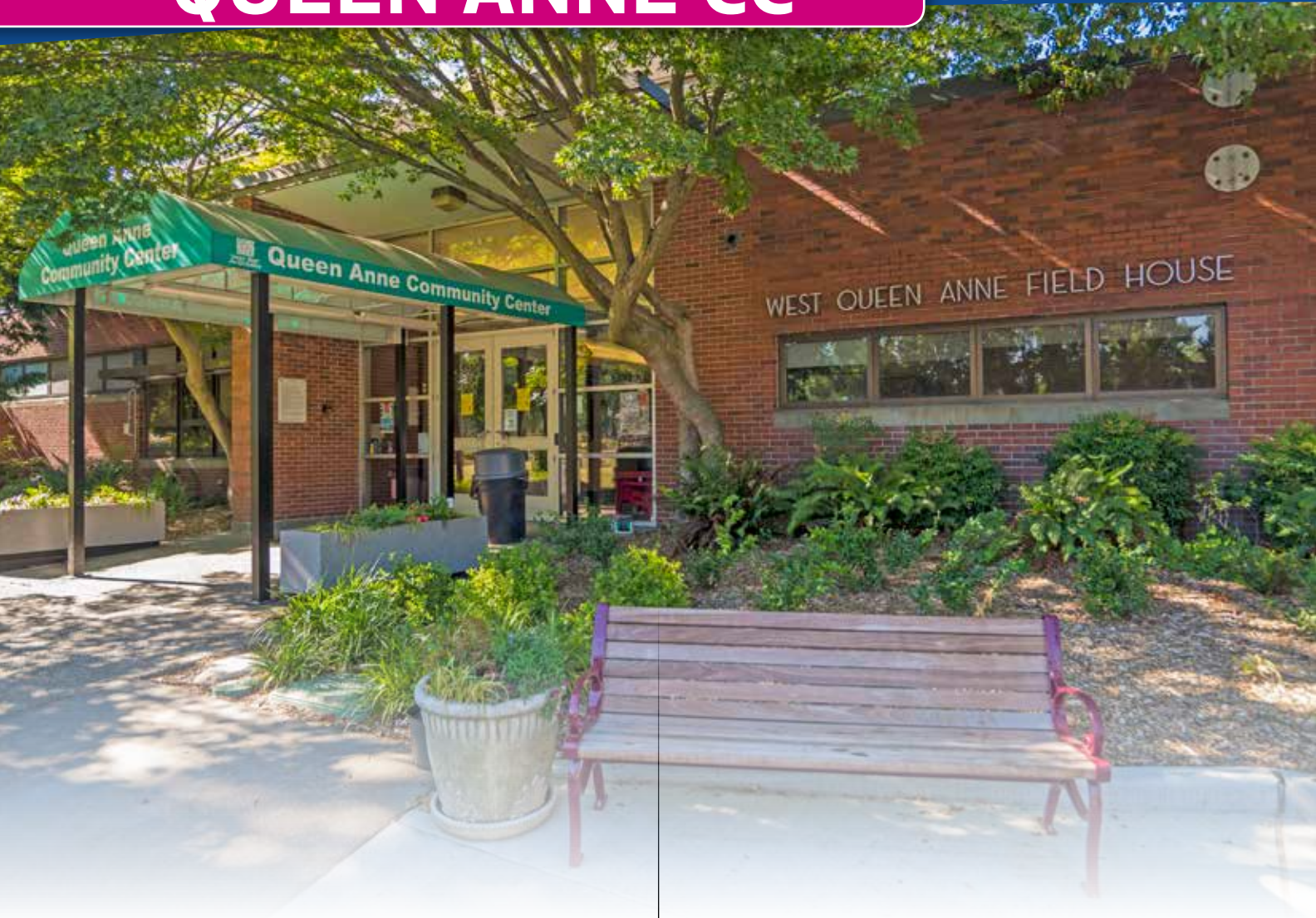
#15215 4/11-4/25 Th 3-6:30 p.m. \$25

#15216 5/2-5/30 Th 3-6:30 p.m. \$25

#15217 6/6-6/27 Th 3-6:30 p.m. \$25

#17273 7/11-7/25 Th 3-6:30 p.m. \$25

#17274 8/1-8/29 Th 3-6:30 p.m. \$25



↘ TOTS

UK PETITE SOCCER

Ages 3-5

The perfect introduction to soccer for 3-5 year olds. Our unique "games based" approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability, in a fun learning environment. Players will receive a t-shirt and player certificate. Classes will be led by the professional UK Elite Coaching Staff.

#17619	3/12-4/30	Tu	10:30-11:30 a.m.	\$140
#17621	3/12-4/30	Tu	3-4 p.m.	\$140
#17624	3/14-5/2	Th	10-11 a.m.	\$140
#17627	3/14-5/2	Th	2:30-3:30 p.m.	\$140
#17630	3/15-5/3	F	10-11 a.m.	\$140
#17633	3/15-5/3	F	3-4 p.m.	\$140

↘ YOUTH

POTTERY

Ages 5-12

Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of projects. Students will use brightly colored, non-toxic glazes, and be introduced to the wheel.

#17426	3/25-4/22	M	4:45-5:45 p.m.	\$150
#17427	5/6-6/10	M	4:45-5:45 p.m.	\$150

SPRING BREAK CLAY CAMP

Ages 5-12

Bring your creativity to this class! Campers will complete a variety of different projects. We will pinch, coil, roll out clay slabs, and even use the potter's wheel! All projects will be glazed with colorful, non-toxic glazes, and returned to the young artist by the end of the week. Projects include teapots, monsters (fierce or friendly) birdhouses, and much, much more! Dress for a mess! All materials are non-toxic and food safe.

#17428 4/8-4/12 M-F 9 a.m.-1 p.m. \$250

INTRODUCTION TO BALL HOCKEY

Ages 5-12

Learn running, passing, stickhandling, shooting, and battling!

#17930 4/17-6/5 W 1:30-2:30 p.m. \$82

ONE ON ONE BASKETBALL PLAYER DEVELOPMENT

Ages 6-8

The Player Development Program (PDP) is a focused basketball training program that develops confidence in players who are determined to get better. Our PDP classes are small in size to ensure individual attention and intense focus. Train with One on One after the season and YOU WILL GET BETTER. To learn more about One on One Basketball and determine which PDP color level is appropriate for you, visit us at www.1on1basketball.com.

Ages 6-8 (WHITE)

#17609 3/26-5/7 Tu 5-6 p.m. \$130

Ages 8-11 (YELLOW)

#17610 3/26-5/7 Tu 6-7 p.m. \$130

Ages 11-13 (RED)

#17611 3/28-5/9 Th 5-6 p.m. \$130

ONE ON ONE BASKETBALL PURE STROKE SHOOTING CLINIC

Ages 9-16

If you want to be an incredibly consistent shooter, you have to learn correct technique and gain the knowledge and motivation to practice sound technique repeatedly until it is ingrained into your muscle memory. One on One Basketball will teach you sound shooting fundamentals in this weekly clinic. We will identify flaws in your current shooting form, and give you the tools to correct yourself and become a consistently accurate shooter?..SWISH!

#17612 3/28-5/9 Th 5-6 p.m. \$130

ONE ON ONE BASKETBALL SPRING BREAK HOOPS CAMP

Ages 6-12

Don't get bored during spring break...GET BETTER! Our camps combine individual skill work, skills competitions and team play to provide a fun and productive experience. Whether your child is just discovering basketball or if you have a seasoned ball-player on your hands, One on One camps will improve their individual skills and teamwork! Bring a bagged lunch please.

#17598 4/8-4/12 M-F 9:30 a.m.-3 p.m. \$225



UK ELITE SOCCER

Ages 6-9

Develop your first touch, creative ability and general athletic performance with our individual player programs for year round soccer performance. Each session covers the important fundamentals of the game while implementing fun competitions along the way. Players will receive a t-shirt. Classes will be led by the professional UK Elite Coaching Staff.

#17637 3/15-5/3 F 4-5 p.m. \$140

CHESS CLUB

Ages 6-12

Chess is the game of Kings and Queens! This class is designed to teach those new to chess, or to improve the skills of those who have played before. Time is typically split between instruction and game play.

#17229 4/4-6/6 Th 3:30-4:30 p.m. \$16

HIP POP CREATIVE MOVEMENT

Ages 6-12

Feel the flow and energy of hip-hop music through dance! Students will be taught foundational skills in the styles of hip-pop, break, and pop and will use them to move in creative ways. Classes are focused on building confidence and encouraging students to express themselves through music and movement. Show off your new skills at our exciting Metropolis Dance Show! www.metropolisdance.com

#17228 4/16-6/11 Tu 5:05-6 p.m. \$150

HIP POP 1

Ages 5-6

Join the fun! Hip-Pop is a fusion between hip-hop and pop music. Students learn dance moves and choreography to perform at our exciting dance performance! Classes are energetic, focused on expression, and building confidence. www.metropolisdance.com

#17021 4/16-6/11 Tu 4:15-5 p.m. \$135

HIP POP 2

Ages 7-8

Join the fun! Hip-pop is a fusion between hip-hop and pop music. Student learn dance moves and choreography to perform at our exciting dance performance! Classes are energetic, focused on expression, and building confidence. www.metropolisdance.com

#17022 4/18-6/13 Th 4:05-5 p.m. \$150

HIP POP 3

Ages 9-12

Join the fun! Hip-pop is a fusion between hip-hop and pop music. Student learn dance moves and choreography to perform at our exciting dance performance! Classes are energetic, focused on expression, and building confidence. www.metropolisdance.com

#17023 4/18-6/13 Th 5:05-6 p.m. \$150

HIP POP MIDDLE SCHOOL

Ages 11-14

Join the fun! Hip-Pop is a fusion between hip-hop and pop music. Student will stretch, warm-up, and learn choreography to music. Classes are non-competitive and focused on building confidence. Show off your latest skills at our exciting Metropolis Dance Show! www.metropolisdance.com

#17024 4/19-6/7 F 4:05-5 p.m. \$150

MULTIGENERATIONAL

TRADITIONAL NON-CONTACT TAE KWON DO

Ages 6 and Older

This class teaches non-contact Tae Kwon Do and focuses on these 5 tenets: courtesy, integrity, perseverance, self-control and indomitable spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. \$40 one-time material fee; testing fees additional.

#15449	4/1-6/26	M/W	6-7 p.m.	\$135*
#15450	4/1-4/24	M/W	6-7 p.m.	\$50
#15451	5/1-5/29	M/W	6-7 p.m.	\$50
#15452	6/3-6/26	M/W	6-7 p.m.	\$50
#16945	7/1-9/30	M/W	6-7 p.m.	\$135*
#17006	7/1-7/31	M/W	6-7 p.m.	\$50
#17007	8/5-8/28	M/W	6-7 p.m.	\$50
#17008	9/4-9/30	M/W	6-7 p.m.	\$50

Family Discount: \$5, *\$15



POTTERY FOR THE COMPLETE BEGINNER

Ages 12 and Older

Learn hand building techniques such as slab, coil and pinching as well as an introduction to the pottery wheel. We will use non-toxic low and medium fire glazes. The first 25-pound bag of clay is free, additional bags can be purchased. Limited glazes are provided. Tools are provided; bring an apron and sketch book or journal. You must attend the first or second class with this instructor.

SPRING

#17429	4/2-5/7	Tu	6-9 p.m.	\$180
#17430	5/16-6/20	Th	6-9 p.m.	\$180

SUMMER

#17553	6/25-7/23	Tu	5-8 p.m.	\$150
#17554	7/30-8/27	Tu	5-8 p.m.	\$150

BEGINNING AND INTERMEDIATE POTTERY

Ages 16 and Older

Learn wheel, hand building and glazing techniques at the beginner or intermediate level. The first 25-pound bag of clay is free, additional bags can be purchased. Limited glazes are provided. Suggested supplies: Tool kit (available for purchase for \$15), 1-gallon bucket, light weight plastic bags, paint brushes, apron or towel, masking tape, marking pen, sketch book or journal. Production work is not allowed in community center studios. You must attend your first or second class with this instructor.

SPRING

#17421	3/26-6/18	Tu	1-4 p.m.	\$390
#17424	3/28-6/20	Th	10 a.m.-1 p.m.	\$360
#17425	3/29-6/21	F	5-8 p.m.	\$390

SUMMER

#17592	6/25-8/27	Tu	1-4 p.m.	\$300
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INTERMEDIATE AND ADVANCED POTTERY

Ages 16 and Older

Learn wheel, hand building and glazing techniques at the intermediate or advanced level. You must have attended a previous class or have some pottery experience. The first 25-pound bag of clay is free, additional bags can be purchased. Limited glazes are provided.

SPRING

#17279	3/25-6/17	M	6-9 p.m.	\$360
#17280	3/27-6/19	W	6-9 p.m.	\$390

SUMMER

#17580	6/24-8/26	M	5-8 p.m.	\$300
#17581	6/26-8/28	W	5-8 p.m.	\$300

YOU CAN BE A SUPER HERO TOO!

Seattle Parks & Recreation
Seattle Children's Hospital • Research • Foundation
Tulalip Tribes
www.tulaliptribes.org

AS PART OF OUR COMMITMENT TO WATER SAFETY, Seattle Parks and Recreation – in partnership with Seattle Children's Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

HOW TO DONATE: To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to <https://arcseattle.org/Aquatics-Donation-Page>. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP? For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).

<https://arcseattle.org/Aquatics-Donation-Page>



Scan to make
a gift!

SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



Seattle
Parks & Recreation



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Lessons "Seattle Swims"

Swim for fun,
fitness, and safety!
All ages swimming
instruction by
certified lifeguards
and trained
instructors.



Class
Information
Create an account
and register for
classes at
http://bit.ly/spr_registration_account



© jay dotson photography

Personal Lessons

Quality
instruction
tailored to
fit individual
needs to achieve
your personal
swimming goals.



© Doug Mahugh

Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!



Recreation

Public Swim, Family Swim, Lap Pool and more!



Contact your local pool
for more information!

BALLARD POOL

1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/everpool.htm

QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

Summer Only

COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

Did You Know?

We have rental space!

**Great for your next
get together, birthday party,
family reunion, school field
trip, and more! Convenient
weekend times available.**

Call to book your party today!



RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

- » Damage Deposit \$500
- » Staff fee \$30 per hour /per staff (min. 2 staff)
+1 additional hour
- » \$75 City of Seattle Alcohol Permit Fee
- » Banquet Permit (www.liq.wa.gov/licensing/banquet-permits) purchased from the Liquor Control Board \$10.
- » Liability insurance of \$1 million is required. This may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Please review the refund policy with facility staff before you book your rental. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information**

HOURLY ROOM AND GYMNASIUM RENTAL FEES

RENTAL PRICES ARE IN THE PROCESS OF BEING SET BY CITY COUNCIL AND WERE NOT AVAILABLE BEFORE THIS PUBLICATION WAS PRINTED. HERE IS WHERE YOU CAN FIND THE MOST UP TO DATE PRICING INFORMATION
http://bit.ly/spr_fees_and_charges.

COMMUNITY CENTERS/ROOMS AND CAPACITIES

SITE	SMALL	MED	LARGE	KITCHEN	GYM
Ballard	15/20	45/85	130	small	500
Bitter Lake	20	40/75	150	large	450
Green Lake		40			240
Loyal Heights			(2)75	small	450
Magnolia	35	(2)35	(2)75	small	200
Northgate	15/20		179	large	250
Queen Anne			100/75	small	400

NORTHWEST SEATTLE/SHELTERHOUSES AND CAPACITIES

SITE	SMALL	MED	LG
Golden Gardens Bathhouse			290
Ross Playfield Shelterhouse	35		



GENERAL INFO

REGISTER ONLINE!

READY - Please visit our web site at

http://bit.ly/spr_registration_account and create an account for our registration system, and verify your information is correct.

SET - See what classes and programs are available for registration.

GO - Register for programs and get active!

Payment

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online at www.seattle.gov/parks click on the SPARC logo. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

Fees and charges

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION: If a participant withdraws from a program after the second session of a series, no refund will be given.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

Pool Personal Lesson Refund/Transfer Policy

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

Group Lesson Refund Policy

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% or \$5, whichever is greater

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Scholarships

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

Insurance

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



Seattle
Parks & Recreation

NEW SEATTLE PARKS AND RECREATION REGISTRATION SYSTEM IS HERE!

Seattle Parks and Recreation has rolled out a new registration system allowing you to register and pay for activities, sign up for passes, and reserve facilities online.

You will need to create an account in order to utilize the new system. The process is simplified and only requires a few steps. Once you're set up, you'll be able to enjoy the convenience of online activity registration. For more information go to:

bit.ly/spr_new_registration

