

# SOUTHEAST COMMUNITY CENTERS



**Seattle**  
Parks & Recreation

healthy people healthy environment strong communities

**WINTER 2018 PROGRAMS**

## **COMMUNITY CENTERS**

GARFIELD  
INTERNATIONAL  
DISTRICT/  
CHINATOWN  
JEFFERSON  
RAINIER  
RAINIER BEACH  
VAN ASSELT

## **POOLS**

RAINIER BEACH  
MEDGAR EVERS

**REGISTER  
DECEMBER 5**

register online:  
[seattle.gov/parks](http://seattle.gov/parks)



# Dear friends of Seattle Parks and Recreation,

Our city may be a little wet in the winter, but with 26 community centers, eight indoor pools and ten indoor tennis courts, we have endless ways to help you stay active during the rainy months. And for those willing to brave the colder temperatures, our parks offer unique flora and fauna at this time of year, including excellent opportunities to explore the tides and the creatures we see on the beach during the colder months.

I'm pleased to report that we at Seattle Parks and Recreation (SPR) are utilizing Seattle Park District funds to do our best for Seattle's community and park spaces. Through this generous support from Seattle taxpayers we have been able to get new recreation programs up and running, provide additional maintenance to parks and community centers, and give you more of what you love about Seattle's parks.

I hope you'll join us this spring, whether it's to play a sport, take a class, rent a facility, start swimming, learn about the environment, or sign your child or teen up for a fun activity. And remember, we're all about healthy people, healthy parks and strong communities.

As always, we are looking for ways to improve our practices and be better stewards of taxpayer funds and land. Our commitment to continual improvement shows up in the programs we create, which we measure by how well they help you and your community meet your fitness, health, and personal goals.

Lately, we have been looking more closely at how our program support all families and people across the entire spectrum of unique identities that include, but aren't limited to, race, religion, gender, sexual orientation, and culture. We believe it's our job to make sure each and every person knows they're included and feels they're included. Seattle Parks and Recreation has always been committed to providing programs that are inclusive to all, and in hopes of doing an even better job, we're challenging ourselves to more fully demonstrate that commitment to inclusion and equity in all we do.

Please know that this is your community center, and these are your programs. We always want to hear how we can better affirm community in our work. We also want to know how we can uplift and partner with communities whose voices and interests have not always been heard.

I'm thankful to Seattle Parks and Recreation staff, to our partners, and to community members who share our goals to provide spaces and programs that create healthy people and strong communities.

Sincerely,  
Jesús Aguirre, *Superintendent*

## REGISTER DECEMBER 5

**Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.**

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

***Thank you for your continued support of Seattle Parks and Recreation.***



### BEST CHOICE

Stop by your local community center to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! *Please note hours of operation, as they vary across community centers.*



### FIRST CHOICE

Online registration using the SPARC system by going to [seattle.gov/parks](http://seattle.gov/parks) and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to process. We do our best to set up accounts for registration within 48 hours.



### SECOND CHOICE

Call your local recreation center during our hours of operation at the phone number listed at: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp). All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



### THIRD CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 a.m. and 6 p.m.. Questions may be emailed to [ParksBSC@seattle.gov](mailto:ParksBSC@seattle.gov).



### FOURTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: [seattle.gov/parks/centers.asp](http://seattle.gov/parks/centers.asp).

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WE ALSO HAVE YOUR FAVORITE DANCE, TENNIS, POTTERY, BASKETBALL, KARATE, ART, SOCCER, YOGA, AND PIANO CLASSES AND SO MUCH MORE AT YOUR LOCAL COMMUNITY CENTER!

## INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinators with your programming idea(s) for Southeast Seattle.

**Britt Lord-Jacobsen:** [britt.lord-jacobsen@seattle.gov](mailto:britt.lord-jacobsen@seattle.gov)

**Tiffany Jordan:** [tiffany.jordan@seattle.gov](mailto:tiffany.jordan@seattle.gov)

**Sara Marckx Russell:** [Sara.MarckxRussell@seattle.gov](mailto:Sara.MarckxRussell@seattle.gov)

**Cameron Rivera-Flodine:** [cameron.rivera-flodine@seattle.gov](mailto:cameron.rivera-flodine@seattle.gov)

*Classes are scheduled approximately six months in advance.*

**NOW HIRING!** 

Associated Recreation Council (ARC) in partnership with Seattle Parks and Recreation offers a variety of employment opportunities! Whether your interest is in child care, youth enrichment, the environment, health and fitness, the arts, sports, or building technology skills, we have something for you! Visit [arcseattle.org/employment](http://arcseattle.org/employment) for a complete list of open positions.

We are an equal opportunity employer.

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# GENERAL INFO



## GARFIELD CC

2323 E Cherry St. / Seattle, WA 98122  
**PH:** 206-684-4788 **Fax:** 206-684-4380

### HOURS

Mon-Fri 10 a.m.-9 p.m.  
Saturday 10 a.m.-5 p.m.  
Sunday Available for Rentals

## GARFIELD TEEN LIFE CENTER

428 23rd Ave. / Seattle, WA 98122  
**PH:** 206-684-4550 **Fax:** 206-684-4324

### HOURS

Mon-Thu 2:30-8 p.m.  
Friday Noon-7 p.m.  
Sunday Closed

### LATE NIGHT (AGES 13-19 ONLY)

Fri/Sat 7 p.m.-Midnight

## ID/CHINATOWN CC

719 8th Ave. S / Seattle, WA 98104  
**PH:** 206-233-0042 **Fax:** 206-233-5036

### HOURS

M/W/F 11 a.m.-9 p.m.  
Tue/Thu 10 a.m.-7 p.m.  
Saturday 10 a.m.-5 p.m.  
Sunday Closed

## JEFFERSON CC

3801 Beacon Ave. S / Seattle, WA 98108  
**PH:** 206-684-7481 **Fax:** 206-684-7483

### HOURS

Mon-Fri 9 a.m.-9 p.m.  
Saturday 9 a.m.-5 p.m.  
Sunday Closed

### GREAT NIGHT (AGES 19 AND OLDER)

Saturday 7 p.m.-Midnight

## RAINIER CC

4600 38th Ave. S / Seattle, WA 98118  
**PH:** 206-386-1919 **Fax:** 206-386-1904

### HOURS

Mon/Wed 9 a.m.-9 p.m.  
T/Th 10 a.m.-9 p.m.  
Friday 9 a.m.-6 p.m.  
Saturday 9 a.m.-5 p.m.  
Sunday (available for rent) Closed

### LATE NIGHT (AGES 13-19 ONLY)

Fri/Sat 7 p.m.-Midnight

## RAINIER BEACH CC

8825 Rainier Ave. S / Seattle, WA 98118  
**PH:** 206-386-1925 **Fax:** 206-386-1510

### HOURS

Mon-Thu 10 a.m.-9 p.m.  
Friday 10 a.m.-7 p.m.  
Saturday 8:30 a.m.-7 p.m.  
Sunday 9 a.m.-6:30 p.m.

### LATE NIGHT (AGES 13-19 ONLY)

Fri/Sat 7 p.m.-Midnight

## VAN ASSELT CC

2820 S. Myrtle St. / Seattle, WA 98108  
**PH:** 206-386-1921 **Fax:** 206-386-1894

### HOURS

Mon/Wed/Fri 2-8 p.m.  
Tue/Thu 10 a.m.-8 p.m.  
Saturday 9 a.m.-4 p.m.  
Sunday Closed

### LATE NIGHT (AGES 13-19 ONLY)

Saturday 7 p.m.-Midnight

## MEDGAR EVERS POOL

500 23rd Ave / Seattle, WA 98122  
**PH:** 206-684-4766

## RAINIER BEACH POOL

8825 Rainier Ave. S / Seattle, WA 98118  
**PH:** 206-386-1925 **Fax:** 206-386-1510  
**CLOSED 3/27-4/16 FOR MAINTENANCE.**

## CLOSURES

**12/25, Mon** Christmas Day  
**1/1/18, Mon** New Year's Day  
**1/15, Mon** Martin Luther King, Jr.'s Day  
**2/19, Mon** Presidents' Day

## PARKS MANAGEMENT

**Jesús Aguirre**, Superintendent  
**Christopher Williams**, Deputy Superintendent  
**Kelly Guy**, Recreation Director  
**Katie Gray**, Deputy Recreation Director  
**TBD**, Aquatics Manager  
**Tiffany Johnson**, Recreation Manager

## COORDINATORS

**Tia Scott**, Garfield CC  
**Brenna Clausen**, IDCCC  
**Doreen Deaver**, Jefferson CC  
**Staci Doan**, Rainier CC  
**Martha Winther**, Rainier Beach CC  
**Katie Howard**, Van Asselt CC

## ASSISTANT COORDINATORS

**Britt Lord-Jacobsen**,  
[britt.lord-jacobsen@seattle.gov](mailto:britt.lord-jacobsen@seattle.gov)  
**Tiffany Jordan**,  
[tiffany.jordan@seattle.gov](mailto:tiffany.jordan@seattle.gov)  
**Sara Marckx Russell**,  
[sara.marckxrussell@seattle.gov](mailto:sara.marckxrussell@seattle.gov)  
**Cameron Rivera-Flodine**,  
[cameron.rivera-flodine@seattle.gov](mailto:cameron.rivera-flodine@seattle.gov)

## ASSOCIATED RECREATION COUNCIL

 For 42 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 36 volunteer Advisory Councils to fulfill its mission of "building community through citizen engagement and participation in recreation and lifelong learning programs." ARC is a 501c3 nonprofit organization. For more information, go to [www.arcseattle.org](http://www.arcseattle.org).

## DISCLAIMER NOTE

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.

# SPECIAL EVENTS



- 1) GARFIELD CC
- 2) INTERNATIONAL DISTRICT/CHINATOWN CC
- 3) JEFFERSON CC
- 4) RAINIER CC
- 5) RAINIER BEACH CC
- 6) VAN ASSELT CC

## RECURRING EVENTS

### COMMUNITY KITCHEN

**FREE!**

All Ages

International District/Chinatown Community Center will host Community Kitchens once a month for lunch through a partnership with International Community Health Service. Please call 206-233-0042 for more information.

**Location: International District/Chinatown CC**

**Once a month Thu 11 a.m.-1 p.m.**

### MAKE-N-TAKE MONDAYS

**FREE!**

All Ages

Join PhillySoCreative in partnership with the Van Asselt Community Center to learn different techniques like heat embossing, water coloring, stamping, 3D projects, and more! Each month will feature cultural sharing of drinks/food to connect with the activity. Space is limited to 15, so sign up early!

**Location: Van Asselt CC**

#### VALENTINE'S DAY PROJECT

1/29 Mon 6-7:30 p.m.

#### BLACK HISTORY PROJECT

2/26 Mon 6-7:30 p.m.

#### SPRING TIME PROJECT

3/26 Mon 6:30-7:30 p.m.

#### ALL ABOUT BIRTHDAYS

4/30 Mon 6:30-7:30 p.m.



### YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

### JOIN US!

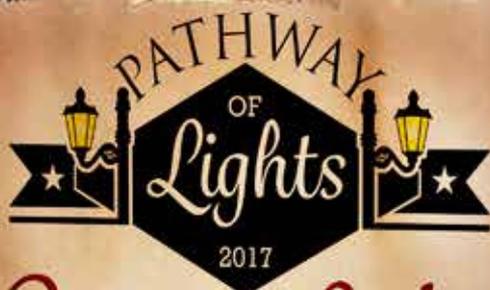
Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.



Seattle  
Parks & Recreation



## SEATTLE PARKS AND RECREATION PRESENTS



**Green Lake**  
Saturday, December 9  
**FREE!** 4:30-7:30pm

Experience the warm glow of luminaries, refreshments, and sounds of the season performed by local schools and artists. Bring your own lights to add to the ambiance!

BRING A NON-PERISHABLE FOOD DONATION TO BENEFIT FAMILYWORKS!  
**FamilyWorks**

If you are interested in volunteering, please call Green Lake Community Center at 206-684-0780.

Presented with support from



Aegis Living  
at Ravenna



Seattle  
Neighborhoods



Love Green Lake



HEARTHSTONE  
OF SEATTLE

This event is hosted by the Green Lake Advisory Council.

FACEBOOK.COM/GREENLAKEPATHWAYOFLIGHTS

### FREE TAX PREP

Ages 16 and Older

**FREE!**

United Way is offering free tax preparation services in locations throughout the county, including Rainier Beach Community Center from January 14-April 18. Come prepared with your Social Security Card, Photo ID, and your tax documents (W2s, 1099 forms, Social Security documents, etc.). You can also bring your bank account information, only if you would like your refund directly deposited into your account (recommended). Lastly, bring a copy of your tax return from last year. United Way Tax volunteers can also prepare back taxes for up to three years. Along with all this, tax volunteers are trained to connect clients to public benefits, health care, and other financial services.

For more information, please visit [www.uwkc.org/taxhelp](http://www.uwkc.org/taxhelp) or call 2-1-1.

**Location: Rainier Beach CC**

**Wed 5-7:30 p.m.**

**Sat 10 a.m.-1:30 p.m.**

**Sun 11 a.m.-2:30 p.m.**

**Location: Rainier CC**

**Tue-Thu 5:30-8:30 p.m.**

**Wed 10 a.m.-1 p.m.**

**Sat 10 a.m.-2 p.m.**

**NEW**

### HISTORY FILM SERIES

**FREE!**

All Ages

Popcorn and a movie with meaning and discussion – Come watch films with us that highlight heritage and history fostering inclusion and multicultural engagement. Both evenings we will have staff available to help complete Scholarship applications. 3/2 will include a pasta meal.

**Location: Rainier CC**

**BLACK HISTORY MONTH**

2/22

Thu

7:30-9 p.m.

**WOMAN'S HISTORY MONTH**

3/8

Thu

7:30-9 p.m.



## ↘ SPECIAL EVENTS

### ↘ DECEMBER 2017

#### HOLIDAY EVENT

All Ages

Lets help the kids! Please bring an unwrapped toy or non-perishable Food Item for our Food and Toy Drive. Enjoy Holiday family photos, refreshments, kids crafts, and Music.

**Location: Rainier CC**

**12/9 Sat Noon-3 p.m.**

**FREE!**

#### GARFIELD HOLIDAY CELEBRATION

All Ages

Come celebrate all the season's many wonders with your neighbors and friends at Garfield Community Center. Pre-registration is required to receive a toy at the event. Call us at 206-684-4788 if you're interested. Volunteers needed

**Location: Garfield CC**

**12/15 Fri 6:30-8 p.m.**

**FREE!**

#### WINTER WONDERLAND PARTY

All Ages

This exciting, fun-filled evening of surprises for children and their families will include a visit from a North Pole friend, arts and crafts projects, holiday pictures, and treats. Parents and grandparents are invited to participate.

**Location: International District/Chinatown CC**

**12/15 Fri 6-7:30 p.m. \$2/Child**

### ↘ JANUARY 2018



#### SWEET PEA COTTAGE SHOWS

**FREE!**

Ages 6 and Younger

The Gingerbread Man. Run, run as fast as you can, you can't catch me I'm the gingerbread man!! Come and see a crazy cast of characters try and catch this tricky cookie. He thinks he's so clever, but little does he know that he soon will meet the animal that will out FOX him. All shows are free. A donation at the end of the show is requested.

##### GINGERBREAD MAN

**Location: Jefferson CC**

**1/4 Wed 11 a.m.**

**Location: Van Asselt CC**

**1/30 Mon 11 a.m.**



#### CPR CITIZEN TRAINING

**FREE!**

Age 18 and Older

Medic II – CPR is a locally developed name, is used to identify Seattle's internationally recognized program to teach Basic Life Support to citizens. CPR is the manual chest compression and lung ventilation necessary to sustain life in the event of heart stoppage, until the arrival of trained personnel. Persons of all ages, from infants to the elderly have benefited from these lifesaving techniques by a relative, friend or person on the street. You will learn how to establish a positive airway, if the victim is simply unconscious, how to administer chest compressions if there are no signs of circulation (no breathing or no normal breathing, only gasping), and how to administer mouth to mouth if the person is not breathing. The training will consist of a "Practice-While-Watching" video, with students practicing on the manikin under the supervision of the instructor. This is followed by an instructor-led discussion and a question-and-answer period.

**Location: Jefferson CC**

**1/6 Sat 9:30-11:30 a.m.**

#### CSPR AND GARFIELD COMMUNITY CENTER PRE-SCHOOL FAIR

Come find out more about local preschool and daycare programs in our neighborhood. There will be representatives from over 30 programs at the Fair ready to answer your questions. Finding a preschool and daycare is hard work and this is a great opportunity to learn more about many local programs.

**Location: Garfield CC**

**1/20 Sat 10:30-12:30 p.m.**



Seattle Parks & Recreation

**MARTIN LUTHER KING, JR.**

**ACCEPT THE CHALLENGE AND HONOR THE KING!**

**SAVE THE DATE**  
**SATURDAY**  
**JANUARY 13, 2018**  
**(TIME TBD)**

**JOIN US AT MLK JR MEMORIAL PARK AS WE MARCH TO RAINIER COMMUNITY CENTER. TO HONOR DR. MARTIN LUTHER KING JR.**

➤ FEBRUARY 2018

**NEW** **VALENTINES CARDS AND CRAFTS** **FREE!**  
All Ages

Create sweet treats and a card to tell your loved ones you appreciate them.

**Location: International District/Chinatown CC**  
2/9 Fri 5-7 p.m.

**PANCAKE BREAKFAST AT THE BEACH**

Come join the Rainier Beach Community Center and its Advisory Council for its Annual Pancake Breakfast at the Beach! Join us for some delicious pancakes, turkey sausage, and beverages while mingling with members of your Rainier Beach community. Tickets will be sold in advance and at the door. All proceeds will go to support the Rainier Beach Advisory Council in its efforts to provide families with scholarships to participate in Rainier Beach Community Center programs.

**Location: Rainier Beach CC**  
2/10 Sat 10 a.m.-1 p.m.  
**2 years and under: FREE; Youth (3-15yrs): \$3;**  
**Seniors (65+ yrs): \$3; Adult (16-64yrs): \$5**  
**Families (5+ members): \$20**

**SCHOLARSHIP NIGHT**

All Ages

We have set aside a night to help walk you through the process of filling out our scholarship paperwork. Anyone that may be seeking financial assistance for our programs is invited. We will have staff that can translate multiple languages as well as a representative from our scholarship office to help guide you through the process. This will be an opportunity to apply for our new scholarship cycle (2018—2019) as well as the current cycle. Everyone must submit their 1040 Tax Form for income verification. If 1040 is not available the following documents can be used as verification along with a completed WESD form:

- » Current TANF/Welfare award letter
- » Full-time student verification or current class schedule and Financial Aid paperwork
- » Proof of current Social Security benefits (SSA benefit statement or SSA-1099)
- » Proof of Disability pay (SSI or Long Term Disability statement)
- » Gross full-time paycheck stubs before taxes (1 month or 32+ hours for all household income)
- » Unemployment statement

**Location: Rainier CC**  
2/22 Thu 5:30-7:30 p.m.

➤ MARCH 2018

**NEW** **SWEET PEA COTTAGE SHOWS** **FREE!**  
Ages 6 and younger

Join us for two folk tales from Japan. We will join a young girl as she makes new friends and uses her cunning to return lost children to her village in Tasty Baby Belly Buttons (taken from the classic tale The Peach Boy and the adaptation by Judy Sierra). Then we will learn the true meaning of kindness, hospitality and generosity in The Rabbit in the Moon. All shows are free. A donation at the end of the show is requested.

**TASTY BELLY BUTTONS & THE RABBIT IN THE MOON**

**Location: Jefferson CC**  
3/1 Wed 11 a.m.

# SPECIAL EVENTS

## YOUTH SCHOLARSHIP FUNDRAISER- PANCAKE BREAKFAST

All Ages

Support our Youth Recreation scholarship fund by eating delicious pancakes!

**Location: Rainier CC**

**3/3 Sat 10 a.m.-1 p.m.**

**Ages 4-64: \$5; Ages 65+: \$3; Ages 0-3 eat free!**

## 2ND ANNUAL MARCH MADNESS

All Ages

Join the Van Asselt Community Center for some March Madness basketball fun! We will have food, games, prizes, and definitely some basketball games on the big screen. Open to families and all ages. Donations welcome.

**Locations: Van Asselt CC**

**3/23 Fri 5 p.m.**

## FLASHLIGHT EGG HUNT

Ages 12-18

Looking for a new twist on an egg hunt? Try finding the loot in the dark. Bring a flashlight and a bag, but don't be late, because the hunt goes quick. Meet in the Jefferson Community Center Gym. Rain or shine, we will be outside, so dress for the weather.

**Location: Jefferson CC**

**3/30 Fri 8 p.m.**

## SPRING EGG HUNT

Ages 11 and Under

Join your neighbors for the quickest special event of the year; the Spring Egg Hunt! Bring a basket or bag to put all your goodies in. Children will be divided into appropriate age groups to ensure a fun and fair hunt. Meet out on the field by your age group sign or in the Van Asselt Community Center Gym if it is raining. Please plan on arriving at least 15 minutes early. The hunt begins at 10 a.m. sharp and will run rain or shine!

**Locations: Van Asselt CC**

**3/31 Sat 10 a.m.**

## SPRING FLING FAMILY DANCE

All Ages

Come celebrate the beginning of spring by dancing away with your family. Our inaugural Spring Fling Family Dance is sure to be a delight. Put on your pastels, your best dancing shoes and let's have some fun! Light refreshments will be provided. At least one parent must accompany children.

**Location: Rainier Beach CC**

**3/31 Sat 5-7 p.m. \$5/person**

## SPRING EGG HUNT

Ages 11 and Under

Join your neighbors for the Spring Candy and Egg Hunt! Plan enough time to park and find your age group's hunting area. This event runs rain or shine. Don't forget to bring a basket or bag to put all of your goodies in. Volunteers are needed!

**Location: Jefferson CC and Rainier CC**

**3/31 Sat 10 a.m. sharp!**



## SPRING EGG HUNT

All Ages

We are bringing back the spring egg hunt to the newly renovated Hing Hay Park. Come prepared for the weather with a basket or bag for collecting eggs.

**Location: International District/Chinatown CC**

**3/31 Sat 10 a.m.**

## CHINESE NEW YEAR

All Ages

TBD. Waiting on community partners to finalize date/time.

**Location: International District/Chinatown CC**

➤ JUNE 2018

## BEACON HILL FESTIVAL

All Ages

The Jefferson Community Center is hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local food, carnival games, bounce toys, and a silent auction. All proceeds from the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out, bring the entire family to this fun event!

**Location: Jefferson CC**

**6/2 Sat 11 a.m.-4 p.m.**

**Business/Commercial/Merchandise Booth: \$65**

**School/Non-Profit Booth: \$35**

**Arts and Crafts Booth: \$40 (art must be handmade)**

**Late Registration Fee: \$10 after 5/21.**

# DROP-IN PROGRAMS



Seattle  
Parks & Recreation

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule.

No program 12/25, 1/1, 1/15, and 2/19.

## TODDLER GYM PLAY TIME

FREE!

Walkers-Age 5

Ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times).

### GARFIELD COMMUNITY CENTER

Mon/Wed 10 a.m.-1 p.m.

### JEFFERSON COMMUNITY CENTER

Tue/Thu 10 a.m.-2 p.m.

### RAINIER COMMUNITY CENTER

Wed/Sat 10 a.m.-1 p.m.

### RAINIER BEACH COMMUNITY CENTER

Mon/Fri 10 a.m.-1 p.m.

### VAN ASSELT COMMUNITY CENTER

Tue/Thu 10 a.m.-1 p.m.



# DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule.

No program 12/25, 1/1, 1/15, and 2/19.

## 50 AND UP FUN GAMES

Ages 50 and Older

Come enjoy Mah Jong and table tennis every Tuesday and Friday afternoon.

**Location:** International District/Chinatown CC

**Tue/Fri** 2:30-5:30 p.m.

**Sat** Noon-2 p.m.

**FREE!**

## MARCUS GARVEY BOOK CLUB

Mature teen—or 18 and Older

Books are the foundation of knowledge—come join facilitators Reverend Harriett Walden and Erik Stark of the The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. For more information call 206-380-1710.

**Location:** Garfield CC

**1st and 3rd Tue/month** 6-8 p.m.

**FREE!**



## 5 ON 5 ADULT BASKETBALL

Ages 18 and Older

Grab your friends and throw together a team for this one of a kind drop-in basketball experience. Games will be 30 minutes and officiated. First come first serve for game slots. Fee is per week.

**Location:** Van Asselt CC

**9/16-12/16**

**Sat**

**10 a.m.-1 p.m.**

**\$3/person**



## FITNESS ROOMS

Ages 18 and Older

### GARFIELD FITNESS ROOM

No matter what your level of fitness, you can set and meet your goals in our friendly, non-intimidating fitness room. We are into fitness, not fashion - so put on that old pair of sweats grab your sneakers and join us. It's time for you to commit to get fit!

**Mon-Fri** 10 a.m.-8:30 p.m.

**Sat** 10 a.m.-4:30 p.m.

### INTERNATIONAL DISTRICT/CHINATOWN FITNESS ROOM

Focus on your fitness. We have several cardio machines, a five-in-one weight machine, and hand weights to help you reach your goals. Cable TV allows you to catch your favorite show while you burn calories.

**Mon/Wed/Fri** 11 a.m.-9 p.m.

**Tue/Thu** 10 a.m.-7 p.m.

**Sat** 10 a.m.-5 p.m.

### RAINIER FITNESS ROOM

Find 30 minutes to work on cardio and strength training. We offer the following: stair climber, bench press, elliptical machine, recumbent bike, treadmill, pectoral fly, shoulder press, leg press, leg extension, rowing machine, and chest press.

**Mon/Wed** 9 a.m.-8:45 p.m.

**Tue/Thu** 10 a.m.-8:45 p.m.

**Fri** 9 a.m.-5:45 p.m.

**Sat** 9 a.m.-4:45 p.m.

### RAINIER BEACH FITNESS ROOM

Take a little time to get a work out in our Fitness Room. We offer a variety of weight and cardio options to meet your fitness needs. Closed 4/10-4/16.

**Mon-Thu** 10 a.m.-8:45 p.m.

**Fri** 10 a.m.-6:45 p.m.

**Sat** 8:30 a.m.-6:45 p.m.

**Sun** 9 a.m.-6:15 p.m.

### VAN ASSELT FITNESS ROOM

Not exactly a fitness room, per se, but we have an elliptical in a multi-use/flex space that is open for use whenever a program isn't running in that space. Call the community center for more information. 206-386-1921

# DROP-IN PROGRAMS



All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule.

No program 12/25, 1/1, 1/15, and 2/19.

	GARFIELD	ID/C	JEFFERSON	RAINIER	RAINIER BEACH	VAN ASSELT
<p>Starting in November gym availability will be limited due to Citywide Basketball season. Please call your center for current availability.</p>						
<b>BADMINTON</b>		Saturday 10 a.m.-Noon	Tue 6-8:45 p.m.			
<b>BASKETBALL</b>	Please call center for availability, 206-684-4788.	<p><b>YOUTH</b> Mon* 3-5:30 p.m. Tue 3-4:30 p.m. Wed 1:30-5:45 p.m. Fri 1:30-8:45 p.m.</p> <p><b>FAMILY</b> (kids under 12 w/parent) Sat 2-4:45 p.m.</p> <p><b>ADULT</b> M/W/F 11:30 a.m.-1:30 p.m. <i>*half-gym</i></p>	M/F 3:30-4:45 p.m.	<p><b>YOUTH</b> M/W 3-6 p.m. T/Th 3-5:15 p.m. Fri 3-5:45 p.m.</p> <p><b>ADULT</b> Mon 10 a.m.-3 p.m., 7-9 p.m. T/Th/F 1-3 p.m. Wed 10 a.m.-3 p.m. Sat Call for availability.</p>	<p><b>YOUTH</b> M-F 2:30-4:30 p.m.</p> <p><b>ADULT</b> Please call for availability, 206-386-1925.</p>	<p><b>YOUTH</b> <b>Ages 8-20</b> Mon 2-6 p.m. T/Th 2-5 p.m. Wed 2-7:45 p.m. Fri 2-4 p.m.</p> <p><b>ADULT</b> Saturday 9 a.m.-1 p.m.</p>
<b>COMPUTER LAB</b>	8 PC computers available for public use call 206-684-4788 for availability.			Hours vary depending on computer lab programs. Call for availability, 206-386-1919.	Varies based on lab programs. Call for availability.  Open M-F, closed Sat/Sun  We have FREE WiFi available anytime we are open.	
<b>DANCE</b>		<p><b>LINE DANCING*</b> M/F 11 a.m.-12:30 p.m.</p> <p><b>CHINESE DANCE*</b> Tue/Thu 10 a.m.-1 p.m.</p> <p><i>*\$3 Adult/ \$2 Senior</i></p>	<p><b>WORLD DANCE</b> Mon 6:45-8:45 p.m.</p> <p><b>BALLROOM DANCING</b> Wed 1-3 p.m.</p>	<p><b>MIXXED FIT®</b> M/W 6-7 p.m. \$7</p>		Coming Soon! TBA

# DROP-IN PROGRAMS

All drop-in programs are now free (unless otherwise noted), but they now require a Quickcard. Drop-in activities are subject to change, based on community center activities. Call center 48 hours in advance to verify daily schedule. No program 12/25, 1/1, 1/15, and 2/19.

	GARFIELD	ID/C	JEFFERSON	RAINIER	RAINIER BEACH	VAN ASSELT
<p>Starting in November gym availability will be limited due to Citywide Basketball season. Please call your center for current availability.</p>						
<b>FITNESS</b>		<b>GENTLE YOGA</b> Wed 3-4 p.m. \$3 Adult/ \$2 Senior	<b>ZUMBA</b> T/Th 7 p.m. \$9	<b>MIXXED FIT®</b> M/W 6-7 p.m. \$7	<b>FITNESS ROOM</b> M-Th 10 a.m.-8:45 p.m. Fri 10 a.m.-6:45 p.m. Sat 8:30 a.m.-6:45 p.m. Sun 9 a.m.-6:15 p.m.	<b>WOMEN'S ONLY ZUMBA</b> Tue 6-7 p.m. Thu 6:30-7:30 p.m.
<b>GAMES</b>		<b>50 AND UP FUN</b> Tue/Fri 2:30-5:30 p.m. Sat Noon-2 p.m.				
<b>MARTIAL ARTS</b>		<b>KUNG FU</b> Tue 7-8 p.m. \$10 Drop-in		<b>ADULT TAI CHI</b> Wed 3-3:45 p.m.  Sat 9:30-10:15 a.m. \$3  <b>KUNG FU EXERCISES</b> W/F 9:15-10 a.m. \$2	<b>LIFELONG (50+) TAI CHI</b> M/Th 9:30-10:30 a.m. \$3	<b>SELF-DEFENSE</b> Ages 6-16 Fri 5:30-6:30 p.m.  Ages 16 and older Fri 6:30-7:30 p.m.
<b>PICKLEBALL</b>		Mon 6-8:45 p.m.	Mon 10 a.m.-Noon	T/Th 10 a.m.-1 p.m.		<b>SENIORS</b> Wed/Fri 10 a.m.-Noon
<b>TABLE TENNIS (PING PONG)</b>	<b>ADULT</b> Mon /Wed 11 a.m.-2 p.m.	<b>YOUTH</b> Mon 3-6p.m. Wed 4:30-6 p.m.  <b>ADULT *</b> M/W/F 1-2:30 p.m. 6-8:45 p.m. Saturday 2-4:45 p.m. *\$3 Adult/ \$2 Senior		Available during operating hours.	Call for availability, 206-386-1925.	<b>Includes Foes Ball</b> M/W/F 2-7:45 p.m.  T/Th 10 a.m.-7:45 p.m.  Saturday 9 a.m.-3:45 p.m.
<b>VOLLEYBALL</b>	Call for availability, 206-684.4788.	Wednesday 6-8:45 p.m. Saturday Noon-2 p.m.			Call for availability, 206-386-1925.	



## ↘ RECTECH

### RECTECH LAB PUBLIC ACCESS HOURS

#### RAINIER COMMUNITY CENTER

RecTech Site Lead: Jonathan O.L.H. Porter

Mon-Thu 12:30-6:30 p.m.  
Fri By Appointment  
Sat/Sun CLOSED

#### RAINIER BEACH COMMUNITY CENTER

RecTech Site Lead: Young Pham (206-386-1925)

Mon/Wed 11 a.m.-2 p.m.  
M/T/Th/F 5-6:30 p.m.  
Sat/Sun CLOSED

## ↘ TEENS

### TEEN LATE NIGHT

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturday evenings from 7 p.m.-midnight with a focus on positive teen interactions and engagement where all teens are welcomed. The Late Night Program is aligned and supportive of the city's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer!

**Contact your local neighborhood specialist for more information.**

**Fri and Sat Nights 7 p.m.-Midnight**

**NORTH - 206-684-7523**

**Bitter Lake Community Center  
Meadowbrook Teen Life Center**

**CENTRAL - 206-684-4550**

**Garfield Teen Life Center**

**SOUTHEAST - 206-551-7316**

**Rainier Community Center  
Rainier Beach Community Center  
Van Asselt Community Center (Saturdays only)**

**SOUTHWEST - 206-684-7438**

**High Point Community Center  
Southwest Teen Life Center  
South Park Community Center (Fridays Only)**



RecTech's mission is to facilitate effective technology-driven programs providing education, recreation, and community development services for children, families, and neighborhoods. RecTech works to bridge the digital divide, providing technology access, training, and opportunities for personal and career development where the need is greatest, in Community Technology centers across south and central Seattle. Programs consist mainly of youth development services, workforce training, senior citizen programs, adult digital literacy training, and a variety of specialized educational opportunities. In the ten years since its inception, RecTech has worked to become a leading community resource, building stronger, more engaged communities through quality technology programming.

Visit [rectech.seattle.gov](http://rectech.seattle.gov) for more information.

## OPEN COMPUTER LAB

All Ages

During open hours, RecTech offers free time to use our technology resources for your own personal and professional needs. Please be aware that the labs are used by both young and old and some websites may be closed due to inappropriate content for minors. Closed 1/15 and 2/19.

### RAINIER COMMUNITY CENTER

RecTech Site Lead: Jonathan O.L.H. Porter (206.386.1919)

M/W/Th/F Noon-3 p.m.

Tue 1-3 p.m.

Sat/Sun CLOSED

### RAINIER BEACH COMMUNITY CENTER

RecTech Site Lead: Young Pham (206-470-9115)

Mon-Fri 11 a.m.-6:30 p.m.

Sat/Sun CLOSED

## HOMWORK HELP

Ages 13-18

Library too crowded to get a spot to work on your homework? Hard to focus at home? Come to our RecTech Lab! Our computers are equipped with the latest versions of Microsoft Office, Adobe Premium Design Suite and a black and white printer to ensure your homework time is productive. Closed 1/15 and 2/19.

Location: Rainier Beach CC

Ongoing M-F 3-4 p.m.

## COMPUTERS 101

Ages 50 and Older

This weekly hour class is designed to introduce Seniors to the computer basics of today. From using the internet safely and effectively, creating documents using basic programs and/or apps, to accessing email, uploading images online, and more.

Location: Rainier CC

Tue Noon-1 p.m.

## DROP-IN AND ADULT 1:1

FREE!

All Ages

Our computers are equipped with the latest versions of Microsoft Office, Adobe Premium Design Suite, and a black and white printer in addition to free WiFi. Utilize our community technology lab to stay on top of your email, fill out online forms, do online banking, job search, or plan your next trip! Closed 1/15 and 2/19.

Location: Rainier Beach CC

DROP-IN

Ongoing M-F Noon-3 p.m.

5-6:30 p.m.

ADULT 1:1

M/W 11 a.m.-2 p.m.

## EVENING OPEN LAB

All Ages

Open access to the internet, computers, and productivity software including Microsoft Office, Adobe Photoshop, and more. Whether you want to work on your own, or you'd like help using these or other technologies such as smartphones, laptops, tablets, email, social media, etc., our lab staff is here to help.

Location: Rainier CC

Fri 5-6 p.m.

## ENERGY CREATORS CLUB

Students grades 4-8

Explore, experiment, and discover alternative energy sources including wind, solar and, hydro power. Attending either every Tuesday or Thursday, each participant will build various energy producing machines, and at the end of the session will take home their own hydro-powered car valued at \$80!

Location: Rainier CC

1/16-2/13 Tue 4-5:30 p.m.

1/18-11/2 Thu 4-5:30 p.m.

## YOUTH 2 COLLEGE

Ages 12 and Older

Get homework help, learn about and receive college prep, and get tutoring in over four different subjects!

Mon 5-6 p.m.

Tue/Thu 3-4 p.m.

## FREE TAX PREP (1/9 - 4/19)

FREE!

Ages 16 and Older

Free tax help provided by United Way.

Location: Rainier CC

T/Th 5:30-8:30 p.m.

Wed 10 a.m.-1 p.m., 5:30-8:30 p.m.

Sat 10 a.m.-4 p.m.

*Please consider volunteering as a coach  
or helping with recruitment of coaches.  
Our low cost leagues can't operate without the  
dedication of our awesome coaches!*

## ↘ SPRING YOUTH SPORTS

FIRST DAY OF REGISTRATION: FEBRUARY 6, 2018

### TRACK AND FIELD (GIRLS AND BOYS)

**Age Groups: 5-17 (Age is determined by birth year.)**

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track. Track meets will be held at Nathan Hale and West Seattle Stadiums and meets begin mid-April. Teams will be forming at Community Centers throughout Seattle.

**Fee \$40**

**Minimum: Approximately 10 kids**

### CO-ED VOLLEYBALL LEAGUE

**Age Groups: 10-11, 12-13, & 14-17 (Age as of 8/31/17)**

The Co-Ed Volleyball League provides players the opportunity to develop and solidify fundamental skills, team play and sportsmanship. Players may sign up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at the community center or nearby school gym and begin in early April. Games are played on weeknights and begin in mid-April and conclude with a weekend jamboree in mid-May. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available or withdrawing with a full refund. Register early for your best chance of securing a spot on a team.

**Fee: \$40**

**Minimum: At least 3 Boys per team**

**Start Date: Varies**



Seattle  
Parks & Recreation

## YOUTH BASKETBALL LEAGUE (GIRLS AND BOYS)

**Boys Age Groups: 10, 11, 12, 13, 14-15, and 16-17\***

**Girls Age Groups: 10, 11, 12, 13, and 14-17\***

**Minimum: 7 players per team**

Seattle Parks and Recreation's Youth Basketball League provides young athletes the opportunity to learn and solidify the fundamentals of basketball while participating in weekly-organized practices and games. League games begin the first week of January and run through the month of March with the opportunity for post-season play at the end of the regular season. Practices occur at the home community center and games (on Saturdays and Sundays) occur at various community centers throughout the city.

*\*Age as of August 31, 2017*

Registration begins October 3, 2017 (Noon)

Practices begin November 13, 2017

League Games begin January 6-8, 2018

Fee: \$85

[WWW.SEATTLE.GOV/PARKS/ATHLETICS](http://WWW.SEATTLE.GOV/PARKS/ATHLETICS)

## YOUTH CROSS COUNTRY (GIRLS AND BOYS)

Ages 8-17

To register or for more info please visit,  
[www.raincityflyers.com](http://www.raincityflyers.com) or call  
206-523-4233.

Practices begin in early September at  
Woodland Park. Dress for the weather.



## YOUTH SPORTS GENERAL INFORMATION

### I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track & Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!**  
(Paperwork is at community centers).
3. **Start practices and get ready for fun**  
honing your skills and competing against other neighborhood community centers!

*If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.*

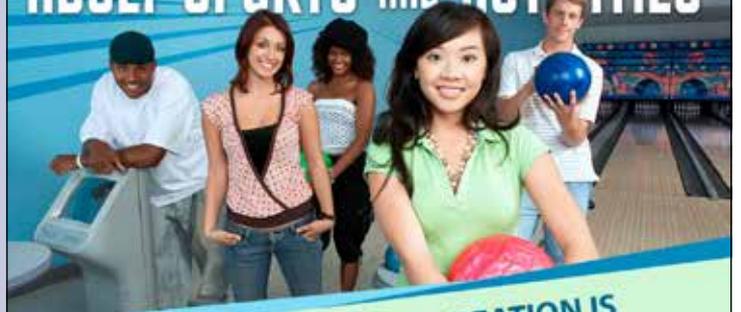
## LOVED THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

**Our low-cost leagues can't operate without the dedication of our awesome coaches!**

### I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a background check form at the center and then a volunteer registration form online.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!

## ADULT SPORTS AND ACTIVITIES



**SEATTLE PARKS AND RECREATION IS  
OFFERING AFFORDABLE AND FUN ADULT  
SPORTS AND ACTIVITIES!**  
ENJOY BOWLING, ROLLER DERBY, WOMEN'S  
VOLLEYBALL, COED DODGEBALL, MEN'S  
BASKETBALL AND GET OUT AND GO GROUPS FOR  
FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS  
AND GET MOVING TOGETHER!



**GET MORE DETAILS AT  
[WWW.SEATTLE.GOV/PARKS/ATHLETICS](http://WWW.SEATTLE.GOV/PARKS/ATHLETICS)  
OR CALL 206 684-7092**

## WINTER 2018

### PRESCHOOL PROGRAM

Seattle Parks and Recreation operates half-day preschool programs in 13 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

#### DETAILS OF OUR PROGRAM:

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- » Affordable rates (scholarships available!)

Preschool programs are based on the *Creative Curriculum for Preschool* from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

**Register NOW at your local community center!** A non-refundable \$25 deposit is required during registration, and the remaining monthly fees are due one week before the program start date.

#### IMPORTANT DATES\*

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included.

<b>Winter Break Closure</b>	12/18/2017-1/1/2018
<b>Christmas Day Closure</b>	12/25/2017
<b>New Year's Day Closure</b>	1/1/2018
<b>MLK Day Closure</b>	1/15/2018
<b>President's Day Closure</b>	2/19/2018
<b>Mid-Winter Break Closure</b>	2/19/2018-2/23/2018

\*Check with your local community center preschool for any additional closures.

Ages	Days	Time	Price/month
<b>JEFFERSON COMMUNITY CENTER</b>			
3-4	T/Th	8:30 a.m.-Noon	\$235
3-4	M/W/F	8:30 a.m.-Noon	\$340
3-4	M-F	8:30 a.m.-Noon	\$515
4-5	T/Th	8:30 a.m.-Noon	\$235
4-5	M/W/F	8:30 a.m.-Noon	\$340
4-5	M-F	8:30 a.m.-Noon	\$515
3-5	T/Th	12:30-4 p.m.	\$235
3-5	M/W/F	12:30-4 p.m.	\$340
3-5	M-F	12:30-4 p.m.	\$515

**\$3/day multiplied by the number of days the 'class' meets per week sibling discount can be applied.**

**Times and prices subject to change.**

#### CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.





## ↘ FALL 2018

### FALL 2018 PRESCHOOL REGISTRATION BEGINS FEBRUARY 6, 2018!

We will be offering program following the Seattle Public School (SPS) calendar where SPS breaks are NOT included. A non-refundable \$25 deposit is required during registration, and the balance of fees is due August 1, 2018.

The 2018-19 program hours and fee schedule is still under development. Please check with your local community center closer to registration date for the most up to date information. We thank you for your patience.

## ↘ 2018 SUMMER DAY CAMP

### REGISTER YOUR CHILD FOR SUMMER DAY CAMP BEGINNING FEBRUARY 6, 2018.

For additional information, please see the separate Summer Day Camp Brochure which will be available in January 2018.

## WINTER 2018

### Ages 5-12

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

### HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

**Register NOW at your local community center!** A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

### IMPORTANT DATES\*

<b>Early Dismissal (1-hr)</b>	12/15/2017
<b>Winter Break</b>	12/18/2017-1/1/2018
<b>Christmas Day Closure</b>	12/25/2017
<b>New Year's Day Closure</b>	1/1/2018
<b>MLK Day Closure</b>	1/15/2018
<b>Day Between Semester</b>	1/31/2018
<b>President's Day Closure</b>	2/19/2018
<b>Mid-Winter Break</b>	2/19/2018-2/23/2018
<b>Spring Break</b>	4/9/2018-4/13/2018

\*Check with your local community center for any additional closures.

Program	Time	5 days	4 days	3 days
<b>JEFFERSON COMMUNITY CENTER</b>				
After School	2:30-6 p.m.	\$457	N/A	N/A
<b>RAINIER COMMUNITY CENTER</b>				
After School	2:30-6 p.m.	\$457	N/A	N/A
<b>RAINIER AT JOHN MUIR</b>				
Before School	6-8 a.m.	\$261	N/A	N/A
After School	2:30-6 p.m.	\$457	N/A	N/A
Before and After Combo		\$646	N/A	N/A
<b>RAINIER BEACH COMMUNITY CENTER</b>				
Before School	6-8 a.m.	\$261	N/A	N/A
After School	2:30-6 p.m.	\$457	N/A	N/A
Before and After Combo		\$646	N/A	N/A
<b>VAN ASSELT COMMUNITY CENTER</b>				
After School	2:30-6 p.m.	\$457	N/A	N/A

*Details subject to change. Please contact your local community center if you have any questions.*

*\*A Sibling Discount is offered for all FULL TIME participants from a single family in School-Age Care Before and After-School programs. The 'per additional child/ per program month' discount is \$15 based on a 5-day-a-week registration.*



## ↘ CAMP INFORMATION

### EARLY DISMISSALS

Please contact your local community center for details about early dismissals.

### ONE DAY CAMPS: (7 a.m.-6 p.m.) DAY BETWEEN SEMESTER | 1/31/18 (WED)

#### FEES:

- » \$45/day (not currently enrolled participants or part-time enrolled participants who aren't scheduled for that day)
- » \$3/day sibling discount can be applied
- » NO ADDITIONAL FEE for current Before and/or After-School participants when enrolled in the month and day the camp occurs

### BREAK CAMPS: (7 a.m.-6 p.m.)

#### WINTER BREAK CAMP | 12/18/2017-1/1/2018

Programs are closed on 12/25/2017 (Christmas day) and 1/1/2018 (New Year)

#### FEES:

- » \$220 (week 1), \$176 (week 2) or \$45/day at select sites
- » \$3/day sibling discount can be applied

#### MID-WINTER BREAK CAMP | 2/19/2018-2/23/2018

Programs are closed on 2/19/2018 (President's Day)

#### FEES:

- » \$176/week or \$45/day at select sites
- » \$3/day sibling discount can be applied

#### SPRING BREAK CAMP | 4/9/2018-4/13/2018

#### FEES:

- » \$220/week or \$45/day at select sites
- » \$3/day sibling discount can be applied

Not all sites offer the day camps and break camps mentioned above.

## ↘ 2018 SUMMER DAY CAMPS

### REGISTER YOUR CHILD FOR SUMMER DAY CAMP BEGINNING FEBRUARY 6.

Cost: \$225/week per child. For additional information, please see the separate Summer Day Camp brochure which will be available in January 2018.

## ↘ GENERAL INFORMATION

### TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (<http://www.seattleschools.org/students/transportation>) or call 206-252-0900 for more information.

### CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

### EQUAL OPPORTUNITY PROVIDER

*In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.*

*Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. Additionally, program information may be made available in languages other than English.*

*To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at <https://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer> and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).*



## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
172826	Creative Movement	2-3 Years	Mon	1/8	2/12	4 p.m.	\$55
172827	Creative Movement	2-3 Years	Mon	2/26	3/26	4 p.m.	\$55
172873	Pre-Ballet	3-4 Years	Mon	1/8	2/12	5 p.m.	\$55
172874	Pre-Ballet	3-4 Years	Mon	2/26	3/26	5 p.m.	\$55
172875	Pre-Ballet	3-4 Years	Fri	1/12	2/16	5:30 p.m.	\$66
172876	Pre-Ballet	3-4 Years	Fri	3/2	3/30	5:30 p.m.	\$55
172819	Ballet 1	5-6 Years	Mon	1/8	2/12	6 p.m.	\$55
172820	Ballet 1	5-6 Years	Mon	2/26	3/26	6 p.m.	\$55
172812	Acrobatics and Circus Arts Class	5-7 Years	Tu	1/9	2/13	5 p.m.	\$35
172815	Acrobatics and Circus Arts Class	5-7 Years	Tu	2/20	3/27	5 p.m.	\$35
172919	Youth Development Tae Kwon Do	5-18 Years	Mon/ Wed	1/8	4/4	6 p.m.	FREE
172831	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	3 p.m.	Private \$150/ Semi \$75
172832	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	3:30 p.m.	
172833	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	4 p.m.	
172834	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	4:30 p.m.	
172835	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	5 p.m.	
172836	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	5:30 p.m.	
172837	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	6 p.m.	
172838	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	6:30 p.m.	
172839	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	7 p.m.	
172840	Garrett's Guitar Lessons	6-18 Years	Thu	1/11	2/15	7:30 p.m.	

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
172842	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	3 p.m.	Private \$150/ Semi \$75
172844	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	3:30 p.m.	
172845	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	4 p.m.	
172846	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	4:30 p.m.	
172847	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	5 p.m.	
172848	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	5:30 p.m.	
172849	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	6 p.m.	
172850	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	6:30 p.m.	
172851	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	7 p.m.	
172852	Garrett's Guitar Lessons 2nd session	6-18 Years	Thu	2/22	3/29	7:30 p.m.	
172871	Marimba for Youth Intermediate	6-18 Years	Mon	1/8	2/12	4:30 p.m.	\$85
172872	Marimba for Youth Intermediate	6-18 Years	Mon	2/26	3/26	4:30 p.m.	\$85
172900	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	4 p.m.	Private \$150/ Semi \$75
172901	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	4:30 p.m.	
172902	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	5 p.m.	
172903	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	5:30 p.m.	
172904	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	6 p.m.	
172905	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	6:30 p.m.	
172906	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	7 p.m.	
172907	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	1/9	2/13	7:30 p.m.	
172908	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	4 p.m.	
172909	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	4:30 p.m.	
172910	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	5 p.m.	
172911	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	5:30 p.m.	
172912	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	6 p.m.	
172913	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	6:30 p.m.	
172914	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	7 p.m.	
172915	Tommy's Guitar OR Piano Instruction	6-18 Years	Tu	2/20	3/27	7:30 p.m.	
172854	Language class - American Sign Language	6 and Older	Sat	1/13	2/10	10 a.m.	\$80
172855	Language class - American Sign Language	6 and Older	Sat	2/17	3/24	10 a.m.	\$98
172856	Language class - Mandarin	6 and Older	Wed	2/14	3/21	5 p.m.	\$98
172857	Language class - Spanish	6 and Older	Wed	1/10	2/7	4 p.m.	\$80
172821	Ballet 2	7-9 Years	Mon	1/8	2/12	7 p.m.	\$55
172822	Ballet 2	7-9 Years	Mon	2/26	3/26	7 p.m.	\$55
172825	CODE. PLAY. CONNECT	10-13 Years	Wed	1/10	3/8	4 p.m.	FREE
172917	West African Dance- All Levels	12 and Older	Sat	2/17	3/24	2:30 p.m.	\$72
172816	Acrobatics and Circus Arts Class	8-10 Years	Tu	1/9	2/13	5:45 p.m.	\$35
172817	Acrobatics and Circus Arts Class	8-10 Years	Tu	2/20	3/27	5:45 p.m.	\$35
172897	Sewing Lab	8 and Older	Sat	1/13	4/7	10:30 a.m.	\$5
172860	Marcus Garvey Book Club	18 and Older	Tu/Thu	1/2	3/22	6 p.m.	FREE

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**

## VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-684-4788

## ↳ TOTS

### CREATIVE MOVEMENT

Ages 2-3

In this class, we'll super-charge our minds and imaginations through creative movement and the basics of ballet. Throughout each class, we will use music, stories, and games to explore the foundational concepts of dance and introduce students to the shapes and patterns of classical ballet. No class 1/15.

**Instructor: Ciara**

1/8-2/5	Mon	4-4:45 p.m.	\$44
2/26-3/26	Mon	4-4:45 p.m.	\$55

### PRE-BALLET

Ages 3-4

This class teaches the basics of correct body alignment and proper ballet technique in a creative, fun environment. By teaching and introducing students the basic shapes, patterns, and traditions of classical ballet, the beginning ballet curriculum enhances both cognitive and physical development at this important time. No class 1/15.

**Instructor: Ciara**

1/8-2/5	Mon	5-5:45 p.m.	\$44
2/26-3/26	Mon	5-5:45 p.m.	\$55
1/12-2/9	Fri	5:30-6:15 p.m.	\$55
3/2-3/30	Fri	5:30-6:15 p.m.	\$55



### TINY TOTS: DANCE & RHYTHM

Ages 2-5

We recognize that grooving and moving is almost as natural as laughing and running to young children, so why not nurture that skill in your little ones? Our Tiny Tots Dance & Rhythm class is a hip hop inspired movement and dance class that provides a stimulating environment for little ones to move, create, and develop their senses of co-ordination, creativity, and listening skills. Whilst this class is hip hop inspired, it is designed to specifically allow students to experience a range of dance styles and begin to explore the movements included in these styles. Students will learn and apply basic sign language communication skills, as well as finding the beat and rhythm within music. We aim to have the little ones grooving out of the class with confidence as well as experience movement through dance play.

**Ages 2-3**

1/12-2/16	Fri	10:30-11 a.m.	\$50
2/23-3/30	Fri	10:30 - 11 a.m.	\$50

**Ages 4-5**

1/12-2/16	Fri	11-11:30 a.m.	\$50
2/23-3/30	Fri	11-11:30 a.m.	\$50



## ↘ YOUTH

### YOUTH LANGUAGE CLASSES

**Ages 6 and Older-Families Invited**

Taught by Poly-Glot Tots, this class uses a variety of developmentally age-appropriate activities to introduce new themes and words. Games, music, crafts, stories, and dance are featured in all of our classes to create an inter-active and fun learning process!

**Instructor: Polyglot Tots**

#### AMERICAN SIGN LANGUAGE

1/13-2/10	Sat	10-11 a.m.	\$80
2/17-3/24	Sat	10-11 a.m.	\$98

#### SPANISH

1/10-2/7	Wed	4-5 p.m.	\$80
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#### MANDARIN

2/14-3/21	Wed	5-6 p.m.	\$98
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### MARIMBA FOR YOUTH INTERMEDIATE

**Ages 6-18**

Grow deeper in understanding Zimbabwean marimba music. The class will be working with more complex material and techniques. Experience with Zimbabwean marimba music required. No class 1/15.

**Instructor: Shree**

#### INTERMEDIATE

1/8-2/12	Mon	4:30-5:30 p.m.	\$85
2/26-3/26	Mon	4:30-5:30 p.m.	\$85

### ACROBATICS AND CIRCUS ARTS CLASS

**Ages 5-10**

This beginning circus class will keep you moving! Instructors from the School of Acrobatic and New Circus Arts will teach tumbling, wire walking, juggling, trampoline, rolling globe, and acrobatics. Don't miss out on the fun, sign up now! \*Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure.

**Instructor: SANCA instructors**

**Ages 5-7**

1/9-2/13	Tue	5-5:45 p.m.	\$30
2/20-3/27	Tue	5-5:45 p.m.	\$30

**Ages 8-10**

1/9-2/13	Tue	5:45-6:30 p.m.	\$30
2/20-3/27	Tue	5:45-6:30 p.m.	\$30

### TOMMY'S GUITAR OR PIANO LESSONS

**Ages 6-18**

Ever hear an amazing song and want to learn to play it on the guitar? We can help! Come learn all styles of music on an electric or acoustic guitar. Our instructor will help teach students in the best way for them, whether it's sight reading, by sound, or with pictures, we can make it work for you! Want to take a class with a friend, sibling, or parent? We can do semi-private lessons also. Participants must register at least three days before first class.

**Instructor: Tommy**

1/9-2/13	Tue	4-8 p.m.
2/20-3/27	Tue	4-8 p.m.

**\$25 per class for Private**

### GARRETT'S GUITAR LESSONS

**Age 6-14 (Acoustic or Electric)**

Music is all about having fun and being happy, and that's why I make sure my class is all about fun! I can teach you how to play guitar in any way you want, by the book and/or by learning your favorite song! There is no wrong way to play guitar in my eyes, but it never hurts to have a helping hand to guide you into being the best musician you can be! I've been playing guitar since the age of 3, and in that time, I have accumulated a knowledge of music that I hope to be able to pass down to the next line of future rock stars! If you're starting out or even have some experience with the guitar, I'm fully confident that you will walk away smiling and feeling like you learned something! Bring your own guitar or borrow one from us!

**Instructor: Garrett**

1/11-2/15	Thu	3-8 p.m.
2/22-3/29	Thu	3-8 p.m.

**\$12.50 per class for Semi-private / \$25 per class for Private**

### BALLET 1

**Ages 5-6**

Starting with the foundations we learned in Pre-Ballet, this class gives growing students a chance to expand their horizons and learn new skills while gaining strength and refining their technique. As the class progresses, students will be introduced to the principals of the ballet barre and combine movements to make dances. No class 1/15.

**Instructor: Ciara**

1/8-2/5	Mon	6-6:50 p.m.	\$44
2/26-3/26	Mon	6-6:50 p.m.	\$55



## BALLET 2

Ages 7-9

This class will build on students' basic understanding of correct body alignment and proper ballet technique. Students will expand their ballet vocabulary and explore dance concepts. Class will include traditional barre and center work, and will introduce students to learning and performing choreography. This traditional class is for students who have taken 2 years of dance instruction and older beginners. No class 1/15.

**Instructor: Ciara**

1/8-2/5	Mon	7-7:55 p.m.	\$44
2/26-3/26	Mon	7-7:55 p.m.	\$55

## YOUTH DEVELOPMENT TAEKWONDO

**FREE!**

Ages 5-18

We are a Youth Development Program. Taekwondo is the connection and a catalyst used to provide opportunity and recognition for developing positive behaviors that promote productive hard and soft life skills. Our framework for teaching and communicating with our students is persistent positive feedback. We support and reinforce educational achievement, behavioral change and community building. Our guiding principles: opportunity, recognition, clear standards, skills, relationship building (loosely modeled after the University of Washington research program communities in action). We challenge our students to think critically to open their minds to change within themselves and their environment. Learning Taekwondo is an excellent way to explore how to recognize good choices and to make better decisions. We are an ongoing program and registration is open continuously. No class 1/1, 1/15, 2/19

**Instructor: Grandmaster Leon Preston**

1/8-4/2	Mon	6-7:30 p.m.
1/10-4/4	Wed	6-7 p.m.

## ↘ TWEENS/TEENS

## COMMUNITY SERVICE/ SERVICE LEARNING HOURS

**FREE!**

Ages 11-19

High school students seeking community service and/or service learning hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Garfield Staff for a volunteer packet. Contact a Recreation Leader at 206-684-4788 or [traci.grant@seattle.gov](mailto:traci.grant@seattle.gov) or [billy.nong@seattle.gov](mailto:billy.nong@seattle.gov) for more information.

## TEEN/TWEEN CENTER DROP-IN HOURS

**FREE!**

Ages 11-14

Hang out and plug in with your friends and try to win at the Xbox Kinect, Xbox 360: Madden, NBA 2K, Dance Central, Michael Jackson Experience, Wipe-Out or try your hand at tradition games like Monopoly, Jenga, Checkers, Chess, Pictionary, Uno, Dominoes, Outburst, and Ping Pong is also available. No program 1/1, 1/15 2/19, 12/25, and 1/1.

**M-F 4-7 p.m.**

*Depending on Staff availability.*

## CODE. PLAY. CONNECT

**FREE!**

Ages 10-13

Create with Code. Design and program your own video games, stories, social media, sports, art, and other fun coding activities. Explore more of your creativity through technology. No previous computer experience is necessary. Have your friends join too — the CS First Coding Club is social and fun!

**Wed 4-5:15 p.m.**

## GIRL TALK

**FREE!**

Ages 12-19

Our focus is joining together as girls with the common goal of being mentally and physically fit. We will discuss hot topics including arts and culture, future education, health, and much more. There will be guest speakers from the community that will cover health, finances, and education.

**Tue 4:30-6 p.m.**

## TWEEN ADVISORY COUNCIL

**FREE!**

Ages 10-13

Teen Council is open to all teens willing to get involved in making a difference in teen programs and making their community a better place. All teens are encouraged to come and join us. Volunteer hours can be earned by being a part of this group! Meetings are held the third Wednesday of the month. For more info please contact Traci Grant Rec Leader at 206-684-4788.

**Wed 4-5 p.m.**

## ➤ MULTIGENERATIONAL

### VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during special events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

**ASK TO SPEAK WITH THE COMMUNITY  
CENTER COORDINATOR, 206-684-4788.**

### SEWING LAB

**Ages 8 and Older-Families Invited**

Sewing Lab class is for beginners interested in a step by step class starting with learning how to use your sewing machine (bring it with you to class-or if you don't have one let us know and you can use ours here at the community center). After you are familiar with your machine, how to set it up and do simple stitches, Joy will teach you how to hem pants, sew a skirt, put buttons on, and give out craft store shopping tips. Suggested donation for supplies \$5 per class.

**Instructor: Joy**

**1/13-4/7 Sat 10:30 a.m.-2 p.m. \$5**

### WEST AFRICAN DANCE-ALL LEVELS

**Ages 12 and Older**

Would you like to exercise by learning West African dance to live drumming? Then this is the class for you! Beginners and intermediates are welcome to join us. You will learn basic, yet energetic dance movements with others. How exciting it will be for you to take a weekly trip to African Dance and learn so much! There will be an end of the class exhibit for your friends and family. All levels.

**Instructor: Afua Kouyate of Adefua Cultural Education**

**Workshop and Kouyate Arts Performance Company**

**Just returning from Africa!**

**2/17-3/24 Sat 2:30-4 p.m. \$72**

### MARCUS GARVEY BOOK CLUB

**Mature Teen or 18 and Older**

Books are the foundation of knowledge-come join facilitators Reverend Harriett Walden and Erik Stark of the The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. For more information call 206-380-1710.

**BOOKS THAT WILL BE READ:**

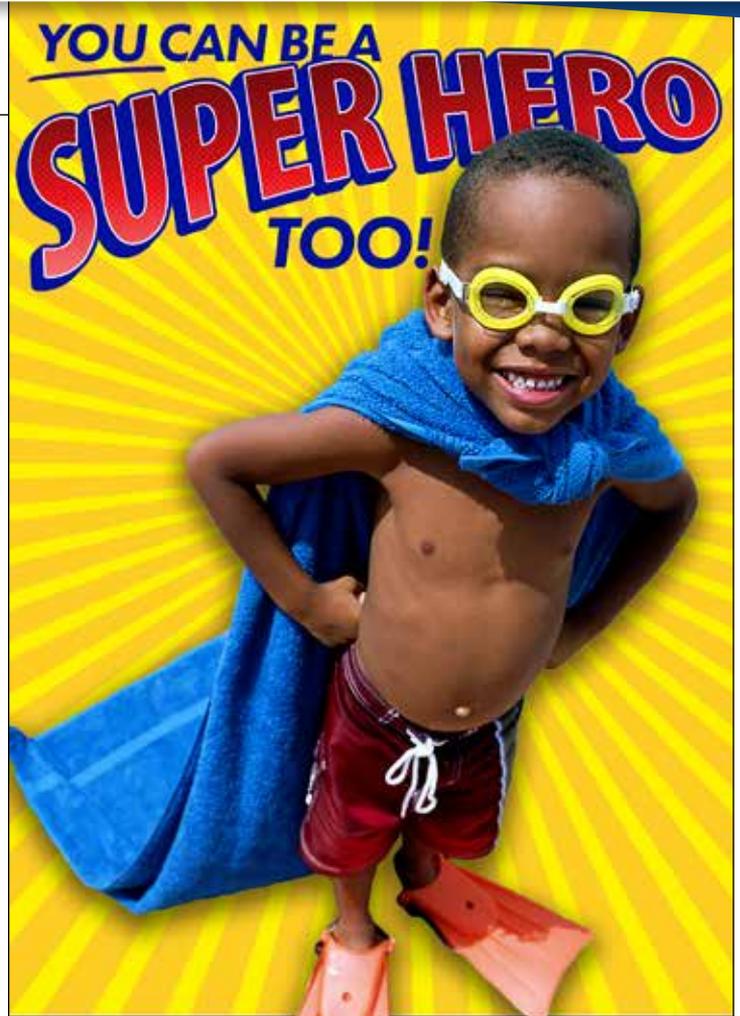
Marcus Garvey the Hero; Tony Martin

Black Moses; Tony Martin

Civilization or Barbarism; Cheikh Anta Diop

**1st /3rd Tue/month 6-8 p.m.**

**FREE!**



**AS PART OF OUR COMMITMENT TO WATER SAFETY,** Seattle Parks and Recreation – in partnership with Seattle Children's Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

**HOW TO DONATE:** To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to [https://salsa4.salsalabs.com/o/51532/donate\\_page/learn-to-swim](https://salsa4.salsalabs.com/o/51532/donate_page/learn-to-swim). For more information, call your local pool or 206-684-7185.

**Be a hero and help every child become a super swimmer!**

**DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP?**

For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).

[https://salsa4.salsalabs.com/o/51532/donate\\_page/learn-to-swim](https://salsa4.salsalabs.com/o/51532/donate_page/learn-to-swim)



**Scan to make  
a gift!**



## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
173555	Ballet 1 - Feb	5-7 Years	Th	2/1	2/22	6-7 p.m.	\$48
173556	Ballet 1 - Jan	5-7 Years	Th	1/4	1/25	6-7 p.m.	\$48
173557	Ballet 1 - Mar	5-7 Years	Th	3/1	3/29	6-7 p.m.	\$60
173558	Ballet 2 - Feb	6-10 Years	Tu	2/6	2/27	6:10-7:10 p.m.	\$48
173559	Ballet 2 - Jan	6-10 Years	Tu	1/2	1/30	6:10-7:10 p.m.	\$60
173560	Ballet 2 - Mar	6-10 Years	Tu	3/6	3/27	6:10-7:10 p.m.	\$48
174351	Pre-Ballet - Jan	3-4 Years	Th	1/4	1/25	5:15-6 p.m.	\$36
174352	Pre-Ballet - Feb	3-4 Years	Th	2/1	2/22	5:15-6 p.m.	\$36
174353	Pre-Ballet - Mar	3-4 Years	Th	3/1	3/29	5:15-6 p.m.	\$45

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
174354	Tot Creative Dance and Movement	2-3 Years	Th	1/4	1/25	4:30-5 p.m.	\$24
174355	Tot Creative Dance and Movement	2-3 Years	Th	2/1	2/22	4:30-5 p.m.	\$24
174356	Tot Creative Dance and Movement	2-3 Years	Th	3/1	3/29	4:30-5 p.m.	\$30
174338	Fine Art Drawing - Feb/Mon	6-12 Years	M	2/5	2/26	5-6 p.m.	\$36
174339	Fine Art Drawing - Feb/Wed	6-12 Years	W	2/7	2/28	5-6 p.m.	\$48
174340	Fine Art Drawing - Jan/Mon	6-12 Years	M	1/8	1/29	5-6 p.m.	\$36
174341	Fine Art Drawing - Jan/Wed	6-12 Years	W	1/3	1/31	5-6 p.m.	\$60
174342	Fine Art Drawing - Mar/Mon	6-12 Years	M	3/5	3/26	5-6 p.m.	\$48
174343	Fine Art Drawing - Mar/Wed	6-12 Years	W	3/7	3/28	5-6 p.m.	\$48
174357	Tot Drawing and Painting - Jan	4-5 Years	M	1/8	1/29	4-4:45 p.m.	\$27
174358	Tot Drawing and Painting - Feb	4-5 Years	M	2/5	2/26	4-4:45 p.m.	\$27
174359	Tot Drawing and Painting - Mar	4-5 Years	M	3/5	3/26	4-4:45 p.m.	\$36
174345	Gymnastics/Tumbling - Jan	5-8 Years	Tu	1/2	1/30	5-6 p.m.	\$60
174346	Gymnastics/Tumbling - Feb	5-8 Years	Tu	2/6	2/27	5-6 p.m.	\$48
174347	Gymnastics/Tumbling - Mar	5-8 Years	Tu	3/6	3/27	5-6 p.m.	\$48
173552	8 Animal/8 Methods Kung-Fu Feb	12 and Older	Tu	2/6	2/27	7:15-8:15 p.m.	\$36
173553	8 Animal/8 Methods Kung-Fu - Jan	12 and Older	Tu	1/2	1/30	7:15-8:15 p.m.	\$45
173554	8 Animal/8 Methods Kung-Fu Mar	12 and Older	Tu	3/6	3/27	7:15-8:15 p.m.	\$36
174348	Lucky Lions Dance Class - Jan	12 and Older	Tu	1/2	1/30	6-7 p.m.	\$45
174349	Lucky Lions Dance Class - Feb	12 and Older	Tu	2/6	2/27	6-7 p.m.	\$36
174350	Lucky Lions Dance Class - Mar	12 and Older	Tu	3/6	3/27	6-7 p.m.	\$36
174361	Piano Lessons - Jan/Mon	5-18 Years	M	1/8	1/29	3-9 p.m.	\$75
174362	Piano Lessons - Feb/Mon	5-18 Years	M	2/5	2/26	3-9 p.m.	\$75
174363	Piano Lessons - Mar/Mon	5-18 Years	M	3/5	3/26	3-9 p.m.	\$100
174364	Piano Lessons - Jan/Tue	5-18 Years	Tu	1/2	1/30	3-8:30 p.m.	\$125
174365	Piano Lessons - Feb/Tue	5-18 Years	Tu	2/6	2/27	3-8:30 p.m.	\$100
174366	Piano Lessons - Mar/Tue	5-18 Years	Tu	3/6	3/27	3-8:30 p.m.	\$100
174367	Piano Lessons - Jan/Wed	5-18 Years	W	1/3	1/31	3-9 p.m.	\$125
174368	Piano Lessons - Feb/Wed	5-18 Years	W	2/7	2/28	3-9 p.m.	\$100
174369	Piano Lessons - Mar/Wed	5-18 Years	W	3/7	3/28	3-9 p.m.	\$100
174370	Piano Lessons - Jan/Thur	5-18 Years	Th	1/4	1/25	3-8:30 p.m.	\$100
174371	Piano Lessons - Feb/Thur	5-18 Years	Th	2/1	2/22	3-8:30 p.m.	\$100
174372	Piano Lessons - Mar/Thur	5-18 Years	Th	3/1	3/29	3-8:30 p.m.	\$125
174373	Piano Lessons - Jan/Sat	5-18 Years	Sa	1/6	1/27	10 a.m. - 5 p.m.	\$100
174374	Piano Lessons - Feb/Sat	5-18 Years	Sa	2/3	2/24	10 a.m. - 5 p.m.	\$100
174375	Piano Lessons - Mar/Sat	5-18 Years	Sa	3/3	3/31	10 a.m. - 5 p.m.	\$125

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**

## VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-233-0042.

## ↘ TOTS

### TOT DRAWING AND PAINTING

Ages 4-5

Children will learn basic beginning art skills, such as how to properly hold a paintbrush and basic drawing skills. This class is a perfect introduction to art for your tot! No class 1/15 and 2/19.

1/8-1/29	Mon	4-4:45 p.m.	\$27
2/5-2/26	Mon	4-4:45 p.m.	\$27
3/5-3/26	Mon	4-4:45 p.m.	\$36

### TOT CREATIVE MOVEMENT AND DANCE

Ages 2-3

Children will learn basic dance skills through creative movement and games. Parents/caregivers are required to stay with participants during class and are encouraged to participate in the class if interested.

1/4-1/25	Thu	4:30-5 p.m.	\$24
2/1-2/22	Thu	4:30-5 p.m.	\$24
3/1-3/29	Thu	4:30-5 p.m.	\$30

### PRE-BALLET

Ages 3-4

Sashay your way into the world of classical ballet. This class will teach the basic elements of movement and ballet. Students will improve their coordination and balance, while learning terminology and ballet etiquette. Jump into class to learn what it's like to be a real ballerina!

1/4-1/25	Thu	5:15-6 p.m.	\$36
2/1-2/22	Thu	5:15-6 p.m.	\$36
3/1-3/29	Thu	5:15-6 p.m.	\$45



**PLEASE REGISTER  
EARLY TO AVOID  
DISAPPOINTMENT.**

**SOMETIMES COURSES ARE  
CANCELED BECAUSE PEOPLE  
WAIT TOO LONG TO REGISTER!**

## ↘ YOUTH

### BALLET 1

Ages 5-7

This is a beginning ballet class. Ballet vocabulary will be used as students learn fun, energetic, and expressive dances. Elements of this class incorporate traditional ballet barre and center-floor work.

1/4-1/25	Thu	6-7 p.m.	\$48
2/1-2/22	Thu	6-7 p.m.	\$48
3/1-3/29	Thu	6-7 p.m.	\$60

### BALLET 2

Ages 6-10

This is an intermediate level class for students that have previous ballet experience. Students continue to study basic classical ballet technique. Ballet 2 students learn more complex and challenging steps. Students learn discipline, confidence, flexibility, dedication, and coordination.

1/2-1/30	Tue	6:10-7:10 p.m.	\$60
2/6-2/27	Tue	6:10-7:10 p.m.	\$48
3/6-3/27	Tue	6:10-7:10 p.m.	\$48

### GYMNASTICS/TUMBLING

Ages 5-8

Learn the same skills as Olympic athletes in gymnastics, tumbling, and rhythmic gymnastics. Class includes warm up and warm down, strength and flexibility, balance, and creative floor movements. Students are asked to assist with mat set-up and takedown. \*Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure.

1/2-1/30	Tue	5-6 p.m.	\$60
2/6-2/27	Tue	5-6 p.m.	\$48
3/6-3/27	Tue	5-6 p.m.	\$48

## FINE ART DRAWING

Ages 6-12

Learn to draw through different lessons which encourage advancements in motor skills, creativity, and self-confidence. Transform simple objects into wonderful works of art using a variety of media such as ink, pencil, charcoal, watercolor, oil, and chalk. Students who are actively involved in the arts have been proven to produce 25% higher in academic achievement. No class 1/15 and 2/19.

1/8-1/29	Mon	5-6 p.m.	\$36
2/5-2/26	Mon	5-6 p.m.	\$36
3/5-3/26	Mon	5-6 p.m.	\$48
1/3-1/31	Wed	5-6 p.m.	\$60
2/7-2/28	Wed	5-6 p.m.	\$48
3/7-3/28	Wed	5-6 p.m.	\$48

## LUCKY LIONS DANCE CLASS

Ages 6-25

Students will learn the basic movements of the lion head and body through the fundamental movements of Kung Fu. Students learn respect for others and interpersonal skills that will benefit them for a lifetime in their family lives, school, and the business world. Working together helps to build character and self-confidence and it teaches students the importance of clear and open dialogue with those around us.

1/2-1/30	Tue	6-7 p.m.	\$45
2/6-2/27	Tue	6-7 p.m.	\$36
3/6-3/27	Tue	6-7 p.m.	\$36

## 8 ANIMAL/8 METHODS KUNG FU

Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods. Drop-ins are welcome.

1/2-1/30	Tue	7-8 p.m.	\$45
2/6-2/27	Tue	7-8 p.m.	\$36
3/6-3/27	Tue	7-8 p.m.	\$36

Drop-in: \$10

## PIANO

Ages 5 and Older

Electronic keyboards are used in these half hour individual lessons and are offered month after month. Our instructor will tailor instruction to each student's needs and level. Please note: payment is required prior to the start of a session. Time slots are guaranteed upon payment. No class 1/15 and 2/19.

1/8-1/29	Mon	3-9 p.m.	\$75
2/5-2/26	Mon	3-9 p.m.	\$75
3/5-3/26	Mon	3-9 p.m.	\$100
1/2-1/30	Tue	3-8 p.m.	\$125
2/6-2/27	Tue	3-8 p.m.	\$100
3/6-3/27	Tue	3-8 p.m.	\$100
1/3-1/31	Wed	3-9 p.m.	\$125
2/7-2/28	Wed	3-9 p.m.	\$100
3/7-3/28	Wed	3-9 p.m.	\$100
1/4-2/1	Thu	3-8 p.m.	\$125
2/8-3/3/1	Thu	3-8 p.m.	\$100
3/8-3/29	Thu	3-8 p.m.	\$100
1/6-2/3	Sat	10 a.m.-5 p.m.	\$125
2/10-3/3	Sat	10 a.m.-5 p.m.	\$100
3/10-3/31	Sat	10 a.m.-5 p.m.	\$100

## TEENS/TWEENS

### SERVICE LEARNING

Ages 13-18

Do you need service learning hours to graduate?

Come help organize a neighborhood clean-up or can food drive, lend a hand at a Community Center special event, or many other projects. Whether it's to fulfill community service requirements for school, or just lend a helping hand to those in need, give us a call 206-233-0042.

FREE!

### DROP-IN TABLE TENNIS

Ages 13-18

Every Thursday afternoon is the time to practice your table tennis skills or challenge your friend to a match. Open to all youth and teens.

Mon	3-6 p.m.
Wed	4:30-6 p.m.

FREE!

### DROP-IN PICKLEBALL/ BADMINTON

Ages 13-18

Pickleball is a racquet sport which combines elements of badminton, tennis, table tennis, and ping-pong. The sport is played on a court with the same dimensions as a badminton court. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Badminton courts will also be available.

Mon	3-5:30 p.m.
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FREE!

## DROP-IN BASKETBALL

**FREE!**

**Ages 13-18**

Come get your game on and play full court with some of Seattle's best high school players.

<b>Mon</b>	<b>3-5:30 p.m.</b>
<b>Tue</b>	<b>3-4:30 p.m.</b>
<b>Wed</b>	<b>1:30-5:45 p.m.</b>
<b>Fri</b>	<b>1:30-8:45 p.m.</b>

## ADULTS

### 8 ANIMAL/8 METHODS KUNG FU

**Ages 12 and Older**

See youth section for details.

### DROP-IN CHEN STYLE TAI CHI

**Ages 15 and Older**

This class covers and reviews the basic movements and concepts of Tai Chi. Students will practice body mechanics, correct posturing and form, stances, and balance and strengthening techniques. After covering basic principles, the main curriculum will introduce students to the beginning of the 83 movement form. This class will also cover the basic principles of pushing hands and working with partners to develop movement from their center. Other martial arts may be reviewed in addition to the above, depending on students' needs.

<b>1/6-1/27</b>	<b>Sat</b>	<b>10-11 a.m.</b>	<b>\$3</b>
<b>2/3-2/24</b>	<b>Sat</b>	<b>10-11 a.m.</b>	<b>\$3</b>
<b>3/3-3/31</b>	<b>Sat</b>	<b>10-11 a.m.</b>	<b>\$3</b>

**Ages 65 and Older: \$2**



## DROP-IN BASKETBALL

**FREE!**

**Ages 18 and Older**

Got a lunch break? Come get your game on and play full court! You'll get those midday blahs out of your system and get reenergized to finish out the day!

<b>M/W/F</b>	<b>11:30 a.m.-1:30 p.m.</b>
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### DROP-IN TABLE TENNIS

**Ages 18 and Older**

Time to practice your table tennis skills or challenge your friends to a match. All levels and abilities welcome!

<b>M/W/F</b>	<b>1-2:30p.m., 6-8:45 p.m.</b>	<b>\$3</b>
<b>Sat</b>	<b>2-4:45 p.m.</b>	<b>\$3</b>

**Ages 65 and Older: \$2**

## DROP-IN PICKLEBALL

**FREE!**

**Ages 18 and Older**

Pickleball is a racquet sport which combines elements of badminton, tennis, table tennis, and ping-pong. The sport is played on a court with the same dimensions as a badminton court. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

<b>Mon</b>	<b>6-8:45 p.m.</b>
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## DROP-IN VOLLEYBALL

**FREE!**

**Ages 18 and Older**

Stop by and volley with your friends. Serve, spike, set, bump, and dig! All levels and abilities welcome!

<b>Wed</b>	<b>6-8:45 p.m.</b>
<b>Sat</b>	<b>Noon-2 p.m.</b>

### DROP-IN GENTLE YOGA

**Ages 50 and Older**

Relax using disciplined techniques of traditional yoga to enhance your strength and well-being. Class taught in Chinese with English subtitles!

<b>Wed</b>	<b>3-4 p.m.</b>	<b>\$3</b>
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**Ages 65 and Older: \$2**



## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
173212	Busy Bee Soccer	3-5 Years	Tue	1/9	2/13	5 p.m.	\$48
173213	Busy Bee Soccer	3-5 Years	Tue	2/20	3/27	5 p.m.	\$48
173221	Little Hoopers	3-5 Years	Mon	1/8	2/12	5 p.m.	\$40
173222	Little Hoopers	3-5 Years	Mon	2/26	3/26	5 p.m.	\$40
173223	Piano Lessons	5-12 Years	Fri	1/12	3/23	4 p.m.	\$242
173224	Piano Lessons	5-12 Years	Fri	1/12	3/23	4 p.m.	\$242
173229	Piano Lessons	5-12 Years	Fri	1/12	3/23	5 p.m.	\$242
173230	Piano Lessons	5-12 Years	Fri	1/12	3/23	5:30 p.m.	\$242
173231	Piano Lessons	5-12 Years	Fri	1/12	3/23	6 p.m.	\$242
173232	Piano Lessons	5-12 Years	Fri	1/12	3/23	6:30 p.m.	\$242
173233	Piano Lessons	5-12 Years	Fri	1/12	3/23	7 p.m.	\$242
173234	Piano Lessons	5-12 Years	Fri	1/12	3/23	7:30 p.m.	\$242
173235	Piano Lessons	5-12 Years	Thu	1/12	3/22	4 p.m.	\$242
173241	Piano Lessons	5-12 Years	Thu	1/11	3/22	4:30 p.m.	\$242
173242	Piano Lessons	5-12 Years	Thu	1/11	3/22	5 p.m.	\$242
173243	Piano Lessons	5-12 Years	Thu	1/11	3/22	5:30 p.m.	\$242
173245	Piano Lessons	5-12 Years	Thu	1/11	3/22	6 p.m.	\$242
173248	Piano Lessons	5-12 Years	Thu	1/11	3/22	6:30 p.m.	\$242
173249	Piano Lessons	5-12 Years	Thu	1/11	3/22	7 p.m.	\$242
173250	Piano Lessons	5-12 Years	Thu	1/11	3/22	7:30 p.m.	\$242
173218	Junior Hoopers	6-7 Years	Wed	1/10	2/14	5 p.m.	\$48
173219	Junior Hoopers	6-7 Years	Wed	2/21	3/28	5 p.m.	\$48
173251	Youth Pottery	6-12 Years	Thu	1/11	2/15	4:45 p.m.	\$100
173252	Youth Pottery	6-12 Years	Thu	2/22	3/29	4:45 p.m.	\$100
173254	Zumba-Thu	16 and Older	Thu	1/11	3/22	7 p.m.	\$77
173253	Zumba-Tue	16 and Older	Tue	1/11	3/20	7 p.m.	\$77
173105	*PilatesPilates	18 and Older	Tue	1/9	3/20	9 a.m.	\$77
173106	*Pop Pilates	18 and Older	Sat	1/13	3/24	Noon	\$77
173107	Adult Advanced Wheel	18 and Older	Wed	1/10	3/21	5:30 p.m.	\$347
173111	Adult Beginning/Intermediate Wheel	18 and Older	Mon	1/8	3/19	5:30 p.m.	\$284
173121	Adult Handbuilding	18 and Older	Tue	1/23	3/20	5:30 p.m.	\$347
173214	Intro to Tai Chi	18 and Older	Wed	1/10	1/31	9 a.m.	Free
173215	Intro to Tai Chi	18 and Older	Wed	2/7	2/28	9 a.m.	Free
173216	Intro to Tai Chi	18 and Older	Wed	3/7	3/28	9 a.m.	Free
173217	Intro to Tai Chi	18 and Older	Wed	4/4	4/25	9 a.m.	Free
173220	Kundalini Yoga	18 and Older	Mon	1/8	3/19	6 p.m.	\$63

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**



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## ↘ TOTS

### BUSY BEE SOCCER

Ages 3-5

Develop your motor skills for dribbling, trapping, and kicking with an emphasis on ball control. Basics are introduced using games, obstacles, and mini-matches. Increase self-esteem and build a love for the game in a non-competitive environment with emphasis on cooperation and participation. Parental supervision required.

1/9-2/13	Tue	5-5:45 p.m.	\$48
2/20-3/27	Tue	5-5:45 p.m.	\$48

### LITTLE HOOPERS

Ages 3-5

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. No class 1/15 and 2/19. Parental supervision required.

1/8-2/12	Mon	5-5:45 p.m.	\$40
2/26-3/26	Mon	5-5:45 p.m.	\$40

## ↘ YOUTH

### JUNIOR HOOPERS

Ages 6-8

Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength all the while encouraging teamwork and sportsmanship. Parental supervision required.

1/10-2/14	Wed	5-5:45 p.m.	\$48
2/21-3/28	Wed	5-5:45 p.m.	\$48

### BRAZILIAN JIU JITSU

Ages 5-12

Brazilian Jiu Jitsu is a grappling martial art that promotes the concept that a smaller, weaker person can successfully defend against a bigger, stronger, heavier assailant by using proper technique and leverage. This class aims to build confidence in your child by emphasizing healthy living, respect for self and others, perseverance, self-discipline, and integrity through the fun medium of martial arts. We also practice meditation to help improve focus, concentration, self-awareness, and stress management.

Ages 5-8

1/9-2/13	Tue	3-3:50 p.m.	\$48
2/20-3/27	Tue	3-3:50 p.m.	\$48

Ages 9-12

1/9-2/13	Tue	4-4:50 p.m.	\$48
2/20-3/27	Tue	4-4:50 p.m.	\$48

### BRAZILIAN JIU JITSU TRY OUT CLASS!

Come join us on Tuesday, January 9!

**FREE!**

## PIANO LESSONS

Ages 5-12

One-on-one piano lessons for beginners to advanced students. One half-hour lesson per week.

1/11-3/22 Thu 4-8 p.m. \$242  
1/12-3/23 Fri 4-8 p.m. \$242

## YOUTH POTTERY

Ages 6-12

Every week we will guide you through different art projects by using different hand building techniques including coil, slab, and pinch pot. Kids will also learn how to use the pottery wheel to make table ware and some surface decoration techniques.

1/11-2/15 Thu 4:30-5:45 p.m. \$100  
2/22-3/29 Thu 4:30-5:45 p.m. \$100

## TEEN PROGRAMS

### PEER TUTORING CLUB

Ages 12-17

Teach others, meet new friends, and work together on homework.

Sept-June Tue 4-6 p.m.

**FREE!**

### TEEN ADVISORY COUNCIL

Ages 12-17

Utilize your leadership skills, be active and get involved in planning field trips, special events, fundraising, and giving back to the community.

Sept-June Wed 4-6 p.m.

**FREE!**

### JEFFERSON MOCK TRIAL

Highschool

Come learn public speaking skills, acting, and how to analyze the case. Be dedicated and committed to experience new skills and challenges. Make new friends, get team support, and earn service hours by tutoring each other.

9/7-3/24 M-F 5-8 p.m.

**FREE!**

### RESUME WORKSHOP

Highschool

Learn how to create your resume! No work experience, no problem. Start with your volunteer experience and learn to use active words to summarize your skills.

1/26 and 2/23 Fri 4-5 p.m.

**FREE!**

### JEFFERSON TEEN CAFÉ

Ages 12-17

Learn how to make your favorite drinks and appetizers. Have fun and join us for board games, and perform your talents. Each month we will be hosting different themes.

Fri 6:30-8:30 p.m.

**FREE!**

### YU-GI-OH CLUB

Ages 12-17

Come play with us as we duel, trade, and have fun together while learning this popular strategy game!

Tue 5-7 p.m.

**FREE!**

### HOOP FOR TROOPS 3 ON 3 BASKETBALL TOURNAMENT

Ages 12-17

Come and get your game on! Compete with your friends and see if you can beat our veterans in basketball tournament.

1/29 and 2/12 Mon 3:30-4:30 p.m.

**FREE!**



### MARTIN LUTHER KING DAY MARCH

Ages 12-17

Honor the legacy of service, equality, and "the dream" as we march together and celebrate Martin Luther King Jr's life.

Sat 1/13 Time TBA

**FREE!**

### COMMUNITY SERVICE/ SERVICE LEARNING

High school students seeking community service/service learning hours can earn them by helping with special events, tutoring teens after school, and other service opportunities. Please register at: [www.seattle.gov/parks/volunteerst](http://www.seattle.gov/parks/volunteerst). Contact us at 206-684-7481 or [jeanf.lee@seattle.gov](mailto:jeanf.lee@seattle.gov) for more information.

**FREE!**



## ADULTS



### POP PILATES

Ages 18 and Older

Let's have fun together as we listen to pop music favorites while strengthening our core and practicing our poses. This class will be a chance to get active at any level with modifications from the instructor to meet your work out needs. Join us for the fun!

1/13-3/24 Sat Noon-1 p.m. \$77

### POP PILATES TRY OUT CLASS!

Come join us on Saturday, January 6!

**FREE!**

### PILATES

Ages 18 and Older

Looking for a class that will help build your core? Pilates demonstrates that our body can achieve fitness all on its own without any equipment. Using only your own body weight and gravity, the mat work will tone, strengthen, and lengthen your entire body! Please bring your own mat and water bottle.

1/9-3/20 Tue 9-10 a.m. \$77

### KUNDALINI YOGA

Ages 18 and Older

Kundalini Yoga is a physical and meditative discipline, comprising a set of techniques that use the mind, senses, and body to create a communication between mind and body. No class 1/15 and 2/19.

1/8-3/19 Mon 6-7 p.m. \$63

### ZUMBA®

Ages 16 and Older

Are you tired of the same old work out? Try something NEW! Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines, including cumbia, merengue, salsa, reggaeton, hip-hop, pop, mambo, rumba, flamenco, calypso, and salsaton. Music selections include both fast and slow rhythms to help tone and sculpt the body.

1/9-3/20 Tue 7-8 p.m. \$77

1/11-3/22 Thu 7-8 p.m. \$77

### INTRO TO TAI CHI

Ages 18 and Older

**FREE!**

Tai Chi promotes a well-balanced body and mind while gently increasing the body's range of motion. The meditative movements improve relaxation, stress reduction, posture, circulation, and more. Instructor practices a calming, patient demeanor which allows her to adapt to the needs of men and women of all ages and levels.

1/10-1/31 Wed 9-10:30 a.m.

2/7-2/28 Wed 9-10:30 a.m.

3/7-3/28 Wed 9-10:30 a.m.

4/4-4/25 Wed 9-10:30 a.m.

### ADULT BEGINNING/ INTERMEDIATE WHEEL

Ages 18 and Older

Never taken a wheel class before, or it's been a while since you have? Jefferson Community Center pottery room is the place to be! Learn how to make cups, bowls, and more in this relaxed and supportive environment. Come and express your creativity! No class 1/15 and 2/19.

1/8-3/19 Mon 5:30-8:30 p.m. \$284

### ADULT HANDBUILDING

Ages 18 and Older

This is the perfect chance for you to unwind and get your hands in clay! Designed for all levels, even if you haven't had the chance to release your creative side! A perfect way to relax from your day and be creative from the soul! The class teaches the basics of coil pots, molds, slab building, attaching, and much more!

1/9-3/20 Tue 5:30-8:30 p.m. \$347

### ADULT ADVANCED WHEEL

Ages 18 and Older

Continue your ceramic evolution in this wheel throwing class designed for intermediate through advanced levels. Hand building techniques will be integrated as well. Students will expand their technical skills and gain a greater understanding of the aesthetics of form with one-on-one guidance and extensive individual attention by an experienced instructor. Prerequisite: Instructor approval: requires previous wheel experience with ability to center clay and throw independently.

1/10-3/21 Wed 5:30-8:30 p.m. \$347

## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
173100	Musical Wiggles	6Months-5 Years	W	2/21	3/28	10:30-11:15 a.m.	\$45
173099	Musical Wiggles	6Months-5 Years	W	1/10	2/14	10:30-11:15 a.m.	\$54
173101	Musical Wiggles-Sat	6Months-5 Years	Sa	1/13	2/17	10:30-11:15 a.m.	\$45
173102	Musical Wiggles-Sat	6Months-5 Years	Sa	2/24	3/31	10:30-11:15 a.m.	\$54
173086	Tiny Tots: Dance & Rhythm	1½-3 Years	Tu	1/9	2/13	11-11:30 a.m.	\$50
173087	Tiny Tots: Dance & Rhythm	1½-3 Years	Tu	2/20	3/27	11-11:30 a.m.	\$50
172809	Creative Ballet	2-4 Years	Tu	1/9	2/13	10:15-10:45 a.m.	\$50
172810	Creative Ballet	2-4 Years	Tu	2/20	3/27	10:15-10:45 a.m.	\$50
173079	Rumble & Tumble	2-5 Years	Tu	1/9	2/13	11:45-12:30 p.m.	\$75
173080	Rumble & Tumble	2-5 Years	Tu	2/20	3/27	11:45-12:30 p.m.	\$75
172841	Little Hoopers Basketball	3-5 Years	M	1/8	2/12	6:15-7 p.m.	\$45
172843	Little Hoopers Basketball	3-5 Years	M	2/26	3/26	6:15-7 p.m.	\$45
173077	Pre-School Hip Hop	3-5 Years	Tu	1/9	2/13	1:15-2 p.m.	\$75
173078	Pre-School Hip Hop	3-5 Years	Tu	2/20	3/27	1:15-2 p.m.	\$75
173074	Pre-Ballet	4-6 Years	Th	1/11	2/15	5:30-6:15 p.m.	\$75
173076	Pre-Ballet	4-6 Years	Th	2/22	3/29	5:30-6:15 p.m.	\$75
173012	Personal Music Lessons	5 and Older	F	1/12	3/23	3-3:30 p.m.	\$275
173013	Personal Music Lessons	5 and Older	F	1/12	3/23	3:30-4 p.m.	\$275
173014	Personal Music Lessons	5 and Older	F	1/12	3/23	4-4:30 p.m.	\$275
173015	Personal Music Lessons	5 and Older	F	1/12	3/23	4:30-5 p.m.	\$275
173017	Personal Music Lessons	5 and Older	F	1/12	3/23	5-5:30 p.m.	\$275
173018	Personal Music Lessons	5 and Older	F	1/12	3/23	5:30-6 p.m.	\$275
173019	Personal Music Lessons	5 and Older	M	1/8	3/19	2:30-3 p.m.	\$225
173021	Personal Music Lessons	5 and Older	M	1/8	3/19	3-3:30 p.m.	\$225
173022	Personal Music Lessons	5 and Older	M	1/8	3/19	3:30-4 p.m.	\$225
173023	Personal Music Lessons	5 and Older	M	1/8	3/19	4-4:30 p.m.	\$225
173024	Personal Music Lessons	5 and Older	M	1/8	3/19	4:30-5 p.m.	\$225
173025	Personal Music Lessons	5 and Older	M	1/8	3/19	5-5:30 p.m.	\$225
173026	Personal Music Lessons	5 and Older	M	1/8	3/19	5:30-6 p.m.	\$225
173027	Personal Music Lessons	5 and Older	M	1/8	3/19	6-6:30 p.m.	\$225
173028	Personal Music Lessons	5 and Older	M	1/8	3/19	6:30-7 p.m.	\$225
173030	Personal Music Lessons	5 and Older	M	1/8	3/19	7-7:30 p.m.	\$225
173031	Personal Music Lessons	5 and Older	M	1/8	3/19	7:30-8 p.m.	\$225
173032	Personal Music Lessons	5 and Older	M	1/8	3/19	8-8:30 p.m.	\$225
173033	Personal Music Lessons	5 and Older	M	1/8	3/19	8:30-9 p.m.	\$225
173042	Personal Music Lessons	5 and Older	Sa	1/13	3/24	1-1:30 p.m.	\$275
173034	Personal Music Lessons	5 and Older	Sa	1/13	3/24	1:30-2 p.m.	\$275
173035	Personal Music Lessons	5 and Older	Sa	1/13	3/24	10-10:30 a.m.	\$275
173037	Personal Music Lessons	5 and Older	Sa	1/13	3/24	10:30-11 a.m.	\$275
173038	Personal Music Lessons	5 and Older	Sa	1/13	3/24	11-11:30 a.m.	\$275
173039	Personal Music Lessons	5 and Older	Sa	1/13	3/24	11:30-Noon	\$275
173041	Personal Music Lessons	5 and Older	Sa	1/13	3/24	12-12:30 p.m.	\$275
173040	Personal Music Lessons	5 and Older	Sa	1/13	3/24	12:30-1 p.m.	\$275
173043	Personal Music Lessons	5 and Older	Sa	1/13	3/24	2:30-3 p.m.	\$275

# RAINIER CC



Seattle  
Parks & Recreation

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
173045	Personal Music Lessons	5 and Older	Sa	1/13	3/24	3-3:30 p.m.	\$275
173044	Personal Music Lessons	5 and Older	Sa	1/13	3/24	3:30-4 p.m.	\$275
173047	Personal Music Lessons	5 and Older	Sa	1/13	3/24	4-4:30 p.m.	\$275
173046	Personal Music Lessons	5 and Older	Sa	1/13	3/24	4:30-5 p.m.	\$275
173048	Personal Music Lessons	5 and Older	Sa	1/13	3/24	9:30-10 a.m.	\$275
173049	Personal Music Lessons	5 and Older	Th	1/11	3/22	3-3:30 p.m.	\$275
173050	Personal Music Lessons	5 and Older	Th	1/11	3/22	3:30-4 p.m.	\$275
173051	Personal Music Lessons	5 and Older	Th	1/11	3/22	4-4:30 p.m.	\$275
173052	Personal Music Lessons	5 and Older	Th	1/11	3/22	4:30-5 p.m.	\$275
173053	Personal Music Lessons	5 and Older	Th	1/11	3/22	5-5:30 p.m.	\$275
173054	Personal Music Lessons	5 and Older	Th	1/11	3/22	5:30-6 p.m.	\$275
173055	Personal Music Lessons	5 and Older	Th	1/11	3/22	6-6:30 p.m.	\$275
173056	Personal Music Lessons	5 and Older	Th	1/11	3/22	6:30-7 p.m.	\$275
173057	Personal Music Lessons	5 and Older	Th	1/11	3/22	7-7:30 p.m.	\$275
173058	Personal Music Lessons	5 and Older	Th	1/11	3/22	7:30-8 p.m.	\$275
173060	Personal Music Lessons	5 and Older	Tu	1/9	3/20	3-3:30 p.m.	\$275
173061	Personal Music Lessons	5 and Older	Tu	1/9	3/20	3:30-4 p.m.	\$275
173063	Personal Music Lessons	5 and Older	Tu	1/9	3/20	4-4:30 p.m.	\$275
173064	Personal Music Lessons	5 and Older	Tu	1/9	3/20	4:30-5 p.m.	\$275
173065	Personal Music Lessons	5 and Older	Tu	1/9	3/20	5-5:30 p.m.	\$275
173066	Personal Music Lessons	5 and Older	Tu	1/9	3/20	5:30-6 p.m.	\$275
173067	Personal Music Lessons	5 and Older	Tu	1/9	3/20	6-6:30 p.m.	\$275
173068	Personal Music Lessons	5 and Older	Tu	1/9	3/20	6:30-7 p.m.	\$275
173069	Personal Music Lessons	5 and Older	Tu	1/9	3/20	7-7:30 p.m.	\$275
173070	Personal Music Lessons	5 and Older	Tu	1/9	3/20	7:30-8 p.m.	\$275
172823	Junior Hoopers Basketball	6-7 Years	W	1/10	2/14	6:15-7 p.m.	\$48
172824	Junior Hoopers Basketball	6-7 Years	W	2/21	3/28	6:15-7 p.m.	\$48
172814	Goju Ryu Karate- Multi- Gen	6 and Older	MW	1/8	3/28	7:15-8:45 p.m.	\$15
173083	Tang Soo Do	7-9 Years	Tu	1/9	2/13	6:15-6:55 p.m.	\$35
173084	Tang Soo Do	7-9 Years	Tu	2/20	3/27	6:15-6:55 p.m.	\$35
172807	Ballet 1/Hip Hop Combo	7-10 Years	Th	1/11	2/15	6:15-7:30 p.m.	\$115
172808	Ballet 1/Hip Hop Combo	7-10 Years	Th	2/22	3/29	6:15-7:30 p.m.	\$115
173081	Tang Soo Do	10 and Older	Tu	1/9	2/13	7-8 p.m.	\$42
173082	Tang Soo Do	10 and Older	Tu	2/20	3/27	7-8 p.m.	\$42
172803	Adult Diva	16 and Older	Th	1/11	2/15	7:30-8:30 p.m.	\$75
172804	Adult Diva	16 and Older	Th	2/22	3/29	7:30-8:30 p.m.	\$75
172853	Mixed Fit	16 and Older	MW	1/8	3/28	6-7 p.m.	\$154
172805	Adult Tai Chi- Sat	18 and Older	Sa	1/13	3/31	9:15-10:15 a.m.	\$3
172806	Adult Tai Chi- Wed	18 and Older	W	1/10	3/28	2-3 p.m.	\$3
172811	Dance Fit for Seniors	18 and Older	Tu	1/9	2/13	9-10 a.m.	\$75
172813	Dance Fit for Seniors	18 and Older	Tu	2/20	3/27	9-10 a.m.	\$75
172208	Health- Specialized Programs	18 and Older	F	1/5	3/9	10:30-12:30 p.m.	\$15
172828	Kung Fu Exercises Fri	18 and Older	F	1/12	3/30	9:15-10 a.m.	\$3
172829	Kung Fu Exercises Wed	18 and Older	W	1/10	3/28	9:15-10 a.m.	\$3

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**

## VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer to teach a program, assist in general at the Center, help with special events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with Staci Doan at 206-386-1919.

## ↘ TOTS AND YOUTH

### TINY TOTS: DANCE & RHYTHM

Ages 18 months-3 years

We recognize that grooving and moving is almost as natural as laughing and running to young children, so why not nurture that skill in your little ones? Our tiny tots dance and rhythm class is a hip hop inspired movement and dance class that provides a stimulating environment for little ones to move, create, and develop their senses of co-ordination, creativity, and listening skills. Whilst this class is hip hop inspired, it is designed to specifically allow students to experience a range of dance styles and begin to explore the movements included in these styles. Students will learn and apply basic sign language communication skills, as well as finding the beat and rhythm within music. We aim to have the little ones grooving out of the class with confidence as well as experience movement through dance play.

**Instructor: Boom Dance Studios**

1/10-2/14	Wed	11-11:30 a.m.	\$ 50
2/21-3/28	Wed	11-11:30 a.m.	\$ 50

### CREATIVE BALLET

Ages 2-4

Toddlers and preschool children are introduced to and learn basic ballet skills and movement in a creative, fun environment. Using a positive learning atmosphere, children will explore the finesse and varying aspects of ballet, musicality, composition, and choreography. Creative ballet students should be encouraged to take class independently, although if they are not ready, parents are invited to stay and participate with their children as they develop the confidence to take class on their own. Pre-ballet students should expect to take class without parent participation.

**Instructor: Boom Dance Studios**

1/9-2/13	Tue	10:15-10:45 a.m.	\$50
2/20-3/27	Tue	10:15-10:45 a.m.	\$50
1/10-2/14	Wed	4:30-5 p.m.	\$50
2/21-3/38	Wed	4:30-5 p.m.	\$50

### RUMBLE & TUMBLE

Ages 2-5

This class is like no other! Children will be encouraged to use their talents and skills to learn how to do tricks such as; somersaults, bridges, handstands, freezes, and cartwheels just to mention a few. Mats will be placed down to ensure the safety of all children. Parents of children who are aged 2-5 years, please expect to possibly join the class as your child may wish. This class is instructor guided and a basic level class to teach children the safe way of tumbling in a fun, safe, and positively encouraging environment. \*Insurance required for this class, please see "Insurance" under General Information section at the back of the brochure.

**Instructor: Boom Dance Studios**

1/10-2/14	Wed	11:45 a.m.-12:30 p.m.	\$75
2/21-3/28	Wed	11:45 a.m.-12:30 p.m.	\$75

### PRE-SCHOOL HIP HOP

Ages 3-5

Learn the creative and energetic dance steps of hip hop for fun or fitness. Hip hop classes are designed for students to learn all facets, foundations and basic fundamentals of hip hop. Students will leave class refreshed, with confidence and ready to strut their stuff. Students do not need to have any dance experience. From warm up and stretches, to isolations and choreography, students will SWAG their way out of class.

**Instructor: Boom Dance Studios**

1/11-2/15	Thu	4:30-5:15 p.m.	\$75
2/22-3/29	Thu	4:30-5:15 p.m.	\$75

### PRE-BALLET

Ages 4-6

Toddlers and preschool children are introduced to and learn basic ballet skills and movement in a creative, fun environment. Using a positive learning atmosphere, children will explore the finesse and varying aspects of ballet, musicality, composition, and choreography. Creative ballet students should be encouraged to take class independently, although if they are not ready, parents are invited to stay and participate with their children as they develop the confidence to take class on their own. Pre-ballet students should expect to take class without parent participation.

**Instructor: Boom Dance Studios**

1/11-2/15	Thu	5:30-6:15 p.m.	\$75
2/22-3/29	Thu	5:30-6:15 p.m.	\$75

## BALLET 1

Ages 5-7

Ballet 1 students are introduced to the fundamental technique of Ballet. Students will be able to continue exploring their Ballet journey from their creative ballet, pre-ballet or other previous ballet experience. Classes are designed surrounding classical syllabus' and delivered to students in a fun and safe environment. Choreography, musicality, terminology, composition, and execution of movement are the focus of this class.

**Instructor: Boom Dance Studios**

<b>1/10-2/15</b>	<b>Wed</b>	<b>5:15-6 p.m.</b>	<b>\$75</b>
<b>2/21-3/29</b>	<b>Wed</b>	<b>5:15-6 p.m.</b>	<b>\$75</b>

## LITTLE HOOPERS BASKETBALL

Ages 3-5

Get off to a great sporting start with your preschooler! This co-ed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required. No program 1/15 and 2/19.

<b>1/8-2/12</b>	<b>Mon</b>	<b>6:15-7 p.m.</b>	<b>\$45</b>
<b>2/26-3/26</b>	<b>Mon</b>	<b>6:15-7 p.m.</b>	<b>\$45</b>

## JUNIOR HOOPERS BASKETBALL

Ages 6-7

Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength. Teamwork and sportsmanship will be encouraged. Parental supervision required.

<b>1/10-2/14</b>	<b>Wed</b>	<b>6:15-7 p.m.</b>	<b>\$48</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>6:15-7 p.m.</b>	<b>\$48</b>

## PERSONAL MUSIC LESSONS

Ages 5 and Older

Learn to play piano, drums, guitar, bass guitar, or all four!\* Lessons are 30 minutes long and are offered on a monthly basis. Our instructor will tailor instruction to each student's needs and experience. Please note: payment is required prior to the start of a session. Time slots are guaranteed upon payment. No lessons 1/15 and 2/19. \*Drum, guitar, and bass guitar are only available on Mondays and Saturdays.

<b>1/8-3/19</b>	<b>Mon</b>	<b>2:30-8:30 p.m.</b>	<b>\$225</b>
<b>1/9-3/20</b>	<b>Tue</b>	<b>3-7:30 p.m.</b>	<b>\$275</b>
<b>1/11-3/22</b>	<b>Thu</b>	<b>3-7:30 p.m.</b>	<b>\$275</b>
<b>1/12-3/23</b>	<b>Fri</b>	<b>3-5:30 p.m.</b>	<b>\$275</b>
<b>1/13-3/24</b>	<b>Sat</b>	<b>9:30 a.m.-1:30p.m., 2:30-4:30 p.m.</b>	<b>\$275</b>



## TANG SOO DO

Ages 7-9

Tang Soo Do teaches us many things: self-defense, respect, focus, discipline, confidence, leadership, acceptance of failures and the resolve to overcome greater challenges. Each student, be it child or adult, will take their own unique journey to black belt. Some must learn control—some, how to trust. Some will start their training shy then develop an understanding and desire to show their true strength. Some will learn to be less judgmental—starting with how they may judge themselves. Others will learn patience. All will learn perseverance and the deep satisfaction that comes from hard work and accomplishment. Everyone will improve their overall fitness. If you have ever thought of karate for yourself or for your child, there has never been a better time than right now to begin this amazing journey and to reap the benefits of this self-discovery, life skills improvement program. Please be prepared to order your uniform (dobok) after your 3rd class through the instructor. The cost is \$35 for youth and \$39 for adults. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

<b>1/9-2/13</b>	<b>Tue</b>	<b>6:15-6:55 p.m.</b>	<b>\$35</b>
<b>2/20-3/27</b>	<b>Tue</b>	<b>6:15-6:55 p.m.</b>	<b>\$35</b>

## GOJU RYU KARATE

Ages 7 and Older

Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are continuous throughout the year and taught by Sensei Paul Kurose, who along with family members has taught in our community for 20+ years. Check out his experience! No class 1/15 and 2/19.

<b>1/8-3/28</b>	<b>M/W</b>	<b>7:15-8:45 p.m.</b>	<b>\$15</b>
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## TEENS

All Rainier Teen Programs listed are free of charge for youth. We will be offering Leadership and Life Skills programs when speakers are available. Look for information around the Center about these great events! field trips may change due to weather, staff coverage or lack of participants.

### COMMUNITY SERVICE/ SERVICE LEARNING HOURS

**FREE!**

Ages 14-19

High school students seeking community service hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Staff for a volunteer packet.

### TEENS RESILIENCE BACK TO SCHOOL TOOL KIT CLASS

**FREE!**

Ages 11-18

Teens will learn how to destress by being Optimism in appreciating 3 things that went right instead of the 1 thing that went wrong. They will use their Strength to address obstacles that arise. Gratitude they will write down 3 things they are grateful for at the end of each day. Connection they will reach out for support when facing tough issues. Communicate teens will talk to their parent(s) about what they are thinking and feeling on a daily or weekly basis. Breathing helps us to navigate the tension that arises in our mind and body when tough times comes it also helps us to calm our nerves, so Breathe.

1/8-3/26 Mon 4:30-7:30 p.m.

### FLOUR POWER

**FREE!**

Ages 11-18

This cooking class will be hands on and is a great way to engage teens in healthy, fun food from scratch, all while building kitchen confidence at a more complex level so they will be ready to compete in the Top Chef Competitions.

1/9-3/27 Tue 4:30-7:30 p.m.

### CULTURAL ADVENTURES

**FREE!**

Ages 11-18

Learn about the peers in your teen program and their cultural. Teens will do activities and tell stories to learn interesting facts about everyone's cultural. Teen will learn a new cultural every week.

1/3-3/28 Wed 4:30-7:30 p.m.

### DYNAMIC DESIGNS

**FREE!**

Ages 11-18

This art program will allow the teens to draw, paint and design words of art using their creative imaginations and life experiences.

1/11-3/29 Thu 4:30-7:30 p.m.

### YOUTH DANCE

**FREE!**

Ages 11-18

Teens will learn the art and joy of dancing while gaining poise and building self-confidence. This program is for beginners who want to learn to dance or teens who know how to dance. The advance will help choreography the dances.

1/12-3/30 Fri 4-6 p.m.

### Y2C AFTER SCHOOL CLUB

**FREE!**

Ages 12-18

Y2C is short for "Youth 2 College" which is an afterschool education, tutoring and resource club for youth ages 12-18. Fueled by a positive learning environment and peer 2 peer support members, adult students from both Seattle University and the University of Washington will lead youth program participants in afterschool tutoring and resource help in the subject areas of Math, Science, History, Literature, Spanish Language, and Computer Technology. The Y2C program assists in other areas such as college preparation, financial literacy, college tours, events, traveling and activities. This a drop-in program that will provide light snack for participants and traveling incentives for youth who are interested in visiting several universities. Parents are highly encouraged to participate in helping our youth reach success and greatness during their grade and high school career's. Program attendance for Signing in/out is required.

Jan-March T/W/Th 3:30-5:45 p.m.



## SPECIAL ANNOUNCEMENTS:

Rainier Teen Program is always looking for new participants with brilliant ideas will implement any program you would like to participate in within reason and costs.

### OTHER SPECIAL EVENTS AND PROGRAMS ARE:

#### MLK DAY MARCH

**1/13** Please call for time

#### NATIONAL FREEDOM DAY

**2/1**

#### VALENTINE'S DAY

**2/14**

#### BLACK HISTORY MONTH CELEBRATION

**2/23**

#### READ ACROSS AMERICA DAY

Teens will partner with the After-School Program

**March 2**

#### GOOD FRIDAY

**3/30**

#### \*TEEN ADVISORY COUNCIL

**Last Thursday of each Month.**

#### \*REC TECH AND LIBRARY FOR TUTORING AND HOMEWORK HELP.

#### \*FIELD TRIPS

**usually Fridays**

#### MOVIES DAYS

**1/5, 1/26, 2/16, and 3/9.**

#### BOWLING DAYS

**1/12, 2/2, 2/23, and 3/16.**

#### SKATING DAYS

**1/19, 2/9, 3/2 and 3/30.**

*\*Field Trips may change due to weather or to adventure a new place.*

Rainier Teen Program will be having a Pool and Ping Pong Tournaments please call Ms. Joy to confirm you will bring a team.

We will also have a Basketball Half-Court Shot Tournament So, Bring You're A Shot

All participants must have an E-13 to participate and go on Field Trips. field trips may change due to weather, staff coverage or lack of participants.

## TEEN LATE NIGHT

**Ages 13-19**

Please see page 12 for details.

**FREE!**

## ADULTS

### HIP HOP SPIN CLASS

**Ages 16 and Older**

**FREE!**

Endure intervals, hills, sprints and more combined with upper body movements designed to spike your heart rate from start to finish and provide a full-body workout. The beats of Hip Hop and R&B will push you thru this high intensity workout catering to participants of all fitness levels. Control your own resistance and speed allowing you to continuously progress toward to your fitness goals. Be prepared to sweat, be challenged and get results. This class is offering at no cost due the Get Moving Grant. Day of sign up is first come, first served. You may reserve your bike up to 1hr early, spots are limited!

<b>1/10-2/14</b>	<b>Wed</b>	<b>6-7 p.m.</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>6-7 p.m.</b>
<b>1/10-2/14</b>	<b>Wed</b>	<b>7-8 p.m.</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>7-8 p.m.</b>

### MIXXED FIT®

**Ages 16 and Older**

Are you tired of the same old work out? Try something NEW! MixxedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixxedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages, and skill levels. No class 1/15 or 2/19.

<b>1/8-3/26</b>	<b>M/W</b>	<b>6-7 p.m.</b>	<b>\$154</b>
<b>Mon only \$70; Wed only \$84</b>			
<b>Drop-in: \$7</b>			

### ADULT DIVA

**Ages 16 and older**

Think Beyonce, Rhianna, and Jennifer Lopez, just to mention a few. This class is designed for our students to release their inner Diva and surrounds the concepts of empowering women and building their inner confidence (men are also very welcome to join). This class used to be known as 'heels,' however dancing in heels is not a requirement; SASSINESS definitely is. Get ready to get down to the hottest hits. You will leave this class feeling sexy, sassy, and ready to take on the world. Incorporating urban, hip hop, and funk styles, students do not need to have any dance experience to join.

**Instructor: Boom Dance Studios**

<b>1/11-2/15</b>	<b>Thu</b>	<b>6:30-7:30 p.m.</b>	<b>\$75</b>
<b>2/22-3/29</b>	<b>Thu</b>	<b>6:30-7:30 p.m.</b>	<b>\$75</b>

## DANCE FIT FOR SENIORS

Ages 18 and Older

Seniors look no further! This class is perfect for you...don't be swayed by the title of the class - you will groove out of this class after having danced a journey. We will have a blast while keeping ourselves moving through different styles. Think disco, hip hop, salsa, and more! Accommodations will be made for any injuries etc. – we can do all of this on chairs as well and still work up a sweat! No class 10/31 and 11/23.

**Instructor: Boom Dance Studios**

<b>1/9-2/13</b>	<b>Tue</b>	<b>9-10 a.m.</b>	<b>\$75</b>
<b>2/20-3/27</b>	<b>Tue</b>	<b>9-10 a.m.</b>	<b>\$75</b>

## ADULT TAI CHI

Ages 18 and Older

Come stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for beginners and advanced students. Dress in comfortable clothing that allows you to stretch.

<b>1/10-3/28</b>	<b>Wed</b>	<b>2-3 p.m.</b>
<b>1/13-3/31</b>	<b>Sat</b>	<b>9:15-10 a.m.</b>

**Drop-in: \$3/Seniors \$2**

## TANG SOO DO

Ages 10 and Older

Tang Soo Do teaches us many things: self-defense, respect, focus, discipline, confidence, leadership, acceptance of failures and the resolve to overcome greater challenges. Each student, be it child or adult, will take their own unique journey to black belt. Some must learn control—some, how to trust. Some will start their training shy then develop an understanding and desire to show their true strength. Some will learn to be less judgmental—starting with how they may judge themselves. Others will learn patience. All will learn perseverance and the deep satisfaction that comes from hard work and accomplishment. Everyone will improve their overall fitness. If you have ever thought of karate for yourself or for your child, there has never been a better time than right now to begin this amazing journey and to reap the benefits of this self-discovery, life skills improvement program. Please be prepared to order your uniform (dobok) after your 3rd class through the instructor. The cost is \$35 for youth and \$39 for adults. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

<b>1/9-2/13</b>	<b>Tue</b>	<b>7-8 p.m.</b>	<b>\$42</b>
<b>2/20-3/27</b>	<b>Tue</b>	<b>7-8 p.m.</b>	<b>\$42</b>

## HOLIDAY EVENT

All Ages

**FREE!**

Lets help the kids! Please bring an unwrapped toy or non-perishable Food Item for our Food and Toy Drive. Enjoy Holiday family photos, refreshments,kids crafts and Music.

**12/9 Sat Noon-3 p.m.**



**PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.**

**SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!**

### LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

**Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.**



**Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!**



Find out more at [www.seattle.gov/parks/seniors/](http://www.seattle.gov/parks/seniors/) where you can download the Lifelong Recreation brochure and sign up for our email newsletter. Contact us at 206-684-4951.



## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
172966	Creative Movement	3-4 Years	Wed	1/10	2/14	4 p.m.	\$60
172967	Creative Movement	3-4 Years	Wed	2/21	3/28	4 p.m.	\$60
174412	Little Hoopers	3-5 Years	Fri	1/12	2/16	5 p.m.	\$60
174415	Little Hoopers	3-5 Years	Fri	2/23	3/30	5 p.m.	\$60
174419	Lyrical Dance	5-7 Years	Wed	1/10	2/14	4:45 p.m.	\$54
174420	Lyrical Dance	5-7 Years	Wed	2/21	3/28	4:45 p.m.	\$54
174417	Junior Hoopers	6-7 Years	Fri	1/12	2/16	6 p.m.	\$54
174418	Junior Hoopers	6-7 Years	Fri	2/23	3/30	6 p.m.	\$54
174423	Shotokan Karate	6 and Older	Thu	1/11	2/15	6:15 p.m.	\$42
174424	Shotokan Karate	6 and Older	Thu	2/22	3/29	6:15 p.m.	\$42
174406	Hip Hop Dance	7-18 Years	Wed	1/10	2/14	6:15 p.m.	\$54
174409	Hip Hop Dance	7-18 Years	Wed	2/21	3/28	6:15 p.m.	\$54
174421	Lyrical Fusion	8-12 Years	Wed	1/10	2/14	5:30 p.m.	\$54
174422	Lyrical Fusion	8-12 Years	Wed	2/21	3/28	5:30 p.m.	\$54
172968	Drills & Skills	11-18 Years	Tue	1/2	3/27	3 p.m.	FREE
174402	Family Zumba	14 and Older	Wed	1/3	3/28	6:30 p.m.	FREE
172963	Aerobics	18-75 Years	T/Th	1/2	1/30	6 p.m.	\$40/\$32 sr/sp
172964	Aerobics	18-75 Years	T/Th	2/1	2/27	6 p.m.	\$35/\$28 sr/sp
172965	Aerobics	18-75 Years	T/Th	3/1	3/29	6 p.m.	\$40/\$32 sr/sp

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**

## VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-386-1925.

## ↘ YOUTH

### CREATIVE MOVEMENT

Ages 3-4

Students will learn the basic elements of movement and ballet. Class includes lots of free dancing and imagination. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. Parental supervision required.

**Instructor: Emmy Fansler**

<b>1/10-2/14</b>	<b>Wed</b>	<b>4-4:45 p.m.</b>	<b>\$60</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>4-4:45 p.m.</b>	<b>\$60</b>

### LYRICAL DANCE

Ages 5-7

Do you have a super expressive child? The lyrical dance class will give them an introduction to creative storytelling and self-expression through a mix of ballet, jazz, and contemporary techniques. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. Parental supervision required.

**Instructor: Emmy Fansler**

<b>1/10-2/14</b>	<b>Wed</b>	<b>4:45-5:30 p.m.</b>	<b>\$54</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>4:45-5:30 p.m.</b>	<b>\$54</b>

### LYRICAL FUSION

Ages 8-12

This class will introduce younger students to basic dance vocabulary and technique in a structured yet fun setting. Simple coordination, musicality, rhythm, and concentration will be emphasized. Students are encouraged to explore space and enjoy dancing. Class still includes lots of free dancing and imagination. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. Parental supervision required.

**Instructor: Emmy Fansler**

<b>1/10-2/14</b>	<b>Wed</b>	<b>5:30-6:15 p.m.</b>	<b>\$54</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>5:30-6:15 p.m.</b>	<b>\$54</b>

### HIP HOP DANCE

Ages 7 and Older

All experience levels will be able to enjoy this opportunity to express themselves through a diverse, urban, welcoming environment.

**Instructor: Emmy Fansler**

<b>1/10-2/14</b>	<b>Wed</b>	<b>6:15-7 p.m.</b>	<b>\$54</b>
<b>2/21-3/28</b>	<b>Wed</b>	<b>6:15-7 p.m.</b>	<b>\$54</b>

### LITTLE HOOPERS

Ages 3-5

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required.

**Instructor: Coach Sandra**

<b>1/12-2/16</b>	<b>Fri</b>	<b>5-5:45 p.m.</b>	<b>\$60</b>
<b>2/23-3/30</b>	<b>Fri</b>	<b>5-5:45 p.m.</b>	<b>\$60</b>

### JUNIOR HOOPERS

Ages 6-7

This class emphasizes the fundamentals including ball handling, shooting techniques and footwork while increasing endurance, flexibility and strength while encouraging teamwork and sportsmanship. This course will include fun scrimmages at the end of the quarter. Parental supervision required.

**Instructor: Coach Sandra**

<b>1/12-2/16</b>	<b>Fri</b>	<b>6-7 p.m.</b>	<b>\$54</b>
<b>2/23-3/30</b>	<b>Fri</b>	<b>6-7 p.m.</b>	<b>\$54</b>

### SOUTHEAST INSTRUCTIONAL BASKETBALL LEAGUE

Ages 6-7

Nothing but net! This fundamental league develops a strong skill foundation with appreciation for the game of basketball. Players participate in scrimmages to experience a noncompetitive game environment. Emphasis on fundamentals including ball handling, shooting techniques, and footwork while increasing endurance, flexibility and strength while encouraging teamwork and sportsmanship. Youth Sports Participation Form, Concussion Form, and birth certificate verification REQUIRED at the time of registration. Tee shirt included in activity fee. Parental supervision required. Parent volunteer coaches are needed.

<b>11/30-3/9</b>	<b>Thu</b>	<b>6-7 p.m.</b>	<b>\$65</b>
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## SHOTOKAN KARATE

Ages 6 and Older

Have fun learning traditional Japanese Shotokan Karate. Martial arts training will improve your self-confidence and concentration in all parts of life. Open to all ages and all levels. Participants test for belt rank at their own pace.

**Instructor: Kris Haight**

1/11-2/15	Thu	6:15-7:15 p.m.	\$42
2/22-3/29	Thu	6:15-7:15 p.m.	\$42

## TEENS

### COMMUNITY SERVICE/ SERVICE LEARNING HOURS

**FREE!**

Ages 14-19

High school students seeking community/service learning hours can earn them by volunteering for special events, leading programs, and providing help with making the Rainier Beach Community Center a better place. For more information about Teen Programming, contact Derryn Anderson at (206)386-1925 or email [Derryn.Anderson@seattle.gov](mailto:Derryn.Anderson@seattle.gov)

### CHALLENGE MONDAY

**FREE!**

Ages 11-19

This new program is designed to challenge youth to build and develop skills in communication and problem solving. Participants focus on becoming aware of how to interact as members of the community while finding personal connections and being mindful of those around them. This program will end with a field trip to Camp Long to use their new skills on the 4H Challenge course. No program 1/15 and 2/19.

1/8-3/26 Mon 4-6 p.m.

### BOYS 2 MEN

**FREE!**

Ages 11-19

Our young men's group helps focus and develop today's young men through support. Our program introduces young men to different life topics and encourages purposeful discussions to help them gather understating that will carry them through their goals in life.

1/11-3/29 Thu 4-6 p.m.

### GIRL CHAT

**FREE!**

Ages 11-19

This new program is for all young women. This group will help build up our young women to help them navigate through today's society. We will focus on developing a positive self-image and self-esteem. There will be different speakers and activities to engage young women and help them lay a foundation that will benefit them through life. Middle School meets Tuesday; High School meets Thursday.

1/9-3/27 Tue 4-6 p.m.

### COOKING AT THE BEACH

**FREE!**

Ages 11-19

Our Center's cooking program focuses on teens finding healthy alternatives to what they normally eat. Youth research recipes and are responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is totally hands on under the supervision of center staff.

1/10-3/28 Wed 4-6 p.m.

### PIZZA PROJECT

**FREE!**

Ages 11-19

The goal of these projects is for youth to engage their writing and thinking skills on a topic. Youth are encouraged to come up with points on how these topics relate to them. After the work is done, we have pizza and discuss what ideas they come up with.

1/11-3/29 Thu 4-6 p.m.

### FACEBOOK GROUP

**FREE!**

Ages 11-19

This Facebook group will be posting with a purpose. Youth in this group will post pictures and other designed digital media to share with other youth on Facebook. Our goal is to focus and raise visibility of positive images of youth in and around our community. No program 1/15 and 2/19.

1/8-3/28 M/W 4-5 p.m.

### GAME ROOM DROP-IN

**FREE!**

Ages 11-19

Our game room will be hosted by Safe Passage staff for teens to hangout, plug in with friends, and try to win. We will have Xbox games such as Madden, NBA 2K16, Dance Central, Wipe Out, board games, Dominoes, Uno, Checkers, Jenga, Pictionary, and Ping Pong. Game On!!

1/9-3/29 T/Th 4-6 p.m.

### DRILLS AND SKILLS

**FREE!**

Ages 11-18

The Aaron Brooks Foundation Basketball Drills and Skills Program is working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills. Drills and Skills Application, E-13, and Concussion Form required.

1/2-3/27 Tue 3-7 p.m.

## CITYWIDE SPECIAL EVENTS

**FREE!**

**Ages 11-17**

There are four mandatory special events that occur throughout the year. These citywide events are the Martin Luther King march, Youth Appreciation week, The Mayor's Town Hall Meeting and The Week Without Violence event. We give special incentives for teens who participate in these programs. For more information, contact Derryn Anderson at 206-386-1925 for more information.

## FAMILY ZUMBA®

**FREE!**

**Ages 14 and Older**

Founded in 2001, Zumba® Fitness is a global lifestyle brand that fuses fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are 'fitness parties' that blend upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration! Please arrive early, as space is limited.

**Instructor: Toni Harding**

**1/3-3/28 Wed 6:30-7:30 p.m.**



## YOUR HOUSE BOXING AND COMMUNITY CLUB

**FREE!**

**Ages 12-24**

YHBCC is a free boxing program for youth and young adults. The program emphasizes physical fitness and mental discipline through boxing training. Sparring is not required and no previous boxing experience is necessary. The program also promotes educational and community engagement. With the support of coaches and mentors, participants are required to fulfill their commitments to educational, vocational, personal, and/or life goals, and to give back through regular community service activities. YHBCC pushes youth to become more complete and connected individuals. Registration paperwork required. No program 1/15 and 2/19.

**1/2-3/30 M-Th 3:30-6 p.m.**

## ADULTS

### AEROBICS

**Ages 18 and Older**

Get your all in one workout; cardio pumping, strength building, and muscle toning while moving and grooving to booming beats. You'll have tons of fun being led by a 24-year fitness veteran who is CMA, PFT and IFPA-certified. No class 1/9, 2/13, and 3/13.

**Instructor: Noel Montgomery**

<b>1/2-1/30</b>	<b>T/Th</b>	<b>6-7 p.m.</b>	<b>\$40</b>
<b>2/1-2/27</b>	<b>T/Th</b>	<b>6-7 p.m.</b>	<b>\$35*</b>
<b>3/1-3/29</b>	<b>T/Th</b>	<b>6-7 p.m.</b>	<b>\$40</b>

**Senior 65+/Sp Pops: \$32, \*\$28**

### SHOTOKAN KARATE

**Ages 6 and Older**

Have fun learning traditional Japanese Shotokan Karate. Martial arts training will improve your self-confidence and concentration in all parts of life. Open to all ages and all levels. Participants test for belt rank at their own pace.

**Instructor: Kris Haight**

<b>1/11-2/15</b>	<b>Thu</b>	<b>6:15-7:15 p.m.</b>	<b>\$42</b>
<b>2/22-3/29</b>	<b>Thu</b>	<b>6:15-7:15 p.m.</b>	<b>\$42</b>

### FAMILY ZUMBA®

**Ages 14 and Older**

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**1/2-3/30 M-Th 3:30-6 p.m.**

# RECTECH



Seattle  
Parks & Recreation



Seattle  
Information Technology



RECTECH

**FREE!**



**ALL AGES**

## OFFERINGS INCLUDE:

OPEN LAB ACCESS  
COMPUTER SKILLS  
GAME PRODUCTION  
WEB AND DIGITAL DESIGN  
ESL CLASSES  
CLASSES FOR AGES 50+  
PHOTOGRAPHY AND VIDEOGRAPHY  
HOMEWORK HELP  
EMPLOYMENT SERVICES  
VIRTUAL REALITY

NOTE: PLEASE CHECK WITH  
THESE COMMUNITY CENTERS  
FOR AVAILABLE PROGRAM OFFERINGS:

**DELRIDGE CC**

206-684-7423

**RAINIER CC**

206-386-1919

**RAINIER BEACH CC**

206-386-1925

**SOUTH PARK CC**

206-684-7451

**YESLER CC**

206-386-1245

RECTECHSEATTLE.ORG | FACEBOOK.COM/RECTECHSEATTLE



## ↘ AT-A-GLANCE

BARCODE#	COURSE TITLE	AGE	DAY	STARTS	ENDS	TIME	PRICE
170811	Mid-Winter Break	5-12 Years	Tu-F	2/20	2/23	7 a.m.	\$176
170909	After School	5-12 Years	M-F	1/2	1/31	2:30 p.m.	\$457
170942	After School	5-12 Years	M-F	2/1	2/28	2:30 p.m.	\$457
170971	After School	5-12 Years	M-F	3/1	3/31	2:30 p.m.	\$457
170635	Day Between Semesters	5-12 Years	Wed	1/31	1/31	7 a.m.	\$45
173328	Double Dutch	5-14 Years	Tue	1/9	2/13	5 p.m.	\$30
173330	Double Dutch	5-14 Years	Tue	2/20	3/27	5 p.m.	\$30
TBD	Piano or Guitar Lessons	5 and Older	Mon	1/8	2/26	2:30 p.m.	\$150
TBD	Piano or Guitar Lessons	5 and Older	Mon	3/5	4/30	2:30 p.m.	\$225
TBD	Piano or Guitar Lessons	5 and Older	Thurs	1/4	2/22	2:30 p.m.	\$200
TBD	Piano or Guitar Lessons	5 and Older	Thurs	3/1	4/26	2:30 p.m.	\$225
173313	Female Only Basketball Skills	6-8 Years	Sat	1/13	3/24	1 p.m.	\$20
173320	Self-Defense	6-16 Years	Fri	1/12	3/30	5:30 p.m.	Free
173261	Drills and Skills	8-18 Years	Fri	1/12	3/30	4 p.m.	\$20
TBD	Intro to Sewing	8 and Older	Fri	1/12	3/30	6:30 p.m.	\$60
173321	Women's Only Zumba	8 and Older	Thu	1/11	3/22	6 p.m.	Donation
173322	Women's Only Zumba	8 and Older	Tue	1/9	3/20	6 p.m.	Donation
173315	Female Only Basketball Skills	9-11 Years	Sat	1/13	3/24	2 p.m.	\$20
173262	Female Only Basketball Skills	12-14 Years	Sat	1/13	3/24	3 p.m.	\$20
173319	Self-Defense	16 and Older	Fri	1/12	3/30	6:30 p.m.	Free
TBD	Make-n-Take Mondays - Black History Project	All Ages	Mon	2/26	2/26	6:30 p.m.	Free
TBD	Make-n-Take Mondays - Spring Time Project	All Ages	Mon	3/26	3/26	6:30 p.m.	Free
TBD	Make-n-Take Mondays - Valentine's Day Project	All Ages	Mon	1/29	1/29	6:30 p.m.	Free

**\*IF NO BAR CODE IS LISTED, PLEASE CALL THE COMMUNITY CENTER TO REGISTER.**



## VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, 206-386-1921.

## ↳ TOTS

### TODDLER GYM PLAY TIME

**FREE!**

Walkers-5 Years

Ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop in session. (Parents must accompany their child at all times).

1/2-3/29 T/Th 10 a.m.-1 p.m.

## ↳ YOUTH

### PIANO LESSONS

Ages 5 and Older

Learn to play the Piano. Lessons are one on one with the instructor and are 30 minutes long. Our instructor will tailor lessons to each student's needs and experience. Piano or guitar lesson are available on Thursdays. Please call the community center for timeslot availability. **Scholarships are available.** No class 1/15 and 2/19.

1/8-2/26	Mon	2:30-8 p.m.	\$150
3/5-4/30	Mon	2:30-8 p.m.	\$225
1/4-2/22	Thu	2:30-8 p.m.	\$200
3/1-4/26	Thu	2:30-8 p.m.	\$225

### DOUBLE DUTCH JUMP ROPE

Ages 5-14

Have fun, bring a friend, get moving, and learn the basic exercises and skills needed for Double Dutch. We will practice skills including how to enter the rope, do stunts, tricks, routines, speed jumping, and more. Track your progress, make new friends, learn a new skill! **Scholarships are available.**

1/9-2/13	Tue	5-6 p.m.	\$30
2/20-3/27	Tue	5-6 p.m.	\$30

### DRILLS AND SKILLS

Ages 8-14

Have fun, get moving, and learn the game of basketball. Practice skills like dribbling, passing and shooting. This class also builds valuable life skills such as communication and working as part of a team. No class 3/23 (March Madness Special Event).

1/12-3/30 Fri 4-7 p.m. \$20

### FEMALE ONLY BASKETBALL SKILLS

Ages 6-14

Have fun, get moving, and learn the game of basketball. Practice skills like dribbling, passing and shooting. This class also builds valuable life skills such as communication and working as part of a team. No class 3/31 for Spring Egg Hunt.

Ages 6-8	1/13-3/24	Sat	1-2 p.m.	\$20
Ages 9-11	1/13-3/24	Sat	2-3 p.m.	\$20
Ages 12-14	1/13-3/24	Sat	3-4 p.m.	\$20

### SELF-DEFENSE

**FREE!**

Ages 6-16

Come learn self-defense skills – no time is better than now. Don't wait any longer to feel safer and more comfortable in your everyday life. Coach Edmonds has years of experience in multiple martial art disciplines. No class 3/23

1/12-3/30 Fri 5:30-6:30 p.m.

### INTRO TO SEWING

Ages 8 and Older

Learn everything from sewing on a button and hemming pants to creative sewing projects. This class will work on both hand and machine sewing. No experience necessary. **Scholarships are available.** No class 3/23 (March Madness Special Event).

1/12-3/30 Fri 6:30-7:30 p.m. \$60

## ↳ TEENS/TWEENS

### COMMUNITY SERVICE/ SERVICE LEARNING HOURS

**FREE!**

Ages 14-19

High school students seeking community service learning hours can earn them by helping with special events, tutoring teens after school, and other service opportunities. Please ask the Van Asselt Staff for a volunteer packet. Contact us at 206-386-1921 or clay.hughes@seattle.gov for more information.



## WRESTLING

Saturdays, coming soon. Call Van Asselt for more information 206-386-1921.

FREE!

## PCC COOKING

Ages 10-19

Join Bryce for some yummy, healthy, and gluten free cooking fun! This program includes choosing recipes, trips to the store to learn about healthy choices, and practice preparing a dish.

1/8-3/26 Mon 5 p.m.

FREE!

## OPEN TEEN ROOM

Ages 10-19

Come in to the Van Asselt Teen room and use the computer, study for upcoming test, work on homework, watch TV, or play board games. No program 1/1, 1/15, and 1/19.

1/2-3/30 M-F 3-7 p.m.

FREE!

## TEEN ADVISORY COUNCIL

Ages 10-19

Teen Council will be held every third Thursday of the month from 5:30-7 p.m. Each meeting will consist of new ideas from the teens to help the community and to come up with new program ideas for teens.

Third Thu/month 5:30-7 p.m.

FREE!

## CENTER HOPPING HOOP

Ages 10-19

Van Asselt Teens who participate regularly in our teen program will have the opportunity to get in the van and go across the city to different community centers and play basketball against other teens. This will also give teens the chance to explore different parts of the city and experience different cultures.

TBD Depending on game/site schedules  
5:30-7 p.m.

FREE!

## DESIGN YOUR HOOD

Ages 10-19

Get involved at Van Asselt! We will be redesigning the Teen Room and you don't want to miss out! Talk to Clay or Katie for the details. YES Program Application and E-13 form required for participation.

End of Jan-Spring Break

Wed 4-6 p.m.  
Sat 10 a.m.-3 p.m.

FREE!

## TEEN FLASHLIGHT HUNT

Ages 12-18

Looking for a new twist on an egg hunt? Try finding the loot in the dark. Bring a flashlight and a bag, but don't be late, because the hunt goes quick. Meet in the Van Asselt Community Center Gym. Rain or shine, we will be outside, so dress for the weather. Questions? Ask Clay at Van Asselt 206-386-1921 or clay.hughes@seattle.gov.

3/30 Fri 7 p.m.

FREE!

## ADULT



## 5 ON 5 ADULT BASKETBALL

Ages 18 and Older

Grab your friends and throw together a team for this one of a kind drop-in basketball experience. Games will be 30 minutes and officiated. First come first serve for game slots.

1/13-3/24 Sat 10 a.m.-1 p.m.

Drop-in: \$3

FREE!

## WOMEN'S ONLY ZUMBA®/AEROBICS

Ages 8 and Older

Are you tired of the same old work out? Try this fun workout inspired by Latin dance and upbeat music. Zumba® uses a variety of styles in its routines, including cumbia, merengue, salsa, reggae tone, hip-hop, pop, mambo, rumba, flamenco, calypso, and salsa. Music selections include both fast and slow rhythms to help tone and sculpt the body. Space is limited, so register early!

1/9-3/20 Tue 6-7 p.m.

1/11-3/22 Thu 6-7 p.m.

\*Please consider donating to keep this program running

## SELF-DEFENSE

Ages 16 and Older

Come learn self-defense skills – no time is better than now. Don't wait any longer to feel safer and more comfortable in your everyday life. Coach Edmonds has years of experience in multiple martial art disciplines. No class 3/23 (Join us for our March Madness Special Event).

1/12-3/30 Fri 6:30-7:30 p.m.

FREE!

## INTRO TO SEWING

Ages 8 and Older

Learn everything from sewing on a button and hemming pants to creative sewing projects. This class will work on both hand and machine sewing. No experience necessary. No class 3/23 (Join us for our March Madness Special Event)

1/12-3/30 Fri 6:30-7:30 p.m. \$60

# SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



Seattle  
Parks & Recreation



© Doug Mahugh



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## Lessons "Seattle Swims"

Swim for fun,  
fitness, and safety!  
All ages swimming  
instruction by  
certified lifeguards  
and trained  
instructors.



## Class Information

Online registration  
using the SPARC  
system. Go to:  
<http://class.seattle.gov/parks>



© jay dotson photography

## Personal Lessons

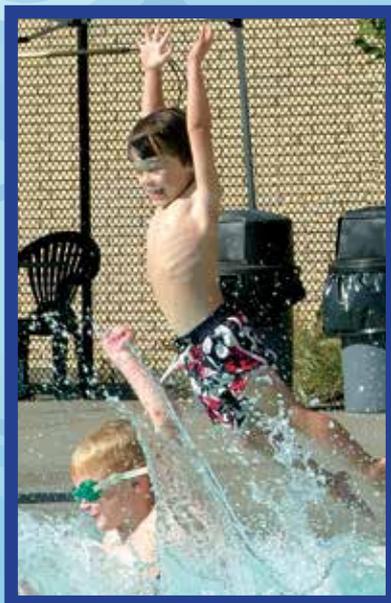
Quality  
instruction  
tailored to  
fit individual  
needs to achieve  
your personal  
swimming goals.



© Doug Mahugh

## Fitness

**Deep Water, Shallow Water, Masters, and other fitness opportunities available!**



## Recreation

**Public Swim, Family Swim, Lap Pool and more!**



Contact your local pool for more information!

### BALLARD POOL

1471 NW 67th St • (206) 684-4094  
[seattle.gov/parks/aquatics/Ballardp.htm](http://seattle.gov/parks/aquatics/Ballardp.htm)

### EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961  
[seattle.gov/parks/aquatics/Evanspool.htm](http://seattle.gov/parks/aquatics/Evanspool.htm)

### HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979  
[seattle.gov/parks/aquatics/madisonpool.htm](http://seattle.gov/parks/aquatics/madisonpool.htm)

### MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989  
[seattle.gov/parks/aquatics/meadowbrookpool.htm](http://seattle.gov/parks/aquatics/meadowbrookpool.htm)

### MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766  
[seattle.gov/parks/aquatics/everpool.htm](http://seattle.gov/parks/aquatics/everpool.htm)

### QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282  
[seattle.gov/parks/aquatics/queenannepool.htm](http://seattle.gov/parks/aquatics/queenannepool.htm)

### RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925  
[seattle.gov/parks/aquatics/rainierbeachpool.htm](http://seattle.gov/parks/aquatics/rainierbeachpool.htm)

### SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440  
[seattle.gov/parks/aquatics/swpool.htm](http://seattle.gov/parks/aquatics/swpool.htm)

Summer Only

### COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494  
[seattle.gov/parks/aquatics/colman.htm](http://seattle.gov/parks/aquatics/colman.htm)

### LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708  
[seattle.gov/parks/aquatics/mounger.htm](http://seattle.gov/parks/aquatics/mounger.htm)

**Did You Know?**  
**We have rental space!**

**Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.**

**Call to book your party today!**



## RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

## RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

*With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event*

Damage Deposit \$500 • Staff fee \$50 per hour +1 additional hour • \$75 City of Seattle Alcohol Permit Fee • Banquet Permit purchased from the Liquor Control Board \$15

Liability insurance ranges \$200-\$400 or may be covered by some caterers or by your home owner's insurance policy. Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

COMMUNITY CENTERS/ROOMS AND CAPACITIES					
SITE	SMALL	MED	LARGE	KITCHEN	GYM
Garfield 206-684-4788	15-35	35-45	145	35	442
<b>International District/ Chinatown CC</b> 206-233-0042	37	48	135	small	395
<b>Jefferson</b> 206-684-7481	20	(2)50	110	large	300
<b>Rainier</b> 206-386-1919	(2)20	35	100	large	(2)350
<b>Rainier Beach</b> 206-386-1925	(3) 25-30	(3) 40-80	185	large	350
<b>Van Asselt</b> 206-386-1921		62	187	large	283
SOUTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES					
SITE	SMALL	MED	LG		
Pritchard Beach Bathhouse 206-684-7254		85			
Madonna Shelter House 206-684-4788	25				

## REFUNDS

Staff at the facility will review the complete refund policy with you when your rental is booked. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at [www.seattle.gov/parks/reservations](http://www.seattle.gov/parks/reservations).

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information.**

## HOURLY ROOM AND GYMNASIUM RENTAL FEES

NOTE: A non-refundable \$25 booking fee per site is required for ALL rentals in addition to the hourly rates. An additional charge is required for staff and the use of certain types of equipment, subject to availability at the facility.

### GYM RENTALS (MINIMUM OF 2 HOURS)

- » \$30/hour: Small Gym (Athletic use)
- » \$65/hour: Small Gym (Non-Athletic use)
- » \$40/hour: Large Gym (Athletic use)
- » \$110/hour: Large Gym (Non-Athletic use)

### ROOMS

- » \$35/hour: Small Rooms (1-400 square feet)
- » \$45/hour: Medium Rooms (401-1,500 square feet)
- » \$60/hour: Large Rooms (1,500+ square feet)
- » \$25/hour: Small Kitchen (minimum of 2 hours)
- » \$48/hour: Large Kitchen (minimum of 2 hours)
- » \$25/hour: Staffing Fee (charged for rental hours + one hour). For all rentals on weekends or outside City operating hours a staff fee will be charged (staff fee increases 1½ times per hour on holidays). Number of staff will be determined based upon nature of event and anticipated attendance.
- » \$75: Additional fee for events with ALCOHOL (insurance also required)
- » \$250: Refundable rental and cleaning deposit (no alcohol), for rentals outside of normal operating hours
- » \$500: Refundable damage deposit for events with ALCOHOL
- » \$25-\$250: A non-refundable per hour maintenance fee may be charged and collected prior to the event as determined based upon event size and type.

## REGISTER ONLINE!

**READY** – Please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks) and look for SPARC to see what classes and programs are available for registration.

**SET** – Contact us to obtain your barcode and PIN number. Take time to make sure all of your questions are answered.

**GO** – In order to make your online registration go as smoothly as possible, please set up an account 24 hours before the registration date at <http://www.seattle.gov/parks/> and click on the SPARC section.

## Payment

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online at [www.seattle.gov/parks](http://www.seattle.gov/parks) click on the SPARC logo. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

## Fees and charges

**ARC**—Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

**City**—Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

## Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

## Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

**DROPPING A PROGRAM AFTER THE SECOND SESSION:** If a participant withdraws from a program after the second session of a series, no refund will be given.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here:

[www.seattle.gov/parks/reservations/feesandcharges/refunds.htm](http://www.seattle.gov/parks/reservations/feesandcharges/refunds.htm).

## Pool Personal Lesson Refund/Transfer Policy

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

## Group Lesson Refund Policy

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% or \$5, whichever is greater

## Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

## Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

## Scholarships

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

## Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

## Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

## Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: [www.cityofseattle.net/parks/SpecialPops/index.htm](http://www.cityofseattle.net/parks/SpecialPops/index.htm).

## Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

## Insurance

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers a child's participation in all gymnastics, tumbling, or circus arts classes at SPR facilities for one year from the date of purchase. Please contact your local recreation center to purchase this insurance. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

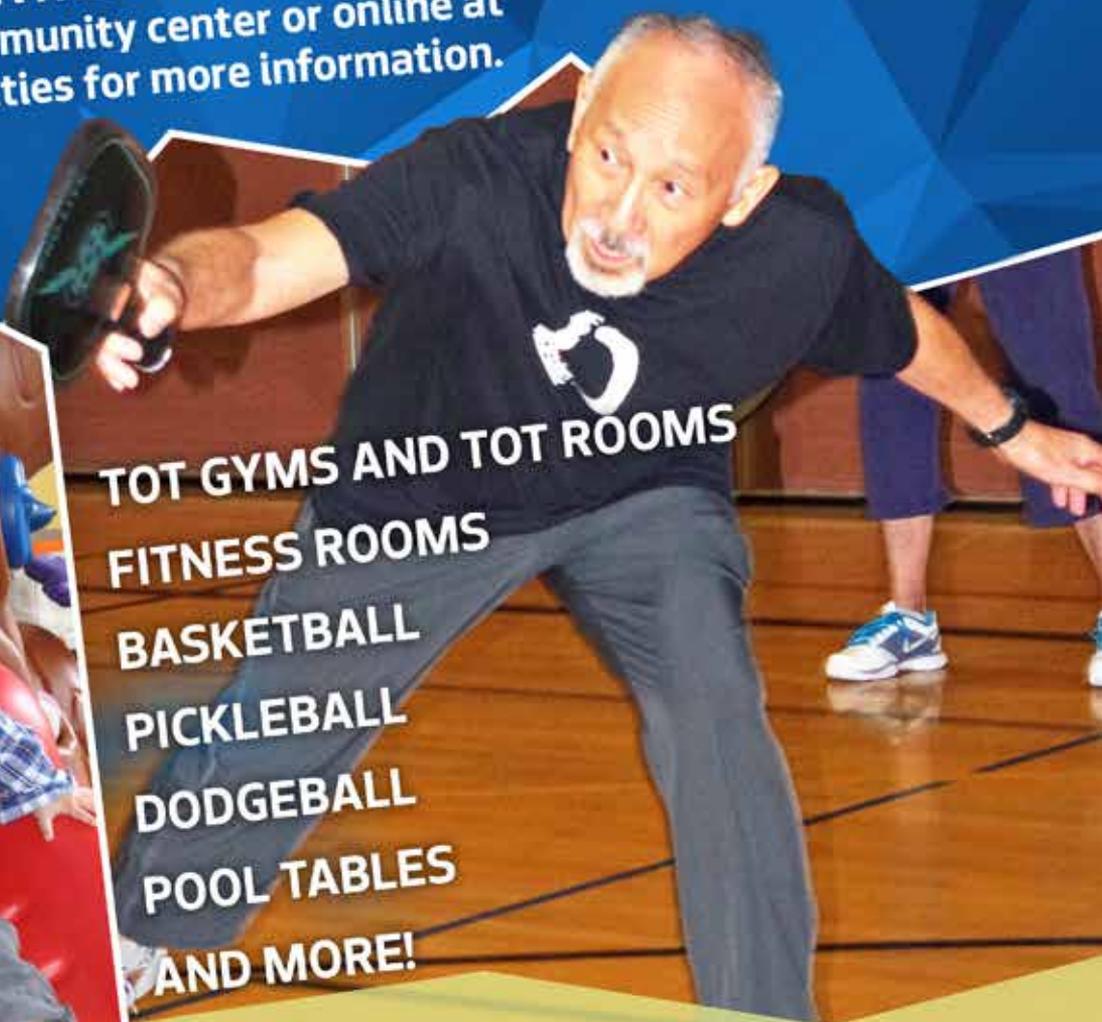
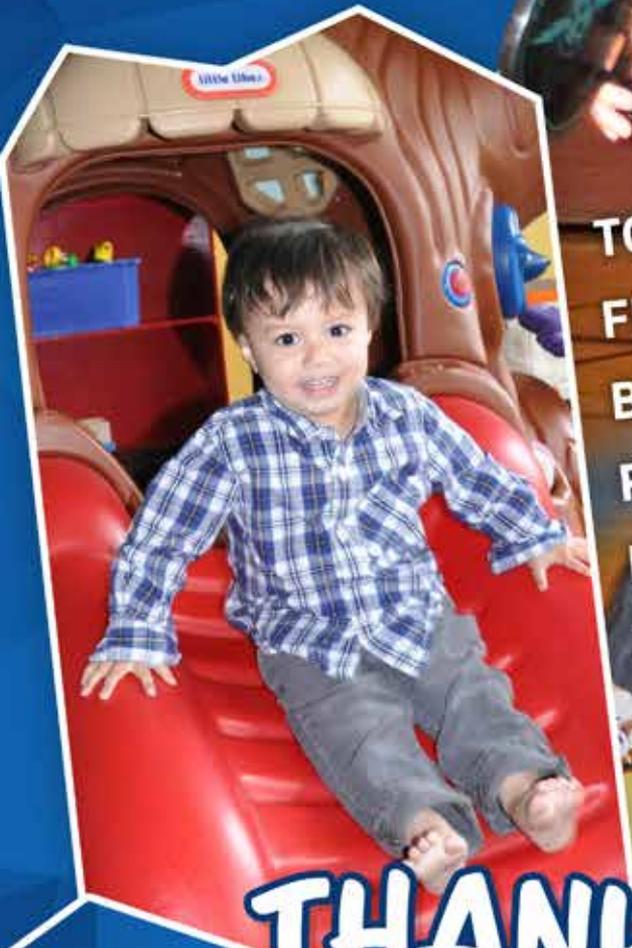
## More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at [www.seattle.gov/parks](http://www.seattle.gov/parks), or call our Public Information line, 206-684-4075.

# FREE ACTIVITIES FOR ALL AGES!\*

MADE POSSIBLE BY THE SEATTLE PARK DISTRICT.

MANY DROP-IN ACTIVITIES WILL BE FREE STARTING JAN 1, 2017!  
Visit your local community center or online at  
[bit.ly/sprfreeactivities](http://bit.ly/sprfreeactivities) for more information.

A man with a grey beard, wearing a black t-shirt with a white logo and grey pants, is playing pickleball on a wooden court. He is in a dynamic pose, leaning forward with his right arm extended holding a pickleball paddle. In the background, another person's legs and feet are visible.

TOT GYMS AND TOT ROOMS  
FITNESS ROOMS  
BASKETBALL  
PICKLEBALL  
DODGEBALL  
POOL TABLES  
AND MORE!

\*Only for activities during normal operating hours and FREE QuickCard is required.

## THANK YOU SEATTLE VOTERS!



**Seattle**  
Parks & Recreation

healthy people healthy environment strong communities